

Week of: February	18	19	20	21	22
Breakfast Served: 7:30 – 9:00 1. Fluid Milk 2. Fruit, Vegetable, or Juice 3. Grain/Bread Other/Combination Foods	Milk W.G.*Cereal Fruit_____	Milk W.G.*Cereal Fruit_____	Milk W.G.*Cereal Fruit_____	Milk W.G.*Cereal Fruit_____	Milk W.G.*Cereal Fruit_____
Entrees	Mac N Cheese H.M.	Chicken Stir-Fry H.M.	Beef Enchiladas H.M.	Pepperoni Pizza H.M.	Baked Meatloaf H.M.
Lunch Served: 12:00 – 1:00 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit or Vegetable 4. Fruit or Vegetable 5. Grain/Bread Other/Combination Foods	Milk Noodles Cheese Sauce Cottage Cheese Oranges Cucumbers M.A. Cottage Cheese	Milk Chicken Rice Pilaf Stir-Fry Vegetables Cantaloupe M.A. Veggie Chicken	Milk Tortilla Ground Beef Carrots Apples M.A. Veggie Beef	Milk Pizza Dough Pepperoni Mozzarella Cheese Bell Pepper Strips Honey Dew Melon M.A String Cheese	Milk Ground Beef Breadsticks Sweet Potatoes Bananas M.A. Veggie Beef
PM Snack Served: 3:00 – 4:30 (serve 2 of 4) 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit, Vegetable, or Juice 4. Grain/Bread	*Crackers _____	*Crackers _____	*Crackers _____	*Crackers _____	*Crackers _____

**Crackers available for Staff to choose from: Golden Butter, Goldfish, Harvest Wheat, Water Cracker, Graham Crackers, Vanilla Wafer

* HM = Homemade
 * MA = Meat Alternative
 * WG = Whole Grain

* Cold cereals available for Staff to choose from:
 Frosted Mini Wheat / Cheerios / Rice Chex / Corn Chex / Corn Flakes / Life / Rice Krispies