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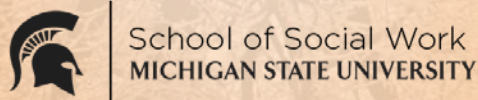


2019–2020 Child Welfare In-Service Training

for the
Michigan Department of Health and Human Services
and MDHHS-Contracted Private Agencies

Delivered by
Michigan Graduate Schools of Social Work

OFFERING SOCIAL WORK CONTINUING EDUCATION CREDIT HOURS



*ALL trainings
in this catalog
are approved
by the MDHHS for
in-service
training hours*

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Schools of Social Work

Andrews University
Eastern Michigan University
Ferris State University
Grand Valley State University
Michigan State University
Spring Arbor University
University of Michigan
Western Michigan University

Introduction

Working effectively as a child welfare worker or supervisor can be challenging. Keeping families safely together, reuniting families, or supporting new loving families requires a well-trained child welfare workforce. A professional needs to have extensive knowledge about child development, family dynamics, culture and community, trauma, evidence-based or promising approaches to helping children and families, and so much more. In addition to knowledge, multiple skills are required to assure child safety, promote permanency planning, and support the well-being of children and families. Gaining this knowledge and skills requires both initial professional education and training as well as an ongoing commitment to learning and improving. This is important work as child welfare professionals have the opportunity to save and transform lives by significantly helping children and families.

That is why we are pleased to present this in-service training catalog—the product of a dynamic partnership among eight Michigan schools of social work with MSW programs and the Michigan Department of Health and Human Services (MDHHS). We appreciate the commitment and support of MDHHS Director Robert Gordon and his Children’s Services Agency leadership team: JooYeun Chang and Stacie Bladen. A special thanks to training team leaders Stacie Gibson, Laura Schneider, and Kimberly Reese for their partnership.

Each training is supported by a school of social work. Questions about individual trainings should be directed to the sponsoring school. With the support of MDHHS, we are able to offer these sessions free of charge for child welfare workers and supervisors. Multiple human service and educational professionals who also serve the families involved with the child welfare system may find the trainings of interest; many of the training topics will have applicability beyond child welfare practice. Each training is or will be approved for social work continuing education credit hours.

Thank you for your interest and support.

Sincerely,

Gary R. Anderson, PhD, LMSW, Professor
Kadi M. Prout, LMSW, In-Service Project Coordinator
MSU School of Social Work

“Child welfare isn’t rocket science. It is harder.”

—David Liederman, former director of the
Child Welfare League of America

These child welfare trainings are offered **FREE OF CHARGE** for MDHHS child welfare workers and supervisors and MDHHS-contracted private agencies’ child welfare workers and supervisors on a **FIRST COME, FIRST SERVE BASIS**.

◆ ◆ ◆ ◆ ◆
REGISTRATION for each training will close once the 35-person capacity has been reached.

If you register and know in advance you cannot attend, you must contact the university so your slot can be offered to another individual.

◆ ◆ ◆ ◆ ◆
This Child Welfare In-Service Training initiative was made possible through a grant from the Michigan Department of Health and Human Services.

FAQs

- 1 As a child welfare worker or supervisor, how many in-service training hours do I need to complete?** All public and private child welfare staff are required to complete 32 hours of in-service training each calendar year (January through December). This includes caseload carrying and other child welfare staff with specialized and supportive positions to CPS, foster care, and adoption. Additionally, child welfare supervisors are required to obtain 16 hours of in-service training each fiscal year.
- 2 How do I record these in-service training hours to show that I am meeting this requirement?** Add the training to the Michigan Department of Health and Human Services (MDHHS) Learning Management System (LMS) as external training. Your supervisor will receive an email to approve it to be added to your transcript.
- 3 I see that each training in this catalog has a curriculum reference. What does this mean?** Child welfare workers have the opportunity to attend training each year that is based upon a curriculum developed in partnership with the MDHHS Office of Workforce Development and Training and the field. A worker should have the opportunity to sit down with her/his supervisor regularly to assess which trainings would be most beneficial and most relevant to her/his caseload so that training progress is pre-planned and helps the worker advance professionally. The LMS website includes a tool called “Create Employee Training Plan CWTI” that can assist with this effort.
- 4 Do I register to attend the training with the university that is hosting the training or through the MDHHS Learning Management System (LMS)?** In order to register to attend a training, you should follow the registration instructions found in this catalog. In order to record your in-service training hours with the MDHHS Office of Workforce Development and Training, please follow the directions found in FAQ 2.
- 5 Is it true, I can attend any in-service training listed in this catalog for FREE?!** Yes! The child welfare in-service trainings provided through this collaborative effort are FREE OF CHARGE for child welfare workers and supervisors—both MDHHS and contracted private agencies—on a first come, first serve basis. These trainings are eligible for social work continuing education credit hours, too! Happy training!

In addition to the in-person training listed in this catalog,
webinars are offered through Michigan State University.

See pages 18–25.



School of Social Work
MICHIGAN STATE UNIVERSITY

Trauma and Crisis Management

Curriculum: Trauma and crisis management: Trauma, grief, and loss

Date/time: Friday, November 22, 2019 • 9:00 AM – 12:15 PM

Location: Andrews University, Chan Shun Hall, Whirlpool Room
4185 E. Campus Circle Drive, Berrien Springs, MI 49104

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers;
\$45 all others; \$15 for students

Presenter: Ingrid Slikkers, LMSW, CCTP



Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand further the impact of trauma on the brain and what having the “trauma lens” really looks like in a practical manner.
- Identify trauma and grief reactions and some immediate ways to support healing.
- Recognize compassion fatigue and ways to combat it while reducing stress.

Description: The buzz-word phrase in human services is “trauma informed care,” but what does this really mean, and how is it applicable to the work we do? This training will provide insight into the neurobiology of the brain and ways to support clients who have been traumatized. Practical tools will be shared that will help you lessen your own stress while sharing the skills with those you are working with. This training will utilize exercises, small and large group discussions, and visual displays.

How to register: Go to www.andrews.edu/cas/socialwork/continuing and click on the link provided.

Contact: Shelley Kennedy

Email: swceu@andrews.edu

Phone: 269-471-6196

Website: www.andrews.edu/socialwork

Human Trafficking and Child Welfare Youth: Vulnerabilities, Luring, and Trauma

Curriculum: Trauma and crisis management: Secondary trauma

Date/time: Friday, December 6, 2019 • 9:00 AM – 4:00 PM

Location: EMU, Halle Library, Room 300, 955 W. Circle Drive, Ypsilanti, MI 48197

Social Work CECHs: 6 hours

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: David Manville, LMSW



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand the scope of human trafficking.
- Gain knowledge of the dynamics involved in luring foster children into human trafficking.
- Identify the signs of youth being trafficked.
- Understand the many facets and difficulties in providing effective treatment.
- Understand process for identifying and utilizing services to prevent and stop human trafficking of vulnerable youth.

Description: This training will assist child welfare workers in understanding what human trafficking looks like in regard to foster care and protective services and what they need to be aware of and assess for. We will discuss the trauma endured by survivors of human trafficking to gain a deeper understanding of how to serve this unique population. Other areas explored include how to interact with survivors, how to identify protective measures, and tools for gaining an understanding of the complexity of these situations. This training will utilize small and large group discussions and visual displays.

High School to Post-Secondary Education for At-Risk Students

Curriculum: Education issues

Date/time: Friday, February 7, 2020 • 9:00 AM – 4:00 PM

Location: EMU, Halle Library, Room 300, 955 W. Circle Drive, Ypsilanti, MI 48197

Social Work CECHs: 6 hours

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: Christina Marsack-Topolewski, PhD, MSW

Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers

Training objectives: As a result of this training, participants will be prepared to:

- Articulate a range of characteristics, behaviors, and outcomes associated with at-risk students.
- Identify the elements associated with student behavior to help provide advocacy and interventions.
- Utilize strategies and tools to support students and their caregivers needing support.

Description: This training will provide an opportunity to explore challenges experienced by at-risk high school learners, including students that receive 504 plans, IEPs, experience homelessness, and/or those that experience social, emotional, and behavioral challenges. Information regarding student rights, services, and options to enhance student learning will be discussed. Information regarding the McKinney-Vento Act, programming options, personal curriculums, and tools to support at-risk students will be discussed. Strategies and tools introduced and discussed will be geared to nurture and foster student engagement, motivation, and success. This training also will provide a lens to understand the myriad of challenges and strategies to support high school students as they transition to post-secondary education, training, and careers. Information regarding the high school, transitional, and post-secondary programs and supports will be offered. This training will utilize exercises, small and large group discussions, and visual displays.

