



INTRAMURAL SPORTS

2005-06

The Intramural Sports program at EMU provides a safe and enjoyable variety of organized recreational activities for its students, faculty, staff, alumni and affiliate members.

IM Office information

Office hours

Monday-Thursday 10 a.m. to 7 p.m.

Friday Noon to 4 p.m.

Phone 734.487.1234



EASTERN MICHIGAN UNIVERSITY.

Division of Student Affairs

www.emich.edu/recim

Welcome to Intramural Sports

Our staff cordially invites you to participate in any and all of our exciting programs and events, and we look forward to serving and assisting you this academic year.

What is intramural sports?

Intramural Sports is a component of the Recreation/Intramural Department and is a unit within the Division of Student Affairs. Intramural Sports provides activities encompassing two distinct programmatic areas: intramural sports and special events. Each year more than 3,000 students, faculty and staff participate in nearly 30 intramural leagues or special events.

Why participate in intramural sports?

The purpose of the Intramural Sports program at EMU is to provide a safe and enjoyable variety of organized recreational activities that meets the leisure-time needs of its students, faculty, staff, alumni and affiliate members. These activities provide individual or team competitions at a non-varsity and non-club level.

The general objectives of the program include:

- Promotion and development of wholesome sport and recreational activities for all participants
- Opportunity for the development of leadership qualities, personal characteristics and a better understanding of group dynamics
- Opportunity for the establishment of rapport among university students, organizations, faculty and administrators

Intramural recreation programs are conducted using a variety of formats including single- and double-elimination tournaments and round-robin leagues.

Where are games held?

All intramural sports leagues and tournaments are held in various locations on campus. Most outdoor sports are held at the Rec/IM Softball Field Complex on West Campus. All indoor sports are held somewhere within the Olds-Robb Student Recreation/Intramural Complex on campus.

How to participate in intramural sports

You or a representative from your team must pick up a registration form at the Intramural Office or download from the Internet during the registration period for that particular sport. All registration periods end at 5 p.m. unless otherwise noted. Teams that register prior to the end of the registration period will be guaranteed four games. Some leagues will allow teams to receive five regular season games, instead of four, if time permits. Team schedules can then be picked up at the managers' meeting. All games are held Monday through Friday from 5:30-11:30 p.m., unless it is a weekend tournament. Weekend tournaments will start as early as 10 a.m. on Saturday and noon on Sunday. All managers or a representative from the team must attend the managers' meeting on the fifth floor of the Rec/IM at the time noted. These meetings cover important topics such as schedules, rules changes, league format, etc. Teams not attending the managers' meeting may be dropped from the schedule or given an automatic loss in league play.



Internet services

The Recreation/Intramural Department is online. Schedules, standings and other important information will all be posted and updated daily. League schedules will be available online after the managers' meeting.

www.emich.edu/recim

Check out the Web site for other new and exciting features.

Divisions of play

Every intramural sport is divided into several different divisions of play. Participants may only play for one men's or women's and one co-rec team. Players in the fraternity division are not allowed to also play in the independent division. The classifications for divisions are as follows:

IFC/Sorority

Only current EMU students registered as actives or pledges of an IFC or Panhellenic organization shall be allowed to participate. Current rosters must be on file with both the Greek Affairs and Intramural Sports Office.

Independent Men/Women

Any current EMU student or Rec/IM member may participate in this division. Independent mens' divisions are then divided into three levels of competition: Masters, A and B. The Masters division is only held during basketball for the highest level of competition. The A division is held during all other leagues and is the highest level of competition. The B division is for those who are not as skilled and are wanting to come out and play for fun.

Co-rec

Any current EMU student or Rec/IM member may participate in this division. However, teams must be composed of the specified number of males and females.



Playoffs

Playoffs are conducted immediately following the conclusion of league play. All teams will advance to the playoffs as long as they do not forfeit more than one game during the regular season. Playoffs are single-elimination format and are not subject to regular season availabilities. When breaking ties for seeding purposes, total point differential will be used. Some leagues will feature an all-campus championship for men and women at the end of each league's playoffs.

