



# COVID-19: HAVE YOU BEEN FULLY VACCINATED?

*CDC recommendations updated April 2, 2021*

## People are considered fully vaccinated:

- 2 weeks after their second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or
- 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine

If you don't meet these requirements, you are NOT fully vaccinated. Keep taking all [precautions](#) until you are fully vaccinated.

## IF YOU'VE BEEN FULLY VACCINATED

### You Can

- ✔ Visit inside a home or private setting without a mask with other fully vaccinated people of any age
- ✔ Visit inside a home or private setting without a mask with one household of unvaccinated people who are not at risk for severe illness
- ✔ Travel domestically without a pre- or post-travel test
- ✔ Travel domestically without quarantining after travel
- ✔ Travel internationally without a pre-travel test depending on destination
- ✔ Travel internationally without quarantining after travel

### You Shouldn't

- ✘ Visit indoors, without a mask, with people at increased risk for severe illness from COVID-19
- ✘ Attend medium or large gatherings

## WHAT YOU CAN START TO DO

### If you've been fully vaccinated:

- You can gather indoors with fully vaccinated people without wearing a mask or staying 6 feet apart.
- You can gather indoors with unvaccinated people of any age from one other household (for example, visiting with relatives who all live together) without masks or staying 6 feet apart, unless any of those people or anyone they live with has an [increased risk for severe illness from COVID-19](#).
- If you [travel in the United States](#), you do not need to get tested before or after travel or self-quarantine after travel.

- You need to pay close attention to the [situation at your international destination](#) before traveling outside the United States.
  - You do NOT need to get tested before leaving the United States unless your destination requires it.
  - You still need to [show a negative test result](#) or documentation of recovery from COVID-19 before boarding a flight to the United States.
  - You should still get tested 3-5 days after international travel.
  - You do NOT need to self-quarantine after arriving in the United States.
- If you've been around someone who has COVID-19, you do not need to stay away from others or get tested unless you have symptoms.
  - However, if you live in a group setting (like a correctional or detention facility or group home) and are around someone who has COVID-19, you should still stay away from others for 14 days and get tested, even if you don't have symptoms.

## WHAT YOU SHOULD KEEP DOING

### For now, if you've been fully vaccinated:

- You should still take steps to [protect yourself and others](#) in many situations, like wearing a mask, staying at least 6 feet apart from others, and avoiding crowds and poorly ventilated spaces. Take these precautions whenever you are:
  - In public
  - Gathering with unvaccinated people from more than one other household
  - Visiting with an unvaccinated person who is at [increased risk of severe illness or death from COVID-19](#) or who lives with a person at increased risk
- You should still avoid [medium or large-sized gatherings](#).
- If you [travel](#), you should still take steps to [protect yourself and others](#). You will still be [required to wear a mask](#) on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States, and in U.S. transportation hubs such as airports and stations. Fully vaccinated [international travelers](#) arriving in the United States are still [required to get tested](#) within 3 days of their flight (or show documentation of recovery from COVID-19 in the past 3 months) and should still get tested 3-5 days after their trip.
- You should still watch out for [symptoms of COVID-19](#), especially if you've been around someone who is sick. If you have symptoms of COVID-19, you should get [tested](#) and [stay home](#) and away from others.
- You will still need to follow guidance at your workplace.

If you have any questions about these guidelines or how they apply to you, please contact the EMU Telehealth Clinic.

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