How to register: Visit <https://www.emich.edu/chhs/sw/activities/index.php>

Contact: Colleen O'Brien

Phone: 734-487-0367

Email: cobrien4@emich.edu

Understanding and Addressing the Unique Challenges for LGBTQ+ Youth in Foster Care

Curriculum: Cultural humility/cultural competence: Supporting LGBTQ youth

Date/time: Wednesday, September 25, 2019 • 1:00 PM – 4:15 PM

Location: Ferris State University, 1414 Family Drive, Big Rapids, MI 49307

Social Work CECHs: 3 hours

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: Dawn Fox, LMSW



Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand the meaning of sexual orientation, gender identity, and gender expression.
- Understand the unique risks LGBTQ+ youth in foster care face.
- Learn ways to support LGBTQ+ youth in foster care and educate foster care parents.

Description: This training will provide information for foster care workers and adoption workers to help them learn about LGBTQ+ (lesbian, gay, bisexual, transgender, and questioning) youth in the child welfare system, the unique risks this population faces, how to support this population, and how to educate foster care parents regarding the role they can play to reduce the unique risks the LGBTQ+ face. This training will utilize small group discussion and visual displays.

Educational Supports for Youth in Care

Curriculum: Education issues

Date/time: Wednesday, December 18, 2019 • 9:00 AM – 12:15 PM

Location: Ferris State University, 1414 Family Drive, Big Rapids, MI 49307

Social Work CECHs: 3 hours

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: Erin Johnson, LMSW



Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand the special education evaluation process and IDEA disability criteria.
- Understand evidenced-based interventions for special education students.
- Understand evidenced-based data collection and intervention options for general education students.

Description: The purpose of this training is to provide CPS, foster care, and adoption workers a thorough understanding of the education system and supports for general and special education students. This training will explore the special education evaluation process and the criteria for each IDEA-defined disability, along with classroom support options for general and special education students. Attendees will leave the training with a better understanding of the education system, especially with regard to special and general education support options. This interactive training will utilize exercises, small and large group discussions, and visual displays.

How to register: Contact Janitza Sawyer-Ocasio

Contact: Janitza Sawyer-Ocasio

Phone: 231-591-2737

Email: JanitzaSawyer-Ocasio@ferris.edu

Website: www.ferris.edu/socialwork

Children of Trauma: Foundations for Understanding Body Brain Connections

Curriculum: Trauma and crisis management: Trauma, grief, and loss

Date/time: Friday, October 4, 2019 • 8:45 AM – 12:00 PM

Location: GVSU Pew Campus, Bicycle Factory
201 Front Avenue SW, Grand Rapids, MI 49504

Social Work CECHs: 3 hours • Approval #MICEC-0004

Cost: Free to all MDHHS and private agency child welfare workers; \$49 all others

Presenter: Shyra Williams, LMSW, ACTP



Intermediate and advanced skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Gain a basic understanding of epigenetics and intergenerational trauma and how they impact the body and brain.
- Learn the foundations of Polyvagal Theory and applications for families you are currently working with.
- Identify three practical strategies both children and adults can use to stimulate the vagus nerve.

Description: This advanced trauma training will go beyond the basics and explore fundamental inner workings of our bodies, starting with a deep dive into epigenetics and intergenerational trauma, moving into a theory-based exploration of the polyvagal theory and the vagus nerve, and ending with a time of direct application of what was learned about regulation and stimulation of the vagus nerve. This training will utilize small and large group discussions and visual displays.

Examining White Fragility Through the Lens of Racial Battle Fatigue

Curriculum: Cultural humility/cultural competence: Race equity and systemic racism

Date/time: Friday, January 10, 2020 • 8:45 AM – 12:00 PM

Location: GVSU Pew Campus, Bicycle Factory
201 Front Avenue SW, Grand Rapids, MI 49504

Social Work CECHs: 3 hours • Approval #MICEC-0004

Cost: Free to all MDHHS and private agency child welfare workers; \$49 all others

Presenter: Lois Smith Owens, LMSW



Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Discuss the dynamics of transference of roles as the aggrieved takes on the role of the consoler.
- Understand the power differentials that create and allow the blindness of White Fragility, and discuss the role of racial oppressiveness through our educational system, medical systems, etc., which teaches powerlessness to people of color and the acceptance of power to the dominant population.
- Identify educational approaches to 'triggering' oneself to recognize such behaviors in order to develop intervention strategies.

Description: Through activities, mini lecture, and video, participants will be encouraged to examine personal involvement in order to begin the process of acknowledging denial of behaviors based on long-held negative perceptions of certain populations. This training is solution focused and based on the experiences and reflections of attendees and the self. Participants will identify racially coded languages and behaviors that show how long-held stereotypes allow for the continued practice of negative perceptions and othering. This training will utilize exercises, small and large group discussions, and visual displays.

Essential Strategies for Effective Trauma-Informed Supervision in Child Welfare

Curriculum: MiTEAM principles: Effective supervision and mentoring

Date/time: Friday, February 7, 2020 • 8:45 AM – 12:00 PM

Location: GVSU Pew Campus, Bicycle Factory
201 Front Avenue SW, Grand Rapids, MI 49504

Social Work CECHs: 3 hours • Approval #MICEC-0004

Cost: Free to all MDHHS and private agency child welfare workers;
\$49 all others

Presenters: Robert Lathers, LMSW
Molly Perez, LMSW



Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify key organizational pro-active and reactive strategies necessary for helping staff successfully manage the traumatic events (secondary trauma) they encounter in their work in order to reduce serious personal reactions of staff (vicarious trauma) and the ensuing potential consequences.
- Identify three major strategies that supervisors can use to effectively support individual staff and their teams in managing the impact of trauma they encounter on the job and in their personal and professional lives.
- Improve skills in helping staff and fellow supervisors develop formal individualized secondary and vicarious trauma disaster plans as well as proactive self-care plans.

Description: Front-line supervisors are the most important link in the chain of staff satisfaction, growth, and quality work. A number of studies have indicated that supervision is the most important aspect of employment. Likewise, research indicates that the number one source of dissatisfaction among human service workers is their supervisors. The role of supervisor is critically important in the field of child welfare. Supervisors and those who are on the path to become supervisors must be good examples of professional development, self-care, ethics, and boundaries. In addition, they must be able to consistently apply a "trauma lens" to the multiple roles they encounter, i.e., viewing trauma through the eyes of those served, staff, organizational leadership and themselves. This training will utilize small and large group discussions and visual displays.

How to register: Visit www.gvsu.edu/swce

Contact: Leslie Bateman

Phone: 616-331-7180

Email: socialworkce@gvsu.edu



Interdisciplinary Collaboration for Permanency #608-19

Curriculum: Permanency: Strategies to work with courts, schools, and other agencies to support permanency and well-being

Date/time: Friday, October 18, 2019

Registration 8:30 AM • Program 9:00 AM – 12:15 PM

Location: Holiday Inn Gateway Centre

5353 Gateway Centre, Flint, MI 48507

Social Work CECHs: 3 hours • Approval MICEC #0001

Cost: Free to all MDHHS and private agency child welfare workers;
all others check online for pricing, <https://socialwork.msu.edu/ceu/catalog.php>

Presenter: Kimberly Battjes, LMSW



Intermediate skill level

Target audience:

- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, you will be prepared to:

- Identify barriers and the need for multi-disciplinary collaboration for permanency.
- Describe basic information about courts, schools, and other agencies related to permanency.
- Identify strategies for collaborating with courts, schools, and other agencies.

Description: This training will explore interdisciplinary collaboration between child welfare workers and the courts, schools, and other agencies toward permanency. Key components of effective collaboration and strategies will be discussed as well as a general understanding of differing perspectives according to the discipline. This training will utilize role playing, small and large group discussion, and visual displays.

Fostering Recovery with Clients Struggling with Substance Use #609-19

Curriculum: Substance abuse: Providing support to families struggling with addiction

Date/time: Thursday, November 14, 2019

Registration 8:30 AM • Program 9:00 AM – 12:15 PM

Location: Great Wolf Lodge, 3575 N. US Highway 31 S., Traverse City, MI 49684

Social Work CECHs: 3 hours • Approval MICEC #0001

Cost: Free to all MDHHS and private agency child welfare workers;
all others check online for pricing, <https://socialwork.msu.edu/ceu/catalog.php>

Presenter: Amelia Siders, PhD



Beginning skill level
Substance Use Specific

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, you will be prepared to:

- Define the Stages of Change Model of recovery to aid in understanding of readiness to change behavior.
- Discuss the Motivational Interviewing approach to people who are struggling with substance use.
- Describe realistic goals and recovery options for clients who are in the child welfare system.

