What You Learn

What is General Education at EMU All About?
One of the hallmarks of a college education is that students graduate with basic competencies in a broad array of areas necessary to be effective citizens and leaders in a global society. At Eastern Michigan University, these competencies are outlined in our award-winning General Education (Gen. Ed.) curriculum. This curriculum has to be completed by every student who enters EMU in 2007/08 or later, in order to graduate. We’re really proud of this curriculum because it allows you so much flexibility to choose from a wide variety of courses, as you fulfill the requirements for each competency. We’re confident that you’ll enjoy the Gen. Ed. experience, and that it will expose you to some of the important ideas and concepts that shape our world.

What is LBC – Learning Beyond the Classroom?
Part of the Gen Ed. requirements asks students to participate in Learning Beyond the Classroom (LBC) experiences. We think this is important because a university education is about more than just classes. Students involved in activities outside of the classroom have higher retention rates and more positive educational experiences.

How Will LBC Benefit You?
Learning Beyond the Classroom encourages you to:
• Obtain hands-on experiences,
• Gain important skills for future professions,
• Bridge classroom knowledge with out-of-classroom experiences.
This is great because you can actually earn credit for your involvement in student life outside the classroom, where a LOT of your learning happens in college.

What Types of Activities Count For LBC Credit?
A wide variety of activities count for LBC credit, everything from Marching Band participation to a planning committee for a major campus event, from leadership camps to theatre performances. There are a large number of classes that count towards LBC credit if you prefer a classroom experience. See pages 8-20 for the complete list.
How You Earn LBC Credit!

What Are Your Specific LBC Requirements?
In order to fulfill the Gen. Ed. LBC requirement, you must complete an experience in either one or two of the groups listed below depending on your student status when you begin at EMU:

- **Group 1. Self and Well-Being**
- **Group 2. Community Service, Citizenship, and Leadership**
- **Group 3. Cultural and Academic Activites and Events**
- **Group 4. Career and Professional Development**
- **Group 5. International and Multicultural Experiences**
- **Group 6. Undergraduate Research**

If you entered EMU as a/an:
- **Freshman**….. you must fulfill the requirements of **TWO** of the six LBC groups.
- **Undergraduate transfer**….. you must fulfill the requirements of **ONE** of the six LBC groups, AND it must be done at EMU.

When Do You Need To Complete LBC?
The short answer- whenever you want to, prior to graduating. The exception to this is that some academic majors with second admission processes (education, business, nursing) MAY require you to have your Gen. Ed. requirements completed when you apply for admission to the major. Check with your academic advisor to confirm if your intended major has such a requirement.

Which One or Two Groups Will You Choose To Complete?

- **STEP 2** - Once you know how many groups you must complete, you’re ready to start thinking about which of the six LBC groups you want to fulfill. Browse the group descriptions now (pgs. 8-20) to learn about all the different ways that you can earn credit. You’ll see that there’s a lot of flexibility and choice built in to each category, so you can design the experience that’s most compelling for you.
- Try to get a sense of the types of activities that you can participate in, and make note of the groups that seem the most inviting or interesting to you. You can pick any one or two groups to complete – it’s as simple as that. And you only need to choose **one** option within the group to complete.

- **STEP 3** - Select the LBC group(s) you’ll complete and pick the option for fulfillment that you’ll choose.

- **STEP 4** - To help you start planning, record your group and option choices in your passport now!
How Will You Find LBC Activities That Count?

Here’s where things start to get a little more challenging. As you get ready to participate in some actual activities like the ones listed in each group description (pgs. 8-24), you’ll realize that the information listed is really about the types of activities that you can select, but that these descriptions don’t tell you exactly when, where or how to sign up for a specific activity that will count for LBC credit in any given semester. It’s virtually impossible for us to provide you with a list of all the specifics, because:

- there are so many choices and opportunities,
- they’re sponsored by so many different offices and departments,
- they change from semester to semester.

So your most important task will be to match up the types of experiences listed within your chosen group(s) with actual events taking place in a given semester, when you’re ready to participate.

Campus Resources For LBC

Following are some of our best recommendations for finding out about campus events and activities that count for LBC credit.

➡️ Catalog

The EMU online Course Catalog is your primary source of information on participant activities for the group you’ve selected. This will always be your most up to date resource, and in addition to listing classes that qualify for LBC, it also includes links to activities and events that qualify for LBC credit.

