

Find yourself
excessively nibbling,
picking, or snacking?

Do you feel a loss of
control when eating
or binge eat?

Are you a chronic
emotional eater?

Do you worry
about an addiction
to food?

Do concerns with
body image cause you
to alter your eating
or exercise?



Eagle Nutrition Services now offers:

PSYCHOLOGICAL SERVICES

*In collaboration with the EMU Psychology
Department, ENS provides onsite, individual
therapy to address eating-related concerns.*

Contact us for an appointment.



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