



INTRAMURAL SPORTS HANDBOOK 2023-2024

The Intramural Sports Program at EMU provides a safe and enjoyable variety of organized recreational activities for its students and faculty members.

IM Office Information

Office Hours

Monday-Thursday By Appointment

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EASTERN MICHIGAN UNIVERSITY REC/IM

www.emich.edu/recim

Welcome to Eastern Michigan Intramural Sports!

The Rec/IM staff invites you to participate in all of our exciting programs and events! We look forward to serving and assisting you this academic year. By participating in Intramurals at Eastern Michigan University, you agree to follow any guidelines stated within our IM Handbook. Thank you for participating in the program!

Participate in the program, win championships, and have the potential to receive prizes!

What are intramural sports?

Intramural sports are a component of the Recreation/Intramural Department and a unit within the Rec/IM departmental programming. Intramural Sports provides activities encompassing two distinct programmatic areas: intramural sports and special events.

General Objectives of the Intramural Sports Program

- Promotion and development of wholesome sport and recreational activities for the EMU community
- Opportunity for the development of leadership qualities, personal characteristics and a better understanding of group dynamics

Elibility

Students must be a currently enrolled EMU student opted into the Rec/IM fee to be eligible to play in IMs.

- There is no limit to how many participants may be on a roster, but no more than three participants may be on the court/field at any given time when playing the same sport as their club sport affiliation.
- The continued use of ineligible students will result in a forfeit for that team.
- Student athletes at EMU are not permitted to participate in an intramural sport event that is the equivalent to the sport for which they are affiliated

Game/Contest Locations

Intramural sports leagues and tournaments are held in various locations on campus. Most outdoor sports are held at the REC/IM Softball Field Complex, behind Westview Apartments. All indoor sports are held within the Olds-Robb Student Recreation/Intramural Building. Contest locations are posted on IMLeagues for each sport.

How to Participate/Create an Intramural Sports Team

- Must have a valid REC/IM membership to participate
- Log onto imleagues.com/emich, or go through the REC/IM portal
- Click the "Create Account " link to create an IMLeagues account. Next, go to the "Schools" link and click on "Eastern Michigan University" in the menu bar.

- Click on the appropriate sport icon. Once clicked, you are able to sign up for a team. Alternatively, you can join a team or join as a free agent. Click on the day and time of the league for which you wish to register.
- Click on "Create Team" or "Join Team"
- Complete the necessary information and agree to the terms and conditions set forth by Eastern Michigan University.
- Click on "Submit." Once the site has processed individual registration information, players are automatically directed to their team's homepage.
- From the team homepage, rosters may be completed. Each player must have a profile on www.imleagues.com in order to be added to a roster.
- Schedules for all Intramural events will be posted by the Competitive Sports GA
- Teams must have a minimum number of players registered to be an approved team. Minimums vary according to the sport/event.

General Registration Information

Registration is on a first come, first serve basis. All teams must be created during the registration time period which will be posted on IMLeagues. Each sport and tournament will have a minimum and maximum number of participants allowed on the roster. In order for a team to be approved and be guaranteed their spot during registration, a team must meet the minimum number of participants on their IMLeagues roster by the time registration closes. If a team does not meet the minimum number required by the time registration closes, they could potentially lose their spot to a team on the waitlist or be removed from the league. The Intramural Sports Office reserves the right to change the name of any team it does not find acceptable or fitting with the spirit of the Intramural Sports program.

Free Agents

You can register on IMleagues.com as a free agent. You can contact the team captain by creating an account. Free agents can be added until the end of the registration period. Captains also have the ability to add free agents.

Rules

- All official sport rules are listed under *Handbooks* on IMLeagues. Official copies of the rules will be on site at every contest and reviewed with the IM Supervisor on duty prior to the contest.
- Events/Tournaments: Captains will meet with IM Staff prior to the contest to review rules. Meeting times are posted on IMLeagues.

Intramural Scheduling

Depending on the league, Intramural contests and leagues registration opens on the first day of the semester. Registration for intramurals closes on various days, that is noted on IMLeagues. Intramural sports are tentatively scheduled throughout the week. Some events may occur on weekends. Tournaments may be held outside of typical days/hours.

The IM department will publish each sport's regular season schedule at least 24 hours in advance of the first regular season game and will contact all team captains when it has been published. All schedules will be available for viewing on IMLeagues when they are published.

Divisions of Play

Every intramural sport is divided into different divisions of play. Participants may only play for one team. The exception to the rule is if a participant is playing for a co-rec team and a men's or women's team.

- **Independent Men/Women**-Any current EMU student or faculty/staff Rec/IM member may participate in this division.
- **Co-Rec**-Any current EMU student or faculty/staff Rec/IM member may participate in this division. However, teams must be composed of the specified number of males and females in the sports rules indicated in the official rules and IMLeagues.
- **Open**- Open leagues are available to eligible male or female participants. Each sport offering an Open league will not require a set male/female gender ratio requirement; teams may consist of all males, all females, or any combination of the two. Open options will be available for certain tournaments and one-day events.

Check In Process for Intramurals

When you arrive at your intramural competition, you must check in with the IM Supervisor on duty. You must be on the official roster from IMLeagues. **All** participants must show their current EMU ID or Rec/IM card (if faculty/staff) to the IM supervisor on duty. Guest players are not allowed and forgotten ID passes are not allowed as proof of eligibility.

