

## AFTER-THE-FACT STRATEGIES

Report the incident, with or without names

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Consider talking with a trusted authority figure (e.g., Diversity and Community Involvement, advisor, faculty member, family, coach)

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Submit a CARE report:  
[www.emich.edu/dsaem/sit](http://www.emich.edu/dsaem/sit)

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Talk privately with the inappropriate actor OR aggrieved person.

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Call for HELP!

## RESOURCES

**Immediate harm to you or others:**  
EMU Department of Public Safety:  
734-487-1222 or 911 (campus phone)  
Ypsilanti Police: 911

**Not in immediate danger:**  
Submit a CARE report:  
[www.emich.edu/dsaem/sit](http://www.emich.edu/dsaem/sit)

**Active Bystander**  
[active\\_bystanders@emich.edu](mailto:active_bystanders@emich.edu)  
734.487.1118  
[www.emich.edu/activebystander](http://www.emich.edu/activebystander)

**Counseling and Psychological Services**  
*CAPS is FREE for all EMU Students*  
734.487.1118  
[www.emich.edu/caps](http://www.emich.edu/caps)

**CAPS After Hours**  
734.487.1118

**Diversity & Affirmative Action**  
*For faculty & staff*  
734.487.1166  
[www.emich.edu/hr/diversity](http://www.emich.edu/hr/diversity)



EASTERN MICHIGAN UNIVERSITY

## PROGRAM DESCRIPTION

This program teaches participants how to safely respond to bullying, injustices, and discrimination on and off campus. Participants gain a better understanding of the “bystander effect” and what influences a person’s willingness to help or not, and develop skills for analyzing and responding to issues of injustice.

**Bystander effect:** Social phenomenon in which the presence of others reduces helping behavior

## ASSESS THE SITUATION

What does your **GUT** tell you?

Ask yourself, “Could I play a role here?”

If no one intervenes, what will likely happen?

Is someone else better able to respond?

Where should I respond and what would be my purpose?

Would I be putting myself at risk?

Should I act **NOW** or **LATER**?

## IN-THE-MOMENT STRATEGIES

Use humor (with care)

Point to the elephant in the room

Interrupt the behavior

Silent stare

We’re friends, right?

Personalize

Assume naiveté