



# GREEN Week 2016

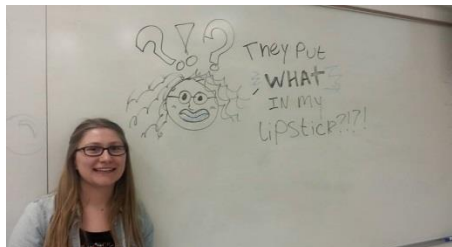
## Meatless Monday 3/21

Dorothy Zahor presents "The Truth about Vegetarianism", an event that aimed to educate students about the environmental impact of what we eat and the benefits of eating a plant-based diet. A discussion followed, focusing on methods to reduce animal product intake in our diets. Veggie pattys were provided from the Green Market Bistro in the Student Center.



## Informed Consumer Tuesday 3/22

Katie King presented "Green Hygiene", where students learned how to make informed buying decisions about their cosmetics and personal care products, such as soaps, lotions, shampoos, etc. She explained that if you don't shop carefully, your products could be hazardous to your health and the environment. Katie encouraged making your own(DIY) hygiene products, like toothpastes and lotions. Free face moisturizer samples, made by Katie, were offered.



## Water Wednesday 3/23

We learned about the environmental impact that water bottles have on our planet. We hosted "Ban the Water Bottle" Lobby Tables in the student center, during the day, and in the evening, there was a viewing of the documentary "Tapped", which was later followed by a discussion. We received many signatures from people on campus who pledged to stop using bottled water and use reusable water bottles as an alternative.



## Giving Garden Thursday 3/24

We started seeds for the Giving Garden to use this growing season, such as tomatoes, lettuce, beans, eggplant, and broccoli. We told people about the giving garden and where it is located (near Westview Apartments by the Convocation Center). We also discussed plans for donating to the community next year, in addition to our current donation to Swoop's Pantry. Following the event, was a GREEN meeting, where we had an open discussion on environmental agriculture issues.



## Recycling Friday 3/25

GREEN took a tour of Ann Arbor's Material Recovery Facility (MRF), which is where most of EMU's recycling goes! We walked through the recycling plant and got to see how the MRF processes their papers, plastics, and metal cans. They also focused on food waste and showed us an interesting video on it. We were taught just how important composting is and that we can significantly decrease food waste, while creating a beneficial soil-additive to help plants flourish in their environment.





### **Volunteering Saturday 3/26**

We volunteered with the Natural Area Preservation (NAP) to help them remove the harmful invasive species, buckthorn and garlic mustard, at a park in Ann Arbor. We learned about the harmful effects invasive species have to native ecosystems and how stewardship projects that NAP hosts, like removing invasive species and prescribing burns, helps restore the ecosystem back to the way it was.