

COVID-19 International Travel Guidelines and Procedures

Courtesy of the Eastern Michigan University Telehealth Clinic

Accepted COVID-19 Vaccines		
Dosage	Vaccines Approved or Authorized by the U.S. Food and Drug Administration	Vaccines Listed for Emergency Use by the World Health Organization
Single Dose	<ul style="list-style-type: none"> Janssen (J&J) 	<ul style="list-style-type: none"> Janssen (J&J)
2-Series Dose	<ul style="list-style-type: none"> Pfizer-BioNTech Moderna 	<ul style="list-style-type: none"> Pfizer-BioNTech Moderna
		<ul style="list-style-type: none"> AstraZeneca Covaxin Covishield BIBP/Sinopharm Sinovac Novavax/Covovax

Accepted Proof of COVID-19 Vaccination Status	
Documentation Type	Example
Verifiable Records (digital or paper)	Vaccination certificate with QR code ¹ , digital pass via Smartphone application with QR code ¹ (e.g., United Kingdom National Health Service COVID Pass, European Union Digital COVID Certificate)
Non-verifiable Paper Records	Printout of COVID-19 vaccination record or a COVID-19 vaccination certificate issued at national or subnational level or by an authorized vaccine provider (e.g., the CDC vaccination card)
Non-verifiable Digital Records	Digital photos of vaccination card or record, downloaded vaccine record or vaccination certificate from official source (e.g., public health agency, government agency, or other authorized vaccine provider), or a mobile phone application without QR code ¹

Before Leaving the U.S. for International Travel		
Recommendations and Requirements	Non U.S. Citizen	U.S. Citizen
Check COVID-19 Situation at Destination	CDC COVID-19 Travel Recommendations	
Check Destination's COVID-19 Requirements	U.S. State Dept. Travel Requirements	
Get Tested 1-3 Days Before Travel	<input checked="" type="checkbox"/>	Check with airline and destination
Complete Day-of-Travel Symptom Review	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Wear a Mask and Take Other Precautions During Travel	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

NOTE: If you are not a U.S. Citizen and are planning to stay in the U.S. more than 60 days, you will be required to be vaccinated against COVID-19.

Entering the U.S. following International Travel				
Recommendations and Requirements	Non U.S. Citizen		U.S. Citizen	
Boarding Requirements				
Vaccination with U.S. or WHO approved vaccination for those 2 years of age and older (limited exemptions including for those who had COVID-19 in the past 90 days)	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	
Get Tested 1 Day Before Travel	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	
Wear a Mask and Take Other Precautions During Travel	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	
After Arrival in the U.S.				
	Unvaccinated	Fully Vaccinated	Unvaccinated	Fully Vaccinated
Get Tested 3-5 Days After Travel	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Self-Monitor for Symptoms	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Self-quarantine After Travel for 7 Days with a Negative Test or 10 Days without a Test	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	

EMU follows the CDC Guidelines for International and Domestic Travel

Return to U.S. After International Travel

You may have been exposed to COVID-19 on your travels. You may feel well and not have any symptoms, but you can still spread the virus to others. **You and your travel companions (including children) may pose a risk to your family, friends, and community after your travel.**

FULLY VACCINATED TRAVELERS

- Get tested with a [viral test](#) 3-5 days after travel.
 - If your test is positive, [isolate](#) yourself to protect others from getting infected.
- Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.

UNVACCINATED TRAVELERS

- [Get tested](#) with a [viral test](#) 3-5 days after travel **AND** stay home and self-quarantine for a full 7 days after travel.
 - Even if you test negative, stay home and self-quarantine for the full 7 days.
 - If your test is positive, [isolate](#) yourself to protect others from getting infected.
- If you don't get tested, stay home and self-quarantine for 10 days after travel.
- Avoid being around people who are at [increased risk for severe illness](#) for 14 days, whether you get tested or not.

Return from Domestic Travel

The CDC does not require that domestic travelers undergo a mandatory federal quarantine, but CDC recommends you get tested AND stay home and self-quarantine after travel.

FULLY VACCINATED TRAVELERS

You do NOT need to get tested or self-quarantine **if you are fully vaccinated** or have recovered from COVID-19 in the past 3 months. You should still follow all other travel recommendations.

- Fully vaccinated travelers are less likely to get and spread COVID-19.
- People who are fully vaccinated with an FDA-authorized vaccine can travel safely within the United States:
 - Fully vaccinated travelers do not need to get tested before or after travel unless their destination requires it
 - Fully vaccinated travelers do not need to self-quarantine
- Fully vaccinated travelers should still follow CDC's recommendations for traveling safely including:
 - Wear a mask over your nose and mouth

- Stay 6 feet from others and avoid crowds
- Wash your hands often or use hand sanitizer

UNVACCINATED TRAVELERS

Eastern strongly recommends that **unvaccinated** individuals follow the same steps for return from domestic travel as outlined for international travel, especially for travel from states with high incidence of positive COVID-19 cases.