EMU Student Guide to Navigating and Accessing Campus & Local Resources

Includes information on:

-swoop's pantry and food resources -emergency housing -healthcare (including mental health crisis care) -transportation & parking -child & baby care -academic & financial support services -free ebooks -public safety & legal services/support -worker & tenant rights

Food Resources

Swoops Food Pantry (Must present your EID card and/or number)

- Offers fresh and non-perishable food, household items, clothing, menstrual health items, diapers, etc
- No limit on the number of shopping trips, there are limits on the number of items per shop.
- Location: Room 100 in Pierce Hall
 - street address: 1000 College Pl
- Phone number is 734-487-4173
- Limited grocery delivery option; email swoops_pantry@emich.edu for info
- Hours & more information can be found here: <u>https://www.emich.edu/swoopspantry/eligibility.php</u>

Fed Up Ministries

- Free food truck
- Hot meal served every Wednesday 1:30-2:30pm at Ypsilanti Transit Center
- Email: info@fedupministries.org
- <u>https://www.fedupministries.org/pages/im-new</u>

St. John the Baptist Food Pantry

- Address: 411 Florence Street Ypsilanti, MI 48197
- Phone: 734-483-3360
- Offers: food pantry, open Thursday 6-7:30pm

Hope Clinic

- Address: 518 and 454 Harriet St Ypsilanti, MI 48197
- Phone: (734) 484-2989
- Offers: Monthly food and diaper pantry, walk up groceries, grocery delivery, hot meals, diapers, and laundry
- Website: <u>https://thehopeclinic.org/hope-services</u>
- Hours:
 - Food Pantry (by appointment only): Tues 12:30-2:30pm, Wed 4-6pm, Fri 9:30-11:30am, Sat 10-11:30am
 - **Diaper pantry** (by appointment only): Wednesday 4-6pm, Thursday 11:30am-1:30pm
 - Hot meals: served every day EXCEPT Wednesday, from 5-6pm
 - Walk up groceries (at 454 Harriet St) Mon 9:30am-12pm, Thur 12:30-3pm, Sat 11am-12:30pm

SOS Community Services

- Address: 114 North River Street Ypsilanti, MI 48197
- Phone: 734-484-9945
- Offers: Pantry by appointment only, available once a week. Must **visit website to place order** or **call by Noon on Tuesday**)
- Hours: Tuesdays 1:00pm-6:30pm, Wednesdays 9:00am-1:00pm
- Website: <u>https://soscs.org/food-pantry/</u>

Emmanuel Lutheran Church

- Address: 201 N. River Ypsilanti, MI 48198
- Phone: 734-482-7121
- Pantry Hours: Wednesdays, Thursdays @3:00pm-3:45pm
- Website: <u>https://emmanuelypsi.org/pantry</u>

Christian Love Fellowship

- Address: 1601 Stamford Road, Ypsilanti, MI
- **Phone:** 734-483-7967
- Food Distribution: 1st and 4th Saturday @10:30am-12:00pm
- Emergency Pantry: Tuesday and Wednesday 1-3pm (by appointment only)
- Websites: <u>https://ypsimutualaid.org/programs/pantry-support/</u>
 - <u>https://www.clfmi.church/</u>

Food Gatherers

- Address: 1 Carrot Way, Ann Arbor, MI 48105
- Phone: (734) 761-2796
- Website: <u>https://www.foodgatherers.org/</u>

Housing Insecurity

Definition: Are you experiencing frequent moves, a crowded living space, poor housing quality, or inability to afford rent or bills (housing insecurity)? Or are you absent from a place to live, which includes living in a shelter, vehicle or abandoned structure (homelessness)?

• EMU Students can contact the **Dean of Students Office** if they're experiencing housing insecurity: <u>https://www.emich.edu/dean-of-students/index.php</u>

Emergency Housing Phone Lines

- **VETERANS** experiencing a housing crisis, contact the Veteran Administration (VA) at 1-877-424-3838.
- **YOUTH (ages 10- 20)** experiencing a housing crisis, contact Ozone House at (734) 662-2222.
- If you are experiencing **DOMESTIC VIOLENCE**, contact SafeHouse Center at (734) 995-5444
- Contact the Housing Access of Washtenaw County (HAWC), **734-961-1999** if you are without housing, about to lose housing, are at risk of being evicted, or need rental assistance.

