

## Consent Form

**Project Title:** Online Self-Regulation in Early Childhood Study

**Principal Investigator:** Jamie Lawler, Ph.D., Eastern Michigan University

**Co-Investigator:** Angela Staples, Ph.D., Eastern Michigan University

**Purpose:** The purpose of the study is to examine the development of children's capacity to control their behavior, attention, and emotions across early childhood.

**Eligibility:** You are eligible to take part in this study if you are over the age of 18 and are the parent or primary caregiver to a child who is between 2-4 years old. You must be located in the United States and read and write in English. Additionally, two-thirds of participants must meet at least one of following criteria: 1) income below \$30,000/year, 2) education less than an Associate's Degree, 3) self-identified as minority race/ethnicity, 4) single parent family.

**Study Procedures:** Participation in this study involves completing an online survey. It should take approximately 60 minutes to complete the survey.

**Types of Data Collected:** We will collect data about your thoughts and feelings, your history of stressors (including any past experiences of abuse and trauma), and demographic information, including your racial or ethnic origin. We will also collect data about your child including your report of his or her behavior and functioning, his or her personality, his or her self-control abilities, and demographic information including his or her racial or ethnic origin. At the end of the survey, we will ask you whether you would like to share your contact information to be contacted about future research opportunities.

**Risks:** Some of the survey questions are personal and may make you feel uncomfortable. You do not have to answer any questions that make you uncomfortable or that you do not want to answer. You may discontinue your participation at any time. An additional risk of participation in this study is a potential loss of confidentiality.

**Benefits:** You will not directly benefit from participating in this research. Benefits to society include greater understanding of the factors that contribute to the development of self-control. The study has the potential to inform interventions designed to promote self-control in young children.

**Confidentiality:** We plan to publish the results of this study. We will not publish any information that can identify you or your child. We will keep your information confidential by using a coded identifier, meaning that your personally identifiable information will be kept separately from the data. Your information will be stored in a password-protected file on a password-protected computer. We will store your information for at least three years after this project ends, but we may store the information indefinitely.

<p>Approved by the Eastern Michigan University Human Subjects Review Committee UHSRC Protocol Number: UHSRC-FY19-20-330 Study Approval Date: 01/27/2021</p>
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We will make every effort to keep your information confidential, however, we cannot guarantee confidentiality. The principal investigator and the research team will have access to the information you provide for research purposes only. Other groups may have access to your research information for quality control or safety purposes. These groups include the University Human Subjects Review Committee, the Office of Research Development, or federal and state agencies that oversee the review of research, including the Office for Human Research Protections and the Food and Drug Administration. The University Human Subjects Review Committee reviews research for the safety and protection of people who participate in research studies.

**Storing study information:** We will store your information to study in the future. Your information will be labeled with a numeric code and not your name. Your information will be stored in a password-protected or locked file and will be stored indefinitely. We may share your information with other researchers without asking for your permission, but the shared information will never contain information that could identify you or your child. We will send your de-identified information by email and only upon request.

**Compensation:** Eligible participants will be compensated with a \$20 gift voucher by email for completing the survey. We will collect your name and email address so that we can send you an electronic gift card.

**Contact information:** If you have any questions about the research, you can contact the Principal Investigator, Jamie Lawler, at [jlawler1@emich.edu](mailto:jlawler1@emich.edu) or by phone at 734-487-0123.

For questions about your rights as a research subject, contact the Eastern Michigan University Human Subjects Review Committee at [human.subjects@emich.edu](mailto:human.subjects@emich.edu) or by phone at 734-487-3090.

### **Voluntary participation**

Participation in this research study is your choice. You may refuse to participate at any time, even after completing this form, with no penalty or loss of benefits to which you are otherwise entitled. You may choose to leave the study at any time with no loss of benefits to which you are otherwise entitled. If you leave the study, the information you provided will be kept confidential. You may request, in writing, that your identifiable information be destroyed. However, we cannot destroy any information that has already been published.

### **Statement of Consent**

I have read and understand this form. I click “continue” below to indicate my consent to participate in this research study.

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