Sportsmanship/Conduct

The Office of Intramural Sports feels that good sportsmanship is an important ingredient in successful competition. It is imperative that participants and spectators display proper conduct at all times. The following may be considered unsportsmanlike conduct:

- Shoving or striking an opponent or employee of the Rec/IM
- Profanity
- Unnecessary delay of game
- Leaving one's bench/sideline to participate in an altercation
- Arguing and/or uncooperativeness with officials
- Abusive language to an opponent or an official
- Racial slurs
- Any behavior deemed inappropriate by the Rec/IM staff

Any and all behaviors mentioned will result in an appropriate game penalty and may result in ejection and/or suspension from a game or sport. Individuals falling under such a violation must appear before the Coordinator of Intramural Sports before they can be reinstated for play. Ejections carry a minimum one-game suspension. If an ejected player participates in a game, the team may be subject to forfeiting that game.

Clothing and attire

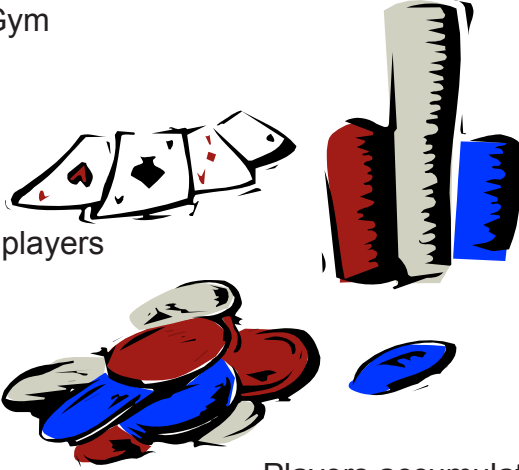
- For team sports such as basketball, flag football and soccer, the home team will be required to wear **dark** colored shirts. The visiting team will be required to wear **light** colored shirts. Light colors consist of white, gray, yellow, etc. Dark colors consist of black, blue, green, red, etc. The only exception to this rule is if the team has their own jerseys. Team members are encouraged to attempt to wear the same color.
- Caps with bills are permitted in softball only. Winter hats with no brims that have an elastic band may be worn during outdoor soccer and flag football.
- Bandanas may not be worn at any time during basketball, flag football or soccer. Only head attire that has an elastic band will be allowed.
- * No jewelry may be worn during flag football, soccer, dodgeball and basketball games. Any infractions will result in an appropriate penalty depending on the sport.

No-Limit Texas Hold 'em

\$2 entry fee per player includes snacks and beverages

Every Tuesday night beginning on September 13
at 7:30 p.m. in the Rec/IM Utility Gym

Weekly prizes awarded to the top players



Players accumulate points weekly to advance to
the finals each semester

*No cash prizes will be awarded during these tournaments.

Gaming Lounge

Check us out in the main lobby of the Rec/IM on
two 50-inch big screen televisions

Monthly contests will
be held for different
video games
including college and
pro football.



Play some of the
newest and hottest
video games

Prizes for contests vary and could include video
game systems, gift certificates, copies of games
and more

Fall Events

Weekly Pick `em

Event description: Test your sports psychic abilities by guessing who is going to win specific professional and college football games weekly. Registration forms will be available every Tuesday morning with approximately 15 games with spreads. You guess who is going to win using the spread. Weekly and semester prizes will be given away.

Registration fee: Free

Registration period: Weekly beginning Monday, September 12. Entries due prior to the date and time specified on registration sheet.

Event date: New contests every week through November 19

Kickball Tournament

Event description: Go back to your childhood playground games with this brand new Kickball Tournament. Teams of 10 players compete with the big red kickball in a baseball style game. This tournament is guaranteed to be fun for the kid in everyone!

Divisions: Men, Women and Co-rec

Registration fee: \$10 per team

Registration period: Wednesday, September 7-Monday, September 19, at noon

Tournament begins: Monday, September 19, at 7 p.m.



Softball League

League description: All teams will be guaranteed four scheduled games with a single-elimination playoff tournament at the end of the regular season. Co-Rec leagues will alternate balls for men and women.

Divisions: Men, Women, Co-rec, Fraternity and Sorority

Registration fee: \$40 per team

Registration period: Wednesday, September 7-Tuesday, September 20, at noon

Managers' meeting: Tuesday, September 20, 7 p.m.