Washtenaw Camp Outreach

- "a community outreach group made up of individuals who are housed, homeless and formerly homeless. The aim is to connect with others in the struggle, share resources and supplies and assist others to live how they choose. We support autonomous self-led communities. We believe that housing is a human right whether that is a tent, apartment building or a house."
- <u>washtenawcampoutreach@gmail.com</u>
- Website: <u>https://www.facebook.com/washcampoutreach/</u>

Healthcare Resources

1. Mental Health Emergencies

EMU Counseling and Psychological Services (CAPS): Crisis line, phone call only: 734-487-1118

Washtenaw County Community Mental Health (available to County residents in crisis)

- Mobile Crisis Team (they can send an in-person crisis team out to you)
- Website: https://www.washtenaw.org/2936/Crisis-Services
- Phone: 734-544-3050, includes 24/7 Substance Abuse Hotline

Safe House: 24-hour crisis line: (734) 995-5444

2. Counseling and Therapy

Counseling and Psychological Services

https://www.emich.edu/caps/services/index.php

- Free counseling sessions and services
- Open 9am-5pm Monday through Friday
- Phone number: 734-487-1118

Porter Counseling Clinics

Personal and family mental health counseling as well as career assessment and academic counseling: <u>https://www.emich.edu/coe/clinical-services/counseling-services.php</u>

3. General Healthcare Coverage

Corner Health Center

Website: https://www.cornerhealth.org/

- Address: 47 N Huron St, Ypsilanti
- Phone Number: (734) 484-3600
- Health care, mental health, and supportive services for young people as they transition to adulthood.
- Provide services to young people regardless of their insurance status or ability to pay for care.

Hope Clinic

Website: https://thehopeclinic.org/

• Address: 518 Harriet Street, Ypsilanti. Become a patient by calling: 734-481-0111

4. Office of Wellness and Responsibility

- <u>https://www.emich.edu/responsibility/index.php</u>
- Free STI/HIV testing

5. Harm reduction supplies/Free Naloxone (Narcan)

- <u>https://linktr.ee/homeofnewvision</u>
 - Information about free Naloxone, substance recovery support, and more

Laundry and Baby Care (with Hope Clinic)

Website: https://thehopeclinic.org/social-work

- Laundry appointments are available, high efficiency soap must be used. If you have none, Hope Center will provide it for you.
 - To schedule a Wash with Care appointment please call (734) 961-3124.
- **Baby Care:** free diapers, wipes, formula, and food if you are a parent or caregiver to young children.
- Bring some form of identification, like a state ID or piece of mail with your name on it.

Childcare

- <u>https://www.emich.edu/childrensinstitute/index.php</u>
 - Fees include breakfast, lunch, afternoon snack, diapers and wipes.

Toddler Program (18 months-2 1/2 years)* 1:4 Ratio

Daily Rates
(7:30am - 5:30pm): \$59

Young Preschool Program (2 1/2-3 years old)* 1:6 ratio

Part-time and Daily Rates:
7:30am - 1pm: \$40
7:30am - 5:30pm: \$51

Preschool Program (3 years old)** 1:7 Ratio

Daily Rates: 7:30am - 1pm: \$39 7:30am - 5:30pm: \$47

Pre-Kindergarten (4 years old)

https://www.emich.edu/childrens-institute/programs/gsrp.php

Transportation

Discounted/Free Bus Passes:

- Available to receive and/or purchase at Service EMU
 - Call 734-487-3335 between 9am and 5pm, Mon-Friday to inquire about cost (if any)
 - Location: Room 268 Student Center
- Website: <u>https://www.emich.edu/service/index.php</u>
- Text My Bus: helps track bus time arrival <u>https://www.theride.org/text-my-bus</u>

Ann Arbor-Detroit Roundtrip Bus

- Direct route to and from Blake Transit Center (Ann Arbor) to Grand Circus Park (Detroit)
- \$6 per bus ticket
- Option to buy 50 tickets for \$100
- <u>https://d2a2.com/</u>

People's Express (PEX)

- Low cost public transportation service in SE Michigan. Most buses and vans are lift-equipped & meet ADA requirements.
- Call at **877-214-6073** between 10:00 AM and 7:00 PM Monday through Friday to schedule your ride.
- Reservations must be made at least **three** *business days* in advance,
 - and a call back will be given one business day prior to your scheduled ride.
- On the day of your trip: drivers will wait five minutes. They may arrive up to *15 minutes before or after* scheduled pick up times.

Free Parking:

- Free Parking in Ypsi: Frog Island & Riverside Park, select downtown lots
- For more information about parking in Ypsilanti (permits, tickets, hours) check here: <u>https://cityofypsilanti.com/385/Parking</u>
- **Word of advice**: a parking ticket is much cheaper (roughly \$25-50) than paying a towing company (\$300+)

Southeast Michigan Pull Over Prevention

- "group of community members that organizes regular **free auto repair** events to help folks avoid unnecessary and dangerous interactions with police & immigration"
 - Contact: pop@ypsimutualaid.org
 - Facebook: Southeast MI Pull Over Prevention
 - Instagram: *ypsi_pop*

ParkEMU vehicle assistance: https://www.emich.edu/parking/regulations/vehicle-assistance.php

EMU Student Life

Student Emergency Fund

- For students facing <u>unforeseen</u> financial crises. Students can apply for up to \$750 of one-time assistance for eligible expenses
 - o https://www.emusg.com/student-emergency-fund

Halle Library: Free, strong wifi connection, access to resources

• https://www.emich.edu/library/

Disability Resource Center:

