The Intramural Sports Program at EMU provides a safe and enjoyable variety of organized recreational activities for its students and facility members.

IM Office Information
Office Hours
Monday-Thursday  11am-6pm

Main Office Phone  734-487-1338
Intramural Hotline  734-487-1234

EASTERN MICHIGAN UNIVERSITY
www.emich.edu/recim
Welcome to Intramural Sports

Our staff cordially invites you to participate in all of our exciting programs and events, and we look forward to serving and assisting you this academic year. Thanks for participating in the program!

Want to prove to all of your friends that you’re an intramural champion? Participate in the program, win a competition, and receive your “Intramural Champion” t-shirt. Wear it with pride!

**What are intramural sports?**
Intramural sports are a component of the Recreation/Intramural Department and are a unit within the Rec/IM departmental programming. Intramural Sports provides activities encompassing two distinct programmatic areas: intramural sports and special events. Each year more than 3,000 students and facility members participate in nearly 25 intramural leagues or special events.

**General Objectives of the Intramural Sports Program**
- Promotion and development of wholesome sport and recreational activities for all participants
- Opportunity for the development of leadership qualities, personal characteristics and a better understanding of group dynamics
- Opportunity for the establishment of rapport among university students and facility members

**Who is eligible to participate?**
Any currently enrolled EMU student or faculty/staff who are facility members. **Non faculty/staff facility members CAN NOT play intramural sports.** Any varsity letter winner must sit out one full calendar year from the last day of competition to play in the sport for which they received their letter. Baseball is
considered softball, football is considered flag football. There is no limit to how many club sport participants may be on a roster, but no more than two may be on the court/field at any given time.

**Where are games held?**
All intramural sports leagues and tournaments are held in various locations on campus. Most outdoor sports are held at the REC/IM Softball Field Complex on West Campus, behind Westview Apartments. All indoor sports are held within the Olds-Robb Student Recreation/Intramural Complex.

**How to participate in Intramural Sports**
To participate in intramural sports you must login to imleagues.com and create a profile using your emich.edu email account. From there you can create or join a team that has been created during the registration period. All registration periods end at noon unless otherwise noted. Teams that register prior to the end of the registration period will be guaranteed play.

**Divisions of Play**
Every intramural sport is divided into different divisions of play. Participants may only play for one team. The exception to the rule is if a participant is playing for a co-rec team and a men’s or women’s team.

**IFC/Sorority**
Only current EMU students registered as actives or pledges of an IFC or Panhellenic organization shall be allowed to participate. Current rosters must be on file with the Greek Affairs Office. Failure to have a current roster or use of ineligible players may result in forfeiture of games and/or points.

**Independent Men/Women**
Any current EMU student or faculty/staff facility member may participate in this division.
Co-Rec
Any current EMU student or faculty/staff facility member may participate in this division. However, teams must be composed of the specified number of males and females.

Playoffs
Playoffs are conducted immediately following the conclusion of league play. All teams will advance to the playoffs as long as they do not forfeit more than one game during the regular season. Playoffs are single-elimination format and are NOT subject to regular season availabilities.

Sportsmanship/Conduct
The Office of Intramural Sports feels that good sportsmanship is an important ingredient in successful competition. It is imperative that participants and spectators display proper conduct at all times. The following may be considered unsportsmanlike conduct:
- Shoving or striking an opponent or employee of the REC/IM
- Profanity
- Racial slurs
- Unnecessary delay of game
- Leaving one’s bench/sideline to participate in an altercation
- Arguing and/or uncooperativeness with officials/supervisors
- Abusive language to an opponent, official or supervisor
- Any behavior deemed inappropriate by the REC/IM staff

Any and all behaviors mentioned will result in an appropriate game penalty and may result in ejection and/or suspension from a game or sport. Individuals falling under such a violation must appear before the Coordinator of Intramural Sports before they can be reinstated for play. If an ejected player participates in a game, the team may be subjected to forfeiting that game. **Bad team sportsmanship may result in a team being eliminated from the playoffs.**
**Uniforms**

- For team sports such as basketball, flag football and soccer, the home team (team listed first on schedule or top team on bracket) will be required to wear *light* colored shirts. The visiting team will be required to wear *dark* colored shirts. Light colors consist of white, gray, pink and yellow. The only exception to this rule is if the team has their own jerseys. Team members are encouraged to attempt to wear the same color.

- Caps with bills are permitted in softball ONLY. Winter hats with no brims that have an elastic band may be worn during outdoor soccer and flag football.

- Any head attire with knots (bandanas, doo-rags, etc.) may not be worn at any time during basketball, flag football or soccer. Only head attire that has an elastic band will be allowed.

- No jewelry may be worn during flag football, soccer, and basketball games. Any infractions will result in an appropriate penalty depending on the sport.

**Rules**

There are rules for each activity. If a rule is not defined, the final decision will be determined by the Assistant Director of Intramural Sports.

**OFFICIALS NEEDED!!!!!!!!!!**

We need officials for the following sports. The meeting for each sport will be held on the 5th Floor of the Rec/IM Building. Contact Kyle McAlear at 734.487.8050 or kmcalear@emich.edu for more information.
Fall Activities

No Limit Texas Hold’em

Come and play every Tuesday night beginning September 8 at 7pm on the 5th Floor of the REC/IM. $4 entry fee includes snacks and beverages. Weekly prizes awarded to the top players. Players accumulate points weekly to advance to the finals each semester. No cash prizes will be awarded during this event.

