

FINDING TIME FOR RESEARCH WRITING AT EMU

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WELCOME



- Stephanie Wladkowski
- Ken Saldanha
- Ildi Porter-Szucs

*Research Writers Collaborative 2022
Faculty Development Center*

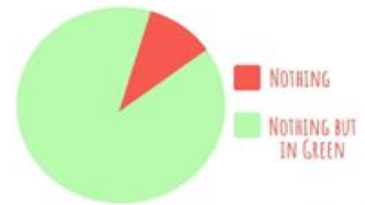


REAL CONSTRAINTS AT EMU

- 24 credits per academic year
- Student focused university
- Service commitment⁺



WHAT I PLAN ON DOING
OVER WINTER BREAK



@LUCYKING



WHAT MAKES WRITING HARD?

- Daily distractions
- Schedule changes
- Meetings
- Students
- Life



**I'M LIKE
105%
TIRED**



WRITING ASSESSMENT

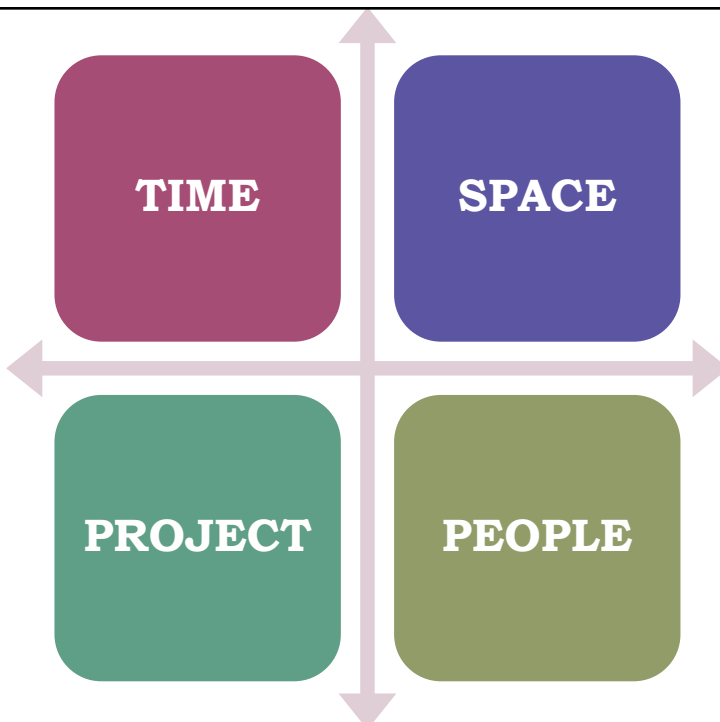


WHAT IS YOUR WHY: EMU

- Understanding structure & expectations
 - Project management skills
 - Think about a pipeline plan
- A small purple circle is located in the bottom right corner of the slide.

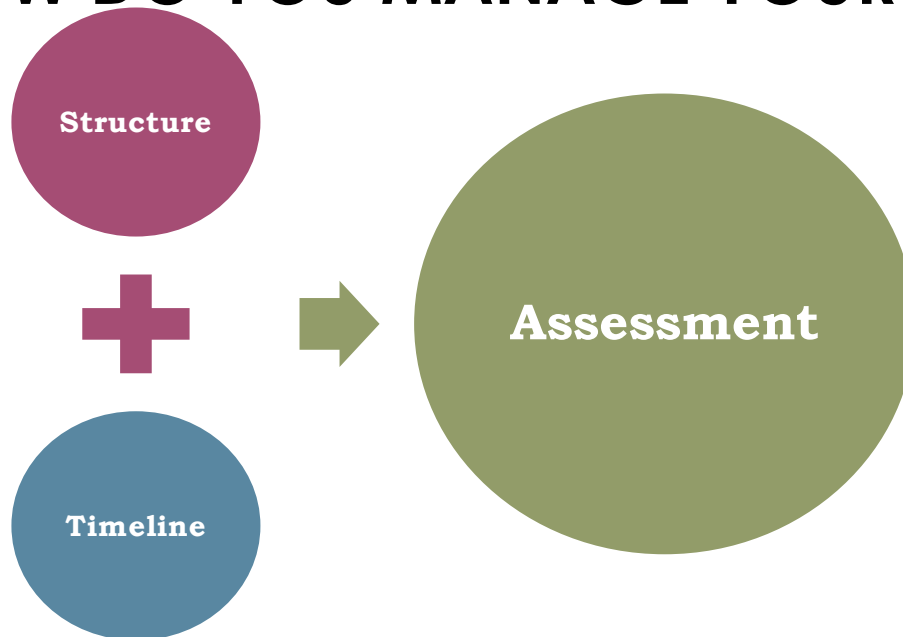
WHAT IS YOUR WHY?

