



## Reflection Exam Wrapper

This activity is designed to give you a chance to reflect on your exam performance, and more importantly, on the effectiveness of your exam preparation. **Complete the top portion prior to your exam**, and please answer the questions sincerely.

1. **How many minutes** of your test-preparation time was spent in each of these activities?
  - a. Reading the assigned reading for the first time: \_\_\_\_\_
  - b. Rereading the assigned reading after lecture: \_\_\_\_\_
  - c. Reviewing your lecture notes: \_\_\_\_\_
  - d. Reading the book and adding details to the notes \_\_\_\_\_
  - e. Revising your lectures note with peers and from readings: \_\_\_\_\_
  - f. Making and reviewing notecards: \_\_\_\_\_
  - g. Creating and answering practice questions: \_\_\_\_\_
  - h. Reviewing and discussing material with study group: \_\_\_\_\_
  - i. Asking instructor questions during office hours \_\_\_\_\_
  - j. Other: Please specify what: \_\_\_\_\_
  
2. Approximately how much total time did you spend preparing? \_\_\_\_\_  
 (Total minutes / 60 = hours)

**Complete the bottom portion after receiving your graded exam**, and please answer the questions sincerely.

**Total points lost** \_\_\_\_\_

3. Now that you have looked at your graded exam, estimate the **number** of points you lost due to each of the following:
  - a. Trouble with applying definitions: \_\_\_\_\_
  - b. Trouble remembering structures: \_\_\_\_\_
  - c. Lack of understanding of concepts: \_\_\_\_\_
  - d. Not applying details from book to answer \_\_\_\_\_
  - e. Not knowing how to approach the problem: \_\_\_\_\_
  - f. Careless mistakes: \_\_\_\_\_
  - g. Other: Please be specific \_\_\_\_\_
  
4. Based on your responses to the questions above, name at least three things you will do differently in preparing for the next exam. Will you just spend more time, use your time more efficiently, change a specific study habitat, try a new one (if so, name it), try to sharpen some other skill (if so, name it), participate more in review opportunities, or something else?
  - 1.
  - 2.
  - 3.