

SUPPORTED BY



# 2019 Child Welfare In-Service Training

for the  
Michigan Department of Health and Human Services  
and MDHHS-Contracted Private Agencies

Delivered by  
Michigan Graduate Schools of Social Work

OFFERING SOCIAL WORK CONTINUING EDUCATION CREDIT HOURS



School of Social Work  
MICHIGAN STATE UNIVERSITY



*ALL trainings  
in this catalog  
are approved  
by the MDHHS for  
in-service  
training hours*

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## Schools of Social Work

Andrews University  
Eastern Michigan University  
Ferris State University  
Grand Valley State University  
Michigan State University  
Spring Arbor University  
University of Michigan  
Western Michigan University

# Introduction

**W**orking effectively as a child welfare worker or supervisor can be challenging. Keeping families safely together, reuniting families, or supporting new loving families requires a well-trained child welfare workforce. A professional needs to have extensive knowledge about child development, family dynamics, culture and community, trauma, evidence-based or promising approaches to helping children and families, and so much more. In addition to knowledge, multiple skills are required to assure child safety, promote permanency planning, and support the well-being of children and families. Gaining this knowledge and skills requires both initial professional education and training as well as an ongoing commitment to learning and improving. This is important work as child welfare professionals have the opportunity to save and transform lives by significantly helping children and families.

That is why we are pleased to present this in-service training catalog—the product of a dynamic partnership among eight Michigan schools of social work with MSW programs and the Michigan Department of Health and Human Services (MDHHS). We appreciate the commitment and support of MDHHS Director Nick Lyon and his Children’s Services Agency leadership team: Dr. Herman McCall, Stacie Bladen, and Doug York. A special thanks to training team leaders Stacie Gibson, Laura Schneider, and Kimberly Reese for their partnership.

Each training is supported by a school of social work. Questions about individual trainings should be directed to the sponsoring school. With the support of MDHHS, we are able to offer these sessions free of charge for child welfare workers and supervisors. Multiple human service and educational professionals who also serve the families involved with the child welfare system may find the trainings of interest; many of the training topics will have applicability beyond child welfare practice. Each training is or will be approved for social work continuing education credit hours.

Thank you for your interest and support.

Sincerely,

Gary R. Anderson, PhD, LMSW, Professor  
Kadi M. Prout, LMSW, In-Service Project Coordinator  
MSU School of Social Work

**“Child welfare isn’t rocket science. It is harder.”**

—David Liederman, former director of the  
Child Welfare League of America

These child welfare trainings are offered **FREE OF CHARGE** for MDHHS child welfare workers and supervisors and MDHHS-contracted private agencies’ child welfare workers and supervisors on a **FIRST COME, FIRST SERVE BASIS.**

◆ ◆ ◆ ◆ ◆  
**REGISTRATION** for each training will close once the 35-person capacity has been reached.

If you register and know in advance you cannot attend, you must contact the university so your slot can be offered to another individual.

◆ ◆ ◆ ◆ ◆  
This Child Welfare In-Service Training initiative was made possible through a grant from the Michigan Department of Health and Human Services.

# FAQs

**1 As a child welfare worker or supervisor, how many in-service training hours do I need to complete?** All public and private child welfare staff are required to complete 32 hours of in-service training each calendar year (January through December). This includes caseload carrying and other child welfare staff with specialized and supportive positions to CPS, foster care, and adoption. Additionally, child welfare supervisors are required to obtain 16 hours of in-service training each fiscal year.

**2 How do I record these in-service training hours to show that I am meeting this requirement?** Add the training to the Department of Health and Human Services (MDHHS) Learning Management System (LMS) as external training. Your supervisor will receive an email to approve it to be added to your transcript.

**3 I see that each training in this catalog has a curriculum reference. What does this mean?** Child welfare workers have the opportunity to attend training each year that is based upon a curriculum developed in partnership with the MDHHS Office of Workforce Development and Training and the field. A worker should have the opportunity to sit down with her/his supervisor regularly to assess which trainings would be most beneficial and most relevant to her/his caseload so that training progress is pre-planned and helps the worker advance professionally. The LMS website includes a tool called “Create Employee Training Plan CWTI” that can assist with this effort.

**4 Do I register to attend the training with the university that is hosting the training or through the MDHHS Learning Management System (LMS)?** In order to register to attend a training, you should follow the registration instructions found in this catalog. In order to record your in-service training hours with the MDHHS Office of Workforce Development and Training, please follow the directions found in FAQ 2.

**5 Is it true, I can attend any in-service training listed in this catalog for FREE?!** Yes! The child welfare in-service trainings provided through this collaborative effort are FREE OF CHARGE for child welfare workers and supervisors—both MDHHS and contracted private agencies—on a first come, first serve basis. These trainings are eligible for social work continuing education credit hours, too! Happy training!

In addition to the in-person training listed in this catalog,  
webinars are offered through Michigan State University.

See pages 24-27.



School of Social Work  
MICHIGAN STATE UNIVERSITY

## Providing Support to Families Struggling with Addiction

**Curriculum:** Substance abuse: Sharpening assessment skills and how to recognize signs/symptoms

**Date/time:** Friday, March 8, 2019 • 9:00 AM – 12:15 PM

**Location:** Andrews University, Chan Shun Hall, Whirlpool Room  
4185 E. Campus Circle Drive, Berrien Springs, MI 49104

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all MDHHS and private agency child welfare workers;  
\$45 all others; \$15 for students

**Presenter:** Panankosi Mbnjwa, LMSW, CAADC



**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Understand addiction and its far reaching "tentacles" that impact the lives of the IPs (identified patient), the families, and other supports; misconceptions relating to the IP's addiction; and the principles of successful recovery.
- Understand the details regarding the treatment program, including MAT (Medication Assisted Treatment), how to empower the family, and supports for positive engagement in the recovery journey.
- Understand research evidence of successful recovery bolstered by the involvement of families and friends in the recovery process.

**Description:** Addiction is extremely intrusive and vulgar in its presentation. The IP's behavior can be repulsive, criminal, and immoral, to name but a few. These changes in the life of the IP/s renders families helpless and sometimes hopeless in addressing the sensitive problems brought on by the addiction. This training will define and describe what addiction is and will unmask its far reaching "tentacles." The presentation will attempt to provide clarity regarding the misconceptions regarding the IP's addiction for the purpose of promoting successful recovery. The training will introduce the audience to the details of an evidence-based treatment program, information on how the brain is impacted by addiction including MAT, will include evidence of programs supporting families struggling with addiction, and will empower the family and supports for positive engagement in the recovery journey. The training will also attempt to clarify the specific role of families and other supports in the recovery process. This training will include a group exercise to illustrate the importance of a good support system and its impact in curbing the advances of the addiction and games that enhance the learning process. A summary of research findings, statistics, and facts that provide evidence of successful recovery because of the involvement of family and friends in the recovery process will be included in the presentation. All material will be presented via PowerPoint. This training will utilize exercises, games, large group discussion, and visual displays.

**How to register:** Use the registration form at [www.andrews.edu/cas/socialwork/continuing](http://www.andrews.edu/cas/socialwork/continuing).  
Download the form, scan, and email it to [swceu@andrews.edu](mailto:swceu@andrews.edu).

**Contact:** Shelley Kennedy

**Email:** [swceu@andrews.edu](mailto:swceu@andrews.edu)

**Phone:** 269-471-6196

**Website:** [www.andrews.edu/socialwork](http://www.andrews.edu/socialwork)

## Understanding Emotional and Mental Health in Adolescents: Is It Just a Phase or a Serious Problem?

**Curriculum:** Mental and behavioral health: Understanding emotional and mental health concerns of youth

**Date/time:** Friday, April 5, 2019 • 9:00 AM – 12:15 PM  
**Location:** Andrews University, Chan Shun Hall, Whirlpool Room  
 4185 E. Campus Circle Drive, Berrien Springs, MI 49104



**Social Work CECHs:** 3 hours • Approval pending  
**Cost:** Free to all MDHHS and private agency child welfare workers;  
 \$45 all others; \$15 for students  
**Presenter:** **Kendell Casey, LMSW**

**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Understand that behavior is communication; understand the relationship between behaviors and emotional and mental health in youth and how behavior can inform us when something is wrong.
- Understand the differences between intentional misbehavior and behavior as a stress response and evidence-based interventions to address emotional and mental health concerns.
- Understand risks and protective factors affecting emotional and mental health well-being in youth and ways to build resiliency.

**Description:** This training will focus on adolescents with behaviors that are disruptive in multiple domains, potentially disrupting home or foster care placements and often leading to involvement in the juvenile justice system. Behavior in youth is communication, and misbehavior is not always willful. Learning what their behavior is telling us about their emotional well-being and mental health can help us to respond more effectively with the most appropriate intervention. Attendees will learn risks and protective factors influencing emotional and mental health along with strategies to respond effectively to build resiliency. This training will utilize exercises, small and large group discussions, and visual displays.

## Navigating the World of Special Education

**Curriculum:** Education issues: Navigating the special education system for children with disabilities

**Date/time:** Friday, May 10, 2019 • 9:00 AM – 12:15 PM  
**Location:** Andrews University, Chan Shun Hall, Whirlpool Room  
 4185 E. Campus Circle Drive, Berrien Springs, MI 49104

**Social Work CECHs:** 3 hours • Approval pending  
**Cost:** Free to all MDHHS and private agency child welfare workers;  
 \$45 all others; \$15 for students  
**Presenters:** **Beth Helm, EdS, BA**  
**Kathryn R. Hickok, BCBA, MEd, MS**



**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Understand the legal and historical role of special education as part of a student's legal right to free and appropriate public education.
- Understand the processes of referral, evaluation, IEP development and review, appropriate instruction, and progress monitoring.
- Demonstrate a basic understanding of special education eligibility areas and potential needs and interventions for each area.

**Description:** This training will provide an overview of special education and its processes, including suspicion of a disability, requesting evaluation, the evaluation process, eligibility determination, creating an IEP, appropriate services and/or placement, progress monitoring, and reviewing and revising the IEP. Special focus will be given to the area of autism and the role of sensory integration and other intervention techniques. This training will utilize exercises, small group discussion, and visual displays.

## The Grief Journey

**Curriculum:** Trauma and crisis management: Trauma, grief, and loss

**Date/time:** Friday, July 12, 2019 • 9:00 AM – 12:15 PM  
**Location:** Lory's Place, 445 Upton Drive, St. Joseph, MI 49085

**Social Work CECHs:** 3 hours • Approval pending  
**Cost:** Free to all MDHHS and private agency child welfare workers;  
 \$45 all others; \$15 for students

**Presenters:** **Ron Frank, LMSW**  
**Stephanie Kohler, BA**



**Intermediate skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Understand grief in children and apply age-appropriate tools/interventions to encourage healthy mourning.
- Understand grief in adults and utilize important tools/interventions to encourage healthy mourning.
- Understand good self-care tools while grieving and supporting others in their grief.