- Why do I care?/Why am I here?
- Why am I struggling?
- What part of writing do you enjoy?
- What part of writing do you dread?
- What are you great at?
- Where do you need support?
- What do you need to know before starting?

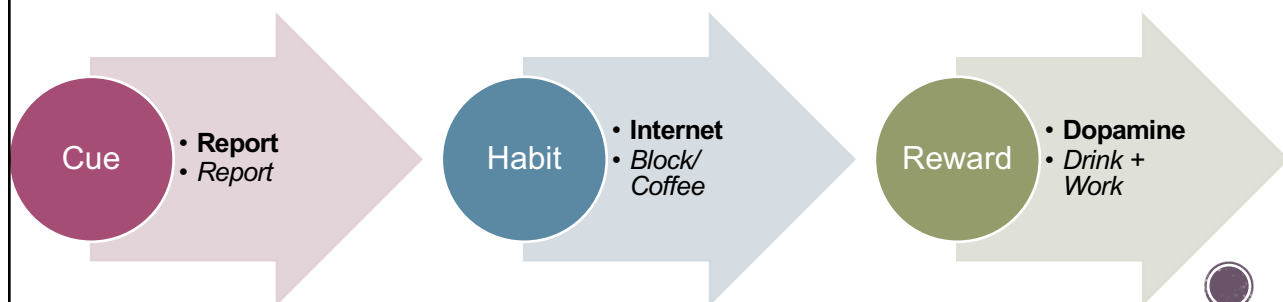


**WHAT DO
YOU NEED?**

HOW DO YOU MANAGE YOUR TIME?

