

2017-18 Fall/Winter Professional Development Programs and Offerings

Leading Self



Take your career to the next level by participating in this learning cohort* to enhance your skillset:

- Creative Problem Solving
- Conflict Management Styles: Which Is Best?
- Embracing Emotional Intelligence for Increased Success
- Followership
- Maximizing Personal Productivity
- Project Management
- Social Identity Tool
- Understanding Your Communication Style

*Note: Cohort sessions are not a-la-carte. By signing up for a cohort curriculum you have indicated that you are able to attend all of the required modules.

View all offerings and register today at emulod.eventbrite.com!

Leading Others



Calling all leadership! Join the Foundations of Supervision program that so many people are talking about! The FOS cohort* includes:

- 8 modules that cover the top skills needed by all leaders.
- Learn how to develop and build a high performing and engaged work team.
- Collaborate, share best practices, and further build relationships with others across campus.
- Have fun!

EMU Way



EMU supports continuous learning and is proud to offer these additional courses to help you better understand EMU culture, processes and enhance your skillset:

- Excel Intermediate, MS Word, and Google Apps
- Paper PAF Completion for FA/LE/PTLS
- Graduate Employment ePAF workshops and processing seminars
- Leading a Culture of Engagement
- Pronouns aren't Preferred, They are Mandatory
- Sexual Assault & Domestic Violence
- Credit Scores & Reports
- Dealing with Debt
- and more!

Health & Wellness



Self-care goes a long way and EMU wants to help! With a diverse selection of wellness sessions to choose from, there is sure to be something available to interest you:

- Cooking classes hosted by the Office of Nutrition Services on topics like:
 - Mediterranean Cooking
 - Plant Based Cooking
 - Healthy Holidays
- Rec/IM Classes
- On-Campus Massages (*by appointment only*)
- Lunch & Learn Sessions:
 - Fitness Bootcamp
 - Life Coach
 - Financial Wellness
 - Chiropractic

Find out more information on the [wellness website](#)!

TRUeTraining



Don't have time to attend a training session in person? Check out **eTraining** today!

eTraining offers a diverse library of content, including:

- 1,400 + Courses and Simulations
- Videos
- Books
- Certification Test Prep Materials

eTraining is available to all students, faculty, and staff at no-cost. You have 24x7 access to ongoing personal and professional development so why not get started today!

Not at your desk? You can learn on the go using the Skillssoft app! Go to the [Human Resources website](#) to download the quick start guide.

Log-in now at emuetraining.skillport.com!