Description: Engaging caregivers with substance use issues can make already challenging interventions even more complex. This training is designed to give you an overview and understanding of current approaches and interventions for clients who have substance use issues. The Stages of Change Model will be reviewed and case examples will be utilized to better define and understand where clients in the child welfare system may "fit" and how that will impact the approach to recovery. Motivational interviewing will be defined, and techniques described to assist you in more successful interactions and interventions with clients. Finally, realistic goals and recovery options will be reviewed. You are encouraged to bring case examples (with identifying information removed) to discuss. This training will utilize role playing, exercises, small and large group discussions, and visual displays.



Recruitment and Retention of Resource Families: A Customer Service Approach #610-19

Curriculum: Placement: Recruitment and retention of good foster/adoptive families

Date/time: Friday, November 15, 2019

Registration 8:30 AM • Program 9:00 AM – 12:15 PM

Location: Washtenaw Intermediate School District

1819 S. Wagner Road, Ann Arbor, MI 48106-1406

Social Work CECHs: 3 hours • Approval MICEC #0001

Cost: Free to all MDHHS and private agency child welfare workers;
all others check online for pricing, <https://socialwork.msu.edu/ceu/catalog.php>

Presenter: Katie Page Sander, LMSW



Beginning, intermediate, and advanced skill levels

Target audience:

- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, you will be prepared to:

- Explain the relationship between high quality customer service and resource parent recruitment and retention.
- Define ten customer service practices to incorporate into your own casework or into agency worker training and culture.
- Utilize relevant data to develop five new recruitment/retention strategies for your agency.
- Feel a renewed commitment to your role in changing the lives of children and families, in partnership WITH them!

Description: Pen giveaways? Awards dinners? Maximize your time and agency resources on recruitment and retention strategies that really work. You will examine data and best practice models to assist in developing innovative foster, adoptive, and kinship family recruitment and retention plans for their agency using customer service principles and data-driven strategies. This training will utilize role playing, small and large group discussions, pre- and post-tests, and visual displays.

Best Practices for Domestic Violence Offenders #612-19

Curriculum: Trauma and crisis management: Domestic violence and threatened harm

Date/time: Thursday, December 5, 2019

Registration 8:30 AM • Program 9:00 AM – 12:15 PM

Location: The MTG Space, 4039 Legacy Parkway, Lansing, MI 48911

Social Work CECHs: 3 hours • Approval MICEC #0001

Cost: Free to all MDHHS and private agency child welfare workers;
all others check online for pricing, <https://socialwork.msu.edu/ceu/catalog.php>

Presenter: Shari Murgittroyd, LMSW



Beginning skill level
Trauma Certificate Elective

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, you will be prepared to:

- Identify the foundational definition and dynamics of domestic violence.
- Recognize lethality indicators associated with domestic violence and child welfare cases.
- Identify best practices and state standards for domestic violence/battering intervention programs.

Description: This training will help you better identify cases that involve domestic violence, recognize lethality indicators, and understand appropriate referral resources for effective interventions. A foundational review related to the dynamics of domestic violence, including power and control tactics, will be presented. Lethality factors and assessment resources for domestic violence situations will be reviewed to help inform you of escalated risks and the need for enhanced safety planning. You will learn best practices for battering intervention programs and have a better understanding of why other treatment modalities are not appropriate for domestic violence situations and could further compromise the safety of the family. The training will review state standards and online resources to assist you in connecting to battering intervention services in your communities. This training will utilize exercises, small and large group discussions, and visual displays.



School of Social Work
MICHIGAN STATE UNIVERSITY

The Power of Pride: Tools for Supporting Families of Children with Disabilities #600-20

Curriculum: Education issues: Preschool/early education and child welfare services;
Navigating the special education system for children with disabilities

Date/time: Friday, February 7, 2020

Registration 8:30 AM • Program 9:00 AM – 12:15 PM

Location: Holiday Inn Gateway Centre, 5353 Gateway Centre, Flint, MI 48507

Social Work CECHs: 3 hours • Approval MICEC #0001

Cost: Free to all MDHHS and private agency child welfare workers;

all others check online for pricing, <https://socialwork.msu.edu/ceu/catalog.php>

Presenters: Michele Brock, LMSW



Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, you will be prepared to:

- Describe key concepts such as ableism, internalized ableism, disability identity, and disability pride.
- Complete a Life Trajectory tool as a means to develop goals and identify concerns.
- Select meaningful resources for families parenting children with disabilities.

Description: "Your child has a disability." While regularly uttered in doctor's offices, classrooms, and clinics, it is rarely done so with celebration and hope. How families and the professionals who work with them think and talk about disability has a profound and long-lasting impact on the life trajectory of the person with a disability. Compound the stigma of disability with adverse childhood experiences (ACEs), complicated and disconnected service systems, and children with disabilities become increasingly vulnerable. All families, especially those involved in child welfare, can benefit from coaching about how to navigate service systems, where to access formal and informal support and resources, and how to effectively advocate for their children. Using an innovative national framework called *Charting the LifeCourse*, this training will present tools participants can begin using in their own lives as well as the lives of the families they serve. This training will utilize role exercises and small and large group discussions.



School of Social Work
MICHIGAN STATE UNIVERSITY

How to register for in-person training:

Online at <https://socialwork.msu.edu/ce/>

Contact:

Ryan Hasselbach

Phone:

517-353-3060

Email:

swkce@msu.edu

For more information, visit socialwork.msu.edu/ce

Michigan State University School of Social Work, an accredited social work education program, is authorized by the Michigan Licensure Law Administrative Rule 338.2965 to award Michigan social work continuing education contact hours. We are also an approved Michigan Social Work Continuing Education Collaborative Provider (provider #0001) for all programs through August 2020, renewed annually.

Giving a Voice to the Voiceless

Curriculum: Placement: Engaging youth in their treatment and transition planning

Date/time: Friday, October 25, 2019 • Program 9:00 AM – 12:15 PM

Location: Spring Arbor University, Grand Traverse County DHHS
701 S. Elmwood Avenue, #19, Traverse City, MI 49684

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: Hollie Nash, LMSW



Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Discuss how to properly engage youth in treatment planning and transitions.
- Understand the importance of youth having a voice in decision making.
- Understand how engaging youth affects outcomes.

Description: This training will guide workers on how to properly engage youth in treatment planning and transitions. The training will review how outcomes can be impacted when youth are properly engaged, as well as provide workers with hands on tools they can utilize in the field. This training will utilize role playing, exercises, small and large group discussions, and visual displays.

Watch Out! It's Coming: Secondary Trauma and What to Do About It

Curriculum: Secondary trauma: Self-care for workers

Date/time: Friday, October 25, 2019 • Program 1:30 PM – 4:45 PM

Location: Spring Arbor University, Grand Traverse County DHHS
701 S. Elmwood Avenue, #19, Traverse City, MI 49684

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: Emily Dixon, LMSW



Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Define secondary trauma and trauma stewardship and understand their importance in the field of child welfare.
- Identify warning signs of secondary trauma and assess personal risk.
- Formulate a personal action plan to improve effectiveness in their field work.

Description: Trauma exposure is inevitable in the field of child welfare. Exposure to trauma changes people. This training will focus on the charge social workers have to ensure proper self-reflection and self-care. Workers will understand the significant impact that secondary trauma has on their perception of the world around them and on work with clients experiencing trauma. Workers will conduct a self-assessment and move toward identifying personal solutions to handling secondary trauma. This training will utilize exercises and small and large group discussions.

How to register: <https://www.eventbrite.com/e/giving-a-voice-to-the-voiceless-tickets-63113517229>

<https://www.eventbrite.com/e/watch-out-its-coming-secondary-trauma-and-what-to-do-about-it-tickets-63115101969>

Questions: Contact Emily Dixon, LMSW

Phone: 616-558-9618

Email: edixon@arbor.edu



Addressing Trauma, Grief and Loss in Children and Youth

Curriculum: Trauma and crisis management: Trauma, grief, and loss

Date/time: Tuesday, January 7, 2020 • Program 1:00 PM – 4:15 PM

Location: Spring Arbor University
4202 Collins Road, #100, Lansing, MI 48910

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: Sarah Bartzen, LMSW



Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Describe the importance of understanding the relationship between trauma, grief, and loss for children and youth.
- Identify the risk factors and short- and long-term outcomes of experiencing trauma, grief, and loss.
- Utilize evidence-based interventions with children and youth who have experienced trauma, grief, and loss and their families.

