

33 Years of Music Therapy at Eastern Michigan University
Clinical Improvisation Techniques Using Piano and Guitar
Dr. Alan Turry

Saturday, October 10, 2009 8:00 a.m. to 3:30 p.m.

Choir Room Alexander Music Building Eastern Michigan University



On October 10, 2009 Dr. Alan Turry, NRMT, MT-BC, LCAT, Managing Director of the Nordoff-Robbins Music Therapy Center at New York University, presents a workshop on clinical improvisation. Dr. Alan Turry has earned his Bachelor's, Masters and Doctoral degrees in Music Therapy from New York University. He has a wide range of experiences as a music therapist, working since 1981 at facilities such as Metropolitan Hospital and Bellevue Hospital, both in New York City.

Alan Turry

Formerly the Supervising Music Therapist and Coordinator of Student Training, Activity Therapies Department at Bellevue, Dr. Turry's practice there included improvisational music therapy groups on several in-patient units including the adolescent unit and the prison unit, groups for higher functioning outpatients, emotionally disturbed adolescents, and adults in psychiatric care. <http://steinhardt.nyu.edu/music/nordoff/staff#turry>

This presentation will be held from 8:00 a.m. to 2:00 p.m. in the Choir Room in the Alexander Music Building (first floor, south wing) at Eastern Michigan University. (Registration begins at 8:00 a.m.) **This presentation is open to all music therapy students and professional music therapists who would like to attend on a first come first served basis.** Workshop space is limited, so please register early.

Workshop Description: This workshop will focus on developing the participant's confidence and ability to improvise on piano and guitar by imparting practical skills and a clinical understanding of the therapeutic benefits of working improvisationally. Through lectures and experiential learning, participants will have the opportunity to develop new skills. Audio/video presentations will illustrate clinical techniques. The workshop will be cancelled only if the presenter is unavoidably not available.

Learning Objectives: This workshop will increase the participant's (1) confidence to improvise on piano and guitar, (2) ability to improvise on piano and guitar, (3) practical improvisational skills, and (4) clinical understanding of the therapeutic benefits of working improvisationally.

*Clinical Improvisation Techniques on Piano and Guitar is approved by the Certification Board for Music Therapists for 5 Continuing Music Therapy Education credits. Credits awarded by CBMT are accepted by the National Board for Certified Counselors (NBCC). Michigan Music Therapists (#P-014) maintains responsibility for program quality and adherence to CBMT policies and criteria. 5 CMTEs are available through MMT's CBMT pre-approved provider status. **Grievance Policy Statement:** All complaints about the Co-Sponsored events should be directed to the Co-Sponsor Liaison and the Continuing Education Coordinator. If a complaint is not resolved to the certificant's satisfaction, it will be referred to the Michigan Music Therapists' Executive Committee.*

Schedule

8:00 am Registration
8:30 am *Developing Confidence and Ability to Improvise*
11:20 pm Box lunch and social time
12:00 pm *Developing Practical Skills and a Clinical Understanding of Improvisation*
2:00 pm Workshop ends
2:30 pm MMT business meeting

Registration Form for Dr. Alan Turry's Workshop
Clinical Improvisation Techniques on Piano and Guitar

Please print clearly.

Name: _____

Address: _____

e-mail: _____

Phone: _____

For out-of-town student registrants: Would you like us to try to arrange free overnight accommodations?

(circle one) Yes No If yes, Prof. McGuire needs to be notified **by September 25.**

Please make checks payable to: **Music Therapy Fund.** Registrants will receive a **full refund** if Professor McGuire receives notification by October 6. **No refunds will be given after that date.** Please send your registration fee **so that it is postmarked by September 25** to

Michael G. McGuire, M.M., MT-BC
 Dr. Alan Turry's Workshop
 Department of Music & Dance
 314 Alexander Building
 Ypsilanti, MI 48197

	Postmarked by September 25	Postmarked After September 25
EMU Students and Prospective Students	<i>Free</i>	10.00
Students from other Music Therapy Programs	<i>10.00</i>	15.00
EMU Music Therapy Professional Alumni	<i>75.00</i>	100.00
Music Therapy Professionals (5 CMTEs will be provided through Michigan Music Therapists' pre-approved status #P-014)	<i>100.00</i>	125.00
Non-music therapy professionals	125.00	150.00
Box lunch (includes sandwich, chips, and bottled water)	10.00	12.00
___ Vegetarian		
___ Non-vegetarian		

Total enclosed _____

For further information, please contact Professor Michael G. McGuire at mmcguire@emich.edu

Alan Turry, DA, NRMT, MT-BC, LCAT
Managing Director, Nordoff-Robbins Center at NYU

Alan Turry has earned his Bachelor's, Masters and Doctoral degrees in Music Therapy from New York University. He has a wide range of experiences as a music therapist, working since 1981 at facilities such as Metropolitan Hospital and Bellevue Hospital, both in New York City. Formerly the Supervising Music Therapist and Coordinator of Student Training, Activity Therapies Department at Bellevue, his practice there included improvisational music therapy groups on several in-patient units including the adolescent unit and the prison unit, groups for higher functioning outpatients, emotionally disturbed adolescents, and adults in psychiatric care.

In 1990, he participated in the first training course at the Nordoff-Robbins Center, joining the clinical staff at that time. He became Clinical Director in 1997 and is currently Managing Director. Dr. Turry is the first certified instructor of Nordoff-Robbins Music Therapy and coordinates the Graduate Internship Program and the Advanced Training Program in Nordoff-Robbins Music Therapy. In addition, he develops course work and teaches clinical improvisation in the NYU Graduate Music Therapy Program.

Dr. Turry has taught and presented his work internationally. He is an annual visiting lecturer at the Nordoff-Robbins Centre in London, and a visiting professor at Saint-Mary-of-the-Woods College in Indiana, the University of Lisbon in Portugal and Senzoku College, Japan. He has helped to develop the Nordoff-Robbins supervision program in Japan, the Nordoff-Robbins clinical program in Korea, and has led workshops on clinical improvisation in Denmark, Greece, Poland, Ireland and Italy. He was also a keynote speaker at the 8th World Congress of Music Therapy in Hamburg in 1996.

Dr. Turry is recognized for his innovative contributions to the Nordoff-Robbins approach. These include the utilization of contemporary idioms, his use of improvisation and improvised songs in group music therapy, as well as pioneering work with self-referred adults integrating music psychotherapy and community music therapy practice. His expertise utilizing guitar has allowed the Nordoff-Robbins training to include therapists whose primary instrument is guitar. He has been a guest lecturer at many university training programs, including Anna Maria College, Berklee College of Music, and Lesley University. Aspects of his approach are detailed in a number of publications including *Transference and Countertransference in Nordoff-Robbins Music Therapy* from *The Dynamics of Music Psychotherapy* (Kenneth E. Bruscia, Ed.) and *The Use of Improvised Song for Children and Adults with Cancer* in the text *Music Therapy and Medicine* (Cheryl Dileo, Ed.).

Dr Alan Turry was recently named to the editorial board of *Music and Medicine*, a new interdisciplinary journal that will be an integrative forum for clinical practice and research related to music interventions and applications of clinical music strategies in medicine. Dr. Turry's research has focused on the psychological effects of musical elements. Specifically, he examined the music and lyric content in the improvised expressions of a woman with cancer receiving music therapy treatment.