

BOARD OF REGENTS
EASTERN MICHIGAN UNIVERSITY

SECTION: 5

DATE:
April 18, 2024

RECOMMENDATION

FACULTY AFFAIRS COMMITTEE

ACTION REQUESTED

It is requested that the Faculty Affairs Committee agenda for April 18, 2024 and the minutes of the February 8, 2024 meeting be received and placed on file.

STAFF SUMMARY

The topic for the April 18, 2024 Faculty Affairs Committee meeting is “Building a Community of Caring.”

FISCAL IMPLICATIONS

None.

ADMINISTRATIVE RECOMMENDATION

The proposed Board action has been reviewed and is recommended for Board approval.



University Executive Officer
Rhonda Longworth, Ph.D.

3/28/2024

Date

EASTERN MICHIGAN UNIVERSITY
Board of Regents
Faculty Affairs Committee

April 18, 2024
10:30 AM - 11:15 AM
205 Welch Hall

AGENDA

- (10:30 AM) Section 5: Agenda and Minutes (*Regent Kimbrough Marshall*)
- (10:35 AM) Presentation: Building a Community of Caring (*Ron Flowers*)
- (11:10 AM) Conclusion

EASTERN MICHIGAN UNIVERSITY
BOARD OF REGENTS

FACULTY AFFAIRS COMMITTEE MINUTES

February 8, 2024
10:30 AM - 11:15 AM
205 Welch Hall

Attendees: Regent Kimbrough Marshall (Chair), Regent Simpson (Vice Chair), Provost R. Longworth, J. Carroll, M. Corsianos, K. Peacock, S. Pernecky, K. Lord, J. Hunsberger, M. Thrasher, R. Gildersleeve, J. Fritz, A. Wolbert, W. Kraft, and K. Stacey.

Guests: S. Ali, C. Barragan, V. Carrasquillo, K. Judd, D. Logwood, U. Manohar, C. Neufeld, R. Shah.

Regent Kimbrough Marshall convened the meeting at 10:32 a.m.

Report and Minutes (Section 9)

Regent Kimbrough Marshall requested that the Faculty Affairs Committee Agenda for April 18, 2024 and the Minutes of the February 8, 2024 meeting be received and placed on file.

Presentation: “A Report by the Faculty Senate Committee for Action on Intersectionality AntiRacism, and Equity (C.A.I.A.R.E)” (Section 9)

The Faculty Affairs Committee presentation focused on “Confronting the Wall”. Marilyn Corsianos introduced the committee members and spoke about the C.A.I.A.R.E. committee. The faculty members leading the discussion were members of the Faculty Senate:

- Sadaf Ali-Communication, Media & Theatre Arts
- Cassandra Barragan-Social Work
- Vernnaliz Carrasquillo-Engineering
- Kristin Judd-Biology
- Dyann Logwood-Women’s and Gender Studies
- Uttara Manohar-Communication, Media & Theatre Arts
- Christine Neufeld-English
- Rita Shah-Sociology, Anthropology & Criminology

The committee shared the process the committee used to make recommendations on cultural change at EMU through policy and Organizational structures.

Regent Kimbrough Marshall thanked those in attendance and adjourned the meeting at 11:28 a.m.

Recorded by: Karen Peacock, Executive Assistant to the Provost and Executive Vice President of Academic and Student Affairs.