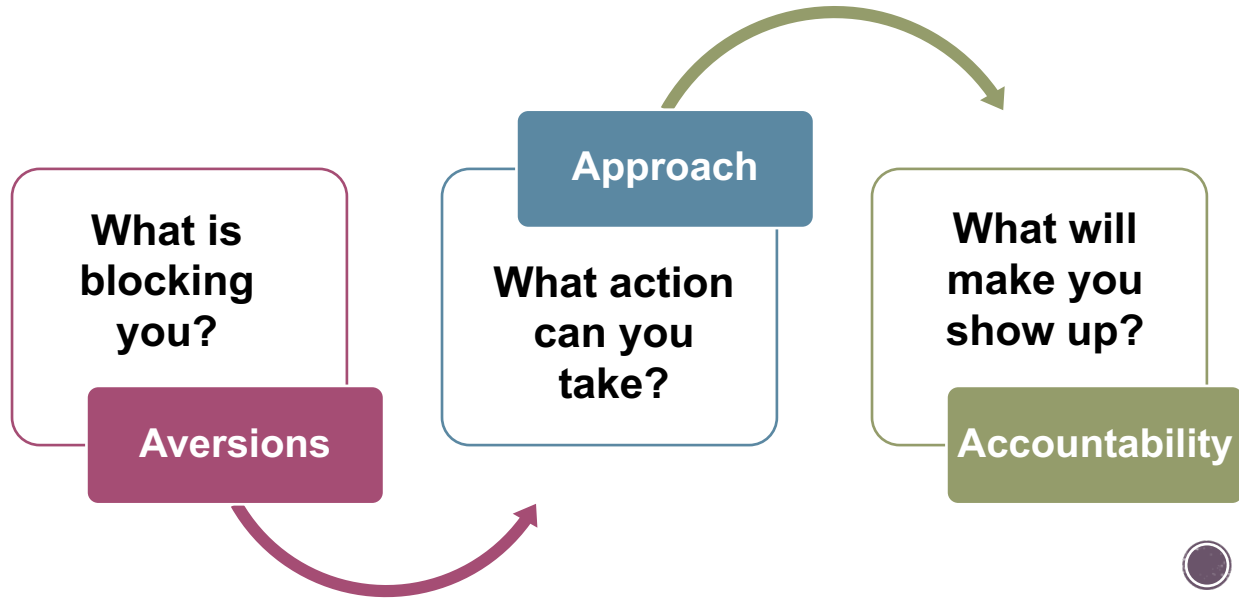


WHO ARE YOU?

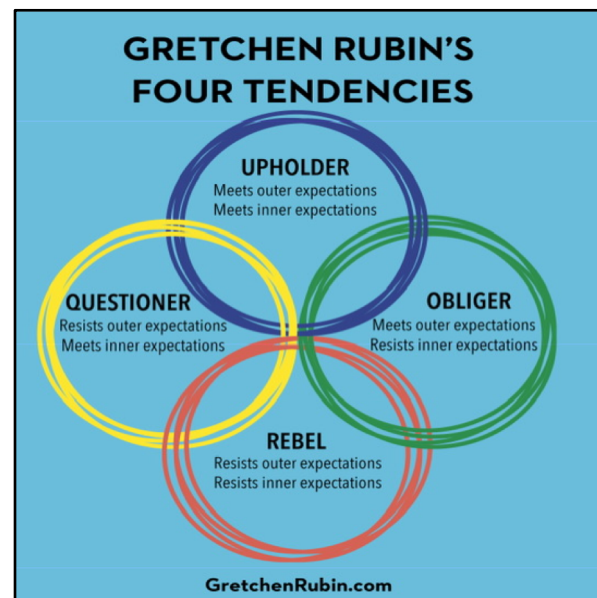


From : *Tend to It* by Kate Litterer

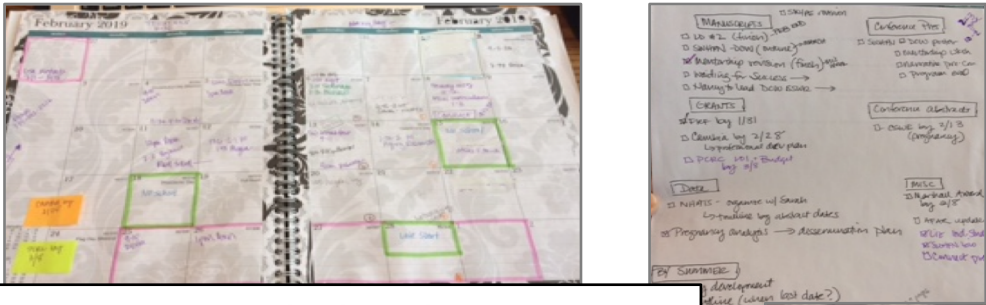
EVALUATING YOUR HABITS & NEEDS



The Four Tendencies Quiz



<https://quiz.gretchenrubin.com/four-tendencies-quiz/>



2018-2019 Funding Application Timeline

	Sept 2018	Oct 2018	Nov 2018	Dec 2018	Jan 2019	Feb 2019	Mar 2019	April 2019	May 2019	June 2019	July 2019
NPCRC (\$90k/2yr, not to exceed \$198k)	Biosketch	LOI (11/5)	Collect Letters of Support	Budget	Submit Full Proposal (1/21)			Notified in April			Begins 7/1
Cambia (\$180k/2yr)					LOI (2/28)		Collect Letters of Support			Full Proposal (*6/1)	Begins DEC 2019
Brickley (EMU) (\$1500-2k/1yr) SUB 8/30/18	Rolling until 10/2	Notified 10/15	AWARDED \$2450								
SRA (EMU) (\$12k summer) SUB 10/31/18		Submit 10/31			Notified 1/15				SRA (May-Aug)		
FRF (EMU) (12 credit release) SUB 1/30/19		+\$3k SS&M			Submit by 1/31			Notified 4/2			
Fahs-Beck (\$20k/2yr)		Application received by Nov 1 or April 1			Submit IRB		Full received by 4/1				
PCRC Pilot Award (\$30k/1yr)		Starts 9/1 for 12 months, up to \$30k								LOI (*6/1)	Full (*7/16)
CSU Seed Grant (\$5 or 10k/yr)		Due by *8/27									

Should probably submit something for the conference too.