**Description:** Lory's Place and Caring Circle bereavement teams will present information on grief and mourning in children, adults, and professional caregivers. There will be an emphasis on the importance of mourning well and supporting others on their grief journeys through suggested interventions and tools. Supporting materials from the work of Dr. Alan Wolfelt, an expert in the area of bereavement, will be provided. Participants will engage in role playing, large group discussions, as well as hands-on activities.

## How to Support LGBT+ Children in Child Welfare

**Curriculum:** Cultural humility/cultural competence: Supporting LGBTQ youth

**Date/time:** Friday, August 2, 2019 • 9:00 AM – 12:15 PM  
**Location:** Andrews University, Randal Student Lounge  
 8488 East Campus Circle Drive, Berrien Springs, MI 49104

**Social Work CECHs:** 3 hours • Approval pending  
**Cost:** Free to all MDHHS and private agency child welfare workers;  
 \$45 all others; \$15 for students

**Presenter:** **Shannon Trecartin, PhD, LMSW**



**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Understand the common experiences of LGBT+ children in child welfare settings.
- Understand the mental health and social health needs of LGBT+ children in child welfare.
- Utilize approaches to help prepare foster families to support LGBT+ children in child welfare.

**Description:** The purpose of this training is to teach attendees about the unique experiences and needs of children who are LGBT+, to identify the common mental and social health risks of this population, and to provide social workers with tools to help families better serve these children. We will discuss teen homelessness, suicidality, and substance use. In addition, we will explore resources to prepare families to support these children. This training will utilize role playing, small and large group discussions, and visual displays.

## I Love My Job! Addressing Vicarious Trauma Through a Culture and Climate Shift

**Curriculum:** Secondary trauma

**Date/time:** Friday, March 29, 2019 • 9:00 AM – 12:15 PM

**Location:** EMU, Halle Library, Room 300, 955 W. Circle Drive, Ypsilanti, MI 48197

**Social Work CECHs:** 3 hours

**Cost:** Free to all MDHHS and private agency child welfare workers; \$50 all others

**Presenter:** Tana Bridge, PhD, LMSW, ACTP, CCFP



**Intermediate skill level**

**Focus is on supervisors and administrators.**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Identify risk factors for vicarious trauma.
- Explore symptoms and impact of vicarious trauma on workers/clients/agency (including retention).
- Identify management/supervisor opportunities to decrease vicarious trauma impact and improve work culture and climate.
- Expand on opportunities for self-care for workers, supervisors, and administrators.

**Description:** Child welfare professionals are at increased risk for vicarious trauma, yet the impact of exposures is often not recognized or known to the professional or agency. In this training, participants will gain understanding of the symptoms of vicarious trauma and its impact on the professional, agency, and client. Further, participants will learn critical opportunities to improve agency culture and climate as well as safeguard staff (and self!) from a prevention and post-exposure perspective. This training will utilize exercises, large group discussion, and visual displays.

## Identifying and Working with Human Trafficking Survivors

**Curriculum:** Trauma and crisis management

**Date/time:** Friday, April 26, 2019 • 9:00 AM – 12:15 PM

**Location:** EMU, Halle Library, Room 300, 955 W. Circle Drive, Ypsilanti, MI 48197

**Social Work CECHs:** 3 hours

**Cost:** Free to all MDHHS and private agency child welfare workers; \$50 all others

**Presenter:** David Manville, LMSW, ACSW



**Intermediate skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Understand the reach of modern day slavery in their own communities.
- Correctly identify hidden victims of trafficking as well as those visible but not seen.
- Describe and understand the interconnection between child welfare and human trafficking.

**Description:** Human trafficking cuts across all avenues of race, gender, and cultures. Too often, the victims of trafficking are treated as criminals rather than as victims who have been exploited. This training's main focus is on victims of rape trafficking, especially as it focuses on young people. Victims of all arenas of trafficking suffer acute PTSD due to the sexual, physical, and psychological trauma endured through their victimization. Some social workers deal with victims without realizing that these folks are being exploited. Discussion topics will not only touch on those in care but pre-care and aftercare. This training will utilize large group discussion and visual displays.

## Navigating the Special Education System

**Curriculum:** Education issues

**Date/time:** Friday, May 17, 2019 • 9:00 AM – 12:15 PM

**Location:** EMU, Halle Library, Room 300, 955 W. Circle Drive, Ypsilanti, MI 48197

**Social Work CECHs:** 3 hours

**Cost:** Free to all MDHHS and private agency child welfare workers; \$50 all others

**Presenter:** Sarah VanZoeren, PhD, LMSW



**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Identify and discuss the special education laws and policies that inform service delivery in schools in Michigan.
- Apply strategies for navigating the special education system.
- Identify resources in Michigan related to special education, including organizations that support students' rights.

**Description:** This training will be a hands-on learning opportunity for participants with information related to special education in Michigan. A variety of topics will be explored, including federal and state laws and policies related to special education services and delivery, strategies for navigating the special education system, and resources for supporting students receiving special education services. This training will utilize exercises, small and large group discussion, and visual displays.

**How to register:** Visit <https://www.emich.edu/chhs/sw>

**Contact:** Colleen O'Brien

**Phone:** 734-487-0367

**Email:** [emu\\_socialworkce@emich.edu](mailto:emu_socialworkce@emich.edu)

## Secondary Traumatic Stress: Combating Burnout and Managing Stress

**Curriculum:** Secondary trauma

**Date/time:** Wednesday, March 13, 2019 • 9:00 AM – 12:15 PM

**Location:** University Center, 2200 Dendrinos Drive, Traverse City, MI 49684

**Social Work CECHs:** 3 hours

**Cost:** Free to all MDHHS and private agency child welfare workers; \$50 all others

**Presenter:** Joanie Hazelton, LMSW



**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Recognize the symptoms and characteristics of secondary traumatic stress (STS).
- Identify the impact STS has on child welfare staff and what agencies can do to support staff.
- Develop concrete strategies to prevent and address STS in order to avoid burnout.

**Description:** This training is designed to help Children's Protective Services, foster care, and adoption workers to learn about the symptoms and characteristics of secondary trauma. Due to the nature of child welfare, staff frequently struggle with the effects of secondary trauma, which if left unaddressed can lead to burnout or compassion fatigue. Learn about the symptoms and characteristics of secondary traumatic stress and its impact on child welfare workers and develop concrete self-care strategies to prevent compassion fatigue. This training will utilize exercises, small and large group discussion, and visual displays.

## The Impact of Trauma: A Trauma Focused Approach

**Curriculum:** Trauma and crisis management

**Date/time:** Thursday, May 16, 2019 • 9:00 AM – 12:15 PM

**Location:** Ferris State University, 1414 Family Drive, Big Rapids, MI 49307

**Social Work CECHs:** 3 hours

**Cost:** Free to all MDHHS and private agency child welfare workers; \$50 all others

**Presenter:** Erin Johnson, LMSW



**Intermediate skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Describe the impacts of trauma on children.
- Describe how the brain responds to trauma.
- Describe how to safety plan to reduce future harm.

**Description:** This training will provide CPS, foster care, and adoption workers a general understanding of the impacts of trauma on children. Due to the nature of child welfare, workers often come into contact with youth and parents who have experienced trauma and complex trauma. Learn more about how the brain responds to traumatic events, its implications on children and their development, and how to safety plan to reduce future harm. This interactive training will utilize exercises, games, small and large group discussion, and visual displays.

## Intimate Partner Violence: Developing Risk Assessment and Intervention Skills

**Curriculum:** Trauma and crisis management

**Date/time:** Thursday, May 16, 2019 • 1:00 PM – 4:15 PM

**Location:** Ferris State University, 1414 Family Drive, Big Rapids, MI 49307

**Social Work CECHs:** 3 hours

**Cost:** Free to all MDHHS and private agency child welfare workers; \$50 all others

**Presenter:** Kathryn Woods, PhD, MSW, MPA



**Intermediate skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Recognize ways that domestic violence impacts children and adults.
- Understand ways in which witnessing violence impacts children.
- Apply creative individual and systemic interventions.

**Description:** This training will use a social justice lens to explore the phenomenon of intimate partner violence. The purpose of the training is to develop an understanding of the dynamics and complexities of intimate partner violence and to dispel myths and stereotypes that have worked to limit the availability and access to resources that are needed to combat the problem. The training will discuss trauma and the impact of experiencing and witnessing trauma for children and adults. Using an experiential, skill-based simulation, the training will also develop the requisite set of skills so that child protection, foster, and adoption caseworkers may implement meaningful and effective interventions. By looking at a combination of individual and societal factors that contribute to the prevalence of intimate partner violence, participants will be challenged to develop creative, systemic interventions. In addition, participants will learn factors that influence risk assessment and will be able to implement a risk assessment model. This training will utilize exercises, small and large group discussion, and visual displays.

## Educational Issues with Youth in Care

**Curriculum:** Education issues

**Date/time:** Tuesday, May 21, 2019 • 9:00 AM – 12:15 PM

**Location:** Ferris State University, 1414 Family Drive, Big Rapids, MI 49307

**Social Work CECHs:** 3 hours

**Cost:** Free to all MDHHS and private agency child welfare workers; \$50 all others

**Presenter:** Erin Johnson, LMSW



**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Understand the special education system.
- Understand the rights of foster youth and foster parents regarding special education and homelessness.
- Understand the evaluation process for special education.

**Description:** This training will provide CPS, foster care, and adoption workers a general understanding of the education system, particularly regarding special education and homelessness with foster youth. This training will explore applicable laws surrounding special education, individualized education plans (IEPs), the IEP evaluation process, and biological parent, foster youth, and foster parent rights. Additionally, information regarding the rights of homeless students will be presented, along with the *McKinney-Vento Act*. Attendees will leave the training with a better understanding of the education system, especially with regard to special education and supports for homeless youth. This interactive training will include small and large group discussion, varying exercises, and a visual presentation.

## Taking Care of Yourself: Identifying and Intervening in Secondary Trauma

**Curriculum:** Secondary trauma

**Date/time:** Thursday, September 5, 2019 • 1:00 PM – 4:15 PM

**Location:** Ferris State University, 1414 Family Drive, Big Rapids, MI 49307

**Social Work CECHs:** 3 hours

**Cost:** Free to all MDHHS and private agency child welfare workers; \$50 all others

**Presenter:** Kathryn Woods, PhD, MSW, MPA



**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Recognize symptoms of secondary trauma in self and others.
- Identify aspects of neuroscience related to secondary trauma and ways trauma is held in the body.
- Develop creative intervention strategies.

**Description:** When we experience secondary trauma, it impacts multiple aspects of our lives. This training will focus on identifying those impacts and learning how we hold trauma in our bodies. By focusing on neuroscience and the ways the brain processes trauma, we can develop creative intervention strategies for ourselves and our colleagues. This training will utilize small and large group discussion and visual displays.