Softball Tournament

Teams will have pool play games and then be put into a single elimination tournament based on the outcome of pool play.

Divisions: Men, Women, & Co-Rec
Registration fee: $40 per team
Registration Period: Friday, September 4 – Thursday, September 10 at 5pm
Manager’s Meeting: Thursday, September 10 at 5pm
Play Begins: Week of Monday, September 14

Soccer League

Teams of seven will have pool play games and then be put into a single elimination tournament based on the outcome of pool play.

Divisions: Men, Women, & Co-Rec
Registration fee: $40 per team
Registration Period: Friday, September 4 – Thursday, September 17 at 5pm
Manager’s Meeting: Thursday, September 17 at 5pm
Play Begins: Week of Monday, September 21
15th Annual Oozeball Tournament

This single elimination mud volleyball tournament provides teams with an opportunity to get down and dirty in the mud.

**Divisions:** Co-Rec (must have at least one female)

**Registration fee:** $60 per team

**Registration Period:** Friday, September 4 – Friday, September 18 at 5pm

**Manager’s Meeting:** Sunday, September 20 at 12:45pm

**Play Begins:** Sunday, September 20 at 1pm

ACIS Flag Football League

Teams will have three scheduled games with a single elimination tournament at the end of the regular season.

**Divisions:** Men, Women, & Co-Rec

**Registration fee:** $60 per team

**Registration Period:** Friday, September 4 – Thursday, September 24 at 5pm

**Manager’s Meeting:** Thursday, September 24 at 5pm

**Play Begins:** Monday, September 28

Co-Rec Volleyball League

Teams will have three scheduled games with a single elimination tournament at the end of the regular season.

**Divisions:** Co-Rec Only

**Registration fee:** $50 per team

**Registration Period:** Monday, October 5 – Thursday, October 29 at 5pm

**Manager’s Meeting:** Thursday, October 29 at 5pm

**Play Begins:** Monday, November 1
**47th Annual Turkey Trot**

This annual road race provides an opportunity for students and facility members to “trot” an approximate 5K path. Prizes are awarded to the top overall male and female finishers. Walkers and runners are welcome!

**Divisions:** Men and Women  
**Registration fee:** FREE  
**Registration Period:** November 5 at 3:45pm  
**Race Begins:** Thursday, November 5 at 4pm (Meet at the Lake House at 3:45pm)

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**Billiards Tournament**

Compete against other students and faculty/staff facility members in a billiards tournament. This event will to be held on 3rd floor of the REC/IM.

**Divisions:** Men and Women  
**Registration fee:** FREE  
**Registration Period:** Tuesday, November 3 at 6pm  
**Play Begins:** Tuesday, November 3 at 6pm
Winter Activities

No Limit Texas Hold’em

Come and play every Tuesday night beginning January 13 at 7pm on the 5th Floor of the REC/IM. $4 entry fee includes snacks and beverages. Weekly prizes awarded to the top players. Players accumulate points weekly to advance to the finals each semester. No cash prizes will be awarded during this event.

ACIS Basketball League

Teams will have three scheduled games with a single elimination tournament at the end of the regular season.
Division: Men and Women
Registration fee: $60 per team
Registration Period: Monday, January 4 – Thursday, January 14 at 5pm
Manager’s Meeting: Thursday, January 14 at 5pm
Play Begins: Monday, January 18

Indoor Flag Football Tournament

Four player teams will compete in a single-elimination tournament. Games will be held in the Football Indoor Practice Facility.
Division: Men & Women
Registration fee: $25 per team
Registration Period: Monday, January 11 – Thursday, January 21 at 5pm
Manager’s Meeting: Prior to first game.
Play Begins: Thursday, January 28
Six-Player Volleyball League

Teams will have three scheduled games with a single elimination tournament at the end of the regular season.

**Divisions:** Men and Women  
**Registration fee:** $50 per team  
**Registration Period:** Monday, February 29 – Thursday, March 10 at 5pm  
**Manager’s Meeting:** Thursday, March 10 at 5pm  
**Play Begins:** Monday, March 14

Dodgeball League

“If you can dodge a wrench, then you can dodge a ball!” Teams will have three scheduled games with a single elimination tournament at the end of the regular season.

**Divisions:** Men and Women  
**Registration fee:** $50 per team  
**Registration Period:** Monday, February 29 – Wednesday, March 10 at 5pm  
**Manager’s Meeting:** Thursday, March 10 at 5pm  
**Play Begins:** Tuesday, March 15

NCAA Bracket Challenge

Can you pick all the winners correctly? Test your college basketball knowledge by determining how the NCAA Final Four bracket will play out. Points will be awarded for selecting the winner in each round through the finals. Prizes will be awarded to the top two finishers.

**Registration fee:** FREE  
**Registration Period:** Monday, March 14 – Thursday, March 17 at 12pm
THANKS FOR PARTICIPATING IN THE PROGRAM!!! 😊