➡️ Events

Look for events sponsored by these departments:

- Academic Departments
- Campus Life
- Career Services
- Diversity and Community Involvement
- RecIM Club Sports
- Student Media
- University Health Services

➡️ LBC Logo

Look for this LBC symbol on posters, fliers, calendars and websites - it helps identify LBC events.

➡️ More Resources

- Student Activities Calendar with LBC search function (www.emich.edu/clcal)
- Announcements on myemich web portal (myemich login page)
- Campus Life website (www.emich.edu/campuslife)
- Guide to Student Involvement (www.emich.edu/campuslife)

➡️ Research

If you’re particularly enjoying the subject matter of a course, want to develop more expertise in a special area of interest, or think you might have an interest in working more closely with a faculty member, feel free to initiate contact with a faculty member and inquire about how you could start a guided research experience.

➡️ Student Employment

Don’t forget, some jobs on campus, in leadership roles, can count for LBC credit!

➡️ Student Organizations

Check out the Student Organization Web Portal (www.emustudentorgs.com)

- If you’re an executive board member for a full academic year,
- If you’re a member of a club sport team with a non-student coach,
- If you’ve completed 40 hours or more of community service, through the organization.

Note: Campus events sponsored only by a student organization will NOT qualify for credit. There are only three ways to earn LBC credit for participation in a recognized student organization.

➡️ Campus Announcements

- Emerging Leaders Workshop Series for LBC Credit
- Rocky Horror Picture Show: The Musical! Award for LBC Credit
- International Week Planning Committee Needs Your Help! Earn LBC credit on the job!
How Do You Sign Up To Participate?

- Contact the department sponsoring the event or activity; and follow all steps to register or sign-up for the event in advance.
- Attend/Participate/Learn!
  - Sign in to record your attendance at the event or follow the instructions to complete your responsibilities for earning credit.

Where To Turn For Help!

- For more information about the LBC requirement go to the General Education Program website.
- For more information about the suggested steps for completing the General Education LBC requirement, go to Campus Life’s website and click on the Gen Ed LBC tab.
- For credit-reporting concerns or additional advise, contact the General Education Office.
  - General Education Office 487-0439  emich.edu/gened
  - Academic Advising - General 487-2170  emich.edu/aac
  - Campus Life 487-3045  emich.edu/campuslife
  - Diversity & Community Involvement 487-3118  emich.edu/dci
  - Rec IM Club Sports 487-1338  emich.edu/recim
  - Career Services 487-0400  career.emich.edu
  - University Health Services 487-2226  emich.edu/uhs

What Else Do You Need To Do?

- As you complete each of your LBC experiences, credit for participation should be entered into your academic file by the faculty or staff member responsible for that experience. Be sure to keep track of the details of each activity you complete in your passport. Include the date, time, location, name of sponsoring department, and copy of a handbill, program or flyer if available.

How Does Your Credit Get Entered Into Your Transcript?

- The reporting of your credit for LBC events happens at the departmental level. This means that the question of who records your credit depends on what classes or activities you choose to participate in. Here’s a list of where to check, to confirm that your credit has been entered.

1. Credit-Bearing Classes:
   - If you take a class toward fulfillment of an LBC requirement, your credit for LBC is automatically applied when grades are entered by your teacher at the end of the semester. You should see this credit show up in the area of your myemich student tab where you check your academic progress/transcript.

2. Activities/Events:
   - If you participate in a campus event, activity, job, or planning group, toward fulfillment of an LBC requirement, your credit for LBC is entered by the department or office sponsoring the event.

3. Student Organizations:
   - The faculty/staff advisor for your student organization can enter your credit for an executive board role on a student organization. Campus Life can help guide your advisor through this process.

   **Note:** There is not a way for you to see what LBC credits you have been entered into in your account record. Your academic advisor or any faculty member can view the number of LBC credits in your academic record, and can tell which groups they reference, however they will not be able to tell the specific events for which these credits were given. This is why it is very important for you to keep accurate records/documentation on the events/activities/classes you took in fulfillment of LBC requirements.

CELEBRATE!! You're Done!
Group 1

Self and Well Being

What You Learn
• Learn to achieve a balance between education, work, and leisure.
• Choose behaviors and environments that promote health and reduce risk.
• Develop skills and habits that aid in future life and career pursuits.

How You Earn
There are three ways you can earn credit for Group 1: Self and Well Being. You only need to choose one of these options.

Pick one!