**How to register:** Contact Janitza Sawyer-Ocasio

**Contact:** Janitza Sawyer-Ocasio

**Phone:** 231-591-2737

**Email:** JanitzaSawyer-Ocasio@ferris.edu

**Website:** www.ferris.edu/socialwork

Wendy Samuels, MSW, PhD

Social Work Program Director and Department Chair

ASC 2108

820 Campus Dr.

Big Rapids MI 49307

231-591-5896

## Working with Medically Fragile Foster Children and Their Caregivers

**Curriculum:** Mental and behavioral health:  
Health and wellness needs of youth in foster care

**Date/time:** Friday, March 1, 2019 • 8:45 AM – 12:00 PM

**Location:** GVSU Pew Campus, Bicycle Factory  
201 Front Avenue SW, Grand Rapids, MI 49504

**Social Work CECHs:** 3 hours • Approval #MICEC-0004

**Cost:** Free to all MDHHS and private agency child welfare workers; \$49 all others

**Presenter:** Amy Bailey, LMSW



Intermediate and advanced skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Build a child-specific plan about the unique needs of the child and advocate for those needs to be met in all settings (physician/specialist offices, courtrooms, schools, etc.).
- Best support and educate the medically fragile child's caregivers.
- Engage in thought-provoking discussion of permanency planning for medically complex children, including those with limited life expectancy.

**Description:** Medically fragile foster children are a significantly vulnerable population requiring specialized interventions in order to ensure their safety and well-being. This training will provide participants information on how to best serve children who have significant and complex medical needs. Topics will include how to create individualized treatment plans for the children and caregivers, educational and medical advocacy, available services, and permanency planning. This training will utilize small and large group discussions and visual displays.

**How to register:** Visit [www.gvsu.edu/swce](http://www.gvsu.edu/swce)

**Contact:** Leslie Bateman

**Phone:** 616-331-7180

**Email:** [socialworkce@gvsu.edu](mailto:socialworkce@gvsu.edu)

## Effects of Parental Mental Health on Child Growth and Development

**Curriculum:** Mental and behavioral health: Understanding the emotional and mental health concerns of youth

**Date/time:** Friday, April 26, 2019 • 8:45 AM – 12:00 PM

**Location:** GVSU Pew Campus, Bicycle Factory  
201 Front Avenue SW, Grand Rapids, MI 49504

**Social Work CECHs:** 3 hours • Approval #MICEC-0004

**Cost:** Free to all MDHHS and private agency child welfare workers; \$49 all others

**Presenter:** Marguerite Morgan, PhD, LMSW, CAADC, IMH-E (II)



**Beginning and intermediate skill levels**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Recognize three to five mental health diagnoses prevalent in parents that adversely affect child growth and development.
- List the adverse childhood experiences (ACEs) associated with parental mental health (SUDs included).
- Describe the adverse effects that parental mental health has on the parent-child attachment relationship.
- Identify eight to ten symptoms\ behaviors displayed by children being raised by parents struggling with mental illness\SUD.

**Description:** Parental mental illness has been shown to adversely affect attachment formation and the cognitive, emotional, social, and behavioral development of children. These children are at an increased risk of developing a psychiatric disorder in childhood, adolescence, and later adult life. In view of the potential impact of parental mental illness, prevention, and intervention at an early stage are of great importance. Participants will be able to recognize, describe, and identify the adverse effects of parental mental health on child growth and development, in hopes of providing preventive interventions to reduce these negative effects. This training will utilize small and large group discussion and visual displays.

## Mindfulness and Self-compassion: Tools for Self-care

**Curriculum:** Secondary trauma: Self-care for workers

**Date/time:** Thursday, June 13, 2019 • 8:45 AM – 12:00 PM

**Location:** GVSU Pew Campus, Bicycle Factory  
201 Front Avenue SW, Grand Rapids, MI 49504

**Social Work CECHs:** 3 hours • Approval #MICEC-0004

**Cost:** Free to all MDHHS and private agency child welfare workers; \$49 all others

**Presenter:** April Kaiserlian, LMSW



**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Define and practice mindfulness.
- Define and practice self-compassion.
- Care for painful emotions as well as pleasant emotions.

**Description:** As a person working in Children's Protective Services, foster care, or adoption, you encounter challenging and painful circumstances on a regular basis. You may find that you are often at a loss for how to meet your own difficult emotions that arise from these situations. Learn how the practices of mindfulness and self-compassion can help you meet and take care of your emotional experience so that you can continue to offer your services in a sustainable way. This training will utilize exercises and small and large group discussion.



## Intergenerational Transmission of Trauma Through Attachment and Parenting Behaviors #603-19

**Curriculum:** Mental and behavioral health: Infant mental health—importance of bonding/attachment

**Date/time:** Thursday, March 7, 2019

Registration 8:30 AM • Program 9:00 AM – 12:15 PM

**Location:** Hampton Inn by Hilton Marquette Waterfront

461 S. Lakeshore Blvd, Marquette, MI 49855

**Social Work CECHs:** 3 hours • ASWB ACE #1136 and MICEC #0001

**Cost:** Free to all MDHHS and private agency child welfare workers; all others check online for pricing, <https://socialwork.msu.edu/ceu/catalog.php>

**Presenter:** Tina Blaschke-Thompson, LMSW



**Beginning and intermediate skill levels**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, you will be prepared to:

- Understand secure and insecure attachment styles and how these styles are formed.
- Understand the intergenerational nature of attachment styles and the role parental trauma histories play.
- Understand intervention strategies of the Infant Mental Health model and how they can address the intergenerational transmission of trauma.

**Description:** Many parents raise their children the same way their parents raised them. These parenting behaviors can be passed down from one generation to the next, impacting the type of attachment that is formed. In this training, participants will learn about the attachment process, the role parental trauma histories play in this process, and intervention strategies based on the Infant Mental Health model to help parents create a new cycle of secure and healthy attachment for generations to come. This training will utilize role playing, exercises, small and large group discussion, and visual displays.

## Is That Your Real Mom? Helping Children Navigate Racial and Cultural Issues in Cross Cultural Placements #604-19

**Curriculum:** Cultural humility/cultural competence: Race equity and systemic racism

**Date/time:** Friday, April 5, 2019 • Registration 8:30 AM • Program 9:00 AM – 12:15 PM

**Location:** The MTG Space, 4039 Legacy Parkway, Lansing, MI 48911

**Social Work CECHs:** 3 hours • ASWB ACE #1136 and MICEC #0001

**Cost:** Free to all MDHHS and private agency child welfare workers; all others check online for pricing, <https://socialwork.msu.edu/ceu/catalog.php>

**Presenters:** Kathy Yates, BSW, ACBSW  
Sacha Armstrong, BA



**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, you will be prepared to:

- List three characteristics that delineate the differences between "race" and culture.
- Describe how "race" and culture impact a child's identity formation and self-esteem.
- Explain with at least two examples how "race" and culture impact children and families involved in multi-cultural relationships.

**Description:** This training will explore the concepts of "race" and culture, their historical significance in the U.S., and how they impact a child's identity formation and self-esteem. Children placed in cross-cultural relationships through the child welfare system need the support of child welfare workers and parents in navigating prejudice, discrimination, and differing cultural practices. This training will focus on identifying the impact of cross-cultural placements and how to assist children and their families in coping with these issues. This training will utilize role playing, exercises, games, small and large group discussion, and visual displays.



## Understanding Adverse Childhood Experiences (ACEs): Neuroscience, ACEs, and Resilience #605-19

**Curriculum:** Trauma and crisis management: Effects of abuse and neglect on children

**Date/time:** Friday, May 31, 2019 • Registration 12:30 PM • Program 1:00 PM – 4:15 PM

**Location:** Albert & Woods Professional Development & Business Center  
1 Germania Platz, Saginaw, MI 48602

**Social Work CECHs:** 3 hours • ASWB ACE #1136 and MICEC #0001

**Cost:** Free to all MDHHS and private agency child welfare workers;  
all others check online for pricing,  
<https://socialwork.msu.edu/ceu/catalog.php>

**Presenters:** Wardene Bonds Talley, MA



**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, you will be prepared to:

- Understand the basic biological foundation of ACEs.
- Explain key elements of the ACE score.
- Identify the three core protective systems.
- Identify personal action steps.

**Description:** The ACE Study confirms, with scientific evidence, that adversity early in life increases physical, mental, and behavioral problems later in life. As we align a portion of our work around a common goal of preventing the accumulation of ACEs and moderating their effects, we have a unique opportunity to shift the future of public health and improving outcomes for those we serve! Join us in learning about the ACE Study and the impact on yourself, your work, and the community. This training will utilize role playing, exercises, small and large group discussion, and visual displays.



**How to register for in-person training:** Online at <https://socialwork.msu.edu/CE/>

**Contact:** Ryan Hasslebach

**Phone:** 517-353-3060

**Email:** [swkce@msu.edu](mailto:swkce@msu.edu)

**For more information, visit [socialwork.msu.edu/ce](https://socialwork.msu.edu/ce)**

Michigan State University School of Social Work, provider #1136, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) [www.aswb.org](http://www.aswb.org) through the Approved Continuing Education (ACE) Program. Michigan State University School of Social Work maintains responsibility for the program. ASWB Approval Period: 6/14/2016 – 6/14/2019. Social workers should contact their regulatory board to determine course approval for continuing education credits.

We are also an approved provider with the Michigan Continuing Education Collaborative, provider number 0001.



## Mental Health in the Foster Home: Coaching Foster Parents in Suicide Prevention #606-19

**Curriculum:** Mental and behavioral health: Suicide prevention and how to coach foster parents on prevention strategies

**Date/time:** Thursday, July 25, 2019

Registration 7:30 AM • Program 8:00 AM – 11:15 AM

**Location:** Great Wolf Lodge, Traverse City, MI

**Social Work CECHs:** 3 hours • ASWB ACE #1136 and MICEC #0001

**Cost:** Free to all MDHHS and private agency child welfare workers; all others check online for pricing, <https://socialwork.msu.edu/ceu/catalog.php>

**Presenter:** Jody Nelson, LMSW



**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, you will be prepared to:

- Identify risk factors of suicide.
- Recognize warning signs of suicide.
- Identify protective elements which help mitigate suicide risk.
- Summarize basic safety and crisis planning strategies for foster parents to use in the home.

**Description:** Children in foster care are at a significantly higher risk of suicidal thoughts and action than are the general population, but foster parents typically have little to no training in basic youth mental health issues, prevention, or crisis planning. In this training, you will learn strategies for coaching foster parents on issues of mental health awareness and suicide prevention. You will develop an expanded awareness of the importance of risk factors and safety planning and be better able to coach foster parents on these topics. This training will utilize role playing, exercises, games, small and large group discussion, and visual displays.

