



*Community*

# HEALTH EVENT

OCTOBER 26, 2019, 10AM-2PM  
NORTH DETROIT ISLAMIC CENTER AUDITORIUM  
12605 MCDOUGALL ST. DETROIT, 48212

Registration begins at 9:30am

For more information, contact Dr. Meriam Caboral-Stevens at 734-487-7094 or [msteve37@emich.edu](mailto:msteve37@emich.edu)

Also, meet your  
Community Health  
Workers (CHW)/  
Navigators

COME AND LEARN  
FROM THE EXPERTS  
ABOUT PHYSICAL  
ACTIVITY AND EXERCISE  
– HEALTH PRESENTATION  
FROM 10AM-11:30AM

JOIN US FOR FREE  
BLOOD PRESSURE CHECK,  
BLOOD GLUCOSE\*, CHOLESTEROL\*,  
BMI, WAIST CIRCUMFERENCE,  
SKINFOLD MEASUREMENT, 6-MINUTE  
WALK TEST, AND LEAD SCREENING  
AND TESTING FOR PREGNANT  
WOMEN AND CHILDREN AGED  
0-6 YRS OLD BY IPH  
\*DO NOT EAT FOR 6-8 HOURS  
BEFORE COMING TO THE EVENT IF  
YOU WANT THESE TESTS DONE

WE WILL ALSO ASK YOU TO  
ANSWER SOME SURVEYS

FREE GIVEAWAYS

Main Sponsors: EMU: CHDIS, CHHS,  
and SON

Co-sponsors: BAPAC, Community  
Welfare Services of Metro Detroit,  
Institute for Population Health,  
University of Michigan School of  
Dentistry-Dental Hygiene Program

