

# EVERYONE'S A WRITER

## Writers of Ypsilanti: Lara Zielin



Lara Zielin is a published author, editor, and founder of *Author Your Life*, a website by the same name as her novel.

### What do you write?

“All the things! I’m a published young-adult and romance author, and I recently tried my hand at nonfiction. I have a draft of an historical fiction manuscript collecting dust under my bed, and I’d love to revisit that genre. I also do copywriting and communications for my day jobs, so I feel like my pencil is always moving. That’s part of the fun though. I love trying out new things and seeing where the words take me.”

### Why do you write?

“What we write has power. Putting pen to paper is a transformative exercise. It’s so commonplace that I think we don’t really realize what an impact it has. But writing can fundamentally and tangibly change things.”

### What is the most memorable thing you have written?

“At the start of 2018, I began an experiment to test whether writing about the life I wanted to have could actually help it come to pass. I began a book I unimaginatively titled *Lara’s Life*. Every day I wrote about myself like a character in the third person, and I wrote about the things I wanted to have happen to this person. After a year of doing this, my life was markedly different.”