

# **EASTERN MICHIGAN UNIVERSITY**

## **SCHOOL OF HEALTH PROMOTION & HUMAN PERFORMANCE**

### **SPORTS MEDICINE MAJOR CONCENTRATION IN EXERCISE SCIENCE**

#### **STUDENT HANDBOOK**



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Effective September 2005

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# WHY SHOULD I STUDY EXERCISE SCIENCE?



## **Description of Program**

Exercise Science is an exciting and rapidly growing field of study. With physical inactivity considered a major risk factor for heart disease and other morbidities, exercise and fitness have become essential parts of daily life. Not only has exercise been recognized as important for preventing diseases, it has also been acknowledged as essential “medicine” in treating various illnesses -- heart disease, diabetes, osteoporosis, lung disease, Parkinson’s disease and obesity to name a few.

Located in the School of Health Promotion and Human Performance within the College of Health and Human Services, the Exercise Science Program is one of two specialty concentrations of the Sports Medicine major and leads to a Bachelors of Science (B.S.) degree. Besides the basic studies requirements, the Exercise Science Program is an interdisciplinary program based on the medical sciences. Required courses outside the department include those from the following programs: Biology, Chemistry, Physics, Psychology, and Dietetics.

## **Exercise Science Program Vision Statement**

To provide a multidisciplinary, quality undergraduate and graduate education which lays a foundation for personal and professional growth. Additionally, to develop students who are critical thinkers and who will contribute and respond to current trends within their field of expertise.

## **Exercise Science Program Objectives**

To provide a quality program leading to a Bachelor of Science degree in Sports Medicine.

To provide a curriculum consistent with the core courses recommended by the American College of Sports Medicine and the National Strength and Conditioning Association in preparation for national certification examinations.

To provide a curriculum that integrates personal and practical skills to produce entry-level competence in any field of exercise science.

To recruit personable, dedicated and highly motivated students.

To provide faculty and staff who possess the knowledge, training and skills necessary to provide an environment conducive for teaching and learning.

To provide the student with quality advising and counseling to promote timely and efficient progression through the program.

To graduate confident competent students who will be able to successfully complete a national certification exam.

To graduate confident competent students who will be able to successfully compete in the marketplace.

## **Facilities**

Faculty offices are located in the Porter Building, Suite 318/319.

The Ruth Boughner Laboratory of Applied Physiology is located in the Warner Building rooms 247-249. Equipment maintained within the lab are: Quinton treadmills, Monark stationary cycle ergometers (1 dedicated for anaerobic testing), electrocardiographs (Schiller and Marquette), SensorMedics Vmax29 Metabolic Cart, Chattanooga Bioelectric Impedance Analysis body composition assessment machines, skinfold calipers, hydrostatic weighing apparatus, ultrasound machine for body composition analysis, hand-neroid sphygmomanometers, lactate analyzers, glucose analyzers, blood draw capabilities and an area for biochemical assays.

## **Post-graduate Preparation**

A degree in Exercise Science provides the student with a strong undergraduate education in preparation for starting a professional career or continuing educational goals in graduate or professional schools.

## **Employment Opportunities**

Not only is exercise considered “medicine” for a long list of morbidities; it is also considered preventive “medicine”. Therefore, our graduates find employment in hospitals (cardiac rehabilitation, clinical exercise physiology, hospital wellness centers) corporations (worksite health promotion, corporate wellness centers, work hardening) and community settings (public or private fitness centers).

In addition to working with diseased individuals or individuals trying to prevent disease, another area our graduates find employment in is strength and conditioning. Strength and conditioning coaches’ are specialists in performance enhancement and injury prevention, and usually work with an athletic population.

### Post-Graduate Professional Education

The Exercise Science program provides the student interested in pursuing graduate work and research in Exercise Physiology with a well-rounded foundation for success. Additionally, for those students interested in Medicine, Physical Therapy, or Physician Assistant Programs, a number of required courses in our program meet admission requirements for these schools. Courses in Pathophysiology, Pharmacology, Electrocardiography, Gross Anatomy Lab and patient care experience during a 600-hour internship make our graduates very attractive to admission committees of professional schools. In addition, the flexibility of 22-25 credit hours of electives allows for completion of additional requirements without delaying the application process. Of course, it is imperative that the faculty advisor is made aware of plans for post-graduate education as early in the program as possible.

