

## EASTERN MICHIGAN UNIVERSITY McNair Scholars Program 2020 Annual Newsletter

## Surviving a Pandemic: Thriving Against all Odds

Dr. Heather Neff, Ph.D., Director, Eastern Michigan University McNair Scholars Program
Dr. Kimberly Brown, Ph.D., Assistant Director



Resilience. Flexibility. Hardiness. Toughness. Strength. Resistance. Cohesion. Community.

The 2019-2020 academic year put our students' best qualities to the test--and they passed with flying colors. Every aspect of the EMU

McNair Scholars Program's mission was met: we exist to prepare "high-achieving undergraduates from first-generation, low-income and traditionally underrepresented homes for success in pursuing doctoral studies. Through a rigorous program of research development, academic advising, personal mentoring, and test preparation, the McNair Program assists its Scholars in achieving academic excellence and attaining their scholarly and professional goals."

All 36 McNair Scholars engaged in multiple research and scholarly experiences through the COVID-19 lockdown and into the summer. September 2019 saw our seniors presenting their McNair research at both the EMU McNair Colloquium and the Heartland Research Conference in Kansas City, MO. Our Fall semester collaborative research activity, the McNair Team Challenge: Know Your Vote! paired Interns (juniors) as mentors to our Cadets (sophomores) in the use of research databases, writing a literature review, and the use of digital media for research presentations. Divided into teams, the scholars developed detailed analyses of the presidential candidates and determined that the 2020 election is, indeed, critical to our future!

During the spring quarantine our Cadets, Interns, and Seniors engaged in the McNair Common Read: Bryan Stevenson's *Just Mercy*, and wrote papers on how the values exemplified by the Equal Justice Initiative play a role in their personal, academic, and professional choices. During the summer each Intern produced a Graduate Admissions Portfolio comprising a number of documents required in the graduate application process. Dr. Arnold Fleischmann, Emeritus Professor of Political Science, led a zoom seminar on graduate admissions and offered additional individual mentoring to our rising seniors

Most importantly, all of our Interns completed **faculty-mentored research papers** that will be published in **Vol. 13** of the *McNair Scholars Research Journal* this fall.

Our research activities were underscored by ongoing group and individual zoom sessions targeting the emotional

challenges of life in the time of COVID-19. None of our achievements would have been possible without the generosity and support of our faculty mentors: Dr. Jamie Cornelius, Dr. Joan Cowdery, Dr. Brendan Fay, Dr. Jeffrey Guthrie, Dr. Celeste Hawkins, Dr. Heather Janisse, Dr. Kristin Judd, Dr. Éric Paradis, Dr. Nicholas Romerhausen, Dr. Jeffrey Schulz, and Dr. MacArthur Stewart. We send our additional thanks to the administrators and staff whose unwavering support provides the foundation of our success: Dr. Rhonda Longworth, Dr. James Smith, Dr. Arnold Fleischmann, Dr. Ellen Koch, Dr. Sarah Huyvaert, Professor Julia Nims, Emily Tefft, Katie Schortgen, Dr. Christine Deacons, Dr. Eric Reed, Colonel Wayne Doyle, Roderick Wallace, Josiah Pankiewicz, Susan Campbell, and Caryn Charter. We are especially grateful to our graduate assistants, Christopher Phanord, Alexa Druckmiller, and Cassidy Creech. With their help we have, indeed, demonstrated our resilience, flexibility, hardiness, toughness, strength, resistance, cohesion, and above all... Community!

Dr. Heather Neff, Ph.D., Director, EMU McNair

## Onward to Graduate Studies!

(The student's selected graduate program is indicated in **green**)



Jaylen Taylor, Biochemistry. EMU Presidential Scholar, Honors College, McNair Scholar of the Year. Dr. Deborah Heyl-Clegg, mentor.

**Doctoral admissions in Biochemistry: The Ohio State University**, University of Michigan, University of Wisconsin.

Anthony Terry, Psychology. Honors College, McNair Challenger Award. Veteran, U.S. Navy, EMU Veteran Student Support Services. Dr. Ellen Koch, mentor. Master of Social Work admissions: Eastern Michigan University, Suffolk University.



Desmine Robinson, Psychology. Admissions to a Master's of Higher Education, Student Affairs Program at Eastern Michigan University; Master of Social Work programs at Oakland University, Washington University.



Kai Le, Communication Technology. Honors College. Dr. Paul Majeske, mentor. Admitted to Urban Planning programs at Eastern Michigan University, University of Michigan, Wayne State University (Deferred until Fall 2021).

## **Preserving Mental Health During Uncertainty**

The COVID-19 pandemic and nationwide Black Lives Matter protests in response to the deaths of George Floyd, Ahmaud Arbery and Breonna Taylor have resulted in a myriad of emotions for students and staff in our community.

In response to the immense stress caused by social injustice and the ongoing challenges of the pandemic, the McNair Scholars Program initiated a series of zoom Mental Health workshops led by EMU faculty and a McNair alumna.