Description: This training will focus on the impact of trauma, grief, and loss on children and youth. Understanding the linkage between trauma, grief, and loss is critical when working with children, youth, and their families. In this training the relationship between trauma, grief, and loss will be described. Trauma, grief, and loss experiences can impact risk factors and short- and long-term outcomes for children and youth, and these will be discussed in the training. Evidence-based interventions to support and address these concerns for children and youth will be shared for attendees to use with their clients. This training will utilize role plays, exercises, and small and large group discussions.



How to register: <https://www.eventbrite.com/e/addressing-trauma-grief-and-loss-in-children-and-youth-tickets-63111363788>

Contact: Emily Dixon

Email: Emily.Dixon2@arbor.edu

Phone: 616-558-9618

Higher Education Supports for Youth with Experience in Foster Care

Curriculum: Education issues: Navigating higher education with youth

Date/time: Thursday, October 3, 2019 • Program 9:00 AM – 12:15 PM

Location: U-M School of Social Work, 1080 South University, Ann Arbor, MI 48109

Social Work CECHs: 3 hours • Approved

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: Rachel Naasko, LMSW



Intermediate skill level

Target audience:
✓ Foster Care Workers

Training objectives: As a result of this training, participants will be prepared to:

- Describe educational outcomes for foster youth.
- Identify barriers for educational success for foster youth.
- Identify resources and strategies to support children in foster care to increase educational success.

Description: This training will focus how to support and facilitate academic success within higher education for students who have experienced foster care. Nationally, about 50% of children who experience foster care will graduate high school, and about 2-4% of those will earn a four-year degree. This presentation will give an overview of educational outcomes as well as the barriers and unique needs of students who have experienced foster as well as strategies, tools, and resources that DHHS foster care workers and other supportive adults can use in their practice when working with young people navigating educational options. This training will utilize visual displays.

Addressing Suicide: A Culturally Responsive Approach to Prevention and Intervention

Curriculum: Cultural humility/cultural competence: Understanding one's personal values and beliefs and their relationship to cultural identity and practice

Date/time: Friday, November 15, 2019 • Program 9:00 AM – 12:15 PM

Location: U-M School of Social Work, 1080 S. University, Ann Arbor, MI 48109

Social Work CECHs: 3 hours • Approved

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenters: Abigail Eiler, LMSW



Intermediate skill level

Target audience:
✓ Children's Protective Services Workers
✓ Foster Care Workers
✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Describe different cultural perspectives of suicide and suicidal behaviors.
- Describe the complexity of social work ethical and legal responsibility when suicide and suicidal behaviors are present.
- Describe how to assess and confirm the risks of suicide and suicidal behaviors in children and adolescents.

Description: This training will help participants gain a deeper understanding of suicide prevention and interventions in clinical practice with children and adolescents. With the goal to become more comfortable and confident identifying and helping address suicidal ideation, plan(s) and intent in communities, this training will offer opportunities to engage in role plays and review case examples. Ethical and legal responsibilities as social workers exist when working with consumers. It is essential to understand the complexity of responses in clinical practice when suicide is present and needs to be addressed. This training will allow participants the opportunity to explore their beliefs regarding suicide at different stages of the lifespan and how one's beliefs do and do not influence our practice. This training will utilize role playing, small and large group discussion, and visual displays.

How to register: Visit ssw.umich.edu/r/CE-catalog

Contact: Alia Wesala, LMSW **Email:** ssw.conted@umich.edu **Phone:** 734-763-5723

Engaging Diversity and Difference: Creating A Sense of Belonging for Multicultural Children in the Child Welfare System

Curriculum: Cultural humility/cultural competence: Cross-cultural knowledge

Date/time: Friday, November 1, 2019 • Program 8:30 AM – 11:45 AM

Location: WMU College of Health and Human Services
1240 Oakland Drive, Kalamazoo, MI 49008

Social Work CECHs: 3 hours • Approval #MICEC-0060

Cost: Free to all MDHHS and private agency child welfare workers; \$55 all others

Presenter: Marian Tripplett, LMSW, MEd



Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify the importance of belonging for multicultural children in the child welfare system.
- Explore practices that assist foster care workers, foster/kinship care parents, or guardians and others in creating a sense of belonging for multicultural children in the welfare system.
- Examine policies that support and promote diversity and difference and inclusion, especially for children and families in the child welfare system.

Description: This training will examine the importance of belonging, with an emphasis on multicultural children in the child welfare system. This training will include an exploration of practices that assist foster care workers and parents/guardians in creating that vital sense of belonging and an examination of policies that support and promote diversity and difference, especially for multicultural children and families in the child welfare system. This training will use exercises, games, large group discussion, and visual displays.

Suicide Prevention Among Youth Involved in the Child Welfare System

Curriculum: Mental and behavioral health: Suicide prevention, and how to coach foster parents on prevention strategies

Date/time: Friday, November 15, 2019 • Program 8:45 AM – 12:00 PM

Location: WMU College of Health and Human Services
1240 Oakland Drive, Kalamazoo, MI 49008

Social Work CECHs: 3 hours • Approval #MICEC-0060

Cost: Free to all MDHHS and private agency child welfare workers; \$55 all others

Presenter: Bridget E. Weller, PhD



Beginning skill level

Target audience:

- ✓ Foster Care Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify both risk factors and warning signs of potential suicidal behaviors.
- Communicate with someone who may be experiencing suicidal thoughts.
- Identify evidence-informed practices that have been found to be effective for individuals who experience suicidal thoughts.

Description: This training will focus on suicide prevention among youth involved in the child welfare system. This training will provide practical information on assessment and intervention. This training will use role playing and small group discussion.

Stages and Levels of Cross-Cultural Competence Development: From Theory to Application

Curriculum: Cultural humility/cultural competence: Cross-cultural knowledge

Date/time: Tuesday, February 11, 2020 • Program 3:00 PM – 6:15 PM

Location: WMU College of Health and Human Services
1240 Oakland Drive, Kalamazoo, MI 49008

Social Work CECHs: 3 hours • Approval #MICEC-0060

Cost: Free to all MDHHS and private agency child welfare workers; \$55 all others

Presenter: Mioara Diaconu, PhD



Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ CHHS social work students interested in a career in Children's Protective Services

Training objectives: As a result of this training, participants will be prepared to:

- Knowledge Level: By the end of the first hour, you will be able to define and understand the meaning of gender and race equality and equity, systematic racism, as well as each step of cross-cultural competence development framework (see training description).
- Analysis Level: By the end of the second hour, you will be able to critically examine the stages of cross-cultural competence development framework through the lens of their specific work setting and population served.
- Creation Level: By the end of the third hour, you will be ready to draft a cross-cultural competence self-development plan.

Description: The meaning of cross-cultural competence within the context of gender and race equality and equity, as well as systematic racism is constantly evolving. Thus, the health care and social services personnel need to keep up to date with the increase in the evidence-based knowledge in the above listed areas. This training will help you recognize how to address biases and negative stereotypes, how to develop relevant professional skills, and how to adapt service delivery to the current needs of the diverse populations you serve. This training will follow Diaconu's Cross-Cultural Competence Framework (2018), which will include the following levels of cross-cultural competence development: (1) cross-cultural self-awareness, (2) cross-cultural knowledge, (3) cross-cultural awareness, (4) cross-cultural sensitivity, (5) cross-cultural skills, and (6) cross-cultural humility. This training will use exercises, small group discussion, and visual displays.

How to register: Visit <https://wmich.edu/hhs/academics/continuing-ed>

Contact: Alicia Dorr

Phone: 269-387-2638

Email: alicia.dorr@wmich.edu



Michigan State University School of Social Work Continuing Education offers live webinars!

Individuals from around the world can earn CECHs from the convenience of their home, office, or on the go. We offer interactive live presentations on various topics. You will view the one-hour webinar and then will be sent a link to a survey to complete an attendance record, evaluation, and post-test. Pending a passing score of 75% or higher on the post-test, you will be able to download and print a certificate! Webinars allow us to be accessible and to collaborate globally on issues that affect individuals, organizations, and communities throughout the world.

Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Understanding Transracial Adoption #221-19

Date/time: Wednesday, October 2, 2019 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Katie Wynen, LMSW**, earned her MSW from Simmons College School of Social Work. She is the adoption social worker at Pact, an Adoption Alliance, and has worked with adoptees and their families since 2006.



Beginning skill level

Description: In this webinar you will be introduced to transracial adoption and the experiences and needs of families formed through transracial adoption. You will gain tools and insight to better evaluate and support pre-adoptive and adoptive families in transracial adoption, so as to provide effective, sensitive, adoption and race-competent services. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

Beauty and the Beast: Understanding Transitional Planning When Working with Youth in Residential #223-19

Date/time: Friday, October 4, 2019 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Whitney Banks, MSW**, has nine years of experience working with foster/adoptive youths. She received her graduate degree in clinical social work from Michigan State University. Currently, Banks is the lead residential therapist for St. Vincent Children's Home. She previously worked as an adoption recruiter in the Wendy's Wonderful Kids program.



Beginning skill level

Description: In this webinar, you will learn how to develop a cohesive transitional plan for youth and adolescents residing in a residential treatment facility. The importance of creating a mindful plan can help reduce anxiety and other stressors for clients during this process. During this webinar, we will discuss how to prepare, plan, and execute the transitioning period for success. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

Perinatal Mood and Anxiety Disorders: What Every Care Provider Must Know #225-19

Date/time: Wednesday, October 30, 2019 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Nancy Roberts, RN**, is an obstetrical registered nurse, certified breastfeeding counselor, and certified childbirth educator at Spectrum Health Hospital in Grand Rapids, MI. For the past 25 years, she has been instrumental in the growth and development of the Postpartum Emotional Support Program, facilitating the Postpartum Depression Support Group and coordinating the obstetrical inpatient screening program. She authored "Supporting the Breastfeeding Mother through Postpartum Depression." And she is the State of Michigan coordinator for Postpartum Support International. Nancy was also employed for the past six years at the Grand Rapids Pine Rest Mother and Baby Day Program, teaching psychoeducational classes to pregnant and postpartum women. She is a frequently invited speaker at trainings, conferences, and webinars on the topic of Perinatal Mood and Anxiety Disorders.



Intermediate skill level

Description: This webinar will assist you in the understanding, identification, and treatment for women who experience perinatal mood and anxiety disorders (PMAD). You will learn to effectively and holistically support and assist the affected mother and her family toward wellness. This webinar will utilize visual displays and allow time for questions and answers.



Special Education: Considerations for Child Welfare #227-19

Date/time: Tuesday, November 5, 2019 • Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Kimberly Battjes, LMSW**, earned her bachelor's degree in Sociology at Central Michigan University in 1992. She earned a master's degree in social work from Michigan State University in 1999. She began her career in social work as a Families First worker 1992–1996 in Detroit and Washtenaw and Livingston Counties. She also worked as a case manager for families who had a child with a disability. Once she earned her master's degree, she worked as a school social worker in Shiawassee and Livingston counties 1999–2015. She has had the privilege of being a MSU field instructor, liaison, clinical instructor, and coordinator for temporary approval for school social work. She currently represents MSU on the Interuniversity Committee for School Social Work Approval. Battjes has been the coordinator of Chance at Childhood since November 2015.



Beginning and intermediate skill levels

Description: This webinar will explore the unique circumstances children in foster care face in the educational system. Specifically, this webinar will explore the process, ramifications, and prevalence of children in foster care who qualify for special education as well as alternative supports. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

The Opioid Crisis in Michigan #229-19

Date/time: Wednesday, November 13, 2019 • Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval MICEC #0001

Presenters: **Courtney Cuthbertson, PhD**, is a community behavioral health specialist for MSU Extension, offering mental health and substance use programming and conducting research in Michigan communities. Dr. Cuthbertson is a sociologist and certified instructor for Mental Health First Aid.



Kea Norrell-Aitch, MA, has been an educator with Michigan State University Extension for 12 years. Norrell-Aitch is the PI for the Walmart Healthy Habits grant and provides statewide leadership to 4-H healthy living programs for children and families to increase physical fitness and improve dietary choices. More recently, she joined the MSUE Community Behavioral Health Team with experience in mental health and substance misuse prevention. She is a certified instructor for Youth Mental Health First Aid and possesses a master's degree in family counseling from Spring Arbor University.



Beginning and intermediate skill levels Substance Use Specific

Description: The misuse of and addiction to opioids—including prescription pain relievers, heroin, and synthetic opioids such as fentanyl—is a serious national public health crisis. This webinar will present a statistical look at the crisis in Michigan specifically, including information on the definition of an opioid, what misuse looks like (signs and symptoms), as well as efforts to address the opioid crisis individually and in our communities. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

How to register for webinar training:

For pricing, further details, and online registration, visit socialwork.msu.edu/ceu/catalog.php under Topics of Interest “Webinars” or search course number.

To ensure the best possible experience, we encourage you to review system requirements available at support.zoom.us/hc/en-us/articles/201362023-System-Requirements-for-PC-and-Mac. It is recommended that you are hard wired to an Internet connection for the best connection. If you would like to view the webinar on a mobile device, download the free Zoom App.

Michigan State University School of Social Work, an accredited social work education program, is authorized by the Michigan Licensure Law Administrative Rule 338.2965 to award Michigan social work continuing education contact hours. We are also an approved Michigan Social Work Continuing Education Collaborative Provider (provider #0001) for all programs through August 2020, renewed annually.



Understanding Children's Grief #230-19

Date/time: Thursday, December 5, 2019 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Kelly Koerner, MA, LPC**, serves as the program director of Ele's Place–Capital Region. A graduate of Grand Valley State University, she also has a master's degree in counseling from Adler University in Chicago, IL. As the longest continuously serving employee of Ele's Place, she has proudly held a number of positions within the organization, including bereavement coordinator, program volunteer coordinator, and associate program director. Prior to working at Ele's Place, she worked for a nonprofit organization in Chicago supporting children and teens in foster care.



Beginning and intermediate skill levels

Description: In this webinar, you will learn about the tasks of grief and explore the various ways grief can be experienced by children and teens. This webinar will also include discussion on how children's grief is different than that of an adult. Various factors that impact children and teen grief experiences will be discussed as well as characteristics observed in children and teens based on their developmental level. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

Trauma-Informed Foster Care #231-19

Date/time: Tuesday, December 10, 2019 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Amelia Siders, PhD, LP**, serves as the clinical director for the Traverse Bay Children's Advocacy Center. She received a BA in psychology from the University of Michigan and completed her doctoral degree in clinical psychology at the California School of Professional Psychology, San Diego, CA. A licensed psychologist, Dr. Siders specializes in assessment, treatment, and advocacy for children, adolescents, and adults with emotional, behavioral, trauma, and substance use disorders.



Intermediate skill level
Trauma Certificate Elective

Description: How do we assist the children who are placed in foster care and the foster parents who are charged with their safety and support? This webinar is designed to assist clinicians and other professionals who work with children in the foster care system in defining trauma-informed practices for this population. Parenting strategies for foster parents will be discussed as well as safety planning and support for children who have a history of problem sexual behaviors. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

Working within Michigan's Family Division Court System #200-20

Date/time: Wednesday, January 22, 2020 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Joseph Kozakiewicz, JD, LMSW**, earned bachelor's and law degrees from Columbia University in 1985 and 1988 and an MSW from Grand Valley State University in 2000. Kozakiewicz worked for Ottawa County's Family Court first as a circuit court referee and then as director of the Friend of the Court before he became director of the MSU Chance at Childhood Program in 2003.



Beginning and intermediate skill levels

Description: In this webinar, you will be given an overview of the Michigan Family Division court system, including structure and jurisdiction within the Family Division, Family Division Referees, the Friend of the Court, and specialty courts. To help child welfare professionals understand the legal perspective involved in their work, this webinar will describe the training and ethical obligations of lawyers and judges and will include discussion on how to work cooperatively to better serve clients. The nature of our court system and how this may impact decision making will also be described. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.



Trauma and Substance Use: Toward a Trauma-Informed Recovery Model for Substance Use Disorders #201-20

Date/time: **Thursday, January 23, 2020** • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Amelia Siders, PhD, LP**, serves as the clinical director for the Traverse Bay Children's Advocacy Center. She received a BA in psychology from the University of Michigan and completed her doctoral degree in clinical psychology at the California School of Professional Psychology, San Diego, CA. A licensed psychologist, Dr. Siders specializes in assessment, treatment, and advocacy for children, adolescents, and adults with emotional, behavioral, trauma, and substance use disorders.



