

## Curriculum Vitae

Judi Brooks, PhD, RD,  
Professor of Dietetics and Human Nutrition  
Eastern Michigan University  
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### EDUCATION

Oklahoma State University, Ph.D. in Home Economics with emphasis in Food, Nutrition, and Institution Administration, 1989  
Dissertation titled: "Assessment of needs and attitudes concerning the student wellness program at Oklahoma State University"  
Oklahoma State University, M.S. in Food, Nutrition, and Institution Administration, 1985  
Thesis titled: "Analysis of functions and managerial skills of dietitians in business and industry"  
Oklahoma State University, Dietetic Internship, 1984  
Michigan State University, B.S. in Dietetics, 1983

### CERTIFICATION/LICENSES

Registered Dietitian (RD), Commission on Dietetic Registration, 683184

### EXPERIENCE (Select)

August 2009 to present

Eastern Michigan University, Ypsilanti, MI, School of Health Sciences, Dietetics and Human Nutrition Programs, Professor

August 2004 to present

Eastern Michigan University, Ypsilanti, MI, School of Health Sciences, Dietetics and Human Nutrition Programs, Associate Professor with Tenure

June 2004 to September 2006

Eastern Michigan University, Ypsilanti, MI, School of Health Sciences (Department reorganization), Dietetics and Human Nutrition Programs, Director

May 2000 to June 2004

Eastern Michigan University, Ypsilanti, MI, Department of Human, Environmental and Consumer Resources, Dietetics and Human Nutrition Programs, Director

August 1999 to 2004

Eastern Michigan University, Ypsilanti, MI, Department of Human, Environmental and Consumer Resources, Dietetics and Human Nutrition Programs, Assistant Professor

January 1992 to June 1999

Monterey Peninsula College, Monterey, CA, Life Sciences Division, Instructor of Nutrition

May 1993 to August 1999

Community Hospital of the Monterey Peninsula, Monterey, CA, Nutrition Services  
Clinical Dietitian (Acute Care, Long-Term Care, Hospice, Outpatient Services, Computer Specialist and Education)

January 1992 to November 1993

Self-Employed in Monterey, CA, Nutrition Consultant

January 1992 to May 1992

Hartnell Community College, Salinas, CA, Department of Family and Consumer Studies, Instructor of Nutrition

August 1990 to August 1991

Winthrop College, Rock Hill, South Carolina, Department of Human Nutrition, Assistant Professor

## BOOK CHAPTERS

**Brooks, J.**, Fenske, D., McBurrows, L., and Zakrajsek, A. (2020; in-press) Training Future Health Professionals using an Interdisciplinary Approach in a Pre-requisite Human Growth and Development Course in J. Friberg, C. Visconti, and S. Ginsberg (Eds.), *Evidence-Based Education in the Classroom: Examples from Clinical Disciplines*. Thorofare, NJ: SLACK Inc.

## PEER-REVIEWED PRESENTATIONS

Mistry, A., Lindsey, S., **Brooks, J.**, Lukomski, A., & Lajiness-O'Neill, R. *The Patterns of Feeding in the First 6-months of Life from the PediaTrac™ Project*. Accepted for Poster Presentation at the Food & Nutrition Conference & Expo, October, 2020, Virtual.

Mistry, A., Lindsey, S., **Brooks, J.**, Lukomski, A., & Lajiness-O'Neill, R. *Growth Changes in Pre-Term and Full-Term Infants over the First 6-months of Life from the PediaTrac™ Project*. Poster Presentation at the annual meeting of the American Society for Nutrition, June, 2020, Virtual.

Oard, K.E., Goldstein, S., Swick, C., Flores, A-M., Reed, R., **Brooks, J.**, Lukomski, A., Huth-Bocks, A., & Lajiness-O'Neill, R. *Attachment and SES at newborn, two and four months related to communication development at nine and twelve months*. Poster Presentation at the annual meeting of the National Academy of Neuroscience, November, 2019, San Diego, CA.