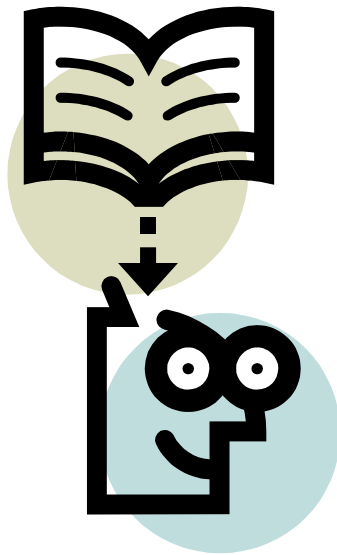
### Membership Affiliations

It is strongly recommended that once in the Exercise Science Program, you apply for student membership in the American College of Sports Medicine (ACSM), the governing body of the profession. In addition, memberships may be obtained in the regional association Mid West ACSM. Benefits include a monthly journal, quarterly newsletter (online), discounts to regional and national conferences and most importantly, the opportunity to network with other students, faculty and professionals in the profession. Networking provides an avenue for discovering leads for graduate school placement or future employment.

### College of Arts and Sciences Annual Symposium

Each year, the College of Arts and Sciences sponsors a symposium where students from any department in the university can present a topic of interest related to their chosen field of study. This is a great opportunity to promote our program, the students in our program, as well as, educating the general public to the field of Exercise Science. Additionally, this is an invaluable experience in public speaking while providing an impressive addition to your resume or grad school application. Please contact any faculty member if you are interested or would like more information.

# APPLICATION PROCEDURES



## **Intent**

As soon as you decide that you would like to major in Exercise Science, you **must** complete the following two steps.

- 1) Declare your major (Sports Medicine/Exercise Science) at the Academic Advising Center in 301 Pierce Hall.
- 2) Apply for program admission to the School of Health Promotion & Human Performance (see appendix A)

By completing step two, you will be assigned an academic advisor from within the Exercise Science Program. Completing step two does not guarantee formal program admission (see Candidacy below). By completing step one, your academic advisor will be assured of receiving your bi-annual progress report distributed by the Records office.

After steps one and two are completed, you are considered an **Exercise Science Intent**. In order to take certain upper level classes, perform your internship and graduate with a degree in Exercise Science from Eastern Michigan University, you must be admitted to Candidacy.

*Note: If you are also planning on majoring in Pre-Med, you must also declare this intent in Pierce Hall.*

## **Candidacy**

Achieving candidacy is the formal acceptance in to the Exercise Science Program. Candidacy must be obtained before taking most 400 level courses in the program. Ideally, you should be applying for candidacy by the end of your sophomore year or one year after transferring into the program. To receive candidacy in the Exercise Science Program you must meet the following criteria.

1. The following classes must be completed with a “C” grade or better (a “C-“ will not suffice):
  - a. **SPMD 119**
  - b. **BIO 105 (or 110)**
  - c. **CHEM 120 (or 121/122)**
  - d. **PHY 221**
  - e. **SPMD 201**
  - f. **SPMD 202**

Note: if you intend to graduate in four years, these classes should be completed in your first 45-60 hours.

2. An overall **GPA of 2.75** is required.
3. When steps 1 and 2 are fulfilled, an application for candidacy (see appendix B) should be obtained from the program coordinator, completed and submitted to your program advisor. You may apply for candidacy by the end of the semester you're taking your last pre-candidacy class(es), however candidacy will not be granted until final grades are received. Included in the application should be a one to two page biographical sketch describing your background, why you chose to enter the field of Exercise Science, career goals and any other information pertinent to your candidacy application. Additionally, three letters of recommendation (two professional – any University faculty member(s) other than your advisor, boss or supervisor; and one personal – parent, friend, significant other) should be submitted.
4. Your program advisor will either recommend or not recommend your application for candidacy and then forward to the program coordinator for confirmation.
  - a. If both agree you should be admitted to candidacy, your name will be submitted to the Records and Registration office and your major status will be changed from "Intent" to "Candidate".
  - b. If there is a disagreement as to your admittance, an interview will be scheduled with the Exercise Science faculty to better assess your application.
  - c. If both agree you should **not** be admitted to candidacy, or following the interview process your application is denied, you will be notified within three days and given the option of either taking additional classes to improve your GPA or retake candidacy-required courses to achieve acceptable grades in these classes.

