

EMU Coordinated Program in Dietetics

Brief Overview 2019/2020 (In Slides and Notes)

For Further Information & Questions

After Viewing This Info Session, Reading Slide-Accompanying Notes, & Reviewing Website

- Sandy Pernecky MS, RDN
- Advisor, Lecturer, and co-Director of EMU Dietetics Program
- o dieteticsms_advising@emich.edu



Our Program's History

- The EMU Coordinated Program (CP) of Dietetics is accredited by The Accreditation Council for Education in Nutrition and Dietetics (ACEND).
- The EMU CP first sought accreditation as a Coordinated Undergraduate Program in General Dietetics from the American Dietetic Association in 1974.
- EMU was the first CP in the country to offer a fully distanceonline program, in 2003.



Accolades and Information

- Our Program has been highly nationally ranked.
- The pass rate on the RDN examination is high for our graduates and the number of graduates employed shortly after completion of our program is notable, as well.



Time to complete the EMU CP

Once accepted to our program, a student can expect approximately 2 years of classes + supervised experiences.



What this info session provides

- This session is meant to provide you with enough knowledge to determine whether you are interested in more details about our Dietetics CP.
- All information from this presentation (and much more) is available on our <u>CP's EMU website</u> and <u>EMU Catalog website</u>.



What exactly is a coordinated program for dietetics?

Follow this link to the Accreditation Council for Education in Nutrition and Dietetics:

http://www.eatrightpro.org/resource s/acend/accredited-programs

- Current Routes to RDN Registration Eligibility
- Routes to RDN Registration Eligibility for taking the RDN credentialing exam after January 1, 2024

Registered Dietitian Nutritionist (RDN)

Future Education Model Graduate **Programs**



Graduate level — competency based dietitian nutritionist program that integrates coursework and experiential learning for RDN eligibility.



Coordinated Programs in Dietetics

Bachelor's and graduate level - dietitian coursework and supervised practice for RDN eligibility (combined program)



Didactic Programs in Dietetics

Bachelor's and graduate level - dietitian coursework only (must be completed before the Dietetic Internship required for RDN eligibility)

PLUS



Post bachelor's — supervised practice

Dietetic Internships

only for RDN eligibility (must complete DPD and at least a bachelor's degree before entry)

Nutrition and Dietetic Technicians, Registered (NDTR)



Future Education Model Bachelor's Programs

Bachelor's level-competency based program leading to NDTR eligibility.



Nutrition and Dietetic Technician Programs

Associate's degree - DT coursework and supervised practice for NDTR eligibility.

What is the typical program of study (POS) for an EMU CP student?

TOTAL NON-PREREQUISITE CREDITS ONCE ACCEPTED INTO THE PROGRAM: 72-75

SUMMER BEFORE YEAR 1:

Credits/Prerequisite DTC 230 Fundamentals in Nutrition Therapy 2 cc

(Alternate students must take this course also)

FALL	- Total Credits - 15
	Nutrition Therapy

DTC 330	Nutrition Therapy I	3 gC
DTC 531	Nutrition Therapy I Experience	2 gr
DTC 350	Food Systems I	3 gC
DTC 551	Food Systems I Experience	4 gr.
*DTC 372	Nutrition of the Lifecycle	3 gC

*Option to take Summer prior to start of program

WINTER 4 - Total Credits = 46

WHETE I - Total Greats - 10		
DTC 302	Nutrient Metabolism Macronutrients	3 gC
DTC 375	Integrative Medicine	3 gC
DTC 370	Nutrition Therapy II	3 gC
DTC 571	Nutrition Therapy II Experience	4 gC
*DTC 500	Research Design and Methods	3 gC,
*Choose Thesis, Non-Thesis Research or Research Writing option		

SUMMER (10-15 weeks) - Total Credits = 6-8

DTC 659	Development of the Entrepreneurial Dietitian	3 CC
STAT 502	Statistics for Graduate Students	3 60
DTC 691 or 694	Thesis I or Non-Thesis Research I (not needed if taking DTC 601)	2 👊

FALL 2 - Total Credits = 14

DTC 422	Nutrient Metabolism Micronutrients	3 gC
DTC 430	Community Nutrition	3 tr
DTC 631	Community Nutrition Experience	4 gC
DTC 435B	Seminar in Dietetics	2 gr.
DTC 692, 695 or 601	Thesis II, Non-Thesis II or Research Writing	3 gC