Fenske, D., **Brooks, J.**, McBurrows, L., & Zakrajsek, A. *Pre-Professional Interdisciplinary Education: It Can Happen Early!* Podium Presentation at the Midwest Interprofessional Practice, Education, and Research Center Conference, September 19-20, 2019, Grand Rapids, MI

Goldstein, S., Demchak, D.H., Swick, C., **Brooks, J.**, Lukomski, A., Huth-Bocks, A., & Lajiness-O'Neill, R. *Sensorimotor skills predict infant communication at four and nine months*. Poster Presentation at the American Academy of Clinical Neuropsychology Annual Meeting, June, 2019, Chicago, IL.

Goldstein, S., Staples, A., Flores, A., Swick, C., Reed, R., **Brooks, J.**, Lukomski, A., Huth-Bocks, A., & Lajiness-O'Neill, R. *Infant Sleep Predicts Maternal Self-Efficacy at Newborn and Two Months*. Poster Presentation at the 2019 Society for Research in Child Development (SRCD) Annual Meeting, March 21-23, 2019, Baltimore, MD.

Staples, A., Goldstein, S., Flores, A., Swick, C., Reed, R., **Brooks, J.**, Lukomski, A., Huth-Bocks, A., & Lajiness-O'Neill, R. *Effects of Feeding Method on Maternal Sleep Satisfaction and Concern for Infant Sleep*. Poster Presentation at the 2019 Society for Research in Child Development (SRCD) Annual Meeting, March 21-23, 2019, Baltimore, MD.

Goldstein, S., Staples, A., Flores, Swick, C., A., Reed, R., **Brooks, J.**, Lukomski, A., Huth-Bocks, A., & Lajiness-O'Neill, R. *Maternal Anxiety and Sleep Predict Greater Concern About Infant Sleep at Newborn and Two Months*. Poster Presentation at the 2019

- International Neurological Society (INS) Annual Meeting, February 20-23, 2019, New York City, NY.
- Swick, C., Flores, A., Reed, R., **Brooks, J.**, Lukomski, A., Huth-Bocks, A., Schilling, S., Warschausky, S., & Lajiness-O'Neill, R. *Validation of the social-emotional information processing subscale of PediaTrac™, an infant tracking tool.* Poster Presentation at the American Academy of Clinical Neuropsychology Annual Meeting, June, 2018, San Diego, CA.
- Swick, C., Flores, A., Reed, R., Andersen, T., McFarlane, K., **Brooks, J.**, Lukomski, A., Huth-Bocks, A., Schilling, S., Warchausky, S. & Lajiness-O'Neill, R. *Criterion validation of the social-emotional/communication domain of PediaTrac™: a web-based tool to screen and track developing infants.* Poster Presentation at the International Neurological Society (INS) Annual Meeting, February, 2018, Washington, DC.
- Lajiness-O'Neill, R., **Brooks, J.**, Lukomski, A., & Huth-Bocks, A. *Development and Preliminary Validation of PediaTrac™: A Web-Based Tool to Screen and Track Developing Infants.* Poster Presentation at the 2017 Annual Meeting of the Society for Developmental Pediatrics (SDBP) in Cleveland, OH, October 15, 2017.
- Pearson, M., **Brooks, J.**, Rainville, A.J. *Sources of Calcium, Vitamin D, Fiber, and Potassium in American Fast Food.* Poster presentation at the 2016 Food and Nutrition Conference Expo, October 15-18, 2016, Boston, MA.
- Lukomski, A., **Brooks, J.**, Lajiness-O'Neill, R. *PediaTrac™: There's An App For That!* Poster Presentation at the National Association of Pediatric Nurse Practitioners' (NAPNAP) 36<sup>th</sup> Annual Conference (Practice Innovation), Las Vegas, NV, March 11-14<sup>th</sup>, 2015.
- Brekkan, A., **Brooks, J.**, & Carbone, J. *Breastfeeding Perceptions and Practices of Registered Dietitians: A Survey of Minnesota Academy of Nutrition and Dietetics Members.* Poster Presentation at the Minnesota Academy of Nutrition and Dietetics Annual Meeting (April 24, 2014),
- Brooks, J.**, Fox, DP, Reaves, JO, Francis-Connolly, E. *The Healthcare Team: Modeling Through Interdisciplinary Teaching.* Panel Presentation at the 2009 SOTL Academy, May 18-19, 2009, Eastern Michigan University, Ypsilanti, MI.
- Fox, D., **Brooks, J.T.**, Francis-Connolly, E., and Schuster, E. *Lessons learned from teaching an interdisciplinary course on aging.* Poster presentation at the national meeting of the Gerontological Society of America, November 2005, Orlando, FL.
- Leslie, S. and **Brooks, J.** *Nutrition Education Resources used by Renal Dietitians for the Outpatient Dialysis Population in Michigan.* Poster presentation at the Michigan Dietetic Association Spring Meeting, May 2005, Grand Rapids, MI
- Elling, K. and **Brooks, J.** *Teaching the Ideals of Sustainability in the School System.* Poster presentation at the Michigan Dietetic Association Spring Meeting, May 2005, Grand Rapids, MI
- Brooks, J.** *International Health Challenges: Awareness for Future Practitioners.* Presented as part of the poster session "Aging and Global Diversity: Implications for Health and Practice" at the national meeting of the Gerontological Society of America, November 2004, Washington, D.C.
- Brooks, J.** *Random Acts of Wellness: A Wellness Program Initiative and a Celebration of National Nutrition Month.* Poster presentation at the Michigan Dietetic Association Spring Meeting, May 2004, Troy, MI
- Pernecky, S. and **Brooks, J.** *Pilot Study: A Fifteen-week Multi-modality Weight Management Program Using the LEARN Approach.* Poster presentation at the Michigan Dietetic Association Spring Meeting, May 2004, Troy, MI