The series began with Ms. Courtney Williams, LMFT,

a licensed marriage and family therapist with Enki Health and Research Systems in Long Beach, CA and 2011 alumna of the McNair Scholars Program. Her session, *COVID*, *Lockdown*, *Black Lives Matter: Managing our Feelings/Maintaining our Lives* discussed the symptoms of depression, feelings of emotional exhaustion, and the importance of seeking professional support when needed.

Dr. Nina Nabors, Rehabilitation Psychologist and former EMU faculty member facilitated a session, *McNair Women's Event: Getting Through COVID and Beyond*. EMU Psychology professor, Dr. Stephen Jefferson, held a session to address the unique concerns of men, and in particular, the emotional challenges experienced by Black men in the wake of the George Floyd killing. The sessions were well-attended and greatly appreciated by our scholars.

The McNair Scholars Program strives to provide holistic support to our students. Though we have transitioned from in-person to virtual meetings, we are dedicated to inspiring the academic and social engagement of our scholars in their quest for scholarly excellence!

Dr. Kimberly Brown, Ph.D., Assistant Director

## **2020 McNair Scholars Program Recognition of Excellence Awards**

The EMU McNair Program recognizes the outstanding achievements in scholarship and service, and the generosity and support of individual faculty and administrators.

## **Scholar of the Year Award**

Awarded in recognition of Promise, Perseverance and Academic Excellence.

## Ms. Jaylen E. Taylor

B.S. in Biochemistry, cum laude, EMU Presidential Scholar. Previous recipients: Victoria Fields, Alyssia Hence, Yeliani Valdez, Victoria Fisher, Shahana Chumki, Marcia Molett, Lanita Sledge & Courtney Williams

## Research of the Year Award

Awarded for the highest quality research published in the *McNair Scholars Research Journal*.

## Ms. Jaylen E. Taylor

**B.S. in Biochemistry, cum laude.** EMU Presidential Scholar. Previous recipients: Ashley Beals, Deborah Munganga, Dominique Canning, Rebecca Luth, Carmen Grange, Mayra Rivas & Carly Evich

## **Challenger Service Award**

Awarded to Scholars who have shown great commitment to community service and assisting others.

## Mr. Anthony D. Terry

**B.A. in Psychology, cum laude.** Previous recipients: Larry D. Borum III, Brandie Bentley, Mikki Smith, Tiffany Browne & Kryn Ambs

## Sarah H. Huyvaert Mentor of the Year Award

Awarded to the Mentor who has gone above and beyond in working with our scholars to achieve their research goals.

## Dr. Deborah Heyl-Clegg, Ph.D., Professor of Chemistry and Department Head

Previous recipients: Dr. Ellen Koch, Dr. Celeste Hawkins, Dr. Lois Mahoney, Dr. Ruth Ann Armitage, Dr. Sylvia Jones & Dr. Anne Casper

## Dr. Toni Stokes Jones Award

Awarded for exceptional generosity and support for the EMU McNair Scholars Program, or representation of McNair's goals.

# Dr. Rhonda Kinney Longworth, Ph.D., University Provost and Executive Vice President

Previous Recipients: Dr. Arnold Fleischmann, Dr. Toni Stokes Jones, Professor Julia Nims, Kayla Boyd & Sylvia Torres

## 2020 Summer Research Opportunity Program Participants

Jada Childs, Future Public Health Leaders, University of Michigan Kai Le, Summer Research Opportunity Program, University of Michigan

## Eastern Michigan University McNair Scholars Research Journal Volume 13 (2020)

The EMU *McNair Scholars Research Journal* is proud to publish our students' research. Published electronically at <a href="http://commons.emich.edu/mcnair/">http://commons.emich.edu/mcnair/</a>, the journal is available to readers worldwide. At present, articles from the journal have been downloaded over 266,482 times and are widely read in Canada, Australia, and the United Kingdom.

#### **Brandon T. Carreathers**

"Athletes' Substance Abuse and Mental Health." Dr. Jeffrey Schulz, Mentor

## Kylar J. Chandler

"Where We Go 1 We Go All: A Public Discourse Analvsis of Oanon."

Dr. Nicholas Romerhausen, Mentor

#### Jada C. Childs

"Effect of Stress on the Health of African American Women in Low-Income Neighborhoods." Dr. Heather Janisse. Mentor

#### David T. DeLisle

"Implementation of a Mechanical Vibration Control System and Electric Locking Circuit for Atomic Sensing Research."

Dr. Éric Paradis, Mentor

#### **Avery Dumas IV**

"An Experimental Investigation of the Material Behavior of FDM PCTG Sockets."

Dr. MacArthur Stewart, Mentor

#### Shannon K. Hawkins, Jr.

"A Review of Late Twentieth-Century Research on Adolescent Development in Low-Income Single-Parent Households."

Dr. Celeste Hawkins, Mentor

#### Liam C. Pendleton

"Food Availability and Its Effects on Spatial Habitat Use in Breeding and Non-Breeding Red Crossbills." Dr. Jamie Cornelius and Dr. Kristin Judd, Mentors

#### Gabrielle N. Reed

"#Sayhername: Putting the "I" in Intersectionality in Black Female Social Movements."

