

## **Position: Eagle-X Group Fitness Instructor**

**Hourly Rate: \$14.00/hr (Uncertified) Earning Potential: Up to \$16.00/hr (Certified)**

**Job Description:** We seek dynamic and energetic individuals to join our team as Eagle-X Fitness Instructors. As an Eagle-X Fitness Instructor, you will lead and motivate participants through engaging and practical group exercise classes. This position offers an exciting opportunity for individuals looking to enter the fitness industry, as no previous experience is required. We value enthusiasm, passion for fitness, and a willingness to learn.

### **Responsibilities:**

1. **Lead Group Fitness Classes:** Instruct various group fitness classes, ensuring a safe and positive experience for participants.
2. **Motivate Participants:** Create a motivating and inspiring atmosphere, encouraging participants to achieve their fitness goals.
3. **Provide Instruction:** Demonstrate proper exercise techniques and form, offering modifications for different fitness levels.
4. **Maintain Class Attendance Records:** Keep accurate class attendance records and participant feedback.
5. **Attend Training Sessions:** Participate in training sessions to enhance teaching skills and stay updated on industry trends.
6. **Ensure Safety:** Prioritize the safety of participants by following proper exercise guidelines and being aware of individual needs and limitations.
7. **Promote a Positive Environment:** Foster a positive and inclusive atmosphere within the fitness community.
8. **Promote the Eagle-X Fitness Program:** Participate in outside marketing as needed.

### **Qualifications:**

- No previous experience is required; enthusiasm and passion for fitness are essential.
- First Aid and CPR certification are preferred, but training will be provided if needed.
- Willingness to learn and adapt to different fitness class formats.
- Excellent communication and interpersonal skills.
- Ability to motivate and inspire participants of various fitness levels.

### **Benefits:**

- Flexible schedule to accommodate personal and professional commitments.
- Opportunity for career growth within the fitness industry.
- Training and certification support provided.
- Competitive earning potential with the opportunity to increase hourly rate based on experience and certifications.

**How to Apply:** If you are passionate about fitness and motivating others, we invite you to join our team! Please submit your [application](#). Please contact Morgan Losey, at [mlosey2@emich.edu](mailto:mlosey2@emich.edu) with questions.

*Note: This position is open to uncertified individuals, and First Aid and CPR training will be provided if needed.*