EASTERN MICHIGAN UNIVERSITY



Building a Community of Caring

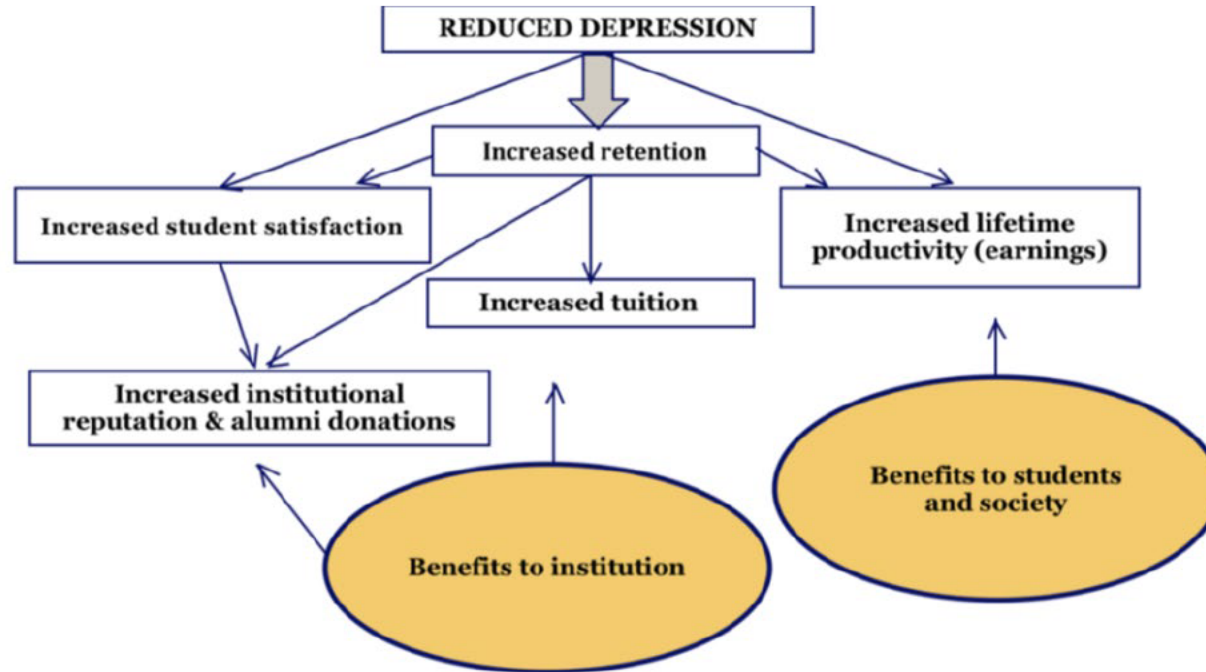
Task Force

The Data

1. Healthy Minds Survey (2022) data show that nearly 4 in 10 – or some eight million post-secondary students – reported experiencing a significant mental health issue.
 - a) Forty-one percent of college students screened positive for major to moderate depression.
 - b) A third screened positive for Anxiety.
 - c) These numbers are even higher in underrepresented and marginalized populations on campus.
2. HMS (2022) data show that more than 80% of students reported that emotional or mental health difficulties hurt their academic performance one or more days in the previous month.
3. The age at which most young people go to college is also the age at which most mental illnesses are first experienced (Leshner & Scherer, 2021).
4. HMS (2022) data show suicidal ideations have more than doubled since 2007. Suicide is now the second leading cause of death among individuals among individuals aged 15-24.

Return on Investment

The Healthy Minds Survey found that being depressed at baseline (as measured by the Patient Health Questionnaire-9) was associated with a **two-fold increase in the likelihood of departing from the institution without graduating**, even after controlling for prior academic record (test scores and grades) and other individual characteristics (Eisenberg, et al., 2005). In a follow up study, Eisenberg (2008) found a **doubling of the risk of departure** among students with significant mental health problems.



Improving mental health (e.g., reducing depression/anxiety) can increase student retention, which translates to higher tuition revenue (financial benefit to the institution) and higher lifetime productivity and earnings for the students (economic benefit to the students and society more generally).