- Brooks, J.** *A Nutrition Perspective on Aging and the Life Course*. Poster presentation to the Association of Gerontologists in Higher Education Annual Meeting, March 2004, Richmond, VA.
- Brooks, J.**, Francis-Connolly, E. *Aging to Infancy – A Life Course Retrospective: An Interdisciplinary Course*. Paper presentation at the Gerontological Society of America, November 23, 2003, San Diego, CA.
- Brooks, J.** *Random Acts of Wellness: A Wellness Program Initiative and a Celebration of National Nutrition Month*. Poster presentation at The American Dietetic Association Annual Meeting, October 2003, San Antonio, TX.
- Schuster, E., Sims Gray, S., Alford, P., **Brooks, J.**, and Francis-Connolly, E. *The Boulevard Temple – Eastern Michigan University Interdisciplinary Community-Based Project*. Panel presentation at the Coalition of Urban and Metropolitan Universities Conference, September 2003, Ypsilanti, MI.
- Brooks, J.** *Unexpected Outcomes of Forming an Interdisciplinary Team*. Poster presentation at the Michigan Dietetic Association Annual Meeting, May 30, 2003, Midland, MI.
- McKee, R., **Brooks, J.** *The Use of the Transtheoretical Model of Behavioral Change in an Eating Disorders Support Group*. Poster presentation at the Michigan Dietetic Association Annual Meeting, May 30, 2003, Midland, MI.
- Lee, M., **Brooks, J.** *A Case Study of the Dietary Approach to Stop Hypertension (DASH)*. Poster presentation at the Michigan Dietetic Association Annual Meeting, May 30, 2003, Midland, MI.
- Gerharter, M., **Brooks, J.** *How the Marketing Media Impacts Health Care Professionals' Decision to Recommend Term Infant Formula Containing Long Chain Polyunsaturated Fatty Acids*. Poster presentation at the Michigan Dietetic Association Annual Meeting, May 30, 2003, Midland, MI.
- Garvin, E., **Brooks, J.** *Eating Healthy on Campus*. Poster presentation at the Michigan Dietetic Association Annual Meeting, May 30, 2003, Midland, MI.
- Everett, B., **Brooks, J.** *The Pima Puzzle: Why Do the Pima Indians of Arizona Have the Highest Incidence of Obesity in the World?* Poster presentation at the Michigan Dietetic Association Annual Meeting, May 30, 2003, Midland, MI.
- Phelps-Coxton, L. **Brooks, J.** *A Comparison Study of the Prevalence of End Stage Renal Disease Due to Non-Insulin Dependent Diabetes Mellitus and Hypertension in African American Men and Women 55 years of Age and Older*. Poster presentation at the Michigan Dietetic Association Annual Meeting, May 30, 2003, Midland, MI.
- Brooks, J.**, Trewn, P. *An Interdisciplinary Team: Transforming teaching and learning*. Podium presentation at the Michigan Academy of Sciences Annual Meeting, March 21, 2003, Grand Rapids, MI.
- Brooks, J.**, Trewn, P. *An Interdisciplinary Team: Transforming teaching and learning*. Roundtable presentation at the Association of Gerontologists in Higher Education National Meeting, March 7, 2003, Tampa, FL.
- Brooks, J.** *Laying the Ground Work for a Wellness Program Using an Online Self-Assessment Tool*. Poster presentation at the Michigan Dietetic Association Annual Meeting, May 17, 2002, Livonia, MI.
- Miller, C., **Brooks, J.** *Do Nutrition Messages at the Point of Purchase Influence Consumer Food-Buying Behavior?* Poster presentation at the Michigan Dietetic Association Annual Meeting, May 17, 2002, Livonia, MI.
- Brooks, J.** *An Interdisciplinary Team: Transforming teaching and learning*. Podium