Uniforms and Equipment

- For team sports such as basketball, flag football and soccer, teams will be highly encouraged to wear the same color shirt/jersey.
- No jewelry may be worn during flag football, soccer, and basketball games. Any infractions will result in an appropriate penalty depending on the sport.
- When intramural sports participants use Rec/IM equipment (ex. reversible basketball jerseys), EMU IDs will be scanned to verify who is responsible for the item. Intramural participant(s) is/are responsible for any lost, damaged, or stolen equipment/item while in their possession.

Inclement Weather/Cancellation Policy

Cancellations can occur due to inclement weather. Cancellations will be made when the Coordinator for Sport Programs and Special Events deems appropriate. Cancellations will be communicated through IMLeagues, email, and/or social media. In the event there is a cancellation, we will do our best to reschedule. However, due to a busy intramural schedule, games might not be rescheduled. A canceled game is recorded as a tie for both teams if canceled before

completion. If at least one half of the game has been played, the game stands as a final score, and counts as a game played. If there is a cancellation during playoffs, the IM department will make every effort to reschedule so the playoffs can be completed.

Forfeits

- **Ready For Play-** All teams are expected to play at their scheduled time. Game time is forfeit time. All teams are expected to be “ready for play” at the scheduled start time of their game, as listed on IMLeagues. “Ready for play” means the minimum number of players required to begin a game have checked-in, are properly equipped, and are standing on the court/field waiting for officials to start the game. Any practice or warm-up is expected to be done prior to the scheduled game time that day.
- **Forfeit-** If a team does not show up for a scheduled game, or does not meet the minimum number of players to start a contest, or uses an ineligible player more than once, it shall be deemed a forfeit. In order to receive a win from a forfeit the team must have the minimum number of players checked in at game time. Teams forfeiting two games likely will be dropped from league play and the playoffs. Final decision on removing teams from any league will be made at the discretion of the Competitive Sports GA.

Playoffs

Playoffs are conducted immediately following the conclusion of league play. ***All teams will advance to the playoffs as long as they do not forfeit more than one game during the regular season.*** Playoffs are single-elimination format and are NOT subject to regular season availability. Please be aware, playoff games are played on various days and times throughout the week.

Captain’s Responsibilities

The team captain is an important connection between the individuals participating in a sport and the Intramural Sports staff. For this reason, any person assuming the role of a team captain has a number of responsibilities.

The following are a captain’s designated responsibilities:

- For contacting their teammates about game times and any changes/updates to their schedule(s). Schedules are available to view at least 24 hours in advance of the first season game.
- Make sure that all members of your team are eligible for IM participation and are on your team roster on IMleagues.
- Making sure your team is ready to play at the designated time and enforcing team members to present a valid EMU ID to IM staff on site.
- Communicating rules, policies and procedures with team members.

- Representing the team in discussion of calls and rule interpretations with Intramural Sports staff. A team representative, if the captain is not present, is the only other player who can question an IM official's ruling.

Alcohol and Drug Policy/ Inappropriate Conduct

- Individuals, teams, and spectators who arrive intoxicated, are suspected of consumption, or are in possession of alcohol or other illegal substances will not be permitted to play and will be asked to leave the playing area. Final decision will be made by Rec/IM staff at their discretion.
- Rec/IM will not tolerate such behavior and will act in a manner that is prudent, with the safety of all participants as the priority.
- **The Rec/IM Supervisor reserves the right to remove any participant or spectator from an event for any reason deemed fit by the IM supervisor or the Coordinator for Sport Programs and Special Events.**

Sportsmanship

Good sportsmanship is essential for successful competition. It is imperative that participants and spectators display proper conduct at all times.

The following may be considered unsportsmanlike conduct:

- Shoving or striking an opponent or employee of the REC/IM
- Profanity
- Racial slurs
- Unnecessary delay of game
- Leaving one's bench/sideline to participate in an altercation
- Arguing and/or uncooperativeness with officials/supervisors
- Abusive language to an opponent, official or supervisor
- Any behavior deemed inappropriate by the REC/IM staff
- Damage or theft to Rec/IM property or equipment
- Using ineligible players

Any behaviors including, but not limited to what is mentioned above, may result in an appropriate game penalty and/or ejection/suspension from a game or sport. If a player is ejected by IM staff, the player must leave the facility/field and the incident will be documented. The Department of Public Safety, or DPS, will be called if the player refuses to comply with the instructions of IM staff. If a player is ejected, they must meet with the Competitive Sports GA before being reinstated to play intramurals. **Individual or bad team sportsmanship may result in a team being eliminated from the playoffs/future participation in Intramurals.**

Participant Evaluation

At the completion of a league, tournament, or one day event, every participant will receive an online evaluation form sent via email. The intent of these forms is to improve the quality of services and programs for future IM events.

Participant Awards

- Individual awards (T-shirts) can be presented to those participants on each championship team who played in at least one game and did not commit multiple “behavior misconduct” violations.
- Players must appear on the IMLeagues roster in order to qualify for a championship T-shirt.
- Championship team members are given t-shirts at the end of the championship game.
- If the individual was not present at the championship game, but is on the roster and played at least half of the teams’ games, they may come in during office hours and show an EMU ID to receive their T-shirt.
- The max t-shirts per team awarded is the maximum number of players allowed on a roster for that specific sport