

## **Self-evaluation of Level I Fieldwork Experience**

Self-evaluation is an important part of professional growth and development. Complete the following self-evaluation tool prior to your final evaluation and discuss it with fieldwork supervisor in your final evaluation session.

Identify the number that you feel reflects your personal experience. 1(strongly disagree) to 5 (strongly agree).

### **Interaction of person, environment and occupation**

- \_\_\_\_\_ 1. My understanding and knowledge of the literature, structure and dynamics related to the interaction of the person, environment and occupation was sufficient for this placement.
- \_\_\_\_\_ 2. My appreciation for occupation as a vehicle for health-promotion and well-being has increased as a result of this placement.

### **Self-Knowledge**

- \_\_\_\_\_ 3. My ability to focus and reflect has increased as a result of this placement.
- \_\_\_\_\_ 4. My ability to articulate my own experience has increased as a result of this experience.
- \_\_\_\_\_ 5. My ability to engage the client has increased.
- \_\_\_\_\_ 6. My ability to recognize and understand the needs, desires and occupational patterns of the client has increased as a result of this placement.

### **Enablement, Aptitude and Skills**

- \_\_\_\_\_ 7. My ability to help others articulate their occupational experiences has increased during this placement.
- \_\_\_\_\_ 8. My ability to give feedback to a client has increased during this placement.
- \_\_\_\_\_ 9. My ability to recognize areas of occupational difficulty has increased as a result of this placement.
- \_\_\_\_\_ 10. My ability to help the client recognize and deal with areas of occupational difficulty has increased.

**I feel that I have gained the following insights:**

- 11. My strong points are:
- 12. Areas I need to develop are:
- 13. Ways in which others perceive me are:
- 14. Expectations of how I will use what I have learned are:

**NAME** \_\_\_\_\_ **DATE** \_\_\_\_\_

**FACILITY** \_\_\_\_\_

**SUPERVISOR SIGNATURE** \_\_\_\_\_

Adapted from Bossers, A., Polatajko, H. Conner-Schisler, A. & Gage, M. "A Resource Guide to Role-emerging Community Placements in OT".  
The University of Western Ontario