League begins: Wednesday, September 21

Dodgeball League

League description: Compete in the hottest new sport to hit EMU's campus in years. The dodgeball league will feature seven-player indoor action with rubber-coated foam balls. Find out who the best dodgeball players are on campus! All games will be held at the Rec/IM and/or the Warner Building.

Divisions: Men, Women, Co-rec, Fraternity and Sorority

Registration fee: \$30 per team

Registration period: Wednesday, September 7-Tuesday, September 20, at noon

Managers' meeting: Tuesday, September 20, 7:30 p.m.

League begins: Wednesday, September 21



Oozeball Tournament

Event description: This single-elimination co-rec tournament provides teams with an opportunity to get down and dirty in the mud and kick off Eastern Michigan University's Homecoming 2005. Teams are required to have at least one female. Students, faculty, staff and alumni are encouraged to participate!

Registration fee: \$45 per team

Registration period: Wednesday, September 7-Friday, September 23

Event date: Sunday, September 25, 1 p.m., Hoyt Lawn

ACIS Flag Football League

Event description: Bring out all of your trick plays for some exciting seven-on-seven flag football league action. All teams will be guaranteed four scheduled games with a single-elimination tournament at the end of the regular season.

Divisions: Men, Women, Co-rec, Fraternity and Sorority

Registration fee: \$50 per team

Registration period: Monday, October 3-Thursday, October 13, at noon

Managers' meeting: Thursday, October 13, 7 p.m.

League begins: Monday, October 17

Soccer League

Event description: Teams of eight compete to establish dominance on a shortened soccer field. All teams will be guaranteed four scheduled games with a single-elimination tournament at the end of the regular season.

Divisions: Men, Women, Co-rec, Fraternity and Sorority

Registration fee: \$45 per team

Registration period: Monday, October 3-Thursday, October 13, at noon

Managers' meeting: Thursday, October 13, 7:30 p.m.

League begins: Monday, October 17

MIRSA State Flag Football

Event description: The state flag football tournament has returned to EMU! All teams compete in round-robin pool play and single-elimination tournament with the winner receiving their entry fee paid to the National Flag Football Tournament.

Divisions: Men, Women and Co-rec

Registration fee: T.B.A.

Registration period: Monday, October 3-Thursday, October 27

Managers' meeting: T.B.A.

Tournament begins: Friday, October 28



Bowling League

League description: Individuals that register will be placed randomly together to form additional teams. This is a six-week league to be held at 8 p.m. on Sunday nights at Ypsi-Arbor Lanes on Washtenaw Avenue. Registration fee includes six weeks of bowling and shoe rental. Each player will bowl three games per night. Teams consist of four bowlers, male and/or female. There is a cap of 36 teams and will be entered on a first-come, first-serve basis.

Registration fee: \$35 per player

Registration period: Monday, October 10-Thursday, October 27

League begins: Sunday, October 30

38th Annual Turkey Trot

Event description: This annual road race provides an opportunity for faculty, staff, students and alumni to raise money and collect food for the less fortunate. All participants are encouraged to bring canned goods to benefit the local food pantry and receive a free event T-shirt. Prizes are awarded to the top overall male and female finishers. Walkers and runners welcome!

Registration fee: \$8 and canned goods

Registration period: Monday, October 3-Thursday, November 10 (late registration on race day from 2:30-3:45 p.m. at the University Park Lake House). Registration prior to November 3 guarantees a free event T-shirt.

Event date: Thursday, November 10, at 4 p.m.

9-Ball Billiards Tournament

Event description: Compete against other students in a single-elimination 9-ball billiards tournament. This event will be held in the game room on the third floor of the Rec/IM.

Divisions: Men, Women, Fraternity and Sorority

Registration fee: Free

Registration period: Monday, November 14-Tuesday, November 29

Tournament date: Tuesday, November 29, at 7:30 p.m.

Badminton Tournament

Event description: Compete against other students, faculty and staff in a badminton tournament. This event will be held on the badminton courts on the third floor of the Rec/IM.

Divisions: Men, Women, Fraternity and Sorority

Registration fee: Free

Registration period: Monday, November 21-Thursday, December 1

Tournament date: Thursday, December 1, at 7 p.m.

Preseason Basketball Tournament

Event description: This double-elimination tournament provides teams with an opportunity to compete against other basketball teams prior to the start of the winter league. Champions from Masters' and Women's division will have their registration fee paid to a regional basketball tournament at a location to be announced.

