

# MPH - Health Education

## Mission Statement

The EMU Master of Public Health in Health Education (MPH) program embraces the basic concept that informed decision-making, health-related behavior and environmental changes are critical to our nation's ability to eliminate health disparities and achieve an optimal level of health for all people. The MPH in Health Education program prepares culturally competent public health professionals who can partner with individuals and communities to prevent disease and injury, and to promote health.

## Our Program

Too many people in Michigan and the United States die or are disabled by diseases or injuries that are preventable. Our curriculum is based on competencies identified by NCHEC (National Commission for Health Education Credentialing); theory; research; best practices and ethical standards. You will be prepared to be at the forefront of promoting the health of your community and gain expertise to:

- Assess individual and community health education needs,
- Plan, implement, and administer health education strategies, interventions, and programs,
- Conduct evaluation and research,
- Serve as a health education resource person,
- Communicate and advocate for health, and health education.

## Career Opportunities

Public Health Educators work in a multitude of settings including in community and voluntary health organizations; government agencies and public health departments; in health care settings such as clinics and hospitals, and in companies that provide worksite health promotion programs for their employees.

## Program of Study

The MPH in Health Education requires 36 hours of graduate coursework including either a thesis, graduate project or internship option.

## Course Sequence

Classes are scheduled for the working adult and are held on weekday evenings. Some courses have prerequisites and you should consult with your assigned academic advisor to ensure courses are taken in the correct sequence. Graduate students taking 6 hours each semester can finish the program in two years. See reverse side for a list of courses.

## For additional information

Joan Cowdery, PhD  
Professor and Graduate Coordinator  
Public Health Education  
School of Health Promotion & Human Performance  
College of Health and Human Services  
734-487-2811  
[jcowdery@emich.edu](mailto:jcowdery@emich.edu)



*Graduate Assistantships may be available.*

*After completion of our program, you will be prepared to sit for the CHES exam and become a Certified Health Education Specialist.*

*The Public Health Education Profession is projected to grow by 16% through 2026. (US Department of Labor – Bureau of Labor Statistics).*

## **MPH Health Education 36 Credit Hours**

### **Public Health Education Core - 24 credit hours**

HLED 550 - Theoretical and Philosophical Foundations of Health Education  
HLED 555 - Current Health Issues and Trends  
HLED 558 - Health Education Methods and Materials  
HLED 562 - Health Education Program Planning  
HLED 564 - Health Education for Diverse Populations  
HLED 570 - Measurement in Health Education  
HLED 575 - Implementation and Administration of Health Education Programs  
HLED 695 - Seminar in Health Education

### **Research Core - 9 credit hours**

HPHP 505 - Basic Statistics in Health Promotion and Human Performance  
HPHP 677 - Research, Theory, and Design in Health Promotion and Human Performance

One of the following

HLED 692 - Thesis in Health Education

Or

HLED 690 - Graduate Project in Health Education

Or

HLED 686: Internship in Community Health Education

### **Suggested Electives - 3 credit hours\***

HLED 565 - Women's Health  
HLED 563 - Concepts of Sexuality Education  
HLED 593 - Drug Use and Abuse

\* Elective hours can come from HLED courses or other health-related courses offered by other programs and departments. These electives are selected with the guidance and approval of the assigned advisor.