1) Participate in Coached Sports Teams:
• Athletics Department Teams - Athletics Department 487-1050
• Coached Club Sports Teams - ReclM Center 487-1338

Note: To qualify for LBC credit, club sports teams must be recognized student organizations at EMU in the year the credit is earned, AND they must have non-student coaching staff.

2) Participate in Other Related Campus Activities:
• Personal Safety and Rape Aggression Defense - free workshop
  Department of Public Safety 487-0892 (www.emich.edu/publicsafety)

3) Take an LBC approved credit-bearing class (see EMU’s online course catalog):

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>ECON 103L*</td>
<td>Economics for Living</td>
</tr>
<tr>
<td>MSL 000-499</td>
<td>Military Science &amp; Leadership Courses</td>
</tr>
<tr>
<td>MUSC 149</td>
<td>Marching Band</td>
</tr>
<tr>
<td>MUSC 249</td>
<td>University Band</td>
</tr>
<tr>
<td>PEGN</td>
<td>all PEGN activity courses</td>
</tr>
<tr>
<td>PEGN 210L*</td>
<td>Lifetime Wellness and Fitness</td>
</tr>
<tr>
<td>RECR 100L*</td>
<td>Introduction Recreation &amp; Leisure</td>
</tr>
<tr>
<td>RECR 280L*</td>
<td>Camping</td>
</tr>
<tr>
<td>RECR 282L*</td>
<td>Backpacking</td>
</tr>
<tr>
<td>STS 170L</td>
<td>Global Technologies</td>
</tr>
</tbody>
</table>

Note: Courses with an “L” are also offered as NON-LBC courses and may offer sections which do not have the “L” designation. Therefore, ONLY those sections of the course with “L” designations will count towards this requirement.

* All approved LBC experiences and courses must be affiliated with Eastern Michigan University.
Group 2

Community Service, Citizenship and Leadership

What You Learn
- Participate in the development, maintenance, and/or change of community standards and norms.
- Participate in service/volunteer activities.
- Develop leadership skills.
- Develop skills and habits that aid in future life and career pursuits.
- Acquire skills for working cooperatively with others.

How You Earn
There are many ways you can earn credit for Group 2: Community Service, Citizenship and Leadership. You only need to choose one of these options.

Pick one!

1) Participate in intensive leadership development experiences sponsored by campus departments (20 or more hours):

   Activity
   - Alternative Breaks Sponsored by VISION
   - CERT Community Emergency Response Team
   - Emerging Leaders Series
   - Greek Leadership Institute
   - LeaderShape Institute
   - Naval ROTC Summer Cruise
   - New Student Orientation Assistant (NSOA)
   - Orientation Team of Advisors and Mentors (OTeam)
   - Student Volunteerism Conferences

2) Serve on an executive board of a recognized student organization (one year):

   There are hundreds of organizations to choose from! Go to www.emustudentorgs.com to learn more about all our currently recognized student organizations.

3) Participate in volunteer service in the community with a recognized student organization (20 hours) such as:

   Organization                        Sponsoring Dept.
   - America Reads                     DCI/VISION - 487-1313
   - Best Buddies                      DCI/VISION - 487-1313
   - Green                             DCI/VISION - 487-1313
   - Habitat for Humanity              DCI/VISION - 487-1313
   - Jumpstart                         DCI/VISION - 487-1313
   - Kid Konnection                    DCI/VISION - 487-1313
   - Students Against Hunger and Homelessness DCI/VISION - 487-1313
   - VOICE                             DCI/VISION - 487-1313
   - Greek Letter Social Fraternities and Sororities Campus Life - 487-3045
4) Student employment in a campus leadership role:

Note: These are not entry level positions, prior experience is typically required. Please see website for the departments below for more information.

