

Athletic Training Student – First Responder Contract

Athletic Training Educational Program

Eastern Michigan University

The purpose of this contract is to clearly define the roles and responsibilities of Eastern Michigan University athletic training students during unsupervised field experiences.

Terminology

1. Direct Supervision: the constant visual and auditory interaction between athletic training student and certified athletic trainer (ATC). Therefore, the ATC is available on location to physically intervene in an emergency or educational experience.
2. Clinical Supervision: a clinical experience that involves daily visual and auditory interaction between the athletic training student and a non-certified athletic trainer (e.g., physician, physical therapist, EMT, nurse, coach).
3. Unsupervised: any clinical experience in which the athletic training student is acting without the physical presence of a certified athletic trainer or clinical supervisor; thus making it impossible to intervene immediately. (See First Responder below)

First Responder - Unsupervised Field Experiences

1. Acceptable Services – the AT student acting without the direct supervision
 - a. Application of all first-aid skills for the treatment of acute injuries.
 - b. Provide assistance to the athlete with the application of a stretching program, but may not establish a new plan.
 - c. Application of tape to prevent an injury and support an existing injury.
 - d. Application of a brace already being used.
 - e. Application of splints for stabilization of an acute injury or for the protection of an existing injury provided that the splint has been previously applied to the athlete for the same injury.
 - f. Conduct a history evaluation to determine the need for referral.
 - g. Conduct a brief injury assessment to determine the need for splinting, bracing, or crutch use for safe referral.
 - h. Application of ice or hot packs per protocols.
 - i. Refer injured athlete to appropriate medical help or facility.
2. Unacceptable Services (examples)
 - a. Initiate, change, or progress a rehabilitation plan
 - b. Use electrical or ultrasound modalities
 - c. Conduct a full, new evaluation of an injury
 - d. Making return-to-play decision

The athletic training student will consult with his/her field experience supervisor or an Eastern Michigan University certified athletic trainer by telephone when traveling with an athletic team, and/or the host certified athletic trainer for final evaluation and referral of athlete.

I have read and fully understand the definitions and athletic training student responsibilities mentioned above.

Student's Signature

Date

Program Coordinator

Date