SEMESTER PLAN

Research, Writing, and Project Goals	Papers/Abstracts Under Review	Misc	Personal Goals
<input type="checkbox"/> JAMA commentary <input type="checkbox"/> ADRD Caregiver LD <input type="checkbox"/> LD language commentary <input type="checkbox"/> LDP progress <input type="checkbox"/> R21 progress <input type="checkbox"/> LD Systematic Review <input type="checkbox"/> ADRD Systematic Review <input type="checkbox"/> Advice paper <input type="checkbox"/> Pregnancy Plans <input type="checkbox"/> DEI statement <input type="checkbox"/> Cambia report 2021 <input type="checkbox"/> SWHPN pres: LD <input type="checkbox"/> SWHPN pres: Leadership <input type="checkbox"/> GSA abstract <input type="checkbox"/> Implementation Challenges Paper <input type="checkbox"/> FG data analysis <input type="checkbox"/> LD policy analysis	<input type="checkbox"/> AFU Book Chapter <input type="checkbox"/> Pregnancy & Culture (NASPA) <input type="checkbox"/> Infertility R (Affilia) o 2/1/22 <input type="checkbox"/> Equity & Inclusion R (JSWE) o In Press	<input type="checkbox"/> Semester Plan <input type="checkbox"/> AFAR 2021-2022 updates <input type="checkbox"/> Personnel letters to faculty for 2020-2021 AY <input type="checkbox"/> Think Again Book Club <input type="checkbox"/> RC Reviews <input type="checkbox"/> PC Reviews <input type="checkbox"/> GSA Fellows <input type="checkbox"/> CONNECT proposal	<ul style="list-style-type: none"> • Daily movement • Exercise/Yoga 3x/wk • Vacation time • Reading books

LDP Project (CAMBIA)	
<input type="checkbox"/> Implementation Challenges Paper <ul style="list-style-type: none"> o Identify journal <input type="checkbox"/> IRB updates <input type="checkbox"/> Email agency with update <input type="checkbox"/> Advisory committee update <input type="checkbox"/> Schedule training sessions to begin <input type="checkbox"/> Policy literature (Allyssa)	<input type="checkbox"/> Data for advisory committee meeting <ul style="list-style-type: none"> o Worksheet <input type="checkbox"/> Analyze "rest" of data <input type="checkbox"/> Dissemination plan <input type="checkbox"/> Bi-monthly meetings <input type="checkbox"/> LD policy history commentary—balance with short LOS
LEADERSHIP PLAN (CAMBIA)	
<input type="checkbox"/> Simmons Leadership <ul style="list-style-type: none"> o Concur <input type="checkbox"/> Finish Cambia Report 2021	<input type="checkbox"/> Identify research trainings <input type="checkbox"/> GSA Fellows <input type="checkbox"/> EMU Leadership Training
R21	
<input type="checkbox"/> Recruitment and Data Collection <input type="checkbox"/> Subject burden manuscript <input type="checkbox"/> Measurement stuff (paper, presentation)	<input type="checkbox"/> Bi-monthly meetings <input type="checkbox"/> Trip to St. Louis before June 2022 <input type="checkbox"/> Update recruitment <input type="checkbox"/> SWHPN presentation: LD
SUPPLEMENTAL GRANT	
<input type="checkbox"/> Systematic Review <input type="checkbox"/> ADRD Commentary	<input type="checkbox"/> Bi-monthly meetings <input type="checkbox"/>