The Jed Foundation



5,558,178 Students in JED Campuses and JED High Schools

520 Schools implementing JED Campus or JED High School



MICHIGAN STATE
UNIVERSITY



Michigan Tech



Kalamazoo College

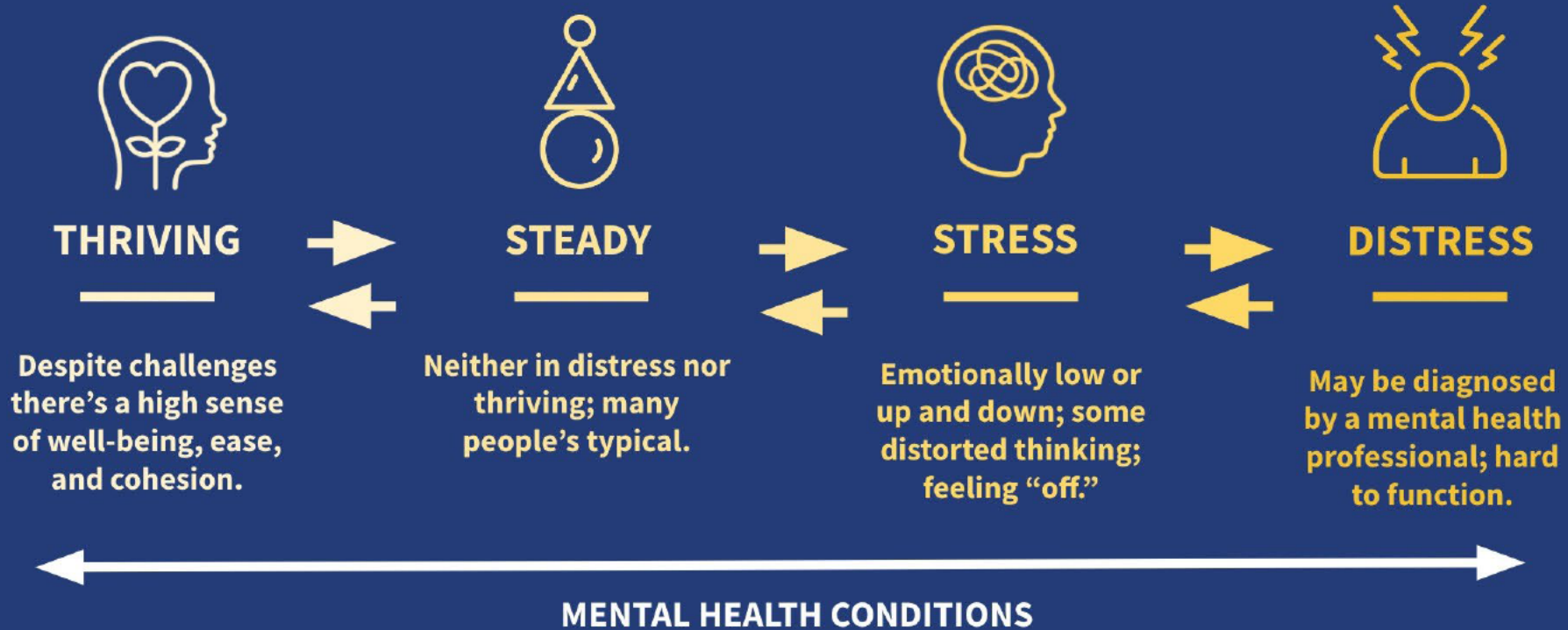
Oakland Community College



The **Healthy Minds Network** is one of the nation's premier research organizations contributing to adolescent and young adult mental health. HMN is dedicated to improving the mental and emotional well-being of young people through innovative, multidisciplinary scholarship. HMN spans coast to coast with our principal investigators at the University of California-Los Angeles, the University of Michigan, Wayne State University, and Boston University. Our network proudly serves as a resource for post-secondary education administrators, students, researchers, clinicians, policy-makers, and the greater public.

For 15 years, the network has administered the Healthy Minds Study (HMS), a population-level survey of post-secondary student mental health, collecting over 740,000 responses from students at more than 530 colleges and universities. The network's research efforts have expanded into other facets of mental health in educational settings, including the role and health of faculty and staff.

