

BOARD OF REGENTS
EASTERN MICHIGAN UNIVERSITY

RECOMMENDATION

STUDENT AFFAIRS COMMITTEE: APPROVAL OF AGENDA AND MINUTES

ACTION REQUESTED

It is recommended that the Student Affairs Committee Agenda for March 17, 2015 and the Minutes of December 5, 2014 be received and placed on file.

STAFF SUMMARY

The March 17, 2015 agenda for the Student Affairs Committee includes a presentation on the Food Pantry initiative, a Student Presentation on the Campus Suicide Prevention Grant, an update on the 2014-15 Student Government Priorities and an update on the 2014-15 Student Leader Group Priorities.

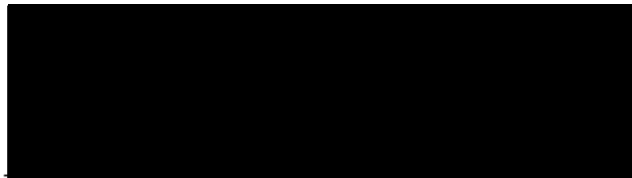
In addition, several announcements will be made.

FISCAL IMPLICATIONS

None

ADMINISTRATIVE RECOMMENDATION

The proposed action has been reviewed and is recommended for Board approval.



University Executive Officer

Date

2/24/15

Eastern Michigan University
Board of Regents
Student Affairs Committee

March 17, 2015
10:45 am

Room 201
Welch Hall

Agenda

- | | |
|----------------------------------------------------|--------------------------------------|
| 1. Approval of agenda and December 5, 2014 minutes | Regent Stapleton |
| 2. Food Pantry Presentation | Haley Moraniec &
Lynn Nybell |
| 3. Campus Suicide Prevention Grant | Rachel Booth Helscher,
Erin Snapp |
| 4. Student Government Priorities Update | Steven Cole &
Desmond Miller |
| 5. Student Leader Group Priorities Update | Catherine Rowley |
| 6. Announcements | |

Eastern Michigan University
Board of Regents
Student Affairs Committee
Minutes of December 5, 2014

MEMBERS PRESENT

Regents: Beth Fitzsimmons, Mike Morris

Administration: Reggie Barnes, Ellen Gold, Lucas Langdon, Calvin Phillips, Provost Kim Schatzel, Kay Woodiel

Students: Hiba Baghdadi, Jacob Butterfield, Steven Cole, Rebecca Frank, Laura Livernois, Kylie McGill, Erica Mehlberg, Kalandria Robinson, Catherine Rowley

GUESTS

Administration: (as signed in) Sharon Abraham, Andrew Cluley, Ellen Lassiter Collier, Akosua Dow, Perry Francis, Robertta Goffeney, Esther Gunel, Walter Kraft, Geoff Larcum, Lisa Lauterbach, Rhonda Longworth, President Martin, Sandy Nelson, Carl Powell, Melissa Rosenblum, Kathy Walz, Eric Ward, Regent James Webb

Students: Ilkhamjon Amanov, Scout Bostley, Desmond Miller

Regent Fitzsimmons convened the meeting at 10:45 am. Minutes from the October 7, 2014 meeting and the agenda for this meeting were approved.

Sexual Violence Prevention Report

Ellen Lassiter Collier, Director of the Women's Center, and Melissa Rosenblum, CAPS Psychologist, shared a report on the work being done by the Sexual Violence Prevention committee, which consists of approximately 25 members, including faculty, staff and community partners. This report included a summary of 2013-14 EMU crime statistics, an overview of government mandates and the charge that the committee received. This charge includes maximizing the campus-based sexual violence prevention efforts; monitoring the sexual violence program agenda for the university; creating a structure that will produce a campus plan; ensuring that plans are implemented, that efforts are assessed and documented, and that programs are sustainable. The committee is committed to the creation of a safer campus environment, a campus culture that includes a supportive environment for survivors, and advocating for the accountability of assailants.

Campus sexual violence prevention programming is provided at First Four Orientation, International Student Orientation, Graduate Student Orientation, New Faculty Orientation, Brotherhood events, and

- Kay Robinson announced that a Lyric Lounge is planned for Thursday, December 11, 9:00 pm, 300 Student Center.
- Kay Robinson stated that Club Halle will be held December 8-11, 2014.
- Lucas Langdon announced that Caroline Hortse, new coordinator of Transfer and Parent Programs, will be joining the Campus Life staff on December 5, 2014.

The meeting adjourned at 11:30am.