Any questions and concerns should be addressed to Shel Levine, Program Coordinator.

# CURRICULUM



## **Basic Studies**

In order to graduate from Eastern Michigan University, every student must complete the basic studies program as set forth by the undergraduate catalogue in effect the year you started school. If you are unsure which courses meet the requirements for basic studies, please see your academic advisor.

### **Basic Studies Program**

#### **Group I – Language**

<b>Semester Taken</b>	<b>Course Title</b>	<b>Hrs.</b>	<b>Pre-requisites</b>
	ENG 121 English Composition	3	ENG 120/waive
	CTAS 121/124 Fundamentals of Speech	2/3	
	Upper level Composition/Speech or Foreign Language	3	
	Math Reasoning (depending on ACT/SAT's) Math 170 recommended	3/4	see catalogue
	Computer Literacy Course	3	

#### **Group II – Basic Science (courses in this section meet program requirements)**

<b>Semester Taken</b>	<b>Course Title</b>	<b>Hrs.</b>	<b>Pre-requisites</b>
	BIO 105 Biology & Human Species* ( <b>or 110</b> )	4	
	CHEM 120 Fundamentals Of Organic and Biochemistry* ( <b>or 121/122</b> )	4	CHEM 117/118 or HS Chemistry
	PHY 221 Mechanics, Sound and Heat*	4	Math 105&107
	PSY 101 General Psychology	3	

**\*Please note: For students planning on Medical, PT or PA school, because of additional upper level requirements in these areas, you should plan on taking BIO 110&120 instead of 105; CHEM 121/122 and 123/124 instead of 120; in addition to PHY 221, PHY 222 may also be required. Please check admission requirements of schools you wish to apply to.**

#### **Group III – Social Science**

<b>Semester Taken</b>	<b>Course Title</b>	<b>Hrs.</b>	<b>Pre-requisites</b>
	PLSC 112 American Government	3	
	History	3	
	Anthropology/Sociology/Economics/ Geography	3	
	Sequence course from above/Cross Cultural	3	

#### **Group IV – Arts and Humanities**

<b>Semester Taken</b>	<b>Course Title</b>	<b>Hrs.</b>	<b>Pre-requisites</b>
	Literature or Foreign Language	3	
	Literature/Foreign Language/Cross Cultural	3	
	Philosophy or Religion	3	
	Dance/Art/Drama/Music	3	

**Cross Cultural/International Studies Course** (if not taken from an approved course in the above requirements).

**Physical Education Requirement – PEGN 210 (2 cr hrs)**

## Exercise Science Program – Required Courses Pre-Candidacy

The following courses are required to be able to apply for candidacy: (19 hours)

Course Number/Title	Credit Hours	Semester Offered	Pre-requisites Required	Semester Taken/Grade
SPMD 119 Intro to Sports Medicine	1	F, W	None	
BIO 105 (or 110) Intro Biology – Non Majors	4	F, W, Su	None	
CHEM 120 (or 121/122) Fund of Organic & Biochem	4	F, W, Sp	CHEM 117/118 or High School Chem	
PHY 221 Mechanics, Heat & Sound	4	F, W, Sp	Math 105 and 107 or Placement	
SPMD 201 Human Anatomy	3	F, W	BIO 105, 2.5 GPA Dept Permission	
SPMD 202 Human Physiology	3	F, W	BIO 105, 2.5 GPA Dept Permission	

Completion of the above courses with a grade of **C** or better, a GPA of at least 2.75, and at least 60 total credit hours completed are required for Candidacy.

