

EASTERN MICHIGAN UNIVERSITY

School of Health Promotion & Human Performance

COACHING MINOR

This program is intended for students intending to pursue coaching as a full or part-time activity. The minor is not considered a teacher minor for education majors.

Minor in Coaching		SEM. HRS.
		24*
1. Required Courses		14
HLED490	Drug Use and Abuse	3
PHED200	Anatomy & Physiology	5
ATHL379	Applied Sports Psychology	3
LAW411	Sports Law	3
2. Restricted Electives		4-6
Select a minimum of 4 hours from the following courses.		
ATHL263	Theory of Coaching Football	2
ATHL265	Theory of Coaching Baseball	2
ATHL267	Theory of Coaching Basketball	2
ATHL268	Theory of Coaching Swimming	2
ATHL269	Theory of Coaching Track and Field	2
ATHL	Other Theory of Coaching Classes	
3. Electives		4-6
Select a minimum of 4 hours from the following courses.		
ATHL261	Techniques of Officiating I	2
ATHL262	Techniques of Officiating II	2
PHED260	Motor Development	2
PHED315	Methods of Teaching Conditioning (PHED200 prereq)	2
PHED316	Foundations of Coaching	2
PHED360	Motor Learning	3
PHED389	Sport and Activity for the Disabled	1
PHED405	Women in Sport	2
Approved Electives (see advisor)		2-3

***NOTE: Total amount of credit hours must equal 24.**