Week	Writing/Research Tasks	SERVICE	MISC	Personal Tasks
Week 4 1/23-1/29	<input type="checkbox"/> CONNECT proposal <input type="checkbox"/> Weekly plan	<input type="checkbox"/> Chapter 1: Think Again	<input type="checkbox"/> Queen vaccine	<input type="checkbox"/> Daily movement <input type="checkbox"/> Exercise/Yoga 3x/wk
Week 5 1/30-2/5	<input type="checkbox"/> Identify preg/higher ed journals (i.e. advice; covid policies) <input type="checkbox"/> Infertility revision comments <input type="checkbox"/> Review advice paper <input type="checkbox"/> DEI Statement <input type="checkbox"/> Submit infertility revision <input type="checkbox"/> Review commentaries for structure <input type="checkbox"/> Weekly plan <input type="checkbox"/> Cambia Report by 1/31	<input type="checkbox"/> RC Reviews <input type="checkbox"/> Review PC stuff <input type="checkbox"/> PC stuff for faculty meeting <input type="checkbox"/> Ensure PC access <input type="checkbox"/> CONNECT slides <input type="checkbox"/> SWHPN Governance	<input type="checkbox"/> BG <input type="checkbox"/> Chapter 2: TA <input type="checkbox"/> Valentines	<input type="checkbox"/> Daily movement <input type="checkbox"/> Exercise/Yoga 3x/wk <input type="checkbox"/> Soccer 1/30
Week 6 2/6-2/12	<input type="checkbox"/> Review JAMA <input type="checkbox"/> Review commentaries for structure <input type="checkbox"/> Identify IRB needs <input type="checkbox"/> Coordinate with Spectrum <input type="checkbox"/> LDP: rough draft for mentors <input type="checkbox"/> Plan in place: full work plan <input type="checkbox"/> Weekly plan	<input type="checkbox"/> Review PC stuff <input type="checkbox"/> RWG follow up <input type="checkbox"/> Prepare for PC meeting <input type="checkbox"/> Review JAGS <input type="checkbox"/> Review JSWEOLPC <input type="checkbox"/> CONNECT presentation	<input type="checkbox"/> Chapter 3: TA <input type="checkbox"/> Tend to it CH 2, 3, 4 <input type="checkbox"/> Letters <input type="checkbox"/> Returns <input type="checkbox"/> Slow Professor <input type="checkbox"/> Electrician	<input type="checkbox"/> Daily movement <input type="checkbox"/> Exercise/Yoga 3x/wk <input type="checkbox"/> Soccer 2/6 <input type="checkbox"/> Dune
Week 7 2/13-2/19	Devin no school 2/18 <input type="checkbox"/> Prepare for Mentors <input type="checkbox"/> JAMA commentary <input type="checkbox"/> Weekly plan	<input type="checkbox"/> PC evaluation review plan <input type="checkbox"/> Prepare for SIG meeting (GSA) <input type="checkbox"/>	<input type="checkbox"/> Travel?	<input type="checkbox"/> Daily movement <input type="checkbox"/> Exercise/Yoga 3x/wk <input type="checkbox"/> Dune





ACADEMIC PROJECT MANAGEMENT

- Not all writing tasks involve actual writing
- Project vs. Task
- Estimating how long tasks will take
- Shallow vs. deep work
- Scheduling projects and tasks
- Rest & recharge

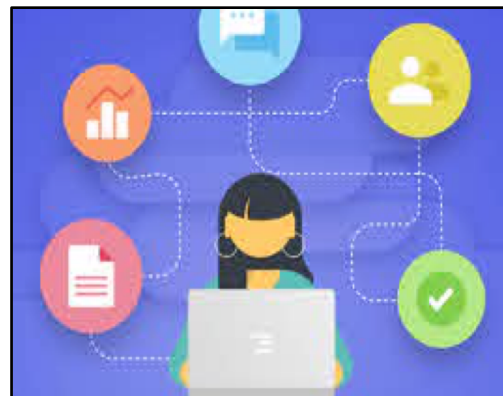


Image: a woman sitting at a laptop and images such as paper/document, bar chart, text bubble, and a check mark, are streaming out.