presentation at Eastern Michigan University's Teaching and Learning Showcase, April 12, 2002, Ypsilanti, MI.

**Brooks, J.** *An Online Delivery Method in a Coordinated Program in Dietetics Education.* Podium presentation at the Michigan Academy of Sciences Annual Meeting, March 8, 2002, Mt. Pleasant, MI.

## **PUBLISHED ABSTRACTS**

Goldstein, S., Staples, A., Flores, A., Swick, C., Reed, R., **Brooks, J.**, Lukomski, A., Huth-Bocks, A., & Lajiness-O'Neill, R. *Infant Sleep Predicts Maternal Self-Efficacy at Newborn and Two Months*, published abstract *Journal of Developmental and Behavioral Pediatrics*. February/March 2020

Staples, A., Goldstein, S., Flores, A., Swick, C., Reed, R., **Brooks, J.**, Lukomski, A., Huth-Bocks, A., & Lajiness-O'Neill, R. *Effects of Feeding Method on Maternal Sleep Satisfaction and Concern for Infant Sleep*, published abstract, *Journal of Developmental and Behavioral Pediatrics* February/March 2020

Lajiness-O'Neill, R., **Brooks, J.**, Lukomski, A., Huth-Bocks, A. *Development and Preliminary Validation of PediaTrac™: A Web-Based Tool to Screen and Track Developing Infants*, published abstract, *Journal of Developmental and Behavioral Pediatrics* February/March 2018, Vol 39: 2, p. S1-S21.

Fox, D., **Brooks, J.T.**, Francis-Connolly, E., and Schuster, E. *Lessons learned from Teaching an interdisciplinary course on aging*, published abstract, Gerontological Society of America Annual Meeting, November 21, 2005.

**Brooks, J.T.** *International Health Challenges: Awareness for Future Practitioners*, published abstract, Gerontological Society of America Annual Meeting, November 20, 2004.

**Brooks, J.T.** *A Nutrition Perspective on Aging and the Life Course*, published abstract, Association of Gerontologists in Higher Education National Meeting, 2004.

**Brooks, J.** *Random Acts of Wellness: A Wellness Program Initiative and a Celebration of National Nutrition Month*, published abstract, *The Journal of the American Dietetic Association*, September 2003, 103:8.

**Brooks, J.**, Trewn, P. *An Interdisciplinary Team: Transforming Teaching and Learning*, published abstract, Michigan Academy of Sciences Annual Meeting, March 21, 2003.

**Brooks, J.** *An Online Delivery Method in a Coordinated Program in Dietetics Education*, published abstract, Michigan Academy of Sciences Annual Meeting, March 8, 2002.

## **PUBLISHED ARTICLES**

Goldstein, S., Staples, A., Flores, A., Swick, C., Reed, R., **Brooks, J.**, Lukomski, A., Huth-Bocks, A., Lajiness-O'Neill, R. *Postpartum Maternal Anxiety and Infant Sleep: A Pilot PediaTrac™ Study.* *Infant Mental Health Journal*. Under Review.