<table>
<thead>
<tr>
<th>Job Title</th>
<th>Hiring Dept.</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Campus Life Involvement Corps</td>
<td>Campus Life - 487-3045</td>
</tr>
<tr>
<td>• Community Volunteer Service with a recognized student organization or VISION program</td>
<td>DCI/VISION - 487-3118</td>
</tr>
<tr>
<td>• Dining Services Manager</td>
<td>Dining Services - 487-0418</td>
</tr>
<tr>
<td>• Echo Sales Manager</td>
<td>Student Media - 487-4400</td>
</tr>
<tr>
<td>• Editors, Echo &amp; Cellar Roots</td>
<td>Student Media - 487-1010</td>
</tr>
<tr>
<td>• Recept. Desk Manager</td>
<td>DCI/VISION - 487-3118</td>
</tr>
<tr>
<td>• REC/IM Supervisor</td>
<td>ReclIM Center - 487-1338</td>
</tr>
<tr>
<td>• Resident Advisor</td>
<td>Housing Dept. - 487-1300</td>
</tr>
<tr>
<td>• Student Center Information Center Manager</td>
<td>Student Center - 487-1157</td>
</tr>
<tr>
<td>• Student Center Bldg. Manager</td>
<td>Student Center - 487-1157</td>
</tr>
<tr>
<td>• Student Body President and Vice President</td>
<td>Student Govt. - 487-1470</td>
</tr>
<tr>
<td>• Student Program Coord.</td>
<td>DCI - 487-3118</td>
</tr>
<tr>
<td>• Supplemental Instructor</td>
<td>Holman Learning Ctr. - 487-2133</td>
</tr>
<tr>
<td>• Visit Programs Student Coord.</td>
<td>Admissions - 487-3060</td>
</tr>
</tbody>
</table>

5) Participate in other related campus activities such as:

<table>
<thead>
<tr>
<th>Organization</th>
<th>Sponsoring Dept.</th>
</tr>
</thead>
<tbody>
<tr>
<td>• American Humanics (AH)</td>
<td>Political Science Dept. - 487-1612</td>
</tr>
<tr>
<td>Internship Program</td>
<td></td>
</tr>
</tbody>
</table>

6) Take an LBC approved designated service-learning credit-bearing class such as:

<table>
<thead>
<tr>
<th>Organization</th>
<th>Sponsoring Dept.</th>
</tr>
</thead>
<tbody>
<tr>
<td>CSIE 150L</td>
<td>Cyanobacteria in the Huron River</td>
</tr>
<tr>
<td>CSIE 177L</td>
<td>Groundwater Studies</td>
</tr>
<tr>
<td>MGMT 488L</td>
<td>Field Studies in Entrepreneurship</td>
</tr>
<tr>
<td>SPCI 350L</td>
<td>Introduction to Cognitive Impairment</td>
</tr>
<tr>
<td>SPEI 401L</td>
<td>Programming, Methods &amp; Curriculum for Elementary Students with Emotional Impairment</td>
</tr>
<tr>
<td>SWRK 350L</td>
<td>Generalist Social Work Practice: Organizations &amp; Communities</td>
</tr>
<tr>
<td>WGST 230L</td>
<td>Conversations with Girls</td>
</tr>
</tbody>
</table>

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* All approved LBC experiences and courses must be affiliated with Eastern Michigan University.
Group 3

Cultural and Academic Activities and Events

What You Learn
- Understand and appreciate the relationship between curricular and co-curricular activities.
- Experience and feel part of the campus community.
- Appreciate campus activities and events that broaden your academic experiences.

How You Earn
There are three ways you can earn credit for Group 3: Cultural and Academic Activities and Events. You only need to choose one of these options.

Pick One!

1) Attend eight (8) cultural or academic events throughout your college experience.
These events must be sponsored by a campus office or department and must specifically indicate LBC credit approval. If you’re unsure, please call the sponsoring department to confirm if the event qualifies for LBC credit.

Event Type
- Art Exhibitions
- Guest Artist and Guest Speaker Events
- Lectures, Colloquia, Symposia
- Cultural Excursions
- Multicultural Events
- Theatrical Performances
- Music and Dance Performances

2) Participate in a cultural, arts or entertainment production sponsored by a campus department.
- Theatrical Performer
- Theatre Dept. Mainstage Productions
- CloseUp Theatre Troupe
- Forensics Team
- Six Figures Playback Theatre
- Vocal or Ensemble Musician
- Dancer
- Visual Artist/Exhibitor
- Event Crew Member (sets, props, sound, lighting, costume, makeup)
- Event Stage Manager
- Event Planning Committee Member (programming, budgeting, contracting, marketing, facilities and technical operations, event management)
- Campus Life Involvement Corps
- Intermedia Gallery Group
- Women’s Center Vagina Monologues

3) Take an LBC approved credit-bearing class such as:
- ART 169L Watercolor for Non-Majors
- CTAR 150L Introduction to Theatre
- UNIV 100L Intro to the University, 1 credit hour
- UNIV101L Intro to the University, 3 credit hours

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Group 4

Career and Professional Development

What You Learn

- Consider your career and future as a professional in reference to what you have achieved already, what you are doing currently, and what your interests and goals are.
- Explore various career and professional opportunities through structured channels.

