ARCHIVED EXERCISE SCIENCE ARTICULATION AGREEMENT GUIDE

Lansing Community College– AAS in Kinesiology/Exercise Science Eastern Michigan University – BS in Exercise Science

Lansing Community College Courses:

Transfer to Eastern Michigan University as:

Michigan Transfer Agreement Requirements (40 credits) Students with an MTA endorsement on their community college transcript have satisfied EMU's General Education Core Requirements and will be required to complete only the General Education Application Requirements of one Perspectives on a Diverse World course, one Learning Bevond the Classroom experience, and a writing intensive course in the major. Courses listed below for the MTA will also satisfy degree or program requirements at LCC or EMU. Students without the MTA or MACRAO endorsement will be required to complete EMU's general education program. LCC courses approved for the MTA 1. A course in English Composition ENGL 121 or 131 Composition I or Honors Composition I4 WRTG 120 University Elective (3)+1.....4 2. A second course in English Composition or Communication WRTG 121 Composition II (3)+14 ENGL 122 or 132 Composition II or Honors Composition II....4 3. A course in Mathematics MATH 105College Algebra (3)+14 ²MATH 121 Precalculus I4 4. Two courses in Natural Science from different disciplines (one lab required) * BIOL 201 Human Anatomy (4) AND EXSC 201 Human Anatomy (3)+1 AND *BIOL 202 Human Physiology (4)8 EXSC 202 Human Physiology (3)+18 * CHEM 151/161 General Chemistry I+ Lab......5 CHEM 121/122 General Chemistry I Lecture and Lab5 5. Two Humanities courses from different disciplines Choose one: HUMS 213 or 2144 6. Two Social Science courses from different disciplines: CTAC 274 Intercultural Communication (Diversity Reg) 3 PSY 101 Gen Psychology (prereq for SPMD 308) (3)+1.....4 * PSYC 200 Introduction to Psychology......4 If needed, complete additional courses in any of the above categories to satisfy the 30 credit minimum for the MTA. LCC Kinesiology/Exercise Science Requirements (19 credits) PEGN 210 Lifetime Wellness and Fitness (Univ. Elective)2 PFHW 163 Healthy Lifestyles2 PHED 260 Motor Development (2)+1 (sub for Major Elective)......3 Professional Related Electives DTC 101 **EXSC 305** EMU Requirements that may be taken at LCC or EMU (16 credits) MATH 107 Plane Trigonometry (2)+2......4 PHY 221 Mechanics, Sound & Heat4 * PHYS 221 Credits that transfer to EMU75

* Required for admission to EMU's Exercise Science Program with a grade of B- or better. If not competed at LCC, must be completed at EMU.

¹ Transfers to EMU for Perspectives on a Diverse World Requirement. If COMM 280 is not transferred to EMU, students must complete another course to meet the requirement at EMU.

2 MATH 122 is a pre-requisite to PHYS 221. MATH 121 is a pre-requisite to MATH 122. If PHY 221 is not taken at LCC, students must have MATH 121 and 122 or the equivalent EMU course to take the PHYS 221 at EMU.

CPR certification by the American Red Cross or American Heart Association is required as part of this program.

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Completion of the Exercise Science

Program at EMU

Major Requirements Dominad Courses

(46 credits)	
(40	

Required Co	urses (40 credits)
EXSC 205	Measurement & Eval in Exercise Science3
EXSC 300	Exercise Physiology4
² EXSC 330L4	Practicum in Exercise Science
EXSC 380W	Exercise and Sport Psychology3
EXSC 405	Pharmacology3
EXSC 410	Exercise Testing4
EXSC 430	Clinical Exercise Electrocardiography3
EXSC 431W	Pathophysiology3
EXSC 432	Exercise Programming & Prescription3
EXSC 433	Principles of Sport Performance Training.3
² EXSC 480L4	Internship in Exercise Science
Elective Cou	•
Elective Cou	·
Elective Cou	rses (3 credits)
Elective Cou Choose 3 cre	dits from courses listed below: (3 credits)
Elective Cou Choose 3 cre EXSC 407	dits from courses listed below: Fitness Center Management
Elective Cou Choose 3 cre EXSC 407 EXSC 408	rses (3 credits) dits from courses listed below: Fitness Center Management
Elective Cou Choose 3 cre EXSC 407 EXSC 408 EXSC 412	irses(3 credits)dits from courses listed below:Fitness Center ManagementSexercise EpidemiologyEndurance Training and Performance
Elective Cou Choose 3 cre EXSC 407 EXSC 408 EXSC 412 EXSC 415	irses(3 credits)dits from courses listed below:Fitness Center Management
Elective Cou Choose 3 cre EXSC 407 EXSC 408 EXSC 408 EXSC 412 EXSC 415 EXSC 418	irses(3 credits)dits from courses listed below:Fitness Center ManagementSexercise EpidemiologyEndurance Training and PerformanceDiabetes and ObesityHuman Cadaver Laboratory
Elective Cou Choose 3 cre EXSC 407 EXSC 408 EXSC 412 EXSC 412 EXSC 415 EXSC 418 EXSC 419	Irses(3 credits)dits from courses listed below:Fitness Center ManagementSexercise EpidemiologyEndurance Training and PerformanceDiabetes and ObesityHuman Cadaver LaboratorySports Supplements & Ergogenic Aids