WINTER 2 - Total Credits = 15

DTC 450	Food Systems Management II	2 gC	
DTC 651	Food Systems Mgmt. II Experience	4 gC	
DTC 470	Nutrition Therapy III	2 gC	
DTC 671	Nutrition Therapy III Experience	4 gr.	
DTC 358	*Food and Culture	3 gC	
*Can be taken any semester online			

SUMMER (7.5-15 weeks) - Total Credits = 6-7

DTC 693 or 696	Thesis III or Non-Thesis Research III (not needed if taking DTC 601)	1 60
DTC 608	Advanced Topics in Foods	3 et
DTC 618	Advanced Topics in Nutrition	3 60

MS CP POS example pictured, left

EMU's Program is an Approximately Two Year Commitment

The EMU coordinated Program is comprised of 1200 hours of supervised experience, along with fulltime coursework for Fall and Winter, for two consecutive years.



This is a marathon, not a sprint

If you need prerequisite courses, this will likely be a 3-4 year process toward graduation

Sample Schedule Planning Worksheet For Prerequisite and Program Courses

Fall 2019	Winter 2020	Summer I	Summer II
*CHEM 117/118 (4)	*CHEM 121/122 (4)	CHEM 270 (4)	EXSC 269 (3) or BIO 326 (4)
*BIO 105 (4)	STAT 170 or SOCL 250 (3)		
PSY 101 (3)	DTC 108 (2)		
*MATH 104 or other course if needed (4)			
Fall 2020	Winter 2021	Summer I	Summer II
CHEM 351 (4)	DTC 251 (4)		DTC 230 (2)
BIO 328 (4)	AHPR 200 (1)		Required if CP admission status is "admitted" or "alternate" for Fall
DTC 202 (3)	IHHS 260/DTC 261 or EDPS 325 (3/4)		
Apply to CP as directed in Catalog			
Fall 2021	Winter 2022	Summer I	Summer II
Begin Year I of CP if accepted			

SAMPLE ONLY

- Pre-application courses due by January of application year
- Cumulative GPA requirement of 2.75 (unless Prerequisite GPA 3.5)
- Pre-Application
 Prerequisite GPA is required to be 3.0 or higher to apply

See "Prerequisite Course List and Guidelines" Page" and "Program of Study" pages for UG and GR Within Dietetics Information Packet on our catalog website

Prerequisites

Students must complete the following courses with a grade of "C" or better with an overall GPA of 2.75 and prerequisite GPA of 3.0 or above at the time of application to the CP: (There are no exceptions to this rule)

(no lab required)

(no lab required)

(lab required)

Course Required

Survey of Organic Chemistry Foundations of Biochemistry

Introductory Microbiology

Physiology

Careers in Nutrition and Dietetics Principles of Human Nutrition EMU Course/Credit

CHEM 270 = 4 CHEM 351 = 4

BIO 328 = 4

EXSC 269* or BIO 326 = 3/4

DTC 108 = 2 DTC 202 = 3

The following courses must be completed with a grade of "C" or better by September 1 of the year you begin the Dietetics program (if accepted) with a transcript submitted to the Program Director.

Course Required
General Psychology
Statistics
Medical Terminology
Aging to Infancy/Growth & Development
Experimental Foods (lab required)

*Recommended choice

Pre-Program Prerequisite Course Requirement: 2 hours

DTC 230 = 2 Fundamentals in Nutrition Therapy is required for all students accepted into the CP. This is a required prerequisite for the Fall I course DTC 330. This course will be offered the summer prior to starting the CP only. The Program Director will provide permission to register for those students accepted or notified as alternates into the CP.

EMU Course/Credit

PSY 101 = 3

SOCL 250 or STAT 170 = 3/3

AHPR 200 = 1

IHHS 260* or EDPS 325 = 3/4

DTC 251 = 4



**We want to make you aware of an upcoming change in the accepted equivalents for the pre-application prerequisites CHEM 270 Survey of Organic + CHEM 351 Foundations of Biochemistry. Beginning with the January 2020 application round, we will accept CHEM 120 Survey of Organic and Biochemistry (or an approved equivalent from another institution) in place of CHEM 270 Survey of Organic + CHEM 351 Foundations of Biochemistry. If you have already taken, or prefer to take, the combination of CHEM 270+CHEM 351. You do NOT need to take CHEM 120 in addition. **

May I transfer Prerequisites?

