

Daily Living

- Free Apps & Extensions That Improve Productivity & Learning
 - https://www.additudemag.com/apps-extensions-learning-tools/?utm_source=eletter&utm_medium=email&utm_campaign=school_march_2020&utm_content=031820&goal=0_d9446392d6-8095e125f7-288901977
- Mental Health and Wellness Apps
 - <https://medium.com/psyberguide/list-of-resources-made-available-in-response-to-covid-19-epidemic-72a297aef747>
- Stop, Breathe, Think app
 - <https://www.stopbreathethink.com/>
- Headspace has some free offerings right now
 - <https://www.headspace.com/covid-19>