BE STRATEGIC

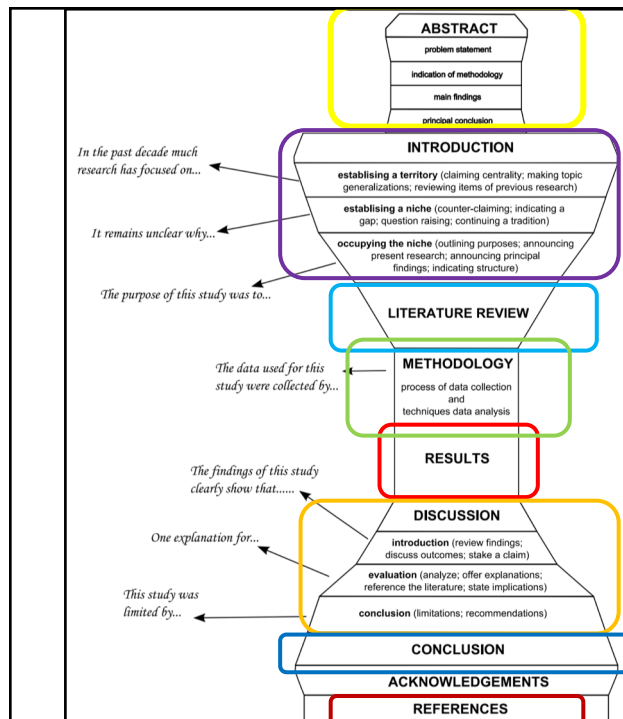


Shit Academics Say
@AcademicsSay

"I'll Finish it in the Hotel Room after Arriving at the Conference the Night Before: An Autoethnographic Interrogation of Procrastination and Spectacular Time Misestimation in the Academy"

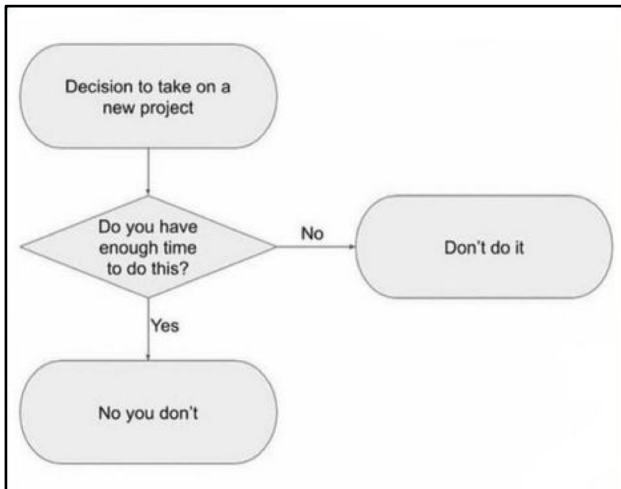
#OverlyHonestPaperTitles

	Fri 9	Mon 12	Tue 13	Thu 15	Tue 20
3 participants	2:30 PM	over lunch	10:45 AM	5:00 PM	afternoon
David		✓		✓	✓
Alice	✓	✓			
Richard		✓		✓	
Your name	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	3	0	2	1



- Where do you start?
- What tasks need to be done first?
- What can you delegate?
- What brings you a feeling of success?

SET PARAMETERS



PARAMETERS EXERCISE

- What makes me feel rested?
- When am I taking "me" time?
- What can I say NO to today?
 - For today
 - For this month
 - For the semester
 - For the year

**5
MIN**

IN ORDER TO SAY YES
TO YOUR PRIORITIES
YOU HAVE
TO BE WILLING
TO SAY NO
TO SOMETHING ELSE.

Image text: In order to say yes to your priorities you have to be willing to say no to something else.

UTILIZE RESOURCES

EMU

Partner

Join

Campus and
Community
Writing

Join a writing
group

Office of
Research
Development and
Administration
(ORDA)

Research Writer's Collaborative.

coming winter 2022 semester.