Beginning skill level
Substance Use Specific
Trauma Certificate Elective

Description: This webinar will utilize research and clinical experience/expertise to outline the importance of a trauma-informed recovery model of care for substance use disorders. You will gain an understanding of the importance of assessing and treating these disorders with an integrated approach. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

The Case for Committing to Inclusive Practices in Child Welfare #202-20

Date/time: **Thursday, February 6, 2020** • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Katie Page Sander, LMSW**, a graduate of the University of Michigan School of Social Work, has 21 years of experience in child welfare, including direct practice, supervision, training, family and youth advocacy, program and policy development, and management. She is currently executive director at Hands Across the Water, which has been designated as a leader agency since 2011 with the Human Rights Campaign's All Children All Families Initiative.



Beginning skill level

Description: This webinar is designed for child placing agency leaders interested in exploring how to incorporate inclusive and affirming practices in hiring and service provision to LGBTQ individuals. It will explore how improving competency in working with LGBTQ youth and families benefits and improves outcomes for the clients we serve and for the agency as a whole. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

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To view all course offerings, visit

<https://socialwork.msu.edu/CE/Online-Child-Welfare-Courses>

A few highlighted courses!

Connecting Brain and Behavior

This online course will focus on atypical brain development resulting from exposure to prenatal teratogens and/or prenatal and early childhood chronic trauma. Resulting behavioral, emotional, and social concerns will be explored. Common interventions will be discussed and evaluated through a neurobiological lens.

Dissociative Coping in Traumatized Children

This online course will review the underlying risks leading to dissociative coping in children. Children exposed to traumatic events frequently rely on dissociative strategies to manage intolerable fear or pain. Younger children, in particular, may be vulnerable as their skills of managing stress are limited. Dissociative tendencies are easily misinterpreted by caregivers and professionals as intentional or characterological (i.e., “ignoring me” or “lazy”). Implications for assessing and treating traumatized children will be included.

When Addiction Trumps Relationships: Working with Mothers and Addiction

This online course will present information on the scope of the problem of mothers with substance use disorders and the impact of this problem on children. Common substances of abuse and their impact on biological and behavioral functioning will be discussed. You will learn the impact of addictive processes on the capacity for attachment among mothers with addiction and difficulties with emotion regulation and reward systems. A description of current practices with substance abusing mothers and their children will also be presented.

Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
Caregiver	200-18	Trauma-informed Caregiving (Part 2): Understanding Neurodevelopment and the Stress Response System
Caregiver	204-18	Trauma-informed Caregiving (Part 3): Practical Parenting Strategies
Caregiver	208-18	Support Services for Transgender and Gender Non-Conforming Children & Families
Caregiver	217-18	Locating the Past & Building the Future
Caregiver	336-17	Caregiver: Advocating for My Child in the School System
Caregiver	354-17	Caregiver: Understanding the Role of Life Books for Youth in Care
Caregiver	372-17	Trauma-informed Caregiving (Part 1): Becoming Trauma-informed Parents.
Caregiver	381-17	Intergenerational Trauma & Our Work with Birth Parents: Understanding the Bridge to Success
TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	310-17	Finding and Utilizing Services for Adoptive Families
General/MDHHS	311-17	Hope and Resilience: Moving Past Secondary Traumatic Stress in Child Welfare Practice
General/MDHHS	312-17	Suicide Assessment, Management, and Intervention
General/MDHHS	313-17	Safety Planning
General/MDHHS	314-17	Effective Courtroom Advocacy
General/MDHHS	315-17	Children of Parents with a Mental Illness
General/MDHHS	322-17	Parent-Child Attachment Relationships and the Effects of Attachment Disruption
General/MDHHS	323-17	Supervision in Child Welfare: Strategies to Engage and Support Workers
General/MDHHS	324-17	Detection and Diagnosis of Substance Use Conditions
General/MDHHS	325-17	Working with Immigrant Children and Their Families
General/MDHHS	327-17	The Power of Peer Support for Foster and Adoptive Families
General/MDHHS	328-17	Creating Safety for Children
General/MDHHS	329-17	The Kinship Conundrum (and Ways to Address)
General/MDHHS	337-17	Supporting and Strengthening Early Relationships for Children in the Child Welfare System
General/MDHHS	340-17	Positive Parenting with Very Young Children
General/MDHHS	341-17	Transitioning to Success: Promoting College Access and Support for Youth in Foster Care
General/MDHHS	347-17	Working with Families Affected by Substance Abuse
General/MDHHS	348-17	Improving Child Well-being Through Parenting Partnerships: The Value of Birth Parent and Resource Family Teaming and Collaboration
General/MDHHS	349-17	Extending the Welcome Mat to Our Newest Americans
General/MDHHS	350-17	Adoption as an Option for Older Youth
General/MDHHS	352-17	CBT for Social Anxiety in Children

Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	355-17	Indicators and Trends of Domestic Violence and Intervention Services
General/MDHHS	356-17	Being the Voice for the Voiceless: Legislative Advocacy for Child Welfare Workers
General/MDHHS	357-17	Building Safety with Youth Through Understanding SOGIE (Sexual Orientation, Gender Identity, and Expression)
General/MDHHS	358-17	Through a Baby's Eyes: Foster Care, Parenting Time, and Transitions
General/MDHHS	362-17	Your Role in Making Medicaid Happen
General/MDHHS	363-17	Mindfulness Tools to Combat Secondary Trauma and Build Well-being Among Child Welfare Professionals
General/MDHHS	365-17	Dissociative Coping in Traumatized Children
General/MDHHS	369-17	Decoding Social Emotional Development: Engaging Parents and Caregivers of Young Children
General/MDHHS	371-17	Child Abuse and Neglect: The Signs, Symptoms, and Consequences
General/MDHHS	373-17	Fetal Alcohol Syndrome Disorder: What You Should Know
General/MDHHS	374-17	Father Involvement in Functional Family Formulations
General/MDHHS	376-17	Promoting Health and Wellness for Foster Youth
General/MDHHS	378-17	Teen Parents in Foster Care
General/MDHHS	381-17	Intergenerational Trauma and Our Work with Birth Parents: Understanding the Bridge to Success!
General/MDHHS	382-17	Engagement, Readiness for Change, and Transition Planning
General/MDHHS	383-17	Youth Transitioning Out of Foster Care
General/MDHHS	384-17	Post Adoption Services: Assisting Adoptive Families to Avoid Disruption/ Dissolution
General/MDHHS	385-17	The Welfare of Children with Autism Spectrum Disorders and Their Families
General/MDHHS	386-17	Understanding and Supporting Adoptive Families
General/MDHHS	387-17	Accessing Special Education Supports for Children in Foster Care
General/MDHHS	388-17	Psychological and Emotional Trauma in Children and Its Impact on Adoption/ Foster Care and Family Development
General/MDHHS	389-17	Child Welfare Workers: The Ethical Obligation and Opportunities to Advocate for Social Justice
General/MDHHS	390-17	Honoring and Empowering Adolescents
General/MDHHS	392-17	Having the Tough Conversations About Race with Your Clients
General/MDHHS	397	Beyond Breathing: Tools for Teaching Relaxation in Trauma Work
General/MDHHS	398	Rethinking Retention: A More Holistic Approach to Supporting Foster Parents
General/MDHHS	399	Changing Outcomes Through Resiliency
General/MDHHS	700	The Crossroads of Child Welfare and Human Trafficking
General/MDHHS	701	Preventing Further Harm: A Brief Overview of Trauma for the Child Welfare Profession

Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	702	"I Love My Job": Supervision as a Tool for Preventing Burnout and Vicarious Trauma with Workers
General/MDHHS	200-18	Trauma-informed Caregiving (Part 2): Understanding Neurodevelopment and the Stress Response System
General/MDHHS	201-18	Connecting Brain and Behavior
General/MDHHS	202-18	Supervision Strategies for Managing Secondary Trauma and Workplace Stress
General/MDHHS	203-18	"Who Am I?" Fostering Identity Development With Foster and Adopted Youth
General/MDHHS	204-18	Trauma-informed Caregiving (Part 3): Practical Parenting Strategies
General/MDHHS	205-18	Why It's Wrong to Assume Infants Are Resilient: Exploring the Effects of Trauma in Pregnancy and Infancy
General/MDHHS	213-18	Ending Zero Tolerance: What Child Welfare Workers Should Know
General/MDHHS	214-18	The Impact of Racial Bias on Traumatized Clients in Child Welfare
General/MDHHS	211-18	Integrating Mindfulness and Wellness for Stress Reduction
General/MDHHS	215-18	Trauma and Substance Use
TARGET AUDIENCE	COURSE #	TRAINING TITLE
Leadership	339-17	Principles of a Mobile Workforce
Leadership	361-17	Making the Case for Retention-focused Management
Leadership	216-18	Supervision Strategies for Managing Secondary Trauma and Workplace Stress
Leadership	212-18	Engaging Older Youth in Permanency Planning: To be Adopted or Not to be Adopted?
Leadership	218-18	Principles of Staff Engagement
Leadership	220-18	Challenges in School (Part 1): Barriers for Children in Foster Care
Leadership	221-18	Challenges in School (Part 2): Strategies for Success
Leadership	200-19	The Matter of Motivation



School of Social Work
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Registration for child welfare online courses is no longer required!

