

### **New Psychology Department chatbot provides additional support for students**

The EMU Psychology Department, in collaboration with [X2ai.com](https://www.x2ai.com), is conducting a research study that will provide all EMU students free access to a mental health chatbot during the COVID-19 crisis. "Tess" is an artificial intelligence-driven chatbot that is trained to deliver evidence-based emotional wellness and coping strategies in this difficult time. To learn more about the study and how to access this resource, please click [here](#). You can enter the study directly by clicking the link at the bottom of [the flyer](#), but you may also receive an email from the investigators in the near future, asking you if you would like to join the project. We encourage you to take advantage of this free service by participating in our study. Please contact the primary investigator, Dr. Karen Saules ([ksaules@emich.edu](mailto:ksaules@emich.edu)) or co-investigator, Krithika Prakash ([kprakash@emich.edu](mailto:kprakash@emich.edu)), if you have any questions.

This effort complements the important and ongoing efforts of [Counseling and Psychological Services \(CAPS\)](#), which has transitioned to fully phone and video sessions with Zoom. If students have questions or need to speak with a counselor, they should email CAPS at [counseling.services@emich.edu](mailto:counseling.services@emich.edu) and communicate their interest. Phone messages can be left at 734.487.1118 and will be returned as soon as possible. CAPS will also continue to offer after-hours (after 5 p.m. and on weekends) phone support through its main CAPS phone line, 734.487.1118.