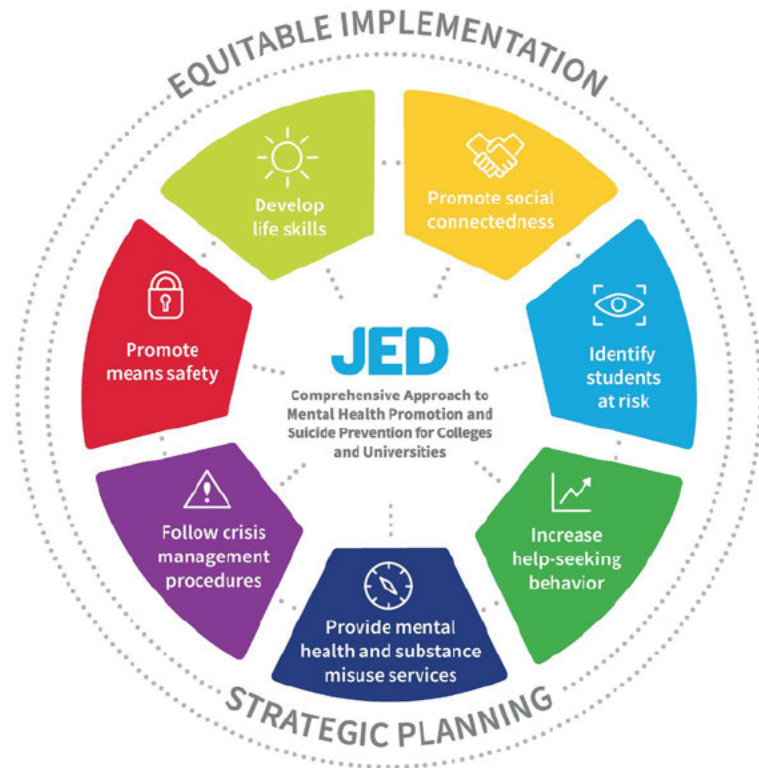
Mental Health is Like a Continuum



Sources: (Stats: Fall 2022 ACHA Report)
The mental health continuum was adapted from Lamers et al., 2011 and Delphis, 2020

Partnership

JED Campus is an initiative of The Jed Foundation



Designed to guide colleges and universities through a collaborative process of comprehensive systems, program and policy development with customized support to build upon existing student mental health, substance misuse and suicide prevention efforts.

JED Campuses partner with JED to not only assess and enhance the work that is already being done, but also to create positive, systemic change in the campus community.

JED Campus Program

- The JED Campus baseline assessment measuring systems, policies and programs as well as a post-assessment in year 4 measuring systems change achieved during the program
- Two administrations of the Healthy Minds Study survey in year 1 and year 4 measuring students' attitudes, behaviors and awareness on emotional well-being and substance use issues
- A comprehensive feedback report outlining areas for enhancement and growth
- A site visit to conduct a student focus group, review feedback, and begin strategic planning
- A mental health strategic plan with objectives and action steps for implementation
- Ongoing support from a dedicated JED Campus Advisor throughout the 4-year program
- The Playbook - an online resource library organized around the JED Comprehensive Approach
- Membership in our Learning Community where colleges and universities share resources and ideas with each other
- Discounts to numerous programs and services that enhance support for students, staff, and faculty
- Access to JED's You Can Help Trainings for faculty, staff, and students
- Support in the final year devoted to sustaining the gains institutions made while in the program
- A summary report analyzing systems change and impact on student attitudes and behaviors
- A membership logo signifying the institution's commitment to improving the emotional health of its students and to reducing suicide and serious substance misuse

Task Force

Faculty

Tana Bridge

Perry Francis

Brenna Breshears

Kelly Grossman Getz

Linda Lewis-White

Tamara Loverich

Elizabeth Neilson

Jeff Schulz

Ebrhahim Soltani

Department

Social Work

Counseling

Counseling

Library

Teacher Education

Psychology

Psychology

Public Health

Political Science

Admin/Staff

Lisa Lauterbach

Matthew Lige

Jeff Fabus

Sean Woolf

Sarah Joseph

TBD

Hillary Woodyard

Christa Reid

Dwight Hamilton

Emma Wuetrich

Students

Krystal Reyes

Andres Salamanca

Ahna Smith

JED Contacts

Joanna Kessler

Maria Hetz

Rachel Czerny

Department

CAPS

Student Life

Chief of Police

Residence Life

Associate Dean of Students

Assist. Director Rec/IM

Disability Resource Center

Admin Staff-LDCN

Development

Chief Diversity Officer

LGBTQ Center

Graduate Student

Undergraduate – commuter

Undergraduate – Res. Life

Funding:

COE Student Impact Grant

FDC Grant

Dan Flowers Memorial Fund

Flinn Foundation Grant

King Chavez Parks VP Grant



WE CARE

IT'S OKAY, NOT TO FEEL OKAY

NEED HELP: Call 988 or Text HOME to 741741

EMU CAPS: 734.487.1118 (24/7) or email: counseling.services@emich.edu

St. Joseph Mercy Hospital: 734-712-5637/**UM Hospital:** 734-996-4747

Campus Police: 734-487-1222