## Family Interventions and Therapy for Adolescent Substance Abuse #607-19

**Curriculum:** Substance abuse: Providing support to families struggling with addiction

**Date/time:** Thursday, July 25, 2019

Registration 12:00 PM • Program 12:30 PM – 3:45 PM

**Location:** Great Wolf Lodge, Traverse City, MI

**Social Work CECHs:** 3 hours • ASWB ACE #1136 and MICEC #0001

**Cost:** Free to all MDHHS and private agency child welfare workers; all others check online for pricing, <https://socialwork.msu.edu/ceu/catalog.php>

**Presenter:** Anthony Muller, MA, LPC, CAADC, CCS



**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, you will be prepared to:

- Verbalize Value of Family Therapy for Substance Abuse Treatment.
- Identify three common family systems issues seen in adolescent substance abuse.
- Describe key issues with negotiating confidentiality between adolescents and parents.

**Description:** Unhealthy adolescent behaviors occur due to past experiences and often have roots in family systems or family dysfunction. This training will discuss different levels of parent and family interaction in different phases of an adolescent's treatment. An emphasis will be placed on how to negotiate the disclosure of information between adolescent and parents, ideas to assess and identify parental personal issues that impact the adolescent, an overarching philosophy of adolescent substance abuse therapy, and ideas on how to present this to parents, as well as techniques for parents and adolescents to engage in productive work once a philosophy and alliance have been built between therapist, adolescent, and parent. This training will utilize role playing, exercises, games, small and large group discussion, and visual displays.

## Watch Out! It's Coming: Secondary Trauma and What to Do About It

**Curriculum:** Secondary trauma: Self-care for workers

**Date/time:** Monday, March 11, 2019 • Program 1:00 PM – 4:15 PM

**Location:** Spring Arbor University, 950 Trade Centre Way, Suite 300, Portage, MI 49002

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all MDHHS and private agency child welfare workers; \$65 all others

**Presenter:** Emily Dixon, LMSW



**Beginning and intermediate skill levels**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Define secondary trauma and trauma stewardship and understand their importance in the field of child welfare.
- Identify warning signs of secondary trauma and assess personal risk.
- Formulate a personal action plan to improve effectiveness in their field work.

**Description:** Trauma exposure is inevitable in the field of child welfare. Exposure to trauma changes people. This training will focus on the charge social workers have to ensure proper self-reflection and self-care. Participants will understand the significant impact that secondary trauma has on their perception of the world around them and on work with clients experiencing trauma. Participants will conduct a self-assessment and move toward identifying personal solutions to handling secondary trauma. This training will utilize exercises and small and large group discussions.

## How Can We Help? Addressing the Emotional and Mental Health Concerns of Children and Youth

**Curriculum:** Mental and behavioral health

**Date/time:** Monday, May 6, 2019 • Program 12:45 PM – 4:00 PM

**Location:** Spring Arbor University, 950 Trade Centre Way, Suite 300, Portage, MI 49002

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all MDHHS and private agency child welfare workers; \$65 all others

**Presenter:** Sarah Bartzen, LMSW



**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Describe the importance of attachment in child and youth development and the connection to mental health.
- Identify emotional and mental health concerns of children and youth.
- Utilize evidence-based interventions with children and youth who have emotional and/or mental health concerns and their families.

**Description:** This training will focus on the emotional and mental health concerns impacting children and youth. Understanding attachment and the role it plays in emotional and mental health development is critical when working with children, youth, and their families. In this training the connection between attachment and emotional and mental health will be described. Depending on attachment experiences, children and youth can present with varying emotional and/or mental health concerns, and these concerns will be discussed in the session. Evidence-based interventions addressing these concerns will be shared for attendees to use with their clients. This training will utilize role playing, exercises, and small and large group discussions.

**How to register:** <https://www.eventbrite.com/e/watch-out-its-coming-secondary-trauma-and-what-to-do-about-it-tickets-51654647441?aff=ebdssbdstsearch>

<https://www.eventbrite.com/e/how-can-we-help-addressing-the-emotional-and-mental-health-concerns-of-children-and-youth-tickets-51859266462?aff=ebdssbdstsearch>

**Questions:** Contact Emily Dixon, LMSW Phone: 616-558-9618

**Email:** edixon@arbor.edu

## From Infancy to Adulthood: How Early Relationships Impact Mental and Emotional Health

**Curriculum:** Mental and behavioral health

**Date/time:** Friday, May 17, 2019 • Program 9:00 AM – 12:15 PM

**Location:** Spring Arbor University, 2620 Horizon Dr. SE, Ste 200, Grand Rapids, MI 49546

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all MDHHS and private agency child welfare workers; \$65 all others

**Presenter:** Rebecca Rozema, LMSW, ACSW



**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Describe long-term impacts of secure and insecure infant attachment cycles.
- Identify three emotional and mental health needs of youth.
- Verbalize two suicide prevention strategies.

**Description:** In the field of child welfare, youth who are being served often have significant mental health and behavioral difficulties, which can be overwhelming to the youth and the families caring for them. At times these difficulties may lead youth to have thoughts of suicide. Understanding these difficulties, potential causes, and support options can help families be successful. This training is meant to help workers understand how early attachment patterns can impact individuals through their lifetime, recognize the emotional and mental health needs of youth, and identify suicide risk factors. Prevention strategies and treatment options will also be explored. This training will utilize hands-on activities, exercises, and small and large group discussions.

## How Does Trauma Affect Them? How About Me? Understanding the Effects of Trauma and Neglect on Children, Families, and Professionals

**Curriculum:** Trauma and crisis management

**Date/time:** Friday, June 7, 2019 • Program 9:00 AM – 12:15 PM

**Location:** Spring Arbor University, 950 Trade Centre Way, Suite 300, Portage, MI 49002

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all MDHHS and private agency child welfare workers; \$65 all others

**Presenter:** Rebecca Rozema, LMSW, ACSW

**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Define trauma and its effects on child development.
- Understand trauma triggers and typical responses.
- Understand the effects of secondary trauma and how to develop a self-care plan.

**Description:** In the field of child welfare, trauma, neglect, and loss are consistently present. Understanding how these experiences affect the children coming into care and their families (past and present) is important as professionals work to achieve goals of permanency. This training is meant to help workers understand the developmental effects of trauma and neglect, how this impacts children and parents, as well as how being exposed to these memories and situations affects families and professionals. The training will include hands-on activities and exercises that help the worker to understand the effects of trauma and loss, as well as develop self-care plans for themselves and the families who are impacted. A worker may encounter resistance from clients; however, there is still a strong need for partnership and engagement in order to meet common goals. This training is meant to help workers identify barriers to progress, utilize engagement techniques in aiding clients' forward movement, and focus on creating a strength-based approach to developing a team plan. This training will utilize exercises, and small and large group discussions.

**How to register:** <https://www.eventbrite.com/e/from-infancy-to-adulthood-how-early-relationships-impact-mental-and-emotional-health-tickets-51654189070?aff=ebdssbdestsearch>  
<https://www.eventbrite.com/e/how-does-trauma-affect-them-how-about-me-understanding-the-effects-of-trauma-and-neglect-on-tickets-51648865146?aff=ebdssbdestsearch>

## Emotional Pain: Navigating Suicidal Behaviors in Clinical Practice

**Curriculum:** Mental and behavioral health: Suicide prevention and how to coach foster parents on prevention strategies



**Date/time:** Friday, March 1, 2019 • Program 9:00 AM – 12:15 PM

**Location:** U-M School of Social Work, 1080 South University, Ann Arbor, MI 48109

**Social Work CECHs:** 3 hours • Approved

**Cost:** Free to all MDHHS and private agency child welfare workers; \$65 all others

**Presenter:** Abigail Eiler, LMSW

Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Identify one emotional distress scale to help assess for risks associated with suicidal ideation.
- List two reasons why we should broaden our concept of pain as it relates to suicidal ideation and behaviors.
- Identify three social work ethical principles that guide our involvement in the assessment and intervention process for patients experiencing suicidal ideation.

**Description:** Suicide is a significant public health issue. Suicide is the leading cause of death for youth and young adults ages 10–24. Many social workers engaged in clinical practice have encountered patients who have a history or current presenting issue of suicidal ideation—some with a plan and intent to die. Social workers have long been required to assess the severity of a patient's suicidal behaviors and depressive symptoms. Emotional pain is identified as a core clinical factor for understanding suicide during the assessment and intervention process (Verrocchio et. al, 2016). This training will give special attention to how cultural connectivity, attachment styles, traumatic events, and substance use impact a patient's experiences of emotional pain and influence suicidal behaviors over the lifespan. This training will utilize small and large group discussions and visual displays.

## Advancing Trauma-Informed Skills and Practices with Children

**Curriculum:** Secondary trauma: Self-care for workers

**Date/time:** Friday, April 5, 2019 • Program 9:00 AM – 12:15 PM

**Location:** U-M School of Social Work, 1080 S. University, Ann Arbor, MI 48109

**Social Work CECHs:** 3 hours • Approved

**Cost:** Free to all MDHHS and private agency CW workers; \$65 all others

**Presenters:** Hillary M. Baldwin-Steller, LMSW  
Todd Herrenkohl, PhD



Advanced skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Identify the 12 core competencies as put forth by National Child Traumatic Stress Network.
- Describe the practitioner's role in the practitioner-participant relationship, reviewing reflective factors.
- Describe the importance of engagement and self-awareness with regard to secondary trauma in self-care.

**Description:** This training will give participants the opportunity to gain advanced understanding of the skills and strategies needed to work with traumatized clients while also addressing questions about secondary trauma and self-care. Participants will examine how their clients' experiences and behaviors influence the therapeutic alliance and also trigger reactions on the part of practitioners that can interfere with client progress. Participants will travel on a macro to micro-level journey to discover what they need to better serve their clients and also help themselves by developing effective self-care strategies. The training will incorporate core concepts for understanding and treating trauma and skills of reflective, evidence-based practices. This training will utilize small group discussion and visual displays.

## Functional Engagement and Assessment of Families in the Child Welfare Context

**Curriculum:** MiTEAM principles (Teaming, Engagement, Assessment and Mentoring):  
Assessment of a family's functioning, resourcefulness, and resiliency

**Date/time:** Tuesday, June 18, 2019 • Program 1:00 PM – 4:15 PM

**Location:** U-M School of Social Work, 1080 South University, Ann Arbor, MI 48109

**Social Work CECHs:** 3 hours • Approved

**Cost:** Free to all MDHHS and private agency child welfare workers; \$65 all others

**Presenter:** Terri Gilbert, MSW



**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

*Training objectives:* As a result of this training, participants will be prepared to:

- Describe key principles of engaging families in the child welfare context and in conjunction with the MiTEAM case practice model.
- Describe family behaviors from an adaptive perspective and apply resilience concepts to families in a child welfare context.
- Apply family engagement and exploration skills.

*Description:* This training will focus on methods of engaging and assessing families involved with the child welfare system. Active learning methods will be used to help participants develop beginning skills in positive engagement strategies, developing rapport with the family, and conducting family assessments within a family adaptation and resiliency perspective. This training will utilize role playing and large group discussion.

