

# Food and Nutrition Assistance Helpline

**1-800-481-4989**

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Monday to Friday  
9 until 5 pm

The state-wide Food Assistance Hotline is operated by the  
Center for Civil Justice.

Spanish speaking assistance is available to callers. Individuals are encouraged to call with questions regarding food assistance (Food Stamp/Bridge Card) eligibility and procedures.

The helpline will assist callers through a pre-screening process to determine eligibility and approximate benefit amount.

The helpline will also advise callers about nutrition programs and services available in Michigan.

For more information please contact Capitol Services, Inc. at (517) 372-0860

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