Respectfully submitted,

Michele Rich
Student Affairs Committee Recording Secretary

Beginning a Student Food Pantry at Eastern Michigan University

School of Social Work
in partnership with
College of Health and Human Service,
Student Affairs and Campus Services

March 2015

Food Pantry Objectives

Mission Statement:

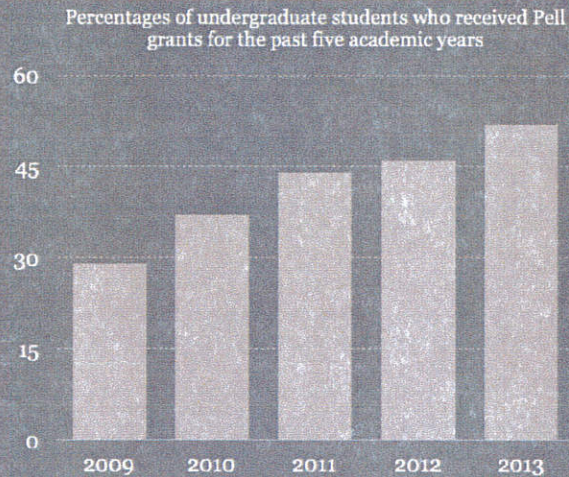
The Eastern Michigan University Student Food Pantry is intended to provide temporary assistance for enrolled EMU students in need.

Objectives:

- Create a sustainable resource to temporarily help meet food needs of students
- Provide referrals to campus and community resources to meet emergency, non-food needs
- Distribute food discreetly in easily accessible and safe environments on campus
- Provide students with additional resources to assist them in accessing services in the area
- Involve additional resources and community partners to assure the sustainability of the pantry

Student Need at EMU

According to the EMU Financial Aid Office, based on the federal definition of low income, the number of low income students has increased dramatically over the years at EMU.



Response of Other Universities to Student Food Needs

- MSU, 1993, Founders of MSU pantry realized students faced food insecurity on a regular basis and needed food assistance so they could focus on their studies, families, and work.
- Grand Valley State University, April 2009
- U of M Dearborn, 2012
- Wayne State University, Campus Kitchen
- University of Detroit Mercy, Campus Kitchen



MICHIGAN STATE
UNIVERSITY



UNIVERSITY
OF DETROIT
MERCY

Removing Barriers from Being in School

According to EMU's Degree and Retention Plan, "Eastern Michigan University is recognized as one of the most culturally diverse institutions in the Midwest. In the past 20 years, the cultural demographics of our student population have changed dramatically, especially among Black and Latino students."

Eastern recognizes that we have one of the most culturally diverse student bodies in the Midwest -- this means we also have students from all different types of socioeconomic backgrounds.

How can we expect our students to succeed in school if they can't afford a meal?

Community Response

Many community leaders have offered support in beginning and sustaining a food pantry for EMU students, including:

- Food Gatherers
- Earthworks Urban Farm
- Gleaners Food Bank
- Growing Hope
- Hope Clinic Food Pantry



Proposed University Response

A willingness to meet urgent student need by creating a **Food Pantry** based on:

- Collaboration between Academic Affairs and Student Affairs
- University-Community partnerships
- Opportunities for students to serve
- Potential for inter-professional service projects

Donations Expected

- Food (donated or purchased through funds raised by EMU Foundation)
- Workers (CHHS work-study students)
- Volunteers (recruited through VISION and CHHS)
- Space (donated by CHHS)
- Shelving or other equipment (through University surplus)
- Financial and programmatic accountability (provided by the School of Social Work)

References

The Campus Kitchens Project. (n.d.). Retrieved February 17, 2015, from
<http://www.campuskitchens.org/>

Degree Completion & Retention Plan. (2014, January 1). Retrieved February 17, 2015, from
<http://www.emich.edu/dcr/plan/factor6.php>

Grand Valley State University Women's Center. (2015, February 11). Retrieved February 13, 2015, from http://www.gvsu.edu/women_cen/student-food-pantry-95.htm

Student Engagement: Student Food Pantry. (n.d.). Retrieved February 17, 2015, from
<http://umdearborn.edu/695804/>

MSU Food Bank. (2014, January 1). Retrieved February 13, 2015, from
<http://foodbank.msu.edu/>



Campus Suicide Prevention Grant

Project Director: Ellen Gold, Assistant Vice President of Student Well Being

Co-Project Director: Lisa Lauterbach, Director of Counseling & Psychological Services (CAPS)

Co-Coordinator: Erin Snapp & Rachel Booth Helscher

Overview

- Funded by Substance Abuse and Mental Health Administration (SAMHSA)
- Awarded \$306,000
- 3 year project
- 1 of 15 schools awarded for 2014-15
- Only school in Michigan



Project Title

SAFE Now at EMU

Stigma and Fear End Now

Purpose and Objectives

1. Increase help-seeking behaviors and reduce the stigma for seeking support
2. Reduce negative attitudes and myths about mental illness and suicide
3. Increase number of campus leaders who are able to recognize and respond to mental health distress
4. Create a coordinated campus network to promote mental health awareness and suicide prevention