**How to register:** Visit [ssw.umich.edu/r/CE-catalog](http://ssw.umich.edu/r/CE-catalog)

**Contact:** Alia Wesala, LMSW

**Email:** [ssw.conted@umich.edu](mailto:ssw.conted@umich.edu)

**Phone:** 734-763-5723

## Kinship Care, Shifting Relationships, and a Dream Deferred: Culturally Sensitive Strategies to Support Caregivers

**Curriculum:** Cultural humility/cultural competence

**Date/time:** Friday, March 1, 2019 • Program 9:00 AM – 12:15 PM

**Location:** WMU College of Health and Human Services  
1240 Oakland Drive, Kalamazoo, MI 49008

**Social Work CECHs:** 3 hours • Approval #MICEC-0060

**Cost:** Free to all MDHHS and private agency child welfare workers; \$55 all others

**Presenter:** **Marian Tripplett, LMSW, MEd**



**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Identify warning signs of role conflict and the potential for placement disruption.
- Communicate with kinship caregivers who may be experiencing challenges with the shift in role and responsibilities.
- Provide evidenced-informed, culturally sensitive support strategies effective for use with kinship caregivers.

**Description:** This training will focus on the relationship challenges for adults providing kinship and opportunities for caseworkers and other service providers to respond to issues of role conflict, relationship shift, and changing responsibilities using culturally sensitive, evidenced-informed options. This training will use role playing, exercises, small and large group discussion, and visual displays.

## Enhancing the Circle of Health: Culturally Competent Approaches to Healing Intergenerational Trauma in Native American Communities

**Curriculum:** Cultural humility/cultural competence

**Date/time:** Friday, March 15, 2019 • Program 12:00 PM – 3:15 PM

**Location:** WMU College of Health and Human Services  
1240 Oakland Drive, Kalamazoo, MI 49008

**Social Work CECHs:** 3 hours • Approval #MICEC-0060

**Cost:** Free to all MDHHS and private agency child welfare workers; \$55 all others

**Presenter:** **Dee Sherwood, PhD, MSW, MPA**



**Intermediate skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Increase knowledge of culturally competent strategies to address intergenerational trauma in Native American/American Indian communities and improve health outcomes.
- Understand and minimize the impact of implicit bias and microaggressions in Native communities.
- Increase knowledge of how to engage with Native community partners and health initiatives to address intergenerational trauma.

**Description:** This training will focus on the development of culturally competent health strategies for social workers practicing with Indigenous families (American Indian, Native American, First Nations) who have experienced intergenerational trauma as a result of coercive removal, aggressive assimilation, traumatic disconnection and separation, residential schools, and institutional oppression. Intergenerational trauma impacts may include diminished mental and physical health, diminished cultural identity, substance abuse, domestic violence, impaired individual and familial functioning, and suicide. Participants will also learn how to minimize implicit bias and microaggressions and value community-based strategies that emphasize the strengths and resiliency of Native people. This training will use exercises, games, and small and group discussion, and visual displays.

## Substance Use in Clients and Families Involved in the Child Welfare System

**Curriculum:** Substance abuse

**Date/time:** Friday, June 28, 2019 • Program 8:45 AM – 12:00 PM

**Location:** WMU College of Health and Human Services  
1240 Oakland Drive, Kalamazoo, MI 49008

**Social Work CECHs:** 3 hours • Approval #MICEC-0060

**Cost:** Free to all MDHHS and private agency child welfare workers; \$55 all others

**Presenter:** **Stephanie Lagalo, LMSW**



**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Identify substances of abuse.
- Assess for substance use.
- Describe national and state resources for individuals using substances involved in the child welfare system.

**Description:** There is a high prevalence of substance use in the child welfare system. It's important that social workers are equipped with tools and resources to assist individuals who are using substances. This training will focus on identifying substances of abuse, assessing for common substances of abuse, and education around state and local resources for individuals abusing substances. This training will use exercises and small and large group discussion.

**How to register:** Visit [https://secure.touchnet.net/C21782\\_ustores/web/classic/store\\_cat.jsp?STOREID=1&CATID=3](https://secure.touchnet.net/C21782_ustores/web/classic/store_cat.jsp?STOREID=1&CATID=3)

**Contact:** Alicia Dorr

**Phone:** 269-387-2638

**Email:** [alicia.dorr@wmich.edu](mailto:alicia.dorr@wmich.edu)



## Michigan State University School of Social Work Continuing Education offers live webinars!

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Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

### Advocating for Homeless Youth #205-19

*Date/time:* **Thursday, February 28, 2019** • Program 12:00 PM – 1:15 PM (ET)

*Social Work CECHs:* 1 hour • ASWB ACE #1136 and MICEC #0001

*Presenter:* **Erin Schaffer, LLMSW**, has years of experience working with homeless youth. Currently, she is a family therapist at Ozone House in Ann Arbor. Previously, she worked with the Education Project for Homeless Youth at Washtenaw Intermediate School District. She has also worked in an alternative high school and at the Student Advocacy Center of Michigan.



**Beginning skill level**

*Description:* In this webinar, you will learn what factors increase a young person's risk of becoming homeless and who qualifies as "homeless" under the *McKinney-Vento Homeless Assistance Act*. The instructor will share data about the needs of the youth that Ozone House serves and strategies Ozone has used to meet those needs. You will practice strategies for advocacy under *McKinney-Vento* through the use of hypothetical scenarios. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

### Opportunity in Crisis: Managing Crises of Traumatized Youth #206-19

*Date/time:* **Wednesday, March 13, 2019** • Program 12:00 PM – 1:15 PM (ET)

*Social Work CECHs:* 1 hour • ASWB ACE #1136 and MICEC #0001

*Presenter:* **Jody Nelson, LMSW**, prevention therapist at Community Mental Health Authority of Clinton, Eaton and Ingham Counties, has worked as a home-based therapist for ten years and as a children's emergency services clinician for seven years. He is a frequent speaker and trainer on risk management, youth suicide prevention, and mental health awareness.



**Beginning and intermediate skill levels**

*Description:* Most children involved with child welfare have experienced trauma. This webinar will explore how that trauma can create crisis for the children as well as their adult caregivers and child welfare workers. Participants will learn about the stages of crisis, effective intervention strategies, assessing need for emergency mental health evaluations, and safety planning. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

### Using Mindfulness to Prevent Secondary Traumatic Stress Among Helping Professionals #207-19

*Date/time:* **Friday, March 18, 2019** • Program 12:00 PM – 1:15 PM (ET)

*Social Work CECHs:* 1 hour • ASWB ACE #1136 and MICEC #0001

*Presenter:* **Yvonne Unrau, PhD, LMSW**, is a professor of social work and director of the Center for Fostering Success at Western Michigan University. She received her PhD in social work from the University of Utah. She is a licensed social worker (clinical and macro), a registered yoga teacher, and a certified teacher of iRest Yoga Nidra.



**Beginning and intermediate skill levels**

*Description:* In this webinar, you will learn pragmatic strategies to build, strengthen, and sustain well-being among helping professionals working in child welfare and mental health programs. Research-supported mindfulness-centered practices that reduce stress and increase well-being will be presented and demonstrated. Participants will learn practical knowledge and skills to both aid stress reduction and promote well-being in an effort to support optimal professional growth and practice. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.



## Human Trafficking for Child Welfare Professionals #208-19

*Date/time:* **Tuesday, April 23, 2019** • Program 12:00 PM – 1:15 PM (ET)

*Social Work CECHs:* 1 hour • ASWB ACE #1136 and MICEC #0001

*Presenter:* **Elizabeth Campbell, JD, BA**, is clinical assistant professor of law in the Human Trafficking Clinic at the University of Michigan. She has dedicated her legal career to serving individuals who have experienced abuse and exploitation.



### Beginning and intermediate skill levels

*Description:* Human trafficking is the recruitment, transportation, harboring, or receipt of people for purposes of slavery, forced labor, and servitude. You will learn what precisely human trafficking is and how to identify it. Discussion will include how to assess for human trafficking, including warning signs, and MDHHS policies and procedures regarding child victims of human trafficking. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

## The Matter of Motivation #210-19

*Date/time:* **Wednesday, May 22, 2019** • Program 12:00 PM – 1:15 PM (ET)

*Social Work CECHs:* 1 hour • ASWB ACE #1136 and MICEC #0001

*Presenter:* **Michael D. Clark, LMSW**, is director of the Center for Strength-Based Strategies. He earned an MSW from Michigan State University (1994) and served for 16 years as a child welfare worker and a family court referee in Lansing, MI. Clark is a member of the Motivational Interviewing Network of Trainers (MINT) and is co-author of the book, *Motivational Interviewing with Offenders: Engagement, Rehabilitation and Reentry*, published (2017) by Guilford Press.



### Intermediate skill levels

*Description:* This webinar will take an in-depth look into human motivation. It will review the sequence of human behavior change. Issues of reluctance to change and non-traditional understanding of client resistance will be discussed. Several important elements of Motivational Interviewing for child welfare application will be reviewed. This webinar will utilize visual displays and allow time for questions and answers.

## When They Are All Survivors: Child Maltreatment in the Context of Domestic Violence #220-19

*Date/time:* **Thursday, May 30, 2019** • Program 12:00 PM – 1:15 PM (ET)

*Social Work CECHs:* 1 hour • ASWB ACE #1136 and MICEC #0001

*Presenter:* **Melanie Carlson, LMSW**, received her MSW from the University of Georgia in 2012. Currently, she is a doctoral student and research assistant in the School of Social Work at MSU. Her research focus is on domestic violence from an intersectional and anti-oppressive perspective.



### Beginning and intermediate skill levels

*Description:* Domestic violence and child maltreatment often co-occur within families and can increase the overall risk to children's well-being. Despite this fact, many professionals are not trained in how best to respond when domestic violence and child maltreatment co-occur. This webinar will discuss best practices to serve these families, including how to effectively collaborate with other social service agencies with which these families are involved. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

### How to register for webinar training:

For pricing, further details, and online registration, visit [socialwork.msu.edu/ceu/catalog.php](http://socialwork.msu.edu/ceu/catalog.php) under Topics of Interest "Webinars" or search course number.

To ensure the best possible experience, we encourage you to review system requirements available at [support.zoom.us/hc/en-us/articles/201362023-System-Requirements-for-PC-and-Mac](http://support.zoom.us/hc/en-us/articles/201362023-System-Requirements-for-PC-and-Mac). It is recommended that you are hard wired to an Internet connection for the best connection. If you would like to view the webinar on a mobile device, download the free Zoom App.

MSU School of Social Work Continuing Education Program, provider #1136, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) [www.aswb.org](http://www.aswb.org) Approved Continuing Education Program (ACE). Approval period: June 14, 2016 – June 14, 2019. We are an approved Michigan Social Work Continuing Education Provider. (Provider #0001) for all programs through August 2019. Michigan State University School of Social Work Continuing Education Program maintains responsibility for the program. Social workers should contact their regulatory board to determine course approval. For ADA requests, grievances, or concerns, contact [swkce@msu.edu](mailto:swkce@msu.edu) or (517) 353-3060. Social workers in other jurisdictions should contact their regulatory board to determine course eligibility. We are also an approved provider with the Michigan Continuing Education Collaborative, provider number 0001.



