

# Stay well, get fit and save money

## Discount Programs and Services

**Enroll in an Aetna Disability and/or Life Insurance plan, and you'll get the Aetna extras! Our discount programs are your ticket to the small luxuries that help keep you happy and healthy.**

Save right away on:

- Fitness club memberships
- LASIK surgery
- Waterpik® dental products
- And more!

For California members, the Fitness, Aetna Hearing Discounts, Aetna Vision Discounts and the Aetna Natural Products and Services program discounts are not offered under the member's benefit plan contract. Members with covered benefits should exhaust those benefits prior to using these discounts. These services and products are provided by organizations other than Aetna. The discounts are reductions from the provider's usual fee (retail price) for the service. Actual costs and savings vary by geographic area. If you have questions about the Fitness, Aetna Hearing Discounts, Aetna Vision Discounts or Aetna Natural Products and Services programs, please call **1-800-756-7039**. For HMO members, any complaints about these discount programs may be submitted using the process described in your Evidence of Coverage. For more information on these programs, check with your employer or call the Member Services number on your ID card.

\*Participation may only be available to new club members.

\*\*Not available at all clubs.

### A fitness program for your body ... and budget

Regular exercise can help you stay healthy, and can make you look and feel better. With the Aetna Fitness<sup>SM</sup> discount program, you can save money, too!

### Support your healthy lifestyle with

- Access to preferred rates\* on nearly 10,000 fitness clubs nationwide, including well-known national chains and independent local facilities
- Flexible membership options
- Free guest passes\*\* to try participating fitness clubs before joining
- At-home weight loss programs
- Home exercise equipment and videos
- And much more

### A vision program for eye-opening savings

The Aetna Vision<sup>SM</sup> discount program helps you save on eyeglasses, sunglasses, contact lenses and solutions, LASIK, and more.

We've contracted with EyeMed Vision Care to offer access to discounts from a broad network of eye care providers including many major national chains and thousands of independent eye care providers. Most participating locations have doctors of optometry practicing right on the premises or nearby.

If your employer offers separate vision benefits, check with your benefits provider to find out if the discounts from the Aetna Vision discount program can be combined to offer you even more savings.

**For Aetna Disability and/or Life Insurance members — access to great deals on fitness, vision, hearing, health-related products and services, and more**





## Oral health discount programs help to keep your smile bright

You and your eligible family members can save money with these dental discounts.

### Waterpik® discounts

Save on these two Waterpik dental products: The Waterpik Sensonic® Professional Toothbrush and the Waterpik Ultra Dental Water Jet. They remove more plaque than a manual toothbrush. That means healthier teeth and gums.

### Epic™ Dental discount

You have access to savings on oral health care products through our discount program with Epic Dental. The program offers access to discounts on a wide array of Epic products that contain xylitol — a natural sweetener shown to stop tooth decay.<sup>1</sup> Epic Dental products can help fight cavities and keep you smiling!

## A hearing discount program worth listening to

Hear the world clearly with Aetna Hearing<sup>SM</sup> discount program. You can save big off the retail price of hearing exams, hearing services and even hearing aids.

If your employer offers separate hearing benefits, check with your benefits provider to find out if the discounts from the Aetna Hearing discount program can be combined to offer you even more savings.

## Discounts help you take better care of your health

Enroll in an Aetna Disability or Life Insurance plan to start saving today on services and products that can help you stay well and that help take care of some of the small luxuries in life.

<sup>1</sup>Burt, BA., The use of sorbitol- and xylitol-sweetened chewing gum in caries control, *J Am Dent Assoc* 2006; 137:190-196.

### Disability and life insurance plans are offered by Aetna Life Insurance Company (Aetna).

This material is for information only and is not an offer or invitation to contract. An application must be completed to obtain coverage. Rates and benefits vary by location. Life and disability insurance plans/policies contain exclusions and limitations. Discount programs provide access to discounted prices and are NOT insured benefits. **The member is responsible for the full cost of the discounted services.** Program providers are independent contractors and are not agents of Aetna. Provider participation may change without notice. Aetna does not provide care or guarantee access to health services. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about aetna plans, refer to [www.aetna.com](http://www.aetna.com).

**Waterpik® Discounts:** This material is for informational purposes only and does not constitute medical advice. It contains only a partial, general description of the program and does not constitute a contract. Aetna does not provide dental products or treatment, and therefore, cannot guarantee any results or outcomes. Waterpik and Aetna are independent contractors and neither are employees or agents of the other. The Waterpik Discount Program is rate access program and may be in addition to any plan benefits. Program providers are solely responsible for the products and services provided thereunder. Aetna receives a fee related to the above.