University Electives

(3 credits)

EMU requires 124 credits to graduate. Under this agreement, a minimum of 4 elective credits must be completed at EMU. Upper level EXSC courses are recommended.

Credits at EMU:	46
Transfer Credits	75
Total Credits:	121

¹ Course is a pre-candidacy requirement. Must earn "B-" or higher. ² Satisfies EMU's "Learning Beyond the Classroom" requirement.

Sample Full Time Sequence

Fall Semester	Start	(13 credits)
EXSC 205	F,W,S	
EXSC 300	F,W,S	4
EXSC 405	F,W; pre-req EXSC 201 & 202	3
EXSC Elective	e Course	3

Winter EXSC 410 EXSC 430 EXSC 431W EXSC 432	(16 credits) F,W; pre-req EXSC 300 & admitted
EXSC 433	F,W; pre-req EXSC 300, EXSC 305 & admitted 3
EXSC 380W	(9 credits) F,W,S; pre-req EXSC 201 and 2022 F,W,S; pre-req PSY 1013 ctives4

Fall Semester

(8 credits)

This is a sample only. Students must meet with an academic advisor to map course completion at EMU.

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Additional Information:

- In completing the coordinated program of study for this articulation agreement, course substitutions should be made with the guidance of the advisors at both institutions (indicated below) to assure that all requirements are satisfied. Each institution will determine the satisfaction of their individual program and degree requirements. Courses indicated with an * are required for EMU's BS in Exercise Science. EMU will accept substitutes for LCC courses on the guide that transfer as university electives or general transfer credit.
- 2. Students whose transcripts have the "MTA Satisfied" endorsement will only be required to complete one "Perspectives on a Diverse World" course, one "Learning Beyond the Classroom" (LBC) experience, and a Writing Intensive course in the major. The Perspectives on a Diverse World requirement may be transferred to EMU.

To use the Michigan Transfer Agreement (MTA), students must have an official community college transcript, with the "MTA Satisfied" endorsement, sent to EMU's Admissions Office. Students who do not have "MTA Satisfied" on their community college transcript, will be required to satisfy EMU's general education requirements as listed in the Undergraduate Catalog. The MTA may be completed after admission to EMU, however, students should inform their advisor in order to receive appropriate advising.

- 3. Only courses with a grade of "C" or better (2.0 on a 4.0 scale) will be accepted for transfer to EMU. Program major courses (including pre-candidacy courses taken at LCC) require a grade of "B-"or better.
- 4. Under this agreement, EMU will waive the 60-hour rule and require that a minimum of 30 credit hours must be completed at the four-year college level, of which at least 30 hours are in courses offered by EMU, with 15 hours in program requirements, at the 300-level or above. A minimum of 120 credit hours, completed in-residence or accepted in transfer, is required for graduation.
- 5. Students may apply for candidacy in the Exercise Science program when the following requirements are met: a. Declaration of intent to major in exercise science.
 - b. An overall EMU grade point average (GPA) of 2.8 or better. Students entering directly from LCC, who have met the other requirements, may be admitted with an LCC GPA of 2.8 or better. Students must maintain a 2.8 GPA through the end of the program.
 - c. After achieving the above requirements, students must complete the candidacy application form and submit three letters of recommendation (two professional and one personal) and a biographical sketch to their advisor.
- 6. Students are not allowed to complete the internship experience (SPMD 480) if their GPA falls below 2.8. Any required or elective course for this major completed with less than a B- must be repeated.
- 7. CPR certification by the American Red Cross or American Heart Association is required as part of this program
- 8. Students are encouraged to contact Undergraduate Admissions. To facilitate advising and the evaluation of transcripts, bring a copy of the articulation guide to all advising sessions.

Effective Dates: September 1, 2019 through August 31, 2022.

This agreement is consistent with the 2019-2020 catalog. Students have until summer 2027 to graduate from Eastern Michigan University following this agreement. In the event that a student does not complete the program within seven years, they may be required to have their credits reevaluated using the requirements of the current articulation guide.

Contacts: Lansing Community College

Eastern Michigan University Undergraduate Admissions 220 Student Center; 734.487.6453 transfer_admissions@emich.edu Schedule an appointment