HOW DOES YOUR ENGINE RUN?

A Self-Regulation Group for Ages 8-12 based on The Alert Program™
Led by a licensed occupational therapist experienced in sensory processing & self-regulation

A series of lessons and activities using sensorimotor techniques with cognitive approaches will teach you and your child to:

- Recognize arousal states as they relate to attention, learning & behavior

- Monitor, maintain, and change level of alertness for optimal participation during play, learning, social & self-help activities

- Expand the number of self-regulation strategies you can use in a variety of home, school & social settings

- Use a uniform language for recognizing and regulating arousal states

10 Sessions: October 5th – December 7th
Monday afternoons, 4:00-5:00 pm
Location: ACC, 1055 Cornell Rd.,
Ypsilanti, MI 48197
Cost: $350 per child ($50 non-refundable deposit due at enrollment, remaining $300 due prior to first session)
Deadline for registration: September 28th
No refunds for missed sessions

This group is appropriate for children ages 8-12 with autism spectrum disorder who are verbal and able to function in a group setting.

Parent participation is required.

CALL THE ACC AT 734-487-2890 TO ENROLL!

[For additional questions about the group, please contact our occupational therapist, Marta Muusz, MS, OTR/L, at mmuusz@emich.edu]