- Yes/Maybe...
 - Prerequisite courses not taken at EMU need to be assessed through the initial admission transcript review or approved/pre-approved for equivalency by syllabus review by faculty through your EMU advisor
 - OR if taken in MI or OH, they may be listed on the <u>EMU Transfer Equivalency List</u>
 - Any previously taken prerequisite courses need to additionally fall within the time-since-taken guidelines

This is the Dietetics BS page (read all documents online)

Dietetics [BS]









Return to: Programs by Program Type

The Coordinated Program in Dietetics (also referred to as CP or Program) is fully accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics (AND or the Academy).

Accreditation Council for Education in Nutrition and Dietetics

The Academy of Nutrition and Dietetics 120 South Riverside Plaza, Suite 2190 Chicago, IL 60606-6995 800/877-1600 ext. 5400 www.eatright.org

Career Opportunities

A degree in dietetics culminating with the registered dietitian credential provides many options for employment. Job opportunities are available in the clinical area in hospitals, long-term care facilities, specialized healthcare settings, and insurance companies.

In addition, there are many opportunities in the community including positions in federal and state programs like the Women, Infant and Children's Nutrition Program, Head Start and Area on Aging. The food service industry is also a place for employment including hospitals, long-term care facilities, corporate operations, and school systems. Other areas where dietitians provide their expertise is in sports nutrition, universities, private practice, research, writing, and other government agencies such as the FDA and the USDA.

For current information related to a career in dietetics, please visit the Bureau of Labor Statistics Site, by clicking here.

Important Information

[Information Packet] [Dietetics Infographic] [Colorado Residents] [Preceptor Handbook] [Directions for Securing Distance-Online Preceptors] [Practice Experience Site Map for MI & OH Distance-Online Students]

This is the Dietetics MS Page (read all documents online)

Dietetics [M.S.]









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Distance-Online Students and Supervised Practice Experience (SPE) Sites

Distance-online students are required to arrange their 1200 SPE hours outside of the red circle, with requirements for certain placements prior to applying to the CP.

Additional information is available on the <u>catalog</u> <u>website</u>.



Distance-Online Students Only

Read through this section of the Securing Preceptors document online, to understand specifics about securing preceptors (after careful review, contact Diane Reynolds, RD, Dietetics Program Clinical Coordinator, (dreynol2@emich.edu) with specific questions)

Eastern Michigan University
Distance-Online Coordinated Program in Dietetics

Directions for Securing Distance-Online Preceptors for First Year in the Coordinated Program in Dietetics

Applicants are responsible for locating, contacting, and securing all preceptors and corresponding sites. In the event you have exhausted ALL possibilities and are still unsuccessful in securing preceptors, contact the Dietetics Clinical Coordinator for consultation by November 30°, prior to the January of application. The Clinical Coordinator is unavailable from December 1° - January 15°.

DO NOT assume you can locate all preceptors within close vicinity of your home. In fact, some of EMU on-campus students drive up to 2 hours one-way. Please review the Terminology to Know in the Online Application. In addition, as distance-online students, your sites for Supervised Practice Experience are referred to as Remote Student-Identified Sites. This simply means you are responsible for securing these sites 100 miles or more from our main campus.

You need 4 preceptors for your first year in the program. There are some facilities and/or preceptors that accommodate more than one of these experiences. For example, a medical center or large hospital may be able to provide DTC 331/531(Nutrition Therapy I) and DTC 351/551 (Food Systems I), although likely with a different preceptor working in those areas of the food and nutrition services department. They may even have an outpatient clinic and/or a long term care facility/unit or rehabilitation unit that could provide one or both DTC 371/571 (Nutrition Therapy II) Experiences.

Here is a brief summary of needed preceptors for the first year. Use this list to complete the **Preceptor Summary Form** template for your Application.

Tuition and Fees

- For this information, please see Information Packet on <u>Catalog Website</u>, as well as <u>Tuition</u> <u>Calculator</u>
- Eastern Michigan University's (EMU) Fully Online Dietetics Program, whether taken at Bachelor's or Master's level, is charged to students at Michigan resident rates! See https://www.emich.edu/sbs/basics/tuition.php. Please note that all courses taken online have associated technology support fees.
- All questions about financial aid should be addressed to EMU's <u>Financial Aid</u> Department

Next, is the process for eligibility to apply the EMU CP...