Strategic Components

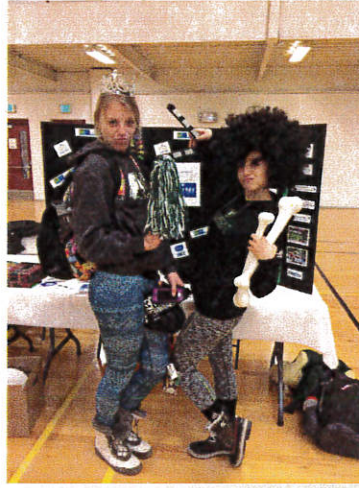
1. Outreach and Awareness
2. Training
3. Educational Programs and Activities
4. Hotline/ Helplines
5. Coalitions and Partnerships

Outreach and Awareness

Social Norms Marketing Campaign



The Wellness Fair



Facebook and Twitter

- 190+ likes
- 75 followers and growing



Send Silence Packing



Training



- In person training for students

Mental Health 101

- In person training for faculty and staff



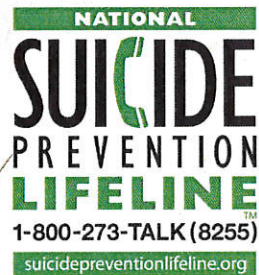
- Interactive Online Training for faculty, staff and students

Educational Programs and Activities

- How to Help a Friend (Program)
- National Depression Screening Day
- National Eating Disorder Screening Day
- Active Minds initiatives

Hotline/ Helplines

National:



EMU specific:

- **Protocol** CAPS after hours crisis line
- **SAFE Now at EMU** Website under construction

Coalitions and Partnerships

- Collaboration from student organizations

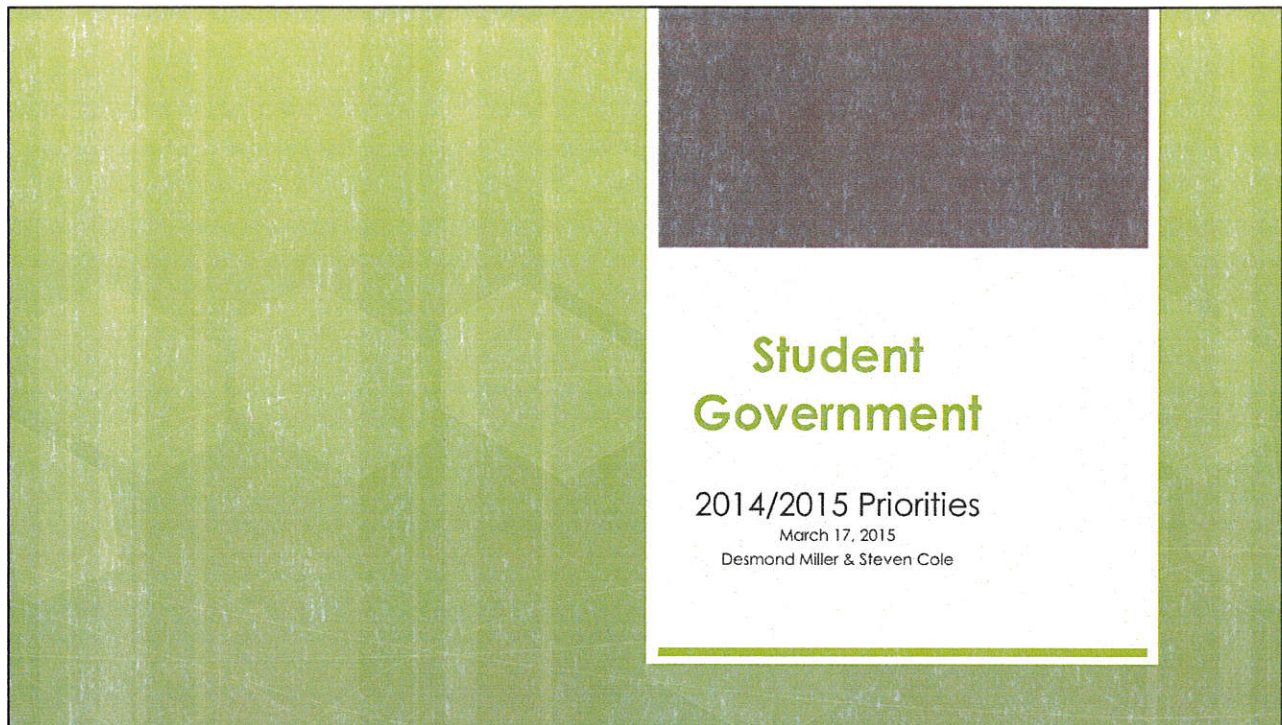


- Student Leader Group
- Greek Life
- Development of Advisory Boards
 - Student Wellness Advisory Board
 - Safe Now Advisory Board
- Community Partners
 - Washtenaw Alive

