



Entrepreneurial Stress: The Role of Task Complexity and Work-Family Conflict

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Stress



- A physiological response to a perceived threat or challenge.
- Work-related stress is the leading cause of ulcers, hypertension, diabetes, arthritis, heart attacks, and mental disorders.
- People who experience stress perform poorly, display high absenteeism, and report low job satisfaction, which negatively affect business profitability.

Negative effects of stress on entrepreneurs



Antecedents of Stress



Research Question: This study will analyze whether perceived task complexity and work-family conflict affect stress experienced by nascent entrepreneurs.



THANK YOU