# FOOD ASSISTANCE/FREE HOT MEALS IN ANN ARBOR

Breakfast: St. Andrews Episcopal Church - 306 N. Division St. (734) 663-0518 7 days a week 7:30-8:30am

Lunch: Food Gatherer's Community Kitchen Delonis Shelter - 312 W. Huron St. (734) 662-2829

Mon. – Fri. 12-1pm Sat. & Sun. 2:30-3:30pm

Dinner: Food Gatherers Community Kitchen Delonis Shelter - 312 W. Huron St., Ann Arbor (734) 662-2829

Mon. – Fri. 5:30-6pm First Baptist Church - 517 E. Washington, Ann Arbor (734) 663-9376 Tues. - 5:30-6:30pm

Ann Arbor Community Center - 625 N. Main, Ann Arbor (734) 662-3128

Perishable Food Days: 1st Wed. and 3rd Thurs. starting at 10-11:30am)

All other days are by appointment only \*Please call ahead\*

Bryant Community Center - 3 W. Eden Ct., Ann Arbor (734) 477-0292

Must be an Ann Arbor resident - limit once a month.

1st & 3rd Thur. Open at 8:30am and food distributed from 10am-10:30am

Mon., Tues., & Fri. 10am-5pm \*Emergency only\* Limit twice/month (1 Bag)

Wed. & Thurs. 8:30am-5pm \*Emergency only\* Limit twice/month (1 Bag)

Catholic Social Services-Emergency Food Program - 815 Taylor St, Ann Arbor (734) 662-4462 Distributes groceries and personal care items to low-income families and individuals on a monthly and/or emergency basis

Tues: 3pm - 7pm

Thurs: 9am - 3pm Sat: 1pm - 4pm

Salvation Army - 100 Arbana, Ann Arbor (734) 668-8353

Must be an Ann Arbor resident

Food bank Thurs. 10-11:15am & 1-2:15pm

# **HOW TO APPLY FOR FOOD STAMPS**

Apply online at: www.michigan.gov/dhs

Department of Human Services website

-Click on "Assistance Programs" on the left-hand side

-Choose food, cash, or childcare to get started

For additional help with application call 1(855) ASK-MICH (444-6424) or <a href="https://www.foodstamphelp.com">www.foodstamphelp.com</a>

<sup>\*</sup>It is possible to receive benefits even if you are single & are employed

<sup>\*</sup>Education income such as; scholarships, student loans, & work-study money is not considered income when applying for food stamps & will not count against you

<sup>\*</sup>Usually takes about 30 days to process but can be expedited to 7 days for emergencies

# SHELTERS/HOUSING ASSISTANCE

Shelter Association of Washtenaw County

Delonis Shelter, 312 W. Huron St., Ann Arbor (734) 662-2829 <a href="www.annarborshelter.org">www.annarborshelter.org</a>
-Shelter and services for homeless adults (18 years or older /Washtenaw County Residents)

-Laundry 1-4pm & Showers 5-7:30pm

-Apply for residential programs, receive employment assistance, healthcare, referrals for clothing, transportation assistance, substance abuse evaluations, mental health assessments, winter shelter, and meals through Food Gatherer's Community Kitchen

Housing Access for Washtenaw County - (734) 961-1999

Offer temporary shelter, transitional housing, & rapid rehousing

Prospect Place- 114 N. River St., Ypsilanti (734) 484-4300 (part of S.O.S.)
-Shelter for homeless families (not an emergency shelter)

Interfaith Hospitality Network- 4290 Jackson Rd., Ann Arbor (734) 822-0220
-Shelter for homeless families & other services
<a href="http://www.alphahouse-ihn.org">http://www.alphahouse-ihn.org</a>

Ozone House- 1705 Washtenaw Ave., Ann Arbor 24/7 Help Line (734) 662-2222

- -Emergency youth shelter & services (10-17 yrs)
- -Transitional housing (17-20yrs) case mgt.

http://ozonehouse.org

SafeHouse Center, 4100 Clark Rd., Ann Arbor 24/7 Help Line (734) 995-5444

- -Services for victims