Divisions: Men and Women

Registration fee: \$25 per team

Registration period: Monday, November 14-Tuesday, November 30, noon

Managers' meeting: Tuesday, November 30, 3 p.m.

Tournament begins: Wednesday, December 1

Winter Events

ACIS Basketball League

League description: All teams compete in a round-robin league with a minimum of four scheduled games. Upon completion of the round-robin games, all teams advance to a single-elimination tournament. Games are played from 6-11 p.m., Monday through Thursday, on the third floor of the Rec/IM. The men's division will have three different levels of competition: Masters, A and B. The Masters' Division allows teams with advanced talent to compete against other teams with similar skills.

Divisions: Men, Women, Co-rec, Fraternity and Sorority

Registration fee: \$50 per team

Registration period: Monday, January 9-Thursday, January 19, at 3 p.m.

Manager's meeting: Thursday, January 19, 7 p.m.

League begins: Monday, January 23



Bowling League

League description: This is an eight-week league to be held at 8 p.m. on Sunday nights and 10 p.m. on Wednesday nights at Ypsi-Arbor Lanes on Washtenaw Avenue. Registration fee includes eight weeks of bowling and shoe rental. Each player will bowl three games per night. Teams consist of four bowlers, male and/or female. There is a cap of 36 teams per night and will be entered on a first-come, first-serve basis. Individuals that register will be placed randomly together to form additional teams. Sunday nights are reserved for independent teams only.

Registration fee: \$45 per player

Registration period: Wednesday, January 25-Friday, February 10, at 3 p.m.

League begins: Sunday, February 12

Badminton Tournament

Event description: Compete against other students, faculty and staff in a badminton tournament. This event will be held on the badminton courts on the third floor of the Rec/IM.

Divisions: Men, Women, Fraternity and Sorority

Registration fee: Free

Registration period: Monday, February 20-Thursday, March 9

Event date: Thursday, March 9, 7:30 p.m.

8-Ball Billiards Tournament

Event description: Compete against other students in a single-elimination billiards tournament. This event will be held in the game room on the third floor of the Rec/IM.

Divisions: Men, Women, Fraternity, Sorority

Registration fee: Free

Registration period: Monday, March 6-Monday, March 13

Tournament date: Monday, March 13, 7 p.m.

Swim Meet

Event description: Participants test their swimming skills against others in the following events: 100-yd. medley relay, 100-yd. individual medley, 50-yd. freestyle, 50-yd. butterfly, 100-yd. freestyle, 50-yd. backstroke, 50-yd. breaststroke, 100-yd. freestyle relay. Meet takes place in Jones Natatorium in the Rec/IM Building.

Divisions: Men, Women, Fraternity and Sorority

Registration fee: Free

Registration period: Monday, March 6-Tuesday, March 14

Event date: Tuesday, March 14, 7:30 p.m. All swimmers must be checked-in by 7:15 p.m.



Foosball Tournament

Event description: Compete against other students, faculty and staff in a single-elimination foosball tournament. This event will be held in the game room on the third floor of the Rec/IM.

Divisions: Men, Women, Fraternity and Sorority

Registration fee: Free

Registration period: Monday, March 6-Wednesday, March 15

Tournament date: Wednesday, March 15, 7:30 p.m.

Table Tennis Tournament

Event description: Compete against other students, faculty and staff in a single-elimination table tennis tournament. This event will be held in the racquetball courts on the first floor of the Rec/IM.

Divisions: Men, Women, Fraternity and Sorority

Registration fee: Free

Registration period: Monday, March 6-Wednesday, March 15

Tournament date: Wednesday, March 15, 7:30 p.m.



Six-player Volleyball League

League description: All teams compete in a round-robin league with a minimum of four scheduled games. Upon completion of the round-robin games, all teams advance to a single-elimination tournament. Games are played from 6-11 p.m., Monday through Thursday, on the third floor of the Rec/IM.

Divisions: Men, Women, Co-rec, Fraternity and Sorority

Registration fee: \$40 per team

Registration period: Monday, March 6-Thursday, March 16, at noon

Managers' meeting: Thursday, March 16, 7 p.m.

