

Taking Care of Yourself to Care for Others

An Interprofessional Approach

Presented by:

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A Virtual Seminar design for you!

Learn about the neurobiology of stress, professional 'risk' (Burnout, Vicarious Trauma, Compassion Fatigue), and how to best care for yourself!

October 11: 5:30-7:30 or October 14: 1:30-3:30

Use link or QR Code to Register!

<https://forms.gle/iTCEsnqKvPKBB1ER8>



*LBC Credit available

