

Individualized Nutrition Counseling



Schedule a session at
Eagle Nutrition Services



160 Rackham Building
(734) 487-6572

www.emich.edu/chhs/hs/ons/
Visit, call, or schedule online.



EASTERN
MICHIGAN UNIVERSITY

ENS is open to the public. Special pricing for EMU students.

ENS Nutrition Counseling offers:

- One-on-one support and counseling for those following specialized diets such as plant-based diets, diabetic diet, gluten-free diet, etc
- Advice for those who want to know more about how nutrition fuels the body and supports long-term health
- Meal-planning, recipes, strategies for eating healthy, and more
- A judgement free, friendly atmosphere

Led by Registered Dietitians and dietetic students. These sessions are perfect for anyone wanting personalized nutrition information.