

# Autism Resources

## Guide to Using Autism Benefits at EMU

The autism benefit at Eastern Michigan University covers Applied Behavior Analysis (ABA), Speech Therapy, Occupational Therapy, Psychotherapy, and Diagnostic services.

- PPO: 100% In-Network (No deductible or co-pay)
- HMO: \$35 – \$45 co-pay depending on the service

To access and review your healthcare plan benefits, visit the [EMU Benefits webpage](#).

## How to schedule an assessment

Schedule a diagnostic assessment or evaluation by an approved Autism Evaluation Center (AAEC). Eastern Michigan has a center conveniently located on campus. Additional providers can be found through:

- [Directory at Autism Alliance of Michigan](#)
- [Directory at Blue Cross Blue Shield of Michigan](#)

Please use the Insurance Worksheet provided by the Autism Collaborative Center (ACC) to understand the autism treatment benefits available to you. For your convenience, the ACC staff on campus can be contacted for assistance with autism services and questions at **734.487.2890** or [agreenin@emich.edu](mailto:agreenin@emich.edu).

## Common reasons your insurance may deny a service:

- No AAEC diagnosis on file (they expire every 3 years)
- Service provider failed to obtain a pre-authorization for treatment or concurrent authorization
- Procedure code used does not fall under autism benefit and was sent to the department that manages medical and mental health benefits, resulting in a denial of coverage

## Questions?

For additional questions, the contract holder can call the Mental Health services phone number on the back of their health insurance card and ask to be directed to the Behavioral Health Department (if applicable). After reaching Behavioral Health Services, request to speak with a Behavioral Health Case Manager who can further assist with autism or other treatment.

Enrollment or other questions can be directed to the EMU Benefits Office at 734-487-3195.

### Autism Collaborative Center

1055 Cornell Rd  
Ypsilanti, MI 48197  
734.487.2890  
734.485.2892 Fax  
[autismcenter@emich.edu](mailto:autismcenter@emich.edu)

### Autism Alliance of Michigan

26500 American Dr.  
Southfield, MI 48034  
248.436.5606

### EMU Benefits Office

140 McKenny Hall  
Ypsilanti, MI 48197  
734.487.3195  
734.487.4389 Fax