- <u>https://www.emich.edu/drc/index.php</u>
- Email: <u>drc@emich.edu</u>

Center for Race and Ethnicity

- <u>https://www.emich.edu/core/about_us/</u>
- Email: <u>core_dci@emich.edu</u>

Women's Resource Center

- <u>https://www.emich.edu/wcen/</u>
- Email: <u>emu_womenscenter@emich.edu</u>

LGBT Resource Center

- <u>https://www.emich.edu/lgbtrc/</u>
- Email: <u>lgbtrc@emich.edu</u>

Office for International Students and Scholars

- <u>https://www.emich.edu/oiss/index.php</u>
- Email: <u>oiss@emich.edu</u>

Dean of Students: Other Resources and Policies

(student handbook, absence notification, Office of the Ombuds, and more)

• https://www.emich.edu/dean-of-students/departments-resources/index.php

Career/Employment Fairs, Coaching, and Professional Clothing Closet:

• https://www.emich.edu/uacdc/career-development/index.php

Brotherhood and Sisterhood (BHSH) Scholars Program

- Support for first-year students of color during their transition and adjustment to postsecondary education
- <u>https://www.emich.edu/asp/programs/bhsh-scholars/index.php</u>

Academic Support (including free ebooks)

EMU TRIO SSS Program:

- Mentorship, tutoring, and networking for first-generation, low-income, and/or students with disabilities
- <u>https://www.emich.edu/triosss/about.php</u>

EMU Library Textbook Affordability Initiative (free ebooks!): https://guides.emich.edu/classbooks

University Writing Center:

- Located in the Halle Library
- Website: <u>https://www.emich.edu/ccw/uwc/index.php</u>
- Email: <u>writingcenter@emich.edu</u>

Holman Success Center:

- Tutoring, supplemental instruction, coaching
- Must be in the Academic Success Partnership program to be eligible
- <u>https://www.emich.edu/academic-support-programs/hsc/index.php</u>
- Email: <u>success.center@emich.edu</u>

Public Safety and Legal Support

Mental Health Emergency:

- 24/7 Mobile Crisis Team, 734-544-3050 (for Washtenaw County residents)
- EMU CAPS: 734.487.1118

SEEUS (Student Eyes and Ears for University Safety)

- Call 734-487-3387, hours of campus walking escort services vary
- <u>https://www.emich.edu/police/services/seeus/index.php</u>

Student Intervention Team

- <u>https://www.emich.edu/sit/index.php</u>
- addresses reports of troubling (inappropriate, disruptive, or harmful) student behavior

Free Legal Services:

- Signup here: <u>https://go.oncehub.com/EMUStudentGovernment</u>
- Note: There is a \$35 charge for a no call no show with the attorney

Restorative Justice Reflection Program: https://thedisputeresolutioncenter.org/

• "The DRC is a non-profit dispute resolution program partnering with the Washtenaw County Prosecutor's Office."

Expungement Services

- For Washtenaw County: <u>https://www.washtenaw.org/3364/Expungements</u>
- For Detroit: <u>https://detroitmi.gov/departments/law-department/project-clean-slate</u>

EMU Police and Police Oversight Committee

- Police: <u>https://www.emich.edu/police/index.php</u>
- Oversight commitee: <u>https://www.emich.edu/oversight-committee/</u>

Worker and Consumer Protection

Washtenaw County Prosecutor's Economic Justice Unit:

https://www.washtenaw.org/3487/Economic-Justice-Unit

State of Michigan Payroll Fraud Hotline:

https://www.michigan.gov/ag/0,4534,7-359-82917_92258---,00.html

Payroll Fraud: when bosses misclassify workers, pay less than legally mandated minimums, <u>fail to pay</u> <u>for all hours worked</u>, steal tips from tipped workers, and don't pay overtime premiums.

Worker's Rights Guide: https://www.labornotes.org/sites/default/files/15YourLegalRightsOnTheJob.pdf

Tenants Rights

EMU Student Government provides **Free Legal Services** on Wednesday's from 4-6pm by appointment only: <u>https://www.emich.edu/student-government/resources-files/index.php</u>

Guide about How to Abate or Withhold Rent:

https://www.washtenaw.org/DocumentCenter/View/1852/How-to-Abate-or-Withhold-Rent-PDF

Ypsilanti Tenant Union

- Community organizing to improve housing conditions, affordability & access for renters
- <u>https://linktr.ee/ypsitenantsunion</u>

University of Michigan Law School Civil-Criminal Litigation Clinic

- Accepts new cases between late September and early April
- Call 734-763-4319 or email <u>mclp@umich.edu</u> to find out if you're eligible
- Website: <u>https://michiganlegalhelp.org/find-lawyer/university-of-michigan-law-school-civil-criminal-litig</u> <u>ation-clinic</u>

Michigan Legal Self-Help Website: <u>https://michiganlegalhelp.org/</u>

City of Ypsilanti Renters Guide: https://cityofypsilanti.com/330/Renters-Guide

Ypsilanti Township Renter Information:

https://ypsitownship.org/departments/ordinance/rentals__vacant_buildings.php#outer-1150