

## First Year Clinical Competencies

**Student Name** \_\_\_\_\_ **Year Started Program** \_\_\_\_\_

The following is a list of Clinical Competency activities. The list is viewed as a contract or portfolio of activities required to be completed prior to seeing clients next spring. Students should track their progress on the attached form, obtaining documentation where indicated. While it is intended that several assignments may be completed as part of a course, many will need to be done on your own. It is important that you eventually complete assignments and develop the skills corresponding to them. In general, items 1-4 can be completed first semester; items 5-8 can be completed second semester. Each student will be assigned to a supervision group at the clinic. As part of your 5 hour commitment to the clinic, you will need to attend the group supervision sessions. Your supervisor (or a student supervisor) will assist you in completing the competency assignments, review completed work, and provide feedback.

#	Activities	Date Completed	Supervisor's Initials
1	<b>Practice telephone screening:</b> Audio-record with another student, submit form		
2	<b>Client telephone screenings:</b> Conduct at least two screenings, submit telephone form Screening #1		
	Screening #2		
3	<b>List and prioritize target behaviors, write behavioral definitions, goals and objectives:</b> Observe one or more sessions (intake or treatment) to identify target behaviors.		
	a. Write a paragraph on the behavior – what you observe, what the client describes, etc. How could you assess the behavior? How might it interfere with the individual's daily functioning?		
	b. Develop an instrument in which you or the client could monitor the behavior		
	c. Explain how and when you would use this instrument		
4	<b>Observe an assessment:</b> - Write a paragraph describing the purpose of the assessment. What tests were given and why? - Write another paragraph or two on the specific problems the client is having. - Write a third paragraph or two describing the individual, including what they wore, the quality and sophistication of their speech/vocabulary/language, their approach to tasks, their response to success/failure on the tasks, their rapport with the examiner, etc.		

5	<b>Practice intake:</b> Have a 3 <sup>rd</sup> or 4 <sup>th</sup> year student pretend to be a client. Conduct an intake with the student. Write up the intake report.		
6	<b>Shadow a therapist through intake, assessment, and treatment sessions:</b> a. Observe intake and complete intake report (can view video)		
	b. Observe 2 subsequent treatment sessions and complete progress notes		
	c. Complete Treatment Plan form		
7	<b>Attend group supervision sessions for 2 semesters</b> Dates of group supervision  Fall Semester:  _____		
	Winter Semester:  _____		
8	<b>Treatment planning:</b> Find a second client to shadow through intake and a couple sessions. Do 2 out of the following 3 treatment plans a. Create a treatment plan for this client that addresses behavioral issues		
	b. Create a treatment plan for this client that addresses cognitive issues		
	c. Create a treatment plan for this client that addresses dynamic issues		
9	<b>Professional competence</b> – readiness for clinical work (evaluated in April – includes obtaining a B or better grade in PSY 762, 619/641, 751/731, 625/661, 627/671, and any other assessment or treatment course attempted in the current academic year; discretion of supervisor and clinical faculty)		