Lajiness-O'Neill, R., **Brooks, J.**, Lukomski, A., Schilling, S., Flores, A., Swick, C., Nyman, T., Andersen, T., Huth-Bocks, A., Warschausky, S., Morris, N., Schmitt, T. A., Smith, J., Moir, B., Hodges, E. K., & Lyddy, J. E. *Development and validation of PediaTrac™: A web-based tool to track developing infants.* *Infant Behavior and Development*. 50 (2018) 224-237. Note: The first three authors share equal authorship.

Pastore RL, **Brooks JT**, Carbone JW. *Paleolithic nutrition improves plasma lipid concentrations of hypercholesterolemic adults to a greater extent than traditional heart-healthy dietary recommendations.* *Nutr Res*. 2015.

**Brooks, J.**, Fox, DP, Reaves, JO, Lukomski, A. *Best Practices for an Interdisciplinary*

Team Taught Course. *Educational Gerontology*, 35(9): 818-830, 2009.

Busick, D., **Brooks, J.**, Pernecky, S., Dawson, R., and Petzoldt, J. Parent food purchases as a measure of exposure and preschool-aged children's willingness to identify and taste fruit and vegetables. *Appetite*, 51(3): 468-473, Nov. 2008.

Schuster, E., Francis-Connolly, E., Alford, P., and **Brooks, J.** The Conceptualization and Development of a course on Aging to Infancy: A Life Course Retrospective. *Educational Gerontology*, 29: 841-850, 2003.

## GRANTS AND AWARDS

**Brooks, J.**, Lajiness-O'Neill, R., & Lukomski, A. *Retaining Caregiver-Infant Dyads Participating in the PediaTrac™ Project* A \$3,693.70 CHHS Research Support award, February, 2019.

Lajiness-O'Neill, R., Project Director, PI; Warschausky, S., Site PI UM; Huth-Bocks, A., Site PI UH/CWRU; Taylor, H.G., Site PI Nationwide; **Brooks, J.**, Co-I; Lukomski, A., Co-I. *PediaTrac™: Web-based Measure to Screen and Track Early Developmental Trajectories*. Awarded a **4.5 million dollar**, 5-year (6/2018 to 7/2023) grant from the Eunice Kennedy Shriver NICHD of the NIH under Award Number R01HD095957.

McBurrows, L., **Brooks, J.**, Fenske, D., & Zakrajsek, A. *It Takes a Village: Educating Future Interdisciplinary Health Care Team Members*. A \$7,490 IPE Mini Grant from the CHHS, April 2018.

Lajiness-O'Neill, R., **Brooks, J.**, Lukomski, A. *Interdisciplinary Statistical Training for Complex Survey Data Analysis*. A \$5,000 grant from Women in Philanthropy (WIP), December 2015.

**Brooks, J.** *Postage and Birthday Gift for Pilot Study to Evaluate PediaTrac™*. A \$1400 grant from a Provost's Research Support Award, October, 2015.

**Brooks, J.**, Lajiness-O'Neill, R., Lukomski, A. *PediaTrac™: There's an App for That!* Eastern Michigan University Faculty Research Fellowship, half-time course release for 2014-2015 academic year and \$3,000; 2014.

**Brooks, J.**, Lajiness-O'Neill, R., Lukomski, A. *Incentivization of a Pilot Study to Evaluate the Rate of Eating Disordered Behavior in Autism*. College of Health and Human Services Deans Research Support, \$3,600; 2014

**Brooks, J.**, Lajiness-O'Neill, R., Schmidt, T. *Pilot Study to Evaluate the Rate of Eating Disordered Behavior in Autism*. James A. and Faith Knight Foundation, \$25,000; 2011.

## ABSTRACT, CHAPTER, BOOK AND MANUSCRIPT REVIEWER

Nutrition and Dietetics: Practice and Future Trends, 4/e, Bogle, M., Winterfeldt, E., and Ebro, L. Reviewed book for Jones and Bartlett Publishers in April, 2015.

The Canadian Journal of Higher Education, Manuscript Reviewer, 2014-present