How You Earn

There are many ways you can earn credit for Group 4: Career and Professional Development. You only need to choose one of these options.

Pick One!

1) Take an internship or cooperative education experience.
These experiences must be approved through the Career Services Office and/or the sponsoring department.

Examples Include
- American Humanities Management Institute (AHMI)
- Aviation Safety and Professional Workshops
- Graphic Designer Jobs and Webmaster
- Eastern Echo Staff Member
- Judicial Board
- Community Standards
- Road Rules for Choosing a Major/Career Workshop Series

Sponsoring Department
- Political Science Department
- College of Technology
- Campus Life, DCI, and Student Center
- Eastern Echo
- Student Conduct and Career Services

2) Complete an LBC approved credit-bearing exploration course.

Examples Include
- Clinical Training
- Dietetics Field Work Experience
- Field Experiences
- Internships and COOP Education
- Practicums

Sponsoring Department
- School of Nursing and Music Therapy Program
- Dietetics Program
- Career Services
- Career Services
- Academic Departments

3) Significant involvement with a professional discipline-based organization (regional, national, or international).
To find participation opportunities, check with your academic major department. Professional discipline-based organizations are those maintained outside the boundaries of EMU; e.g. American Psychological Association (APA); National Communication Association (NCA). This involvement must be documented work for the organizations as a volunteer or officer.

4) Student Teaching.
EDUC 490-499 Student Teaching Courses

5) Take an LBC approved credit-bearing class.
COB 200L Introduction to Business
COUN 100L Career Exploration & Decision Making
GPLN 410L Site Planning Studio

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Group 5

International and Multicultural Experience

What You Learn

International Experiences
- Appreciate cultures outside of the U.S.
- Understand how different cultures approach social problems.
- Acquire the perspective of a cultural minority.
- Acquire the skills necessary to function in another culture.

Multicultural Experiences
- Understand and appreciate cultures within the U.S.
- Appreciate various forms of cultural expression.
- Communicate effectively across cultures within the U.S.

How You Earn

There are many ways you can earn credit for Group 5: International and Multicultural Experience. You only need to choose one of these options.

Pick One!

1) Study Abroad.
   - Academic Programs Abroad Office

2) Participate in planning and implementing a major international or multicultural event.

<table>
<thead>
<tr>
<th>Event Type</th>
<th>Sponsoring Department</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asian Pacific Islander Heritage Month</td>
<td>DCI</td>
</tr>
<tr>
<td>Black History Month</td>
<td>DCI &amp; African American Studies Dept.</td>
</tr>
<tr>
<td>Hispanic Heritage Month</td>
<td>DCI</td>
</tr>
<tr>
<td>International Week</td>
<td>Office of Internatl. Students</td>
</tr>
<tr>
<td>Model United Nations</td>
<td>Political Science Dept.</td>
</tr>
<tr>
<td>MLK Week</td>
<td>MLK Planning Cmtee.</td>
</tr>
<tr>
<td>Native American History Month</td>
<td>DCI</td>
</tr>
<tr>
<td>Pride Month</td>
<td>DCI</td>
</tr>
</tbody>
</table>

3) Take an LBC approved credit-bearing World Language class.

- World language, any first course if not used to fulfill Gen. Ed. Humanities requirements
- World language, any second course, if a first course is used to fulfill the Gen. Ed. Humanities requirements

4) Take an LBC approved credit-bearing class.

- PLSC 343L or 344L  
  - Model United Nations
- PLSC 391L  
  - Global Experience: Poverty, Human Rights & Health

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Undergraduate Research

What You Learn
- Learn to carry out self-directed or independent learning projects.
- Collaborate with or be mentored by a faculty member.
- Appreciate the value of learning for self-understanding and actualization.
- Appreciate the value of intellectual and critical engagement with local and global issues.

How You Earn
There are two options for this category. You only need to choose one of these options.

Pick One!

1) Engage in original scholarship or creative activity leading to the dissemination of work.
   - Present original student work at a stage, regional, national, or international conference.
   - Present at EMU’s Undergraduate Symposium - 487-3198 (www.emich.edu/symposium)
   - Publish original student work in a juried professional journal, website, or book. Must be sponsored by a faculty member.

2) Participate in an approved research-design experience.
   - Mathematical Contest in Modeling.
   - Product Research and Development Enterprise.

* All approved LBC experiences and courses must be affiliated with Eastern Michigan University.