

24/7 online health care



Confidence comes with every card.®

POWERED BY
AMERICAN WELL®

You now can get quality health care, anytime, anywhere.*

Life is online 24/7/365

You're used to the convenience of banking, shopping and taking care of personal business online when you're pressed for time, or when it's convenient for you. Medical care doesn't have to be any different. Why not see a board certified doctor online too?

No appointment needed

You can get fast, convenient, affordable online health care 24 hours a day, seven days a week, wherever you are in the U.S.* Just choose an available doctor, click and go. It's as simple as using your mobile device or computer to meet with a doctor face-to-face, online, when:

- Your primary care doctor isn't available.
- You can't leave your home or workplace.
- You're on vacation or traveling for work.
- You're caring for children or a family member and can't leave home.
- You're looking for affordable after-hours care.

It's for the whole family

Family members on your plan can also use 24/7 online health care. Just add your spouse and children to your account so it's ready when they need to use it.

When should I use an online doctor?

You can use Amwell™, American Well's award-winning and easy-to-use online health care technology, for minor, nonemergency illnesses, such as:

- Sinus and respiratory infections
- Vomiting
- Strains and sprains
- Colds, flu and seasonal allergies
- Diarrhea
- Pinkeye
- Urinary tract infections
- Headache
- Rashes

How do I get started with 24/7 online health care?

Enroll now:

Mobile – Download the Amwell™ app

Web – Go to bcbsm.amwell.com

Phone – Call 1-844-733-3627

- Use service key **BCBSM**.
- Add your Blue Cross or BCN health plan information.

How does it work?

Fast and easy:

- Create an account.
- Log in by Web, or launch the Amwell app from your mobile device.
- Choose an available doctor who's right for you.
- Talk to your doctor and get a prescription, if needed.*
- At the end of your visit, you'll get a full report to share with your family doctor or other health care providers.
- You can also view your explanation of benefits statement and claims for online health care at bcbsm.com.

What kind of doctor will I see?

A quality, Amwell doctor who:

- Is in network
- Is U.S. board certified
- Has an average of 15 years of experience
- Is specially trained in online care
- Has seen thousands of patients online

Choose the doctor who's right for you

Every doctor has an online photo with a profile listing:

- Languages spoken
- Experience
- Affiliations
- Practice philosophy

WATCH YOUR DOCTOR'S
"webside manner" video

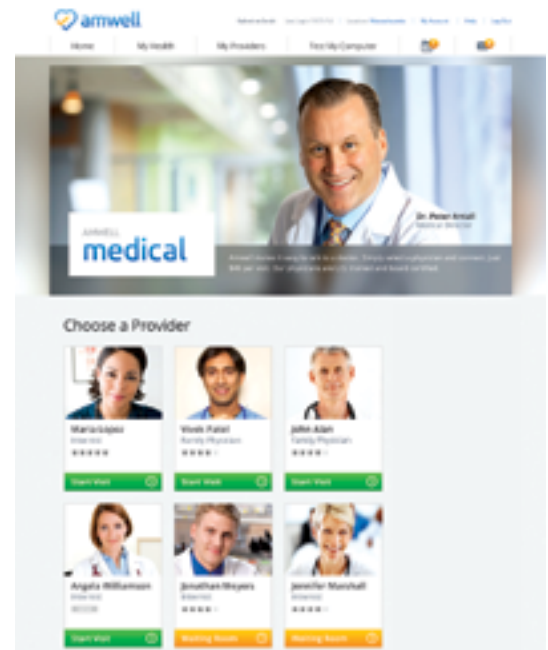
AND READ QUALITY REVIEWS BY PATIENTS JUST LIKE YOU.

IT ONLY TAKES ABOUT
three minutes

TO START YOUR
ONLINE CONSULTATION.

FACE TO FACE
24/7 online health care

IS PRIVATE AND SECURE.



**U.S. only. Some states have visit and prescribing restrictions. Online health care doesn't replace primary doctor relationships.*



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