All child welfare online courses are available here:

<https://socialwork.msu.edu/CE/Online-Child-Welfare-Courses>.

Click on "Begin this course" under the course you would like to take. This will take you to a survey to record your attendance, and then you will be redirected to the video.

NO CECHs ARE AWARDED FOR THESE ONLINE COURSES.

Additional online trainings will become available soon!

Stay tuned, and check the website often!



Making the Case for Retention-Focused Management

#222-19

Date/time: Thursday, October 3, 2019

Program 12:00 PM – 1:15 PM (ET)

Location: WEBINAR

Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: Rosemary Jackson, LMSW



Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Supervisors
- ✓ Foster Care Supervisors
- ✓ Adoption Supervisors

Training objectives: As a result of this training, participants will be prepared to:

- Identify two concepts that form the basis for retention-focused supervision.
- Describe two techniques to create a retention-focused work environment.

Description: Do you experience the frustration of losing staff just as they become fully trained and oriented to work on your team? Do you wish there was more that you could do to retain good staff? Join us for this one-hour webinar that looks at the supervisor's role in retaining staff. Learn the philosophy that underpins the fundamentals of staff retention in child welfare and what you can do to be more intentional in your supervision. Get some tips on things that you can do to create an environment that focuses on retention of good staff. This training will utilize exercises, small and large group discussions, pre- and post-tests, and visual displays.

Rethinking Staff Engagement: What Supervisors Need to Know to Retain Their Staff #611-19

Date/time: Friday, November 15, 2019

Registration 8:30 AM • Program 9:00 AM – 12:15 PM

Location: The MTG Space, 4039 Legacy Parkway, Lansing, MI 48911

Social Work CECHs: 3 hours • Approval MICEC #0001

Presenter: Rosemary Jackson, LMSW
Cheryl Williams-Hecksel, LMSW



Beginning, intermediate, and advanced skill levels

Target audience:

- ✓ Children's Protective Services Supervisors
- ✓ Foster Care Supervisors
- ✓ Adoption Supervisors

Training objectives: As a result of this training, participants will be prepared to:

- Demonstrate strategies used to develop strong, supportive supervisory relationships.
- Discuss techniques to engage staff in designing professional development plans.
- Describe techniques to build team cohesion.

Description: Research indicates that staff don't quit their jobs or even their agencies; they quit their supervisors. Join Cheryl and Rosemary for an interactive experience designed to help you learn how to engage your staff at all three levels of supervision: administrative, clinical, and staff development. Learn how to apply this information to staff at different levels of experience and time on the job. Learn about practical strategies to engage your staff as individuals and as part of a team. Come away with tools that will help you invest in relationship building with your staff while building team cohesion. Take this training to learn new ideas about staff engagement including how to apply staff engagement strategies in your supervisory practice. This training will utilize exercises, small and large group discussions, and visual displays.



Principles of Supervision with a Mobile Workforce #203-20



Date/time: Wednesday, February 12, 2020

Program 12:00 PM – 1:15 PM (ET)

Location: WEBINAR

Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: Rosemary Jackson, LMSW

Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Supervisors
- ✓ Foster Care Supervisors
- ✓ Adoption Supervisors

Training objectives: As a result of this training, participants will be prepared to:

- Identify the impact of telecommuting on employee engagement.
- List two ways to support mobile staff through the supervisory process.

Description: Join us for this one-hour webinar that introduces the principles and concepts for supervising a mobile workforce. Learn about the impact of telecommuting on the supervisory experience. Get ideas about how to create a foundation for supervision that supports staff development with an emphasis on staff retention. This webinar will set the stage for further exploration of this topic in a follow-up three-hour face-to-face workshop that you will have the opportunity to register for once you have completed this webinar training. This training will utilize pre- and post-tests and visual displays.



Attention workers: Please share these free training opportunities with families!

Rearing Resilience: Strategies for Parenting Children with Attachment Trauma



Social Work CECHs: 0 hours

Presenter: **Lauren Peabody, LMSW**, has worked with families in a variety of contexts for over a decade, from teaching parent-child interaction classes in Chicago to doing crisis intervention in homes in Genesee County for five years. She has a BA in psychology from Roosevelt University in Chicago and an MSW from UofM Ann Arbor. Five years ago, Peabody opened a private practice called Nurture Family Center in Fenton, MI, where she works privately with clients and teaches classes on trauma-informed best practices. She has partnered closely with a nonprofit, Clara's Hope, which provides support to foster and adoptive families throughout Michigan.

Beginning skill level

Target audience: ✓ Foster Parents ✓ Adoptive Parents ✓ Kinship Parents

Part 1: Trauma and the Brain #224-19

Date/time/location: **Monday, October 28, 2019** • Program 12:00 PM – 1:15 PM (ET) • **WEBINAR**

Training objectives: As a result of this training, participants will be prepared to:

- Explain the impact of attachment trauma on the brain.
- Identify the root of my child's misbehaviors.
- Identify the impact of past trauma on the parent-child relationship.

Description: In the first webinar in the series, Trauma and the Brain, caregivers will learn the basics of attachment trauma and its impact on brain development. We will explore the most common symptoms of attachment trauma and how they manifest behaviorally in ways that can be very triggering and scary for caregivers. Caregivers will learn why and how attachment trauma influences every moment of a child's life, including their decisions and reactions.

Part 2: Creating Connections #226-19

Date/time/location: **Monday, November 4, 2019** • Program 12:00 PM – 1:15 PM (ET) • **WEBINAR**

Training objectives: As a result of this training, participants will be prepared to:

- Describe two methods to help calm your child's brain.
- Develop strategies to heal with attunement, nurturing messages, touch, and play.
- Recognize ways to strengthen your parent-child bond.

Description: The second webinar in the series, Creating Connections, will focus on strategies caregivers can use to meaningfully connect with their children in ways that feel safe for a traumatized child. Questions regarding why at times it is difficult for these children to form connections will be answered. We will explore how to use these strategies during a crisis or meltdown. Caregivers will learn the importance of play to strengthen the parent-child bond.

Part 3: Solutions to Challenging Behavior #228-19

Date/time/location: **Monday, November 11, 2019** • Program 12:00 PM – 1:15 PM (ET) • **WEBINAR**

Training objectives: As a result of this training, participants will be prepared to:

- Gain information about why traditional parenting methods don't work and can be harmful.
- Identify ways to provide a high structure, high nurture household with limits and boundaries.
- Explore the use of natural and logical consequences.

Description: The last webinar in the series, Solutions to Challenging Behavior, will focus on specific strategies that can influence challenging behavior in helpful ways rather than the more traditional parenting methods that oftentimes do not work and can be harmful to a child with attachment trauma. We will focus on designing and implementing a home with both high structure and high nurture. The webinar will explain in detail what it means to set limits and boundaries and how to do so. We will discuss how to use consequences that have the ability to teach children instead of simply punishing.

To register for these Caregiver webinars, please complete the form on page 29.
You may mail, fax, or email your registration per the instructions included on the form.



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Caregiver Training

To ensure the best possible experience, we encourage you to review system requirements available at support.zoom.us/hc/en-us/articles/201362023-System-Requirements-for-PC-and-Mac. It is recommended that you are hard wired to an Internet connection for the best connection. If you would like to view the webinar on a mobile device, download the free Zoom App.

3 EASY WAYS TO REGISTER FOR CAREGIVER TRAINING

SIGN UP NOW!

Seating is limited
for all classes.



Fax

Complete this form and fax to **(517) 353-2599**.