The following courses are program requirements. They may be taken before you have been accepted into candidacy. (17 hours)

Course Number/Title	Credit Hours	Semester Offered	Pre-requisites Required	Semester Taken/Grade
DTC 204 Sports Nutrition	3	W	CHEM 120	
SPMD 280 Pharmacology Sports Med	2	F	SPMD 202	
PHED 300 Physiology of Exercise	4	F, W, Sp	SPMD 201&202	
SPMD 305 (or PHED 204) Kinesiology	3	F, W	SPMD 201&202 PHY 221	
SPMD 380 Beh. Asp. of Sport Medicine	3	F, Sp	PSY 101	
SPMD 325 Practicum	2	F, W, Sp, Su	PHED 300 Dept Permission	
CPR for the Professional Rescuer *	0			

\* Taken at the American Red Cross (Healthcare Provider offered by the American Heart Association will also meet this requirement)

## Exercise Science Program – Required Courses Post-Candidacy

The following courses may only be taken after Candidacy has been achieved.  
(21 Hours)

Course Number/Title	Credit Hours	Semester Offered	Pre-requisites Required	Semester Taken/Grade
SPMD 410 Lab Techniques Human Performance	4	F, W	Candidacy, 2.75 GPA PHED 300	
SPMD 430 Electrocardiography	3	F	Candidacy, 2.75 GPA PHED 300	
SPMD 431 Pathophysiology	3	F	Candidacy, 2.75 GPA PHED 300	
SPMD 432 Exercise Programming	3	W	Candidacy, 2.75 GPA SPMD 410	
SPMD 480 Internship	8	F, W, Sp/Su	Candidacy, 2.75 GPA <b>All Courses Completed</b>	

**University Electives:**                    **15-17** (or **18-20** if math reasoning waived)

For those students in Pre-Med, Pre-Physician Assistant or Pre-Physical Therapy, the prerequisites for admission to those schools will meet this requirement.

For students interested in Wellness Center Management, a minor in Management (21 hours) is encouraged and will meet this requirement. Suggested courses: MGMT 202, 384, 386, 388, 460, ACC 130, MKT 360

Appropriate courses that may be taken are CTAC 225, 226; ENG 326; PSY 323, 362, 365; MATH 105, 107, 120; MKT 360, MGMT 202, ACC 130

Please see your program advisor for consultation on appropriate courses.

### Internship Options

The internship is the final requirement before graduation. You must complete all course in the program and have a GPA of 2.75 before initiating an internship. For a more explicit description of the internship procedure and availability of internship sites, please see the Eastern Michigan University **Exercise Science Program Student Internship Manual**. There are two options available for completing this requirement.

1) 600-hour off campus practical experience

The student identifies an approved off campus agency (hospital, corporation, community center, strength and conditioning clinic) and performs 600 hours of supervised practical experience. This translates into 15 weeks of 40 hours/week. **This is a volunteer experience**, however, some agencies will offer some type of stipend ranging from free lunch and parking to \$650.00/month. These may also be more competitive to secure.

2) Senior Thesis

Instead of the 600-hour internship, you may have the option of performing a research project under the guidance of a faculty member. This option is recommended for students who plan on pursuing graduate (Ph.D.) studies in Exercise Physiology. Specific requirements are still being determined. If interested, see program coordinator for more details.

### Graduation Requirements

An overall GPA of 2.75 and the completion of 124 credit hours (including the internship) are required to graduate with a Bachelor of Science degree in Sports Medicine specialization in Exercise Science. The breakdown of credit hours is as follows:

Basic Studies	38-39*
Program Requirements	69#
Physical Education	2
<u>Electives</u>	<u>14-15\$</u> or 17-18\$
<b>Total</b>	<b>124</b>

\* depends if you took CTAS 121 or 124

# includes 12 hours of basic studies science pre-requisites

\$ If the math reasoning requirement was waived the 3 additional credit hours may be made up as electives

### Program Academic Policies

A grade of **C or better** is required in **all courses within the major**. You will be asked to repeat any course completed with a grade of **C- or lower**.

After achieving candidacy, you are expected to maintain a 2.75 overall GPA. If your GPA falls below 2.75, you may be delayed from initiating the internship.

Students are not to engage in any form of **academic dishonesty** including, but not limited to: plagiarism, alteration of records, substitution of another student's work and representing it as one's own, submitting work previously used to complete other course requirements or knowingly assisting another student in such activity. Plagiarism is defined as the knowing use, without appropriate approval, of published materials, expressions, or works of another with the intent to represent the work as one's own.

Any of the above actions may result in disciplinary action by the Program and/or University. Penalties may range from failure on that assignment or exam, to failure in the course, to removal from the program, to dismissal from the University.

