

DEXA: Dual Energy X-Ray Absorptiometry

Schedule a
company
DEXA Day today!
Bring in 10 or more
people and receive
a 20% discount for
the whole group!
Call for details.



Now scheduling DEXA scans at
Eagle Nutrition Services



160 Rackham Building
(734) 487-6572
www.emich.edu/chhs/hs/ons/
Visit, call, or schedule online.



EASTERN
MICHIGAN UNIVERSITY

ENS is open to the public. Special pricing for EMU students.

Why DEXA?

DEXA is an enhanced form of X-ray technology that performs a full body scan and measures:

- Total Body Fat Percentage - Tracking body fat as it decreases over time can be a motivating tool for people working to lose weight.
- Lean Mass in pounds - Athletes and fitness gurus alike can track muscle mass as it increases with higher intensity workouts.
- Bone Density - Aging adults can track bone strength over time, which may help them to prevent osteoporosis or bone loss.