Thoroughly and comprehensively review all posted documents on EMU catalog website for Dietetics

Dietetics [BS]







Link to: EMU Catalog Academic Program Page

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Apply to EMU

- Apply to EMU in order to have your previous transcripts as well as potential courses reviewed, as well as to receive advising and eventually be eligible to apply to the EMU CP
 - Apply initially as Bachelors or 2nd
 Bachelor's of Science with Dietetic
 Intent (not MS ~ this occurs after
 acceptance to the CP)
 - Provide official transcripts from all former colleges and universities to EMU Admissions



Transcript Review

 After notification of admission to EMU, you may email CHHS advising for transcript evaluation and a program of study



#4 Successfully Complete Prerequisite Courses

Earn grades of C or higher and pre-application prerequisite course GPA of 3.0 or higher



Volunteer

Volunteer a minimum of 24 hours in a nutrition/dietetics, healthcare, or food-related area, while completing the <u>required form</u> each time (with supervisor's signature)



Stay on Track

- Habitually review the EMU Dietetics website
- If you plan to be a distance/online student, contact and secure preceptors in advance



Apply

 Once all pre-application prerequisite courses are successfully completed and additional requirements are met, start EMU CP 2-step online application process between November 1 and January 1 (specific application information available on <u>catalog website</u>; dates may vary annually)



Best wishes as you begin this journey!

Additional Information...

• If you're interested, and would like additional information about the EMU CP, the next few slides provide insights from and about a few of our numerous,

successful alumni...



• I am so grateful I made the decision to take the dietetics program at EMU. The structure allowed me to effectively learn and gain experience to start practicing as a registered dietitian right after graduation. I had the opportunity to work directly with professors to prepare me for the licensing exam and confidently approach my career. I owe it to EMU's dietetics program for a great educational experience and guiding me to achieve my dream career

Gina Worful, MS, RD

Registered Dietitian at Cal-a-Vie Health Spa

<u>Speaker</u> and <u>Published Author</u>



• As a graduate of the Eastern Michigan University Coordinated Program in Dietetics, I have been able to stand out among my professional peers. The strong management components, well-structured coursework, stringent preceptor expectations, and individualized practice experiences speak to this quality program. Having worked in multiple practice environments since graduation, I never lacked in the requisite knowledge or ability to advance my skillset. Without hesitation I returned to EMU to pursue a Master's in Human Nutrition.

Patrick Johnson, MS RD CNSC CD Undergrad CPD 2012 CNSC Certification 2015 HN Masters 2018

• "EMU's Dietetics Program is one-of-a-kind! Even for students in the distance program such as myself, the department staff members are very personal and attentive to our educational needs. I now have friends and colleague connections from all over the country! Shortly after graduating, I was offered a position at my clinical Supervised Practice Experience site. I credit EMU's comprehensive program for being well-rounded in the field of dietetics and I would not trade my experience for anything!

Ashley Runge MS, RD Renal Dietitian at <u>Fresenius</u> Kidney Care

• The EMU coordinated dietetics program sets a high standard! My preceptors constantly commented on the comprehensiveness of EMU's program, compared to other programs they had encountered. The challenging courses, the supportive teaching staff, and the engaging environment helped me to develop the critical thinking skills necessary for a career in dietetics. I passed my RD exam and was employed within three months of completing the graduate program! Thank you, EMU!

Melissa Flynn, MS, RD, LDN Dietitian at Wilmington Treatment Center – A recovery hospital

And Owner of Innovate Nutrition

• The CP in Dietetics was an opportunity for me to change careers and pursue my passion for nutrition and healthcare. I was challenged intellectually and I also grew as a person and as a professional. The academic department as well as my preceptors were very supportive and encouraging. I was well prepared for the RD exam once I completed my studies and I am proud to be a dietitian and alumni of this fantastic program.

Raquel Carter, RDN
Clinical Nutrition Manager at Unidine

• I wanted to give an update on my recent career move. After I graduated I moved to Florida and began working for a consultant company, one of the accounts I worked in was Coral Gables Hospital, who has just recently bought out my contract and I am now taking on the role of Chief Clinical Dietitian/ CNM in this small hospital. I want to say that since being in the field I noticed that my clinical skills have far surpassed new and seasoned dietitians who have been around for years and I can attribute this to the dietetics program at Eastern Michigan University. I cannot be more proud to tell people that I have graduated from this program as I believe it has prepared me greatly for the real world of dietetics and has enabled me to move up so fast. I am very excited to take on this role. I want to thank you all for all that you do and for continuing to give back to the future dietitians. I am proud to announce that at this time I am being groomed to take over the role as the Director of the Food and Nutrition Department.

Samantha Sanner, RDN, LDN

More Information

- For more general information about our program and faculty, please visit this website
- LinkedIn
- Recent EMU Dietetics Newsletters:
 - https://spark.adobe.com/page/jTfhXDQRN dZ4x/
 - https://spark.adobe.com/page/kkUQlqhA7
 S1em/