scan for more information

BRUCE K. NELSON FACULTY DEVELOPMENT CENTER

Image: book cover of How to Write a Lot by Paul Silva

Image: Book cover of Write It Up by Paul Silva

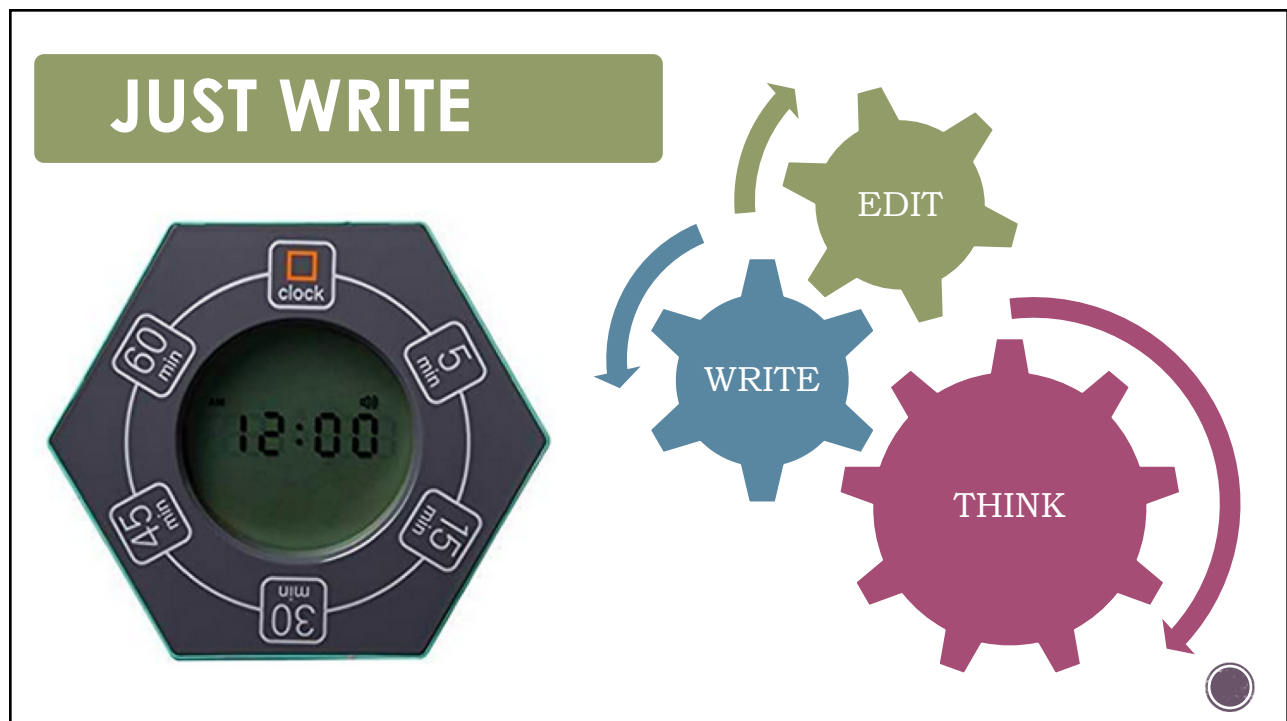
Image: Book cover of Writing Your Journal Article in Twelve Weeks by Wendy Belcher

Image: Book cover of The Slow Professor by Maggie Berg and Barbara K. Seeber

Image: Book cover of Tend to It: A Holistic Guide to Intentional Productivity by Kate Litterer

Cathy Mazak, Academic Writing Coaching for Womxn: <https://www.cathymazak.com/>

National Center for Faculty Development & Diversity: <https://www.facultydiversity.org/home>





Ken's Approach to Writing

- *Writing is cognitively unnatural* (Steven Pinker)
- A shift from *seize the momentum* to *stop and walk away* on meeting a word/time goal
 - The super useful “timer”



- Expanded a storehouse of notes, readings, observations, facts, generation of ideas... during the pandemic.
- Zoom/online is convenient
- Feedback helped



***We shall not cease from exploration, and
the end of all our exploring will be to
arrive where we started and know the
place for the first time.***

T. S. Eliot



Image: a Lego figure on hike holding binoculars in one hand and walking stick in another. Sunset in background.



THANK YOU!

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Focusmate.com. <https://www.focusmate.com/dashboard>

Go Fucking Do It. <https://gofuckingdoit.com/>

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Spreader. <https://www.spreader.com/app.php>

stickK commit. <https://www.stickk.com/>

Text To Speech Reader. <https://ttsreader.com>

Tomato Timer. <https://tomato-timer.com/> /