League begins: Monday, March 20

Dodgeball League

League description: Compete in the hottest new sport to hit EMU's campus in years. The dodgeball league will feature seven-player indoor action with rubber coated foam balls. Find out who the best dodgeball players are on campus! All games will be held at the Rec/IM and/or the Warner Building.

Divisions: Men, Women, Co-rec, Fraternity and Sorority

Registration fee: \$30 per team

Registration period: Monday, March 6-Thursday, March 16, at noon

Managers' meeting: Thursday, March 16, 7:30 p.m.

League begins: Monday, March 20

NCAA Bracket Challenge

Event description: Test your college basketball knowledge by determining how the NCAA Final Four bracket will play out. Points will be awarded for picking the winner in each round through the finals. Prizes will be awarded to the top two finishers.

Registration fee: Free

Registration period: Begins Monday, March 13. Entries due prior to the start of the first game of the NCAA tournament. (Play-in game is not included.)

One-Pitch Softball Tournament

Event description: A new format for softball has come to EMU's campus. Each player gets one pitch to hit. All other rules for slow pitch softball remain the same in this double-elimination tournament.

Divisions: Men, Women and Co-rec

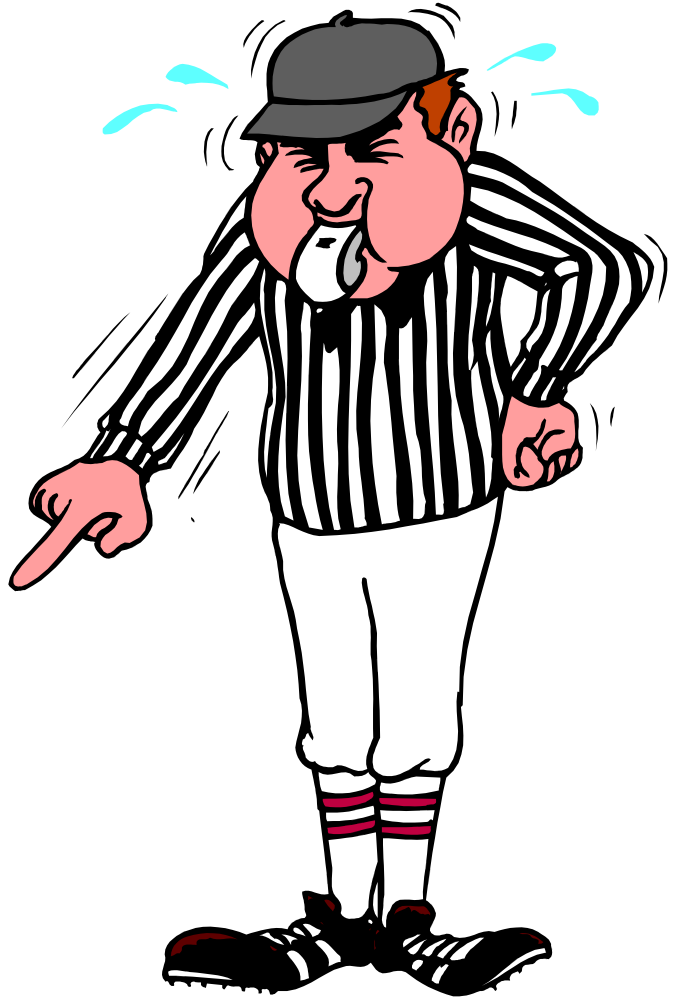
Registration fee: \$15 per team

Registration period: Monday, April 3-Tuesday, April 18, at 5 p.m.

Tournament begins: Wednesday, April 19



Now Hiring ...



Dedicated students to officiate intramural contests. Officials are needed for the following sports:

- Softball
- Dodgeball
- Flag Football
- Soccer
- Basketball
- Volleyball

No experience is necessary! We will train anyone who is interested. Officials are paid hourly with opportunities to become state certified and work outside contests to earn more money. Contact the Intramural Sports Office at 487.1234 for more information.

Other Programs and Facilities



The Olds/Robb Student Recreation Complex (Rec/IM) is a tangible reflection of the University's commitment to providing an exciting on-campus environment that is conducive to the total growth and development of its students, faculty and staff. The Rec/IM offers a fully-equipped weight room, Olympic-sized pool, basketball courts, running/walking track, etc.