Dr. Nicholas Romerhausen, Mentor

#### Jason O. Talley

"The Impact of Social Stigmas on Sexual Health Seeking Behavior: A Review of Literature."

Dr. Jeffrey Schulz and Dr. Joan Cowdery, Mentors

#### Macy E. Whitenburg

"Art Therapy as an Intervention and Its Effects on Anxiety and Depression."

Dr. Brendan Fay, Mentor

#### **Our current Doctoral Degree candidates include:**

**Rasheed Atwater,** Temple University, Africology and African-American Studies

Brandie Bentley, University of Illinois, Social Work

**Dominique Canning,** University of Michigan, Linguistics

**Shahana Chumki,** University of Michigan, Molecular Biology, NSF Fellowship Recipient

Carly Evich, Purdue University, Clinical Psychology

**Gabriel Green,** Pennsylvania State University, English and African American and Diaspora Studies

**Robert Green-Warren,** Rutgers University, Engineering

**Diamond Jones,** University of Iowa, Chemistry

Charae London-Terry, University of

Tennessee, Veterinary Social Work

**Allante Moon,** Pennsylvania State University, Higher Education

**Tayler Murphy,** Michigan State University, Bio-Molecular Science

**TyRhonda Smith,** Southwest College of Naturopathic Medicine and Health Sciences

**Jaylen Taylor,** The Ohio State University, Biochemistry

**Elisa Torres,** George Mason University, Social Work

**Yeliani Valdez,** The Ohio State University, Social Work

**Folayan Zheng,** Nova Southwestern University, Computer Engineering

## **EMU McNair Doctoral Recipients**

**Dr. Stephanie Hawkes, Ed.D.,** Wayne State University Educational Leadership and Policy Studies

**Dr. Rachel Hutchins, D.P.M.,** Barry University, Podiatry

**Dr. Michael Kimball, Psy.D., L.P.,** Michigan School of Psychology; Psychologist, StressCare Behavioral Health, Inc.

**Dr. Julie Krupa, Ph.D.,** University of South Florida, Criminal Justice; Assistant Professor in the School of Criminal Justice, Michigan State University

**Dr. Jasmine Lee, MSW., Ph.D.,** Michigan State University, Adult and Lifelong Education;

Director of Inclusive Excellence, University of Maryland, Baltimore County

**Dr. Ashley Rowland, Ph.D.,** University of Colorado, Boulder, Molecular, Cellular and Developmental Biology; Director of Content, Codon Learning

**Dr. Anthony Sparkling, Ph.D.,** Michigan State University, Construction Management; Assistant Professor of Construction, Purdue University

**Dr. Dara Walker, Ph.D.,** Rutgers University, African American Studies; Assistant Professor of African American Studies and Women's, Gender, and Sexuality Studies, Pennsylvania State University



David DeLisle, Jason Talley, Anthony Terry, Desmine Robinson



Dr. Deborah Heyl-Clegg, Dr. Hedeel Guy-Evans, Jaylen Taylor



Desiree Drake presents her research at the EMU McNair Colloquium.



Shannon Hawkins and Brandon Carreathers at The Detroit Institute of Arts!



McNair Seniors, Anthony Terry, Cyril Yancey, Jaylen Taylor, Desiree Drake, Clayton Sigmann, Brianna Jones



**2019** McNair Team Challenge with Keynote Speaker, Dr. Tiffany Caesar

## Special thanks to the 2019 – 2020 EMU McNair Advisory Board

Dr. Rhonda Longworth, Provost of EMU

Dr. Calvin McFarland, Assistant Vice President

Ms. Elise Buggs, Academic Success Partnerships

Ms. Caryn Charter, Research Development

Dr. Ellene Contis, Chemistry

Col. Wayne Doyle, Veterans Student Support Services

Dr. Celeste Hawkins, Social Work

Dr. LaMarcus Howard, Disability Resources

Dr. Toni Stokes Jones, College of Education

Dr. Ellen Koch, Psychology

Dr. Harriet Lindsay, Chemistry

Ms. Julia Nims, University Library

Dr. Janet Okagbue-Reaves, Social Work

Ms. Michelle Peet, Early College Alliance

Dr. Eric Reed, Student Support Services

Ms. Temii Tellis, College of Business

Mr. Roderick Wallace, Upward Bound

Dr. Malverne Winbourne, College of Education

## **Congratulations!**

Our newest McNair doctoral recipent is **Dr. Stephanie Hawkes, Ed.D.** Dr. Hawkes' dissertation, *Student Experiences in an Alternative College Admission Program*, was awarded in Educational Leadership and Policy Studies by Wayne State University.

Special congratulations to **Dr. Kimberly Brown, Ph.D.**, who successfully defended her doctoral dissertation in Urban Education, Faring Better or Worse: A Quantitative Analysis of Student Success Outcomes of the Ronald E. McNair Postbaccalaureate Achievement Program at Eastern Michigan University on June 15, 2020!

Thank you to our donors, and...
Thank you, Eastern Michigan University!