## Big Behavior and Trauma: Similarities, Differences, and Strategies for Working with Traumatized Youth #211-19

*Date/time:* **Thursday, June 6, 2019** • Program 12:00 PM – 1:15 PM (ET)

*Social Work CECHs:* 1 hour • ASWB ACE #1136 and MICEC #0001

*Presenter:* **Kelley Blanck, LMSW**, is currently the professional development specialist for MSU School of Social Work Continuing Education Program. She is also a faculty member, teaching macro-level classes for the School. Previously, Blanck worked for 20 years in the public mental health field, in both clinical and macro arenas. Her areas of specialty include grant writing, strategic planning, focus group facilitation, program development, and data analysis. In addition, she is a certified trauma trainer, with a particular focus on foster/adoptive trauma exposure.



### Beginning skill level

*Description:* In Michigan, over 28% of children under the age of 17 have experienced two or more adverse childhood experiences (ACEs), well above the national average. ACEs include verbal, psychological, physical, or sexual abuse (witness or victim), among other somewhat complex traumatic events (ACES Study, 2011). These traumatic experiences can greatly affect how children view and cope with life. Complexly traumatized children often behave in ways that seem random, unpredictable, withdrawn, and extreme, struggling with impulse control and being able to think through consequences (NCTSN, 2017). Research and practice are now opening our eyes to the significant relationship between behavior and trauma exposure. In this webinar, you will learn about common similarities and differences between typical developmental behaviors and trauma behavior as well as the interrelatedness of each. You will learn strategies for working with youth who are exhibiting big behavior due to trauma exposure. In addition, you will receive tips and resources for further education and tools available to families. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

## Why It's Wrong to Assume Infants Are Resilient: Exploring the Effects of Trauma in Pregnancy and Infancy #212-19

*Date/time:* **Wednesday, June 12, 2019** • Program 12:00 PM – 1:15 PM (ET)

*Social Work CECHs:* 1 hour • ASWB ACE #1136 and MICEC #0001

*Presenter:* **Stephanie Grant, PhD, LPC**, is director of Infant Mental Health and Trauma Informed Communities at Developmental Enhancement Behavioral Health. She practices as an LPC and has a PhD in developmental psychology from Oklahoma State University.



### Intermediate skill level

*Description:* This webinar will explore the nature of and effects of trauma in pregnancy and infancy. It will cover topics such as resiliency, infant development and mental health, attachment, and interventions specific to children who have been affected by trauma during pregnancy or as an infant. This webinar will utilize visual displays and allow time for questions and answers.

## Beyond “No Means No”: Teaching Families About Body Safety and Consent #215-19

*Date/time:* **Wednesday, June 19, 2019** • Program 12:00 PM – 1:15 PM (ET)

*Social Work CECHs:* 1 hour • ASWB ACE #1136 and MICEC #0001

*Presenter:* **Amanda Dubey-Zerka, LMSW**, is director of the Continuing Education Program and a clinical instructor for MSU School of Social Work. She is TF-CBT certified and has over 10 years of experience working with children, teens, and adults who have survived trauma. She is a master trainer for the Michigan ACE Initiative.



### Beginning skill level

*Description:* It is never too early to teach children and teens about body safety and consent as a tool to prevent sexual abuse/assault. This webinar will teach you techniques to talk to families about body safety (appropriate and inappropriate touching, names for body parts, boundaries). Sexual abuse is prevalent with one in 10 children experiencing sexual abuse before the age of 18—let's work together to reduce this number. Normal sexual development will also be discussed. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.



## The Opioid Crisis in America: Identification and Treatment Strategies for Social Workers #216-19

*Date/time:* **Friday, August 2, 2019** • Program 12:00 PM – 1:15 PM (ET)

*Social Work CECHs:* 1 hour • ASWB ACE #1136 and MICEC #0001

*Presenter:* **Brian Ahmendani, PhD, LMSW**, is a research scientist at Henry Ford Health System and is clinical faculty at MSU. He has expertise in health services and interventions for individuals with mental health and substance use conditions, including suicide prevention and opioid use.



### **Beginning skill level**

*Description:* This webinar will describe many of the mechanisms that facilitated the opioid epidemic in the United States. It will also provide basic information on identification and assessment strategies for social workers. Finally, evidence-based treatment approaches will be covered. This webinar will utilize visual displays.

## Making Trauma Informed Placement Decisions #217-19

*Date/time:* **Thursday, August 15, 2019** • Program 12:00 PM – 1:15 PM (ET)

*Social Work CECHs:* 1 hour • ASWB ACE #1136 and MICEC #0001

*Presenter:* **Stacey Goodson, BA**, earned her bachelor's degree from Grand Valley State University. She is a trainer and consultant for foster and adoptive parents and has passionately worked in the field of child welfare for more than eight years, as well as a year as an education administrator. In addition to working with children who have experienced trauma, she and her husband have been therapeutic foster parents for more than six years for teenagers and have adopted four teenagers. In her free time, Goodson enjoys coaching high school girls in basketball and track. These experiences give her a unique perspective on children who have experienced trauma, poverty, and neglect and what works to help them be successful. Goodson is a dynamic and engaging presenter and is passionate about equipping social workers, educators, and parents with the tools to work with children who have experienced trauma, poverty, and neglect—ultimately, giving youth the opportunities to be the best versions of themselves.



### **Beginning and intermediate skill levels**

*Description:* In this webinar, you will learn how trauma affects children's placements and how child welfare professionals can make placement decisions that are trauma informed. This webinar will explore the effects of multiple placements on children in foster care and strategies for how child welfare professionals can support children in their current placements and prevent replacements. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

## Mindfulness, Wellness, and Creative Self-care for the Helping Professional #219-19

*Date/time:* **Friday, September 20, 2019** • Program 12:00 PM – 1:15 PM (ET)

*Social Work CECHs:* 1 hour • ASWB ACE #1136 and MICEC #0001

*Presenter:* **Stephanie McCann, LMSW**, is in her element when she is helping another become their most authentic and healthy self. This is her purpose. She has been contributing to the field of social work since 2009 when she graduated with her MSW from Michigan State University. With a passion for clinical social work with children and families, her career has focused on child welfare, trauma-informed practice, foster and adoptive parent recruitment and retention, and the importance of mindful self-care and the helping profession. As the academic recruitment specialist at MSU, she is responsible for recruitment planning for BASW and MSW programs and is a clinical instructor.



### **Beginning and intermediate skill levels**

*Description:* This webinar seeks to prepare you to understand secondary traumatic stress exposure in the workplace, the conditions that may expose helping professionals to secondary traumatic stress, and allow you the space to assess your exposure to workplace conditions that may impact your mental health, wellness, and self-care practices with mindful awareness. You will be able to identify supports and resources to improve your holistic functioning as well as utilize self-assessment tools for reflection. This webinar seeks to impact the awareness of and need for stress management and focus on self-care. The practice of mindfulness will be explored as a tool to increase the helping professional's awareness and peace during time of stress. This webinar will utilize visual displays and allow time for questions and answers.

# On-Demand Training Courses

**Now offering FREE online courses! No registration required!**

Online courses are recordings of live webinars and can be watched from the convenience of your home, office, or on the go! For each course, you will complete a pre-training evaluation and post-training evaluation. **NO CONTINUING EDUCATION CLOCK HOURS (CECHs)** are offered for the online courses, which are listed on pages 29–30. To improve your experience, we have created training categories including topics related to caregiving, children and families, substance abuse, supervision, trauma, and more. We offer trainings specific to caregivers, supervisors, and child welfare workers.

To view all course offerings, visit

<https://socialwork.msu.edu/CE/Online-Child-Welfare-Courses>

## A few highlighted courses!

### **Connecting Brain and Behavior**

This online course will focus on atypical brain development resulting from exposure to prenatal teratogens and/or prenatal and early childhood chronic trauma. Resulting behavioral, emotional, and social concerns will be explored. Common interventions will be discussed and evaluated through a neurobiological lens.

### **Dissociative Coping in Traumatized Children**

This online course will review the underlying risks leading to dissociative coping in children. Children exposed to traumatic events frequently rely on dissociative strategies to manage intolerable fear or pain. Younger children, in particular, may be vulnerable as their skills of managing stress are limited. Dissociative tendencies are easily misinterpreted by caregivers and professionals as intentional or characterological (i.e., “ignoring me” or “lazy”). Implications for assessing and treating traumatized children will be included.

### **When Addiction Trumps Relationships: Working with Mothers and Addiction**

This online course will present information on the scope of the problem of mothers with substance use disorders and the impact of this problem on children. Common substances of abuse and their impact on biological and behavioral functioning will be discussed. You will learn the impact of addictive processes on the capacity for attachment among mothers with addiction and difficulties with emotion regulation and reward systems. A description of current practices with substance abusing mothers and their children will also be presented.

# Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
Caregiver	336-17	Advocating for My Child in the School System
Caregiver	354-17	Understanding the Role of Life Books for Youth in Care
Caregiver	372-17	Trauma-informed Caregiving (Part 1): Becoming Trauma-informed Parents.
Caregiver	377-17	Is That Your “Real” Mom? Parenting Children from Another Culture
TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	310-17	Finding and Utilizing Services for Adoptive Families
General/MDHHS	311-17	Hope and Resilience: Moving Past Secondary Traumatic Stress in Child Welfare Practice
General/MDHHS	312-17	Suicide Assessment, Management, and Intervention
General/MDHHS	313-17	Safety Planning
General/MDHHS	314-17	Effective Courtroom Advocacy
General/MDHHS	315-17	Children of Parents with a Mental Illness
General/MDHHS	322-17	Parent-Child Attachment Relationships and the Effects of Attachment Disruption
General/MDHHS	323-17	Supervision in Child Welfare: Strategies to Engage and Support Workers
General/MDHHS	324-17	Detection and Diagnosis of Substance Use Conditions
General/MDHHS	325-17	Working with Immigrant Children and Their Families
General/MDHHS	327-17	The Power of Peer Support for Foster and Adoptive Families
General/MDHHS	328-17	Creating Safety for Children
General/MDHHS	329-17	The Kinship Conundrum (and Ways to Address)
General/MDHHS	337-17	Supporting and Strengthening Early Relationships for Children in the Child Welfare System
General/MDHHS	340-17	Positive Parenting with Very Young Children
General/MDHHS	341-17	Transitioning to Success: Promoting College Access and Support for Youth in Foster Care
General/MDHHS	347-17	Working with Families Affected by Substance Abuse
General/MDHHS	348-17	Improving Child Well-being Through Parenting Partnerships: The Value of Birth Parent and Resource Family Teaming and Collaboration
General/MDHHS	349-17	Extending the Welcome Mat to Our Newest Americans
General/MDHHS	350-17	Adoption as an Option for Older Youth
General/MDHHS	352-17	CBT for Social Anxiety in Children
General/MDHHS	355-17	Indicators and Trends of Domestic Violence and Intervention Services
General/MDHHS	356-17	Being the Voice for the Voiceless: Legislative Advocacy for Child Welfare Workers
General/MDHHS	357-17	Building Safety with Youth Through Understanding SOGIE (Sexual Orientation, Gender Identity, and Expression)
General/MDHHS	358-17	Through a Baby’s Eyes: Foster Care, Parenting Time, and Transitions
General/MDHHS	362-17	Your Role in Making Medicaid Happen

# Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	363-17	Mindfulness Tools to Combat Secondary Trauma and Build Well-being Among Child Welfare Professionals
General/MDHHS	365-17	Dissociative Coping in Traumatized Children
General/MDHHS	369-17	Decoding Social Emotional Development: Engaging Parents and Caregivers of Young Children
General/MDHHS	371-17	Child Abuse and Neglect: The Signs, Symptoms, and Consequences
General/MDHHS	373-17	Fetal Alcohol Syndrome Disorder: What You Should Know
General/MDHHS	374-17	Father Involvement in Functional Family Formulations
General/MDHHS	376-17	Promoting Health and Wellness for Foster Youth
General/MDHHS	378-17	Teen Parents in Foster Care
General/MDHHS	381-17	Intergenerational Trauma and Our Work with Birth Parents: Understanding the Bridge to Success!
General/MDHHS	382-17	Engagement, Readiness for Change, and Transition Planning
General/MDHHS	383-17	Youth Transitioning Out of Foster Care
General/MDHHS	384-17	Post Adoption Services: Assisting Adoptive Families to Avoid Disruption/Dissolution
General/MDHHS	385-17	The Welfare of Children with Autism Spectrum Disorders and Their Families
General/MDHHS	386-17	Understanding and Supporting Adoptive Families
General/MDHHS	387-17	Accessing Special Education Supports for Children in Foster Care
General/MDHHS	388-17	Psychological and Emotional Trauma in Children and Its Impact on Adoption/Foster Care and Family Development
General/MDHHS	389-17	Child Welfare Workers: The Ethical Obligation and Opportunities to Advocate for Social Justice
General/MDHHS	390-17	Honoring and Empowering Adolescents
General/MDHHS	392-17	Having the Tough Conversations About Race with Your Clients
TARGET AUDIENCE	COURSE #	TRAINING TITLE
Leadership	339-17	Principles of a Mobile Workforce
Leadership	361-17	Making the Case for Retention-focused Management



School of Social Work  
MICHIGAN STATE UNIVERSITY

**Registration for child welfare online courses is no longer required!**

All child welfare online courses are available here:

<https://socialwork.msu.edu/CE/Online-Child-Welfare-Courses>.

Click on "Begin this course" under the course you would like to take. This will take you to a survey to record your attendance, and then you will be redirected to the video.

**NO CECHs ARE AWARDED FOR THESE ONLINE COURSES.**

Additional online trainings will become available soon!

**Stay tuned, and check the website often!**



## Rethinking Staff Engagement: What Supervisors Need to Know to Retain their Staff

*Time:* Registration 8:30 AM • Program 9:00 AM – 12:15 PM

*Date:* **Thursday, April 11, 2019 #600-19**

*Location:* **The MTG Space, 4039 Legacy Parkway, Lansing, MI 48911**

*Date:* **Friday, May 10, 2019 #601-19**

*Location:* **WMU Beltline Conference Center**  
2333 E. Beltline Avenue, SE, Grand Rapids, MI 49546

*Date:* **Thursday, May 30, 2019 #602-19**

*Location:* **VisTaTech Center, Schoolcraft College**  
18600 Haggerty Road, Livonia, MI 48152

*Social Work CECHs:* 3 hours • ASWB ACE #1136 and MICEC #0001

*Presenters:* **Rosemary Jackson, LMSW**  
**Cheryl Williams-Hecksel, LMSW**



**Beginning, intermediate, and advanced skill levels**

**Target audience:**

- ✓ **Children's Protective Services Supervisors**
- ✓ **Foster Care Supervisors**
- ✓ **Adoption Supervisors**

*Training objectives:* As a result of this training, participants will be prepared to:

- Demonstrate strategies used to develop strong, supportive supervisory relationships.
- Discuss techniques to engage staff in designing professional development plans.
- Describe techniques to build team cohesion.

*Description:* Research indicates that staff don't quit their jobs or even their agencies; they quit their supervisors. Join Jackson and Williams-Hecksel for an interactive experience designed to help you learn how to engage your staff at all three levels of supervision: administrative, clinical, and staff development. Learn how to apply this information to staff at different levels of experience and time on the job. Learn about practical strategies to engage your staff as individuals and as part of a team. Come away with tools that will help you invest in relationship building with your staff while building team cohesion. Take this training to learn new ideas about staff engagement, including how to apply staff engagement strategies in your supervisory practice.

## Principles of Staff Engagement

**#209-19**

*Date/time:* **Friday, April 26, 2019** • Program 12:00 PM – 1:15 PM (ET)

*Location:* **WEBINAR**

*Social Work CECHs:* 1 hour • Approved ASWB ACE #0001 and #MICEC-#0001

*Presenter:* **Rosemary Jackson, LMSW**



**Beginning, intermediate, and advanced skill levels**

**Target audience:**

- ✓ **Children's Protective Services Supervisors**
- ✓ **Foster Care Supervisors**
- ✓ **Adoption Supervisors**

*Training objectives:* As a result of this training, participants will be prepared to:

- Identify effective staff engagement skills.
- Discuss the need to tailor engagement strategies to the needs of individual staff.

*Description:* What does effective engagement look like for staff at all levels of experience? How do you tailor your supervision to match the needs of each of your staff? Do you need to support your staff personally as well as professionally? This webinar will look at what we know about engaging staff in child welfare practice, including the role of the effective supervisor in managing the level of satisfaction that staff experience on the job. The parallel process of an effective supervisory relationship will be explored, and the principles of staff development will be discussed.



Attention workers: Please share these free training opportunities with families!

## When Behaviors Prevent School Success: Advocating for Your Child with Emotional or Behavior Problems #218-19

*Date/time:* **Wednesday, March 6, 2019** • Program 12:00 PM – 1:15 PM (ET)

*Location:* **WEBINAR**

*Social Work CECHs:* 0 hours

*Presenter:* **Jane Argiero, BA**

**Beginning and intermediate skill levels**

**Target audience:**

- ✓ **Foster Parents**
- ✓ **Adoptive Parents**
- ✓ **Kinship Parents**

*Training objectives:* As a result of this training, participants will be prepared to:

- Describe the rights of a child to have an appropriate Behavior Intervention Plan to support learning and prevent expulsions.
- Learn two skills to advocate for their child to have appropriate and specific behavior interventions that effectively improve school success.

*Description:* This webinar will introduce caregivers to the purpose of school Behavior Intervention Plans. It will teach them how to know when their child would benefit from a Behavior Intervention Plan and how to determine if the plan is appropriate and effective. Caregivers will learn to advocate for their child's emotional and behavioral needs to be supported in school, preventing suspensions, expulsions, and school failure.



**To register for these Caregiver webinars, please complete the form on page 33. You may mail, fax, or email your registration per the instructions included on the form.**

To ensure the best possible experience, we encourage you to review system requirements available at

[support.zoom.us/hc/en-us/articles/201362023-System-Requirements-for-PC-and-Mac](https://support.zoom.us/hc/en-us/articles/201362023-System-Requirements-for-PC-and-Mac).

It is recommended that you are hard wired to an Internet connection for the best connection.

If you would like to view the webinar on a mobile device, download the free Zoom App.



## Doing the Difficult Work (Part 1): How to Develop Effective Relationships with Birth Families

(first in a 2-part series) #213-19

*Dates/times:* **Friday, May 31, 2019** • Program 12:00 PM – 1:15 PM (ET)

*Location:* **WEBINAR**

*Social Work CECHs:* 0 hours

*Presenter:* **Lara Bouse and Rachel Kornilakis, MS**

Rachel Kornilakis has a Master of Science in Human Resources Administration from Central Michigan University and is a Master of Social Work candidate, December 2018, from the University of Michigan. Lara Bouse has been a foster and adoptive parent for over 20 years and is president of Fostering Forward Michigan.

**Beginning skill level**

**Target audience:**  
✓ Foster Parents  
✓ Adoptive Parents  
✓ Kinship Parents

*Training objectives:* As a result of this training, participants will be prepared to:

- View birth parents through a lens of cultural humility.
- Understand three benefits of building relationships with birth parents and other family members.
- Implement five practical strategies that foster/adoptive parents can use to engage birth parents.

*Description:* Experienced foster parents will discuss the realities of parenting children not living with their birth families. Learn approaches that help you establish relationships with birth families that are designed to help you and your children maintain healthy connections with birth parents. Learn about cultural humility and how to view birth families through a cultural lens.

## Doing the Difficult Work (Part 2): How to Develop Effective Relationships with Birth Families

(second in a 2-part series) #214-19

*Dates/times:* **Friday June 7, 2019** • Program 12:00 PM – 1:15 PM (ET)

*Location:* **WEBINAR**

*Social Work CECHs:* 0 hours

*Presenter:* **Lara Bouse and Rachel Kornilakis, MS**

Rachel Kornilakis has a Master of Science in Human Resources Administration from Central Michigan University and is a Master of Social Work candidate, December 2018, from the University of Michigan. Lara Bouse has been a foster and adoptive parent for over 20 years and is president of Fostering Forward Michigan.

**Intermediate skill level**

**Target audience:**  
✓ Foster Parents  
✓ Adoptive Parents  
✓ Kinship Parents

*Training objectives:* As a result of this training, participants will be prepared to:

- Utilize three strategies to improve parenting time resiliency.
- Utilize three strategies for coping with reunification.
- Implement three strategies to help your child cope with grief and mixed emotions related to birth parents.

*Description:* Join experienced foster/adoptive parents who will discuss the realities of working with natural parents inside and outside of the foster care system. They will share strategies to enhance parenting partnerships that work for stability and permanency for children. Learn tips to manage these sometimes difficult and delicate relationships.



## 3 EASY WAYS TO REGISTER FOR CAREGIVER TRAINING

**SIGN UP NOW!**  
Seating is limited  
for all classes.



### Fax

Complete this form and fax to **(517) 353-2599**.



### Email

Complete this form and email it to **swkce@msu.edu**.



### Mail

Complete this form and mail to:  
MSU–Social Work Continuing Education  
Baker Hall  
655 Auditorium Road, Room 2  
East Lansing, MI 48824

#### MAIL/EMAIL/FAX REGISTRATION CHECKLIST:

- Fill in name, address, email, and accommodations request below.
- Select classes:
  - March 6, 2019: **When Behaviors Prevent School Success: Advocating for Your Child with Emotional or Behavior Problems** #218-19
  - May 31, 2019: **Doing the Difficult Work (Part 1): How to Develop Effective Relationships with Birth Families** #213-19
  - June 7, 2019: **Doing the Difficult Work (Part 2): How to Develop Effective Relationships with Birth Families** #214-19
- Submit this form by mail, email, or fax listed above.