Email

Complete this form and email it to **swkce@msu.edu**.



Mail

Complete this form and mail to:
MSU–Social Work Continuing Education
Baker Hall
655 Auditorium Road, Room 2
East Lansing, MI 48824



Satisfaction guaranteed!

Ryan Hasselbach is your CE
customer service specialist.

517-353-3060

MAIL/EMAIL/FAX REGISTRATION CHECKLIST:

- ☐ Fill in name, address, email, and accommodations request below.
- ☐ Select classes:
Rearing Resilience: Strategies for Parenting Children with Attachment Trauma:
 - ☐ October 28, 2019: **Part 1: Trauma and the Brain** #224-19
 - ☐ November 4, 2019: **Part 2: Creating Connections** #226-19
 - ☐ November 11, 2019: **Part 3: Solutions to Challenging Behavior** #228-19
- ☐ Submit this form by mail, email, or fax listed above.

Confirmations, including directions will be sent via email only, one week prior to the event for which you have registered.

PLEASE PRINT CLEARLY

Name: _____

Home address: _____

City: _____ State: _____ Zip: _____

Daytime phone: _____ Email: _____



Accommodations: _____

☐ Please check if your information has changed since your last registration with us!

Calendar of trainings

MONTH	TRAINING TITLE	DATE and TIME	LOCATION	HOSTING UNIVERSITY	PAGE
September 2019	Understanding and Addressing the Unique Challenges for LGBTQ+ Youth in Foster Care	Wednesday, September 25 1:00 PM – 4:15 PM	University Center Big Rapids	Ferris State University	7
October 2019	Understanding Transracial Adoption	Wednesday, October 2 12:00 PM – 1:15 PM (ET)	WEBINAR	Michigan State University	18
	Making the Case for Retention-Focused Management	Thursday, October 3 12:00 PM – 1:15 PM (ET)	WEBINAR	Michigan State University	26
	Higher Education Supports for Youth with Experience in Foster Care	Thursday, October 3 9:00 AM – 12:15 PM	U-M School of Social Work Ann Arbor	University of Michigan	15
	Children of Trauma: Foundations for Understanding Body Brain Connections	Friday, October 4 8:45 AM – 12:00 PM	GVSU Pew Campus Grand Rapids	Grand Valley State University	8
	Beauty and the Beast: Understanding Transitional Planning When Working with Youth in Residential	Friday, October 4 12:00 PM – 1:15 PM (ET)	WEBINAR	Michigan State University	18
	Interdisciplinary Collaboration for Permanency	Friday, October 18 9:00 AM – 12:15 PM	Holiday Inn Gateway Centre, Flint	Michigan State University	10
	Giving a Voice to the Voiceless	Friday, October 25 9:00 AM – 12:15 PM	Grand Traverse County DHHS Traverse City	Spring Arbor University	13
	Watch Out! It's Coming: Secondary Trauma and What to Do About It	Friday, October 25 1:30 PM – 4:45 PM	Grand Traverse County DHHS Traverse City	Spring Arbor University	13
	Rearing Resilience: Strategies for Parenting Children with Attachment Trauma • Part 1: Trauma and the Brain	Monday, October 28 12:00 PM – 1:15 PM (ET)	WEBINAR	Michigan State University	28
	Perinatal Mood and Anxiety Disorders: What Every Care Provider Must Know	Wednesday, October 30 12:00 PM – 1:15 PM (ET)	WEBINAR	Michigan State University	18
November 2019	Engaging Diversity and Difference: Creating a Sense of Belonging for Multicultural Children in the Child Welfare System	Friday, November 1 8:30 AM – 11:45 AM	WMU College of Health & Human Services, Kalamazoo	Western Michigan University	16
	Rearing Resilience: Strategies for Parenting Children with Attachment Trauma • Part 2: Creating Connections	Monday, November 4 12:00 PM – 1:15 PM (ET)	WEBINAR	Michigan State University	28
	Special Education: Considerations for Child Welfare	Tuesday, November 5 12:00 PM – 1:15 PM (ET)	WEBINAR	Michigan State University	19
	Rearing Resilience: Strategies for Parenting Children with Attachment Trauma • Part 3: Solutions to Challenging Behavior	Monday, November 11 12:00 PM – 1:15 PM (ET)	WEBINAR	Michigan State University	28
	The Opioid Crisis in Michigan	Wednesday, November 13 12:00 PM – 1:15 PM (ET)	WEBINAR	Michigan State University	19
	Fostering Recovery with Clients Struggling with Substance Use	Thursday, November 14 9:00 AM – 12:15 PM	Great Wolf Lodge Traverse City	Michigan State University	10
	Recruitment and Retention of Resource Families: A Customer Service Approach	Friday, November 15 9:00 AM – 12:15 PM	Washtenaw Intermediate School District, Ann Arbor	Michigan State University	11
	Addressing Suicide: A Culturally Responsive Approach to Prevention and Intervention	Friday, November 15 9:00 AM – 12:15 PM	U-M School of Social Work Ann Arbor	University of Michigan	15
	Suicide Prevention Among Youth Involved in the Child Welfare System	Friday, November 15 8:45 AM – 12:00 PM	WMU College of Health & Human Services, Kalamazoo	Western Michigan University	16

Calendar of trainings

MONTH	TRAINING TITLE	DATE and TIME	LOCATION	HOSTING UNIVERSITY	PAGE
November 2019 continued	Rethinking Staff Engagement: What Supervisors Need to Know to Retain Their Staff	Friday, November 15 9:00 AM - 12:15 PM	The MTG Space Lansing	Michigan State University	26
	Trauma and Crisis Management	Friday, November 22 9:00 AM - 12:15 PM	Andrews University Chan Shun Hall Berrien Springs	Andrews University	5
December 2019	Best Practices for Domestic Violence Offenders	Thursday, December 5 9:00 AM - 12:15 PM	The MTG Space Lansing	Michigan State University	11
	Understanding Children's Grief	Thursday, December 5 12:00 PM - 1:00 PM (ET)	WEBINAR	Michigan State University	20
	Human Trafficking and Child Welfare Youth: Vulnerabilities, Luring, and Trauma	Friday, December 6 9:00 AM - 4:00 PM	EMU Halle Library Ypsilanti	Eastern Michigan University	6
	Trauma-Informed Foster Care	Tuesday, December 10 12:00 PM - 1:00 PM (ET)	WEBINAR	Michigan State University	20
	Educational Supports for Youth in Care	Wednesday, December 18 9:00 AM - 12:15 PM	Ferris State University Big Rapids	Ferris State University	7
January 2020	Addressing Trauma, Grief and Loss in Children and Youth	Tuesday, January 7 1:00 PM - 4:15 PM	Spring Arbor University Lansing	Spring Arbor University	14
	Examining White Fragility Through the Lens of Racial Battle Fatigue	Friday, January 10 8:45 AM - 12:00 PM	GVSU Pew Campus Grand Rapids	Grand Valley State University	8
	Working within Michigan's Family Division Court System	Wednesday, January 22 12:00 PM - 1:00 PM (ET)	WEBINAR	Michigan State University	20
	Trauma and Substance Use: Toward a Trauma-Informed Recovery Model for Substance Use Disorders	Thursday, January 23 12:00 PM - 1:00 PM (ET)	WEBINAR	Michigan State University	21
February 2020	The Case for Committing to Inclusive Practices in Child Welfare	Thursday, February 6 12:00 PM - 1:00 PM (ET)	WEBINAR	Michigan State University	21
	High School to Post-Secondary Education for At-Risk Students	Friday, February 7 9:00 AM - 4:00 PM	EMU Halle Library Ypsilanti	Eastern Michigan University	6
	Essential Strategies for Effective Trauma-Informed Supervision in Child Welfare	Friday, February 7 8:45 AM - 12:00 PM	GVSU Pew Campus Grand Rapids	Grand Valley State University	9
	The Power of Pride: Tools for Supporting Families of Children with Disabilities	Friday, February 7 9:00 AM - 12:15 PM	Holiday Inn Gateway Centre, Flint	Michigan State University	12
	Stages and Levels of Cross-Cultural Competence Development: From Theory to Application	Tuesday, February 11 3:00 PM - 6:15 PM	WMU College of Health & Human Services, Kalamazoo	Western Michigan University	17
	Principles of Supervision with a Mobile Workforce	Wednesday, February 12 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	27



Additional trainings
and exciting new
topics coming
in spring 2020



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Continuing Education
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Baker Hall
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