The Rec/IM Total Fitness and Aerobics program offers a wide variety of aerobics and spinning classes throughout the week to fit into your schedule. Classes include body sculpting, total body workout, yoga, aqua exercise and more. For a complete schedule, stop by the Rec/IM or check out the Web site.

Building hours:

Monday-Thursday	6:30 a.m. to 9:45 p.m.
Friday	6:30 a.m. to 7:45 p.m.
Saturday	10 a.m. to 5:45 p.m.
Sunday	Noon to 7:45 p.m.

The Total Fitness and Aerobics program also offers personal training. If you have ever wanted to get the right workout for you, then this is the perfect program. For a small per-session fee, you can have your very own personal trainer who will help develop the perfect workout for you.

**Hours are subject to change due to rentals, University breaks, football games, etc. Please call the Rec/IM at 487.1338 for specific hours for different areas of the building.

For specific information on any of these programs, please contact Barb Figurski at 487.1338.



Where you don't have to work out to look good!

Purchase all of your EMU apparel at the only university-owned pro shop on campus. The Competitive Edge Pro Shop offers a variety of items including T-shirts, sweatshirts, swim suits and goggles, and locker room locks.

University Park is a 10-acre outdoor facility featuring sand volleyball, tennis, basketball, lake, meeting and event space, and more. It is also available for group and departmental rentals.

Hours:

Monday-Thursday	10 a.m. to 8 p.m.
Friday	10 a.m. to 7 p.m.
Saturday	11 a.m. to 5 p.m.

Hours:

Monday-Friday	10 a.m. to 7:45 p.m.
Saturday	11 a.m. to 5:45 p.m.
Sunday	Noon to 5:45 p.m.

Still need more information? For more information on Intramural Sports and any other program offered by the Rec/IM, check out our Web site at www.emich.edu/recim

Intramural Sports Calendar

Fall 2005

Sport	Registration fee	Registration period	Managers' meeting
Pick `em	Free	Weekly	N/A
No-Limit Texas Hold `em	\$2 per player	Every Tuesday	N/A
Video Game Tournaments	Varies	Monthly	N/A
Kickball Tournament	\$10 per team	9/7-9/19	N/A
Softball League	\$40 per team	9/7-9/20	Tues. 9/20, 7 p.m.
Dodgeball League	\$30 per team	9/7-9/20	Tues. 9/20, 7:30 p.m.
Oozeball Tournament	\$45 per team	9/7-9/23	Sun. 9/25, 12:45 p.m.
ACIS Flag Football League	\$50 per team	10/3-10/13	Thurs. 10/13, 7 p.m.
Soccer League	\$45 per team	10/3-10/13	Thurs. 10/13, 7:30 p.m.
MIRSA State Flag Football	TBA	10/3-10/27	TBA
Bowling	\$35 per bowler	10/10-10/27	N/A
Turkey Trot	\$8 plus canned good	10/3-11/10	N/A
9-Ball Billiards	Free	11/14-11/29	N/A
Baminton Tournament	Free	11/21-12/1	N/A
Preseason Basketball	\$25 per team	11/21-12/5	Mon. 12/5, 7 p.m.

Winter 2006

Sport	Registration fee	Registration period	Managers' meeting
No-Limit Texas Hold `em	\$2 per player	Every Tuesday	N/A
Video Game Tournaments	Varies	Monthly	N/A
ACIS Basketball League	\$50 per team	1/9-1/19	Thurs. 1/19, 7 p.m.
Bowling League	\$45 per player	1/25-2/10	N/A
Badminton Tournament	Free	2/20-3/9	N/A
Billiards Tournament	Free	3/6-3/13	N/A
Swim Meet	Free	3/6-3/14	N/A
Foosball Tournament	Free	3/6-3/15	N/A
Table Tennis Tournament	Free	3/6-3/15	N/A
Six-player Volleyball League	\$40 per team	3/6-3/16	Thurs. 3/16, 7 p.m.
Dodgeball League	\$30 per team	3/6-3/16	Thurs. 3/16, 7:30 p.m.
NCAA Bracket Challenge	Free	3/13-3/16	N/A
One-pitch Softball	\$15 per team	4/3-4/18	N/A