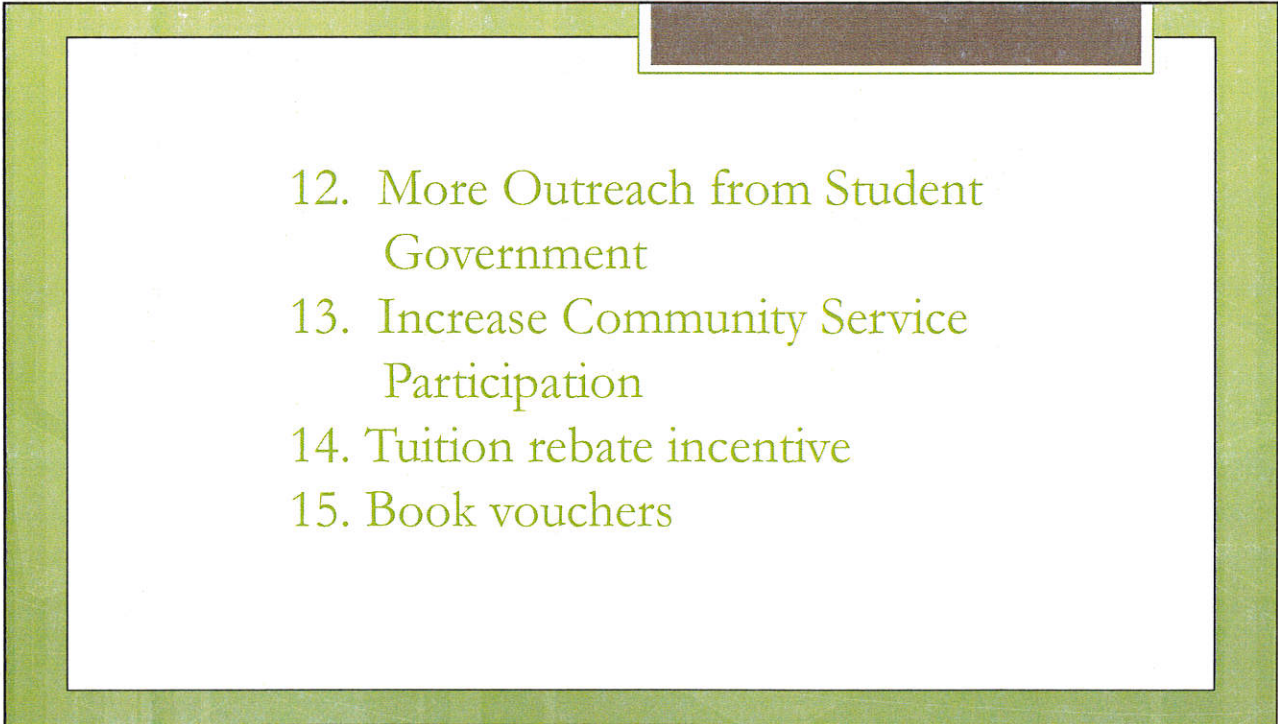
Ways to Be Involved

- Join the movement
- Get trained and know how to help
- Promote the message
- Stand up against stigma and silence

Questions ?



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6. Reflection Room in Student Center
 7. Racial Awareness Programs
 9. Safety
 10. Sexual Violence Prevention
 11. Voter Registration

- 
12. More Outreach from Student Government
 13. Increase Community Service Participation
 14. Tuition rebate incentive
 15. Book vouchers

Student Leader Group 2014-2015 Priorities



Brainstorming

- ◆ Long Term Goals
 - ◆ Gender Neutral initiatives
 - ◆ DRC/Wellness Policy changes
 - ◆ College of Business- part of EMU community
 - ◆ Student food pantry (sustaining it)
 - ◆ Greater Grad school recognition
 - ◆ Scholarships/sustainability
 - ◆ Recycling/Sustainability

Brainstorming cont.

- ◆ Short Term Goals
 - ◆ Awareness (Facebook, Echo, Twitter, etc.)
 - ◆ College of Business
 - ◆ DRC/Wellness
 - ◆ Opening Student food pantry
 - ◆ Recycling/Sustainability
 - ◆ Surveying International students

Subcommittees

- ◆ Health and Wellness
 - ◆ Food Pantry
 - ◆ Food Vouchers
- ◆ Gender Neutral Initiative
- ◆ Sustainability and Tobacco Free Campus



💧 Questions, comments or concerns?