### Satisfaction guaranteed!

Ryan Hasselbach is your CE customer service specialist.

**517-353-3060**

**Confirmations, including directions will be sent via email only, one week prior to the event for which you have registered.**

**PLEASE PRINT CLEARLY**

Name: \_\_\_\_\_

Home address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Daytime phone: \_\_\_\_\_ Email: \_\_\_\_\_

Accommodations: \_\_\_\_\_

Please check if your information has changed since your last registration with us!

# Calendar of trainings

MONTH	TRAINING TITLE	DATE and TIME	LOCATION	HOSTING UNIVERSITY	PAGE
February 2019	Advocating for Homeless Youth	Thursday, February 28 12:00 PM - 1:15 PM ET	WEBINAR	Michigan State University	24
March 2019	Working with Medically Fragile Foster Children and Their Caregivers	Friday, March 1 8:45 AM - 12:00 PM	GVSU Pew Campus Grand Rapids	Grand Valley State University	13
	Emotional Pain: Navigating Suicidal Behaviors in Clinical Practice	Friday, March 1 9:00 AM - 12:15 PM	U-M School of Social Work, Ann Arbor	University of Michigan	20
	Kinship Care, Shifting Relationships, and a Dream Deferred: Culturally Sensitive Strategies to Support Caregivers	Friday, March 1 9:00 AM - 12:15 PM	WMU College of Health and Human Services, Kalamazoo	Western Michigan University	22
	When Behaviors Prevent School Success: Advocating for Your Child with Emotional or Behavior Problems	Wednesday, March 6 12:00 PM - 1:15 PM ET	WEBINAR	Michigan State University	32
	Intergenerational Transmission of Trauma Through Attachment and Parenting Behaviors	Thursday, March 7 9:00 AM - 12:15 PM	Hampton Inn by Hilton Marquette Waterfront, Marquette	Michigan State University	15
	Providing Support to Families Struggling with Addiction	Friday, March 8 9:00 AM - 12:15 PM	Andrews University Chan Shun Hall Berrien Springs	Andrews University	5
	Watch Out! It's Coming: Secondary Trauma and What to Do About It	Monday, March 11 1:00 PM - 4:15 PM	Spring Arbor University, Portage	Spring Arbor University	18
	Secondary Traumatic Stress: Combating Burnout and Managing Stress	Wednesday, March 13 9:00 AM - 12:15 PM	University Center Traverse City	Ferris State University	10
	Opportunity in Crisis: Managing Crises of Traumatized Youth	Wednesday, March 13 12:00 PM - 1:15 PM ET	WEBINAR	Michigan State University	24
	Enhancing the Circle of Health: Culturally Competent Approaches to Healing Intergenerational Trauma in Native American Communities	Friday, March 15 12:00 PM - 3:15 PM	College of Health and Human Services Kalamazoo	Western Michigan University	22
	Using Mindfulness to Prevent Secondary Traumatic Stress Among Helping Professionals	Monday, March 18 12:00 PM - 1:15 PM ET	WEBINAR	Michigan State University	24
	I Love My Job! Addressing Vicarious Trauma Through a Culture and Climate Shift	Friday, March 29 9:00 AM - 12:15 PM	EMU Halle Library Ypsilanti	Eastern Michigan University	8
April 2019	Understanding Emotional and Mental Health in Adolescents: Is It Just a Phase or a Serious Problem?	Friday, April 5 9:00 AM - 12:15 PM	Andrews University Chan Shun Hall Berrien Springs	Andrews University	6
	Advancing Trauma-Informed Skills and Practices with Children	Friday, April 5 9:00 AM - 12:15 PM	U-M School of Social Work, Ann Arbor	University of Michigan	20
	Rethinking Staff Engagement: What Supervisors Need to Know to Retain Their Staff	Thursday, April 11 9:00 AM - 12:15 PM	The MTG Space Lansing	Michigan State University	31
	Is That Your Real Mom? Helping Children Navigate Racial and Cultural Issues in Cross Cultural Placements	Friday, April 15 9:00 AM - 12:15 PM	The MTG Space Lansing	Michigan State University	15
	Human Trafficking for Child Welfare Professionals	Tuesday, April 23 12:00 PM - 1:15 PM ET	WEBINAR	Michigan State University	25
	Identifying and Working with Human Trafficking Survivors	Friday, April 26 9:00 AM - 12:15 PM	EMU Halle Library Ypsilanti	Eastern Michigan University	8
	Effects of Parental Mental Health on Child Growth and Development	Friday, April 26 8:45 AM - 12:00 PM	GVSU Pew Campus Grand Rapids	Grand Valley State University	14
Principles of Staff Engagement	Friday, April 26 12:00 PM - 1:15 PM ET	WEBINAR	Michigan State University	31	

# Calendar of trainings

MONTH	TRAINING TITLE	DATE and TIME	LOCATION	HOSTING UNIVERSITY	PAGE
May 2019	How Can We Help? Addressing the Emotional and Mental Health Concerns of Children and Youth	Monday, May 6 12:45 PM - 4:00 PM	Spring Arbor University Portage	Spring Arbor University	18
	Navigating the World of Special Education	Friday, May 10 9:00 AM - 12:15 PM	Andrews University Chan Shun Hall Berrien Springs	Andrews University	6
	Rethinking Staff Engagement: What Supervisors Need to Know to Retain Their Staff	Friday, May 10 9:00 AM - 12:15 PM	WMU Beltline Conference Center Grand Rapids	Michigan State University	31
	The Impact of Trauma: A Trauma Focused Approach	Thursday, May 16 9:00 AM - 12:15 PM	FSU West Campus Community Center Big Rapids	Ferris State University	10
	Intimate Partner Violence: Developing Risk Assessment and Intervention Skills	Thursday, May 16 1:00 PM - 4:15 PM	FSU West Campus Community Center Big Rapids	Ferris State University	11
	Navigating the Special Education System	Friday, May 17 9:00 AM - 12:15 PM	EMU Halle Library Ypsilanti	Eastern Michigan University	9
	From Infancy to Adulthood: How Early Relationships Impact Mental and Emotional Health	Friday, May 17 9:00 AM - 12:15 PM	Spring Arbor University Grand Rapids	Spring Arbor University	19
	Educational Issues with Youth in Care	Tuesday, May 21 9:00 AM - 12:15 PM	FSU West Campus Community Center Big Rapids	Ferris State University	11
	The Matter of Motivation	Wednesday, May 22 12:00 PM - 1:00 PM ET	WEBINAR	Michigan State University	25
	Rethinking Staff Engagement: What Supervisors Need to Know to Retain Their Staff	Thursday, May 30 9:00 AM - 12:15 PM	VisTaTech Center Livonia	Michigan State University	31
	When They Are All Survivors: Child Maltreatment in the Context of Domestic Violence	Thursday, May 30 12:00 PM - 1:15 PM ET	WEBINAR	Michigan State University	25
	Understanding Adverse Childhood Experiences (ACEs): Neuroscience, ACEs, and Resilience	Friday, May 31 1:00 PM - 4:15 PM	Albert & Woods Professional Development & Business Center Saginaw	Michigan State University	16
	Doing the Difficult Work (Part 1): How to Develop Effective Relationships with Birth Families	Friday, May 31 12:00 PM - 1:15 PM ET	WEBINAR	Michigan State University	33
June 2019	Big Behavior and Trauma: Similarities, Differences and Strategies for Working with Traumatized Youth	Thursday, June 6 12:00 PM - 1:15 PM ET	WEBINAR	Michigan State University	26
	How Does Trauma Affect Them? How About Me? Understanding the Effects of Trauma and Neglect on Children, Families, and Professionals	Friday, June 7 9:00 AM - 12:15 PM	Spring Arbor University Portage	Spring Arbor University	19
	Doing the Difficult Work (Part 2): How to Develop Effective Relationships with Birth Families	Friday, June 7 12:00 PM - 1:15 PM ET	WEBINAR	Michigan State University	33
	Why It's Wrong to Assume Infants Are Resilient: Exploring the Effects of Trauma in Pregnancy and Infancy	Wednesday, June 12 12:00 PM - 1:15 PM ET	WEBINAR	Michigan State University	26
	Mindfulness and Self-compassion: Tools for Self-care	Thursday, June 13 8:45 AM - 12:00 PM	GVSU Pew Campus Grand Rapids	Grand Valley State University	14

# Calendar of trainings

MONTH	TRAINING TITLE	DATE and TIME	LOCATION	HOSTING UNIVERSITY	PAGE
June 2019	Functional Engagement and Assessment of Families in the Child Welfare Context	Tuesday, June 18 1:00 PM - 4:15 PM	U-M School of Social Work Ann Arbor	University of Michigan	21
	Beyond "No Means No": Teaching Families About Body Safety and Consent	Wednesday, June 19 12:00 PM - 1:15 PM ET	WEBINAR	Michigan State University	26
	Substance Use in Clients and Families Involved in the Child Welfare System	Friday, June 28 8:45 AM - 12:00 PM	WMU College of Health and Human Services Kalamazoo	Western Michigan University	23
July 2019	The Grief Journey	Friday, July 12 9:00 AM - 12:15 PM	Andrews University Chan Shun Hall Berrien Springs	Andrews University	7
	Mental Health in the Foster Home: Coaching Foster Parents in Suicide Prevention	Thursday, July 25 8:00 AM - 11:15 AM	Great Wolf Lodge Traverse City	Michigan State University	17
	Family Interventions and Therapy for Adolescent Substance Abuse	Thursday, July 25 12:30 PM - 3:45 PM	Great Wolf Lodge Traverse City	Michigan State University	17
August 2019	How to Support LGBT+ Children in Child Welfare	Friday, August 2 9:00 AM - 12:15 PM	Andrews University Randal Student Lounge Berrien Springs	Andrews University	7
	The Opioid Crisis in America: Identification and Treatment Strategies for Social Workers	Friday, August 2 12:00 PM - 1:15 PM ET	WEBINAR	Michigan State University	27
	Making Trauma Informed Placement Decisions	Thursday, August 15 12:00 PM - 1:15 PM ET	WEBINAR	Michigan State University	27
September 2019	Taking Care of Yourself: Identifying and Intervening in Secondary Trauma	Thursday, September 5 1:00 PM - 4:15 PM	Ferris State University Big Rapids	Ferris State University	12
	Mindfulness, Wellness, and Creative Self-care for the Helping Professional	Friday, September 20 12:00 PM - 1:15 PM ET	WEBINAR	Michigan State University	27

Additional trainings  
and exciting new  
topics coming  
in fall 2019



School of Social Work  
MICHIGAN STATE UNIVERSITY

Continuing Education  
MSU School of Social Work  
Baker Hall  
655 Auditorium Road, Room 2  
East Lansing, MI 48824