

Third Annual Lyla M. Spelbring Endowed Lecture and Conference Workshops September 28, 2013

Morning Sessions I [8:45-9:45]:

“Psychoneuroimmunology: Linking body and brain to health”

Gretchen Dahl Reeves, Ph.D., OTR, Associate Professor, Eastern Michigan University

Abstract:

From a holistic perspective, occupational therapists promote emotional well-being and physical health. This presentation will examine aspects of the nervous and immune systems and how they are interrelated and impacted by stressors. Research that highlights mind and body connections in recovery from illness will be discussed.

“Developmental trauma and occupational therapy”

Pamela Lemerand, Ph.D., Associate Professor, Eastern Michigan University
Former Occupational Therapist

Abstract:

This presentation is an introduction to developmental trauma and Post Traumatic Stress Disorder in children. The impact of trauma on children’s occupational performance will be discussed. Intervention approaches based on frames of reference used by occupational therapists will be reviewed.

“Laying the foundation for proper positioning: Introduction to positioning for functional ability and wheelchair seating”

Diane Thomson, MS, OTR/L, ATP, Rehabilitation Institute of Michigan

Abstract:

This presentation will cover the basics of wheelchair seating and positioning and provide the foundation for good posture and positioning as it relates to function. The assessment of posture and positioning can directly affect functional ability. By addressing the need for a proper mat evaluation, a therapist can both influence proper body mechanics for wheelchair propulsion as well as the ability to perform functional tasks and activities of daily living. During the course, the participant will learn the required elements for documentation, mat evaluation and options for equipment including power wheelchairs, manual wheelchairs, cushions, and backs.

Morning Sessions II [10:00-11:00]:

Special session offered by the EMU chapter of Pi Theta Epsilon:

“Leadership challenges for the next generation”

Regina Michael Campbell MS, OTR, FAOTA, Associate Professor, Texas Women’s University

Abstract:

Sustainability is more than a twenty first century buzzword associated with ecosystems. Constructs of sustainability have applicability for persons, organizations, and occupational therapy communities aspiring to lead the way for a more “occupationally just world”. Participants will be provided an opportunity to identify the constructs of sustainability to improve the quality of human life for self and others, reflect on the power of mentorship as a living example of leadership, and be challenged to commit to behavioral change to increase “carrying capacity” and “social sustainability” for the next generation.

“Vision rehabilitation after the evaluation: Occupation-focused goals and intervention”

Sharon RL Holt, MHS, OTRL, Lecturer, Eastern Michigan University

Abstract:

Vision rehabilitation often incorporates a bottom up approach during goal setting and intervention. This session will discuss the opportunities for using occupation as the means for measurable goal writing and intervention and its implications on reimbursement.

“Making a commitment to healthy aging”

Nancy Whitelaw, Ph.D., Senior Fellow, National Council on Aging

Abstract:

Healthy aging is the development and maintenance of optimal physical, mental and social well-being and function in older adults. Healthy aging is best understood as a systems change strategy, not simply a program or service, that can address the challenges and burdens of chronic conditions. Key principles for this system change are: focus on prevention, self-management and self-determination; attend to evidence and outcomes; foster community-based & collaborative solutions; and challenge ageism & health disparities. National initiatives on healthy aging and prevention are incorporating these principles and demonstrating success in improving the quality of life of older adults.

The 2013 Lyla M. Spelbring Endowed Lectureship [11:30-12:45, followed by lunch]

“The occupational therapy genius: Affirmations of our transcendent ethos.”

Suzanne Peloquin, OTR, Ph.D., FAOTA, Professor Emeritus at University of Texas Medical Branch.

Abstract:

The guiding beliefs of the profession have led many occupational therapy practitioners to implement powerful examples of successful practice both across the world and over time. Stories drawn from those examples honor the profession’s ethos and showcase the genius of our practice. Hearing such stories can be an uplifting affirmation of our value and importance in the world. In the spirit of Lyla Mae Spelbring, this lecture offers such an affirmation.

Afternoon Sessions I [2:00-3:15]:

“Promoting reflection, critical thinking, and active engagement: Teaching research as a means of inspiring habits for best practice”

Abbey Marterella, PhD, OTRL, Assistant Professor, Eastern Michigan University

Abstract:

Occupational therapy programs often neglect a key aspect of the educational research process – explicating the essential relationship between the habits of researchers and the habits of practitioners. In this presentation, I argue that the cultivation of three foundational habits – reflection/reflexivity, criticality, and active engagement – are vital in order for students to become responsive practitioners. Research courses must incorporate more than the appreciation and acquisition of particular methods and basic knowledge of evidence-based practice. Rather, educators must help students develop a thirst for inquiry; an appreciation of knowledge development; and an ability to connect with human beings. The aim of such courses is to produce students that *listen* and *do* more effectively and empathically and who are capable of thinking, performing, and acting with integrity. Using the qualitative research sequence at EMU’s OT Program as a foundation for discussion, I will provide concrete exercises and exemplars to support educators and practitioners in adapting these approaches to their own practice settings.

"OT entrepreneurship in a dynamic healthcare environment: Private practice and product design"

Michael Patrick O'Connor, OTR/L, CBIST, O'Connor Occupational Therapy Services, PLLC; Maureen Kane-Wineland, Ph.D., OTR/L, Rehab Dynamics Inc.; Elisabeth Wharton, MOTR/L, Createable Learning Concepts, LLC

Abstract:

This panel of experienced occupational therapists will discuss the development of private practices and businesses in occupational therapy. Panelists will review their areas of focus, stages in the development of their business, beneficial resources, management responsibilities, and their rationale for developing a business related to occupational therapy. The presentation will examine the benefits and risks of private practice and independent businesses in the current, dynamic health care environment, as well as the skills and knowledge required to undertake such a move. At the conclusion of this session participants will be aware of the personal traits needed to be self-employed, understand the key components needed to start your own occupational therapy business, gain knowledge about a variety of marketing strategies that can be used to develop and grow your business, and explore the wide array of opportunities available to occupational therapists.

"Virtual context of occupation: Integrating everyday technology into everyday practice"

Douglas Rakoski, MA, OTR/L, ATP, Technology Clinical Specialist, University of Michigan Health System
Robert Ferguson, OTR/L, Neurorehabilitation Clinical Specialist, University of Michigan Health System

Abstract:

Computers have become an integral part of our clients' everyday lives, from trading stocks to playing a game of solitaire. Today, computers offer a wide variety of activities that can enhance and improve strength, coordination and cognition, all of which are important goals that our clients work on during their rehabilitation. Adaptive equipment and software offer endless options that therapists can utilize to optimize treatment goals and outcomes. Specifically, computer software offers an opportunity to empower clients and promote independence by increasing participation in the overall rehabilitation program. Participants in this session will learn ways of maximizing existing technologies in the clinical setting and explore gaming shareware features. Participants will leave the session with the clinical reasoning knowledge of how to match a client's interests and abilities with a virtual task and help the client find increased meaning and purpose with an activity.

Afternoon Session II [3:15-4:15]:

Developing Scholars Poster Session

EMU Occupational Therapy MOT students and faculty

Attendance at each workshop=1 PDU

Attendance at 5 poster presentations = 1 PDU