

**Eastern Michigan University**  
**College of Health and Human Services**  
**School of Health Promotion and Human Performance**

Combined  
**Athletic Training**  
 BS/MAT (CAT)  
 Five Year Plan

Fall Year one			Winter Year One			Summer Year One		
WR TG 121	English Composition (EC#1)	3	CTAC 124	Fundamentals of Speech (EC #2)	3	PHY 221	Mechanics, Sound and Heat	4
PSY 101	Psychology	3	BIOL 105 / BIO 110	Intro to Biology (non-majors) / Intro Biology I (NS#1)	4/5			
MATH 105	College Algebra	3	MATH 107	Plane Trigonometry	2			
Gen Education	Knowledge of the Disciplines (Arts #1)	3	PEGN 210L / HLED 210L	Lifetime Wellness and Fitness / Healthful Living	2			
Gen Education	Perspectives on a Diverse World: US	3	Gen Education	Knowledge of the Disciplines (Social Science #1)	3			
<b>Total Credit Hours</b>		<b>15</b>	<b>Total Credit Hours</b>		<b>14/15</b>	<b>Total Credit Hours</b>		<b>4</b>
Fall Year Two			Winter Year Two			Summer Year Two		
CHEM 120 / CHEM 121/122	Organic & Biochemistry / General Chemistry (NS#2)	4	ATTR 201	Anatomy for AT	3			
ATTR 219	Intro to Athletic Training	3	ATTR 202	Physiology for AT	3			
PHIL 223	Knowledge of the Disciplines (Humanities #1)	3	AHPR 200	Medical Terminology	1			
Gen Education	Perspectives on a Diverse World: Global	3	Gen Education	Knowledge of the Disciplines (Arts #2)	3			
Gen Education	Knowledge of the Disciplines (Social Science #2)	3	Gen Education	Knowledge of the Disciplines (Humanities #2)	3			
<b>Total Credit Hours</b>		<b>16</b>	<b>Total Credit Hours</b>		<b>15</b>	<b>Total Credit Hours</b>		<b>0</b>
Fall Year Three			Winter Year Three			Summer Year Three		
ATTR 210	Health Care CPR and First Aid	2	SPMD 433	Principles of Sports performance Training	3	ATTR 500	Introduction to AT Clinical Education	3
ATTR 300	Athletic Training Observation	3	SPMD 380W	Behavioral Aspects of Sports Medicine	3	ATTR 616	Admin and Legal Aspects of AT	3
SPMD 300	Physiology of Exercise	4	DTC 204	Sports Nutrition	3			
SPMD 305/ PHED 204	Kinesiology - Tissue Mechanics	3	EDPS 325 / IHHS 260	Human Growth and Development / Aging to Infancy	4/3			
Elective		3	Elective		1			
<b>Total Credit Hours</b>		<b>15</b>	<b>Total Credit Hours</b>		<b>14/13</b>	<b>Total Credit Hours</b>		<b>6</b>
			<b>Total Credits to Apply 90-92</b>					
			<b>**Apply for AT Program by March 1**</b>					
Fall Year Four			Winter Year Four			Summer Year Four		
ATTR 525	Practicum 1	3	ATTR 526	Practicum 2	3	ATTR 625	Practicum 3	3
ATTR 515	Lower Body Assessment w/lab	4	ATTR 516	Upper Body Assessment w/lab	4	ATTR 521	Modalities for AT w/lab	3
ATTR 518	Anatomy Lab for AT	3	ATTR 630	Professional Development I	3	ATTR 615	Medical Aspects of AT	4
HPHP 505	Basic Statistics	3	HPHP 677	Research Methods	3			
<b>Total Credit Hours</b>		<b>13</b>	<b>Total Credit Hours</b>		<b>13</b>	<b>Total Credit Hours</b>		<b>10</b>
Fall Year Five			Winter Year Five					
ATTR 626	Practicum 4	3	ATTR 695	Internship	6			
ATTR 622	Rehabilitation for AT w/lab	3	ATTR 635	Professional Development II	3			
ATTR 690	Advanced Topics in AT	3						
ATTR 685	Seminar in AT	3						
<b>Total Credit Hours</b>		<b>12</b>	<b>Total Credit Hours</b>		<b>9</b>	<b>Total credits at completion: 154-156</b>		

Also required for the Exercise Science Program

College of Health and Human Services Advising Center  
 214 Marshall www.emich.edu/chhs/advising 734.487.0918

Revised 9/27/2017