All procedures for **grade changes, incompletes and filing of grade grievances** will be adhered to as set forth in the Eastern Michigan University Undergraduate Catalogue.

# FACULTY



## Faculty Members and Contact Information

<u>Faculty Member</u>	<u>Title</u>	<u>Porter Building Office #</u>	<u>Phone #</u> 734-487-7120	<u>Email</u> ____@emich.edu
Shel Levine, M.S., C.E.S.	Program Coordinator, Associate Professor	318T	X2713	SLevine
Stephen McGregor, Ph.D	Associate Professor, Human Performance Lab Coordinator	318U	X2726	SMcGregor
Anthony Moreno, Ph.D.	Assisstnat Professor	319L	X2738	AMoreno
Frank Fedel, M.S.	Instructor	318F	X2734	FFedel

## Courses Taught

<u>Faculty Member</u>	<u>Undergraduate Courses Taught</u>
Shel Levine, M.S., C.E.S	EKG, Lab Techniques, Exercise Programming, Exercise Physiology, Diabetes and Obesity
Stephen McGregor, Ph.D.	Exercise Physiology
Anthony Moreno, Ph.D.	Biomechanics, Principles of Strength and Conditioning
Frank Fedel, M.S.	Anatomy & Physiology, Exercise Testing

## Specialty Areas

<u>Faculty Member</u>	<u>Specialty Area</u>
Shel Levine, M.S., C.E.S.	EKG, Clinical Exercise Physiology
Stephen McGregor, Ph.D.	Sport Nutrition, Molecular Biology, Exercise Metabolism
Anthony Moreno, Ph.D.	Biomechanics, Strength & Conditioning

## **Research Interests**

<b><u>Faculty Member</u></b>	<b><u>Research Interests</u></b>
Shel Levine, M.S., C.E.S.	Role of exercise in treating clinical populations; Barriers to exercise in clinical populations; Use of RPE in clinical populations
Stephen McGregor, Ph.D.	Ergogenic Supplements; Molecular response to muscle injury; Molecular Biology of muscle growth and regeneration
Anthony Moreno, Ph.D.	Resistance training in youth; Youth injury in sports

## **Ruth Boughner Sports Medicine Lab Fund**

The Ruth Boughner Sports Medicine Lab Fund was set up to help support activities of the Ruth Boughner Laboratory of Applied Physiology. Donations received through this fund help support the purchase of new equipment for the Lab, maintain existing equipment in the Lab, support research in progress, and assist in the preparation of posters for presentations at conferences. There are two ways you, as a student in the Exercise Science Program, can help to build this fund.

- 1) If you have a parent, family member, friend, or know an alumni of EMU who wishes to make a donation to the University, please ask them to indicate on their donation form or check they wish the donation be dedicated to the Ruth Boughner Sports Medicine Lab Fund.
- 2) After you graduate from EMU and are settled in a new job, whether after your undergraduate program or a future graduate or professional program, please consider making a personal donation to the Ruth Boughner Sports Medicine Lab Fund. Help us to educate the Exercise Science majors of the future.

**EXERCISE  
SCIENCE  
ORGANIZATION  
(ESO)**

## **Objectives of ESO**

To provide a forum for students in the Exercise Science Program for bonding and camaraderie.

To provide information on student memberships in Organizations that serves the field of Exercise Science.

To provide information about certifications in the field of Exercise Science

To provide information on Practicums and Internships.

To provide information about graduate programs in areas related to Exercise Physiology.

To provide information on how to look for and find jobs in the field of Exercise Science.

To provide financial assistance to students in the Exercise Science program presenting at state, regional or national conferences.

## **Charter for ESO**

### **ARTICLE I Name**

The name of this organization shall be The Exercise Science Organization.

### **ARTICLE II Purpose**

The Exercise Science Organization shall be a club for students in the Exercise science Sport Medicine Program at Eastern Michigan University, founded upon a basis of superior scholarship, and with the avowed purpose of advancing educational ideals. It shall exist to meet the needs of close fellowship and social intercourse among persons of like ideas, interested in the same goals, and striving to advance the interests of education.

### **ARTICLE III Membership**

Section 1. Classes of members shall be the following  
A. Active Members

1. Students of the University who (a) are in the Exercise Science Apprenticeship program, (b) are currently enrolled in or have completed SPMD 119.
2. To remain an active member, it shall be necessary to attend 75% of all regular meetings, speaker meetings, and committee meetings. Excused absences consist of those that are beyond the control of the individual at the discretion of the Executive Committee. Notification for the excused absence must be given to a member of the executive committee either orally or in written form within 24 hours of the missed event. If a member fails to meet any of these requirements, he/she shall be placed on the involuntary inactive roll until such time he/she meets the requirements of active status.

#### B. Honorary Members

1. Alumni, Faculty, Graduates, and staff members of EMU may be initiated into the Exercise Science Organization by a three-fourths (3/4) votes of the active members present at a regular meeting.

#### C. Inactivity and Expulsion

1. The member seeking inactivity, which shall encompass a legal loss of voting privileges, shall present a letter of inactivity to the secretary before the beginning of the second regular meeting of the semester. Inactivity shall be effective upon receipt of the letter. The inactive member shall no longer be required to attend meeting. Persons requesting inactivity shall submit a letter of inactivity for each semester they wish to remain inactive.
2. Grounds for expulsion from the club shall be any incident defines as unbecoming of a member of the Exercise Science Organizations as determined by a three-fourths (3/4) majority of all the active members.

#### D. Non-Discriminatory Policy

1. Membership into The Exercise Science Organization is open to the entire qualified EMU community without regard to race, creed, color, disability, religion, national origin, ancestry, sex, age, or sexual orientation.

## **ARTICLE IV Advisor**

At least one full-time faculty or staff member of the EMU community is to be selected to advise and counsel the members. The advisor(s) shall serve the best interests of the organization and its member and reasonably attempt to ensure that all business conducted by the organization meets University policies.

## **ARTICLE V Officers**

### **A. Qualification of Officers**

1. All officers shall possess the minimum requirements for active members.
2. All officer shall be undergraduate members in good standing and have at least one full semester of active membership.

### **B. Duties of Officers**

1. The president shall preside at regular and special meetings, shall promote the general interest of the Exercise Science Organization and shall see that all rules and regulations are followed.
2. The Vice-President shall preside in the absence of the President, shall serve as President in the event of the latter's disability, and shall organize and oversee the operation of committees.
3. The Secretary shall preserve the constitution, records, and other documents and supplies of the Exercise Science Organization. This person shall also keep accurate minutes and roll of all meetings.
4. The Treasurer shall receive all monies of The Exercise Science Organization, provide for their safe keeping, pay all debts, authorized the membership, pay anticipated committee expenses if approved by the membership, maintain a record of receipts and expenditures, report at regular meetings, and make special reports when relinquishing possession of the records to the newly elected Treasurer before the last regular meeting of his/her term of office.

### C. Election of Officers

1. Any member interested in becoming an officer of the Exercise Science Organization must submit a letter of intent to the President, before the date specified by the executive committee.
2. Elections of the President and Treasurer shall be held no later than the third Thursday of September.
3. A simple majority of the active members will be required to elect the officers.
4. Election of Vice-President and Secretary shall be held no later than the third Thursday of September.
5. Any vacancies shall be filled by the executive council and approved by a majority vote of the active members present at a regular meeting.
6. In the case of a tie, the Club advisor shall cast the deciding vote.

### D. Terms of Office

1. The term of office shall be one year, from the beginning of the Fall semester to the end of the following Winter semester.

### E. Impeachment Procedures

1. The President, Vice-President and all other officers shall be removed for office on the impeachment for failure to fulfill the duties of their respected offices.
2. A motion calling for impeachment shall be accepted from an active member.
3. This motion must be accepted by a two-thirds majority of the active members.
4. The court for this trial shall consist of eight active members chosen at random (not including the accused), who will serve as the presiding court officer. This court shall meet within two weeks of the impeachment.
5. This court shall try the accused and make a recommendation to the members within two regular meetings.

6. After the court has made its recommendation, it shall take a two-thirds (2/3) vote of the entire active membership to convict the accused.
7. If the accused is convicted, immediate resignation from the office shall be required.
8. Faculty advisors have the right to impeach any officer whom they believe unsuitable for the position.

#### **ARTICLE VI Meeting**

- A. There shall be a meeting every month after the first meetings of each semester.
- B. The date, time and place of all regular meeting shall be called by the President with the agreement of the membership at the first meeting of each semester.
- C. The executive committee may call special meetings in the case of special events with members being notified a week in advance.
- D. In the event of an emergency the President shall call an executive committee meeting or special meeting if deemed necessary.

#### **ARTICLE VII Finances**

The Treasurer and the Club advisor(s) shall audit the accounts of the Exercise Science Organization at least once each school year.

#### **ARTICLE VIII Amendments**

The constitution may be amended at any regular or special meeting by a two-thirds (2/3) vote of the active members, provided the amendment shall have been submitted in writing to the membership at the preceding regular meeting.

#### **ARTICLE IX Ratification**

This constitution shall be declared ratified and in force when approved by two-third (2/3) of the active members.

# APPENDICIES

**EASTERN MICHIGN UNIVERSITY**  
**School of Health Promotion & Human Performance**

Do not submit this form unless you have declared your Major in Academic Advising in  
Pierce Hall

**Application for Program Admission to Sports Medicine**

Major Area of Concentration (Check one)	Exercise Science (Mr. Shel Levine)
	Athletic Training (Ms. Jodi Johnson)

<b>NAME:</b>		<b>STUDENT #</b>	
		<b>SS#</b>	
<b>Campus Address:</b>			
<b>Campus Phone:</b>	(    )		
<b>Home Address:</b>			
<b>Home Phone:</b>	(    )		
<b>E-Mail Address:</b>			
<b>High School:</b>			
<b>Graduation Date:</b>			
<b>What other Colleges/Universities have you Attended</b>			
<b>Major:</b>		<b>Minor:</b>	
<b>Number of Transfer Hours</b>		<b>Grade Point Average</b>	

**In what Sports and/or Physical Activities have you participated?**


**What work – related experience have you had which may relate to the program admission?**


**Briefly describe why you are interested in being admitted to this program.**


**I hereby apply for admission to the Sports Medicine Degree Program**

<b>Signature:</b>		<b>Date:</b>	
<b>Your assigned advisor is:</b>			

**EASTERN MICHIGAN UNIVERSITY**  
**School of Health Promotion & Human Performance**  
**EXERCISE SCIENCE PROGRAM**

**APPLICATION FOR CANDIDACY**

Student \_\_\_\_\_ Student # \_\_\_\_\_ Date \_\_\_\_\_

Campus Address:

Home Address:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Phone # \_\_\_\_\_

Phone # \_\_\_\_\_

Email \_\_\_\_\_

EMU Faculty Advisor: \_\_\_\_\_

Semester Hours Completed to date: \_\_\_\_\_

Cumulative Grade Point Average: \_\_\_\_\_

Pre-Candidacy required classes currently enrolled (grade to this point):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Other courses currently enrolled (grade to this point):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

List other Universities/Colleges you have attended. Include hours completed or degrees earned.

\_\_\_\_\_

\_\_\_\_\_

Please list any work or volunteer experiences. (Include agency, job title, dates, hrs/wk):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please provide any additional information that will help get to know you better (honors/awards, extra-curricular activities, hobbies, military service, family obligations, etc.).

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Do you have any physical or psychological challenges for which accommodations should be made? If yes, please describe.

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Please attach the following:

1. One to two page biographical sketch describing your background, why you chose to enter the field of Exercise Science, career goals and any other information you feel pertinent to your candidacy application.
2. Three letters of recommendation. These should include two from professional resources (professor outside the program, boss/supervisor, coach) and one from a personal resource (parent, friend, significant other).

My signature indicates that all information is complete and accurate. Deliberate failure to provide accurate information may be grounds for denial or dismissal from the Exercise Science Program. If admitted, I am committed to follow Exercise Science course sequencing while maintaining a 2.75 GPA. Additionally, I must achieve a grade of C or better in all courses within the major. I understand if my GPA falls below the required GPA, or I receive a grade less than C in the above courses, I may not be allowed to perform my internship until deficiencies are corrected.

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(Signature)

(Date)

I have reviewed the above application and have determined this student meets all program requirements for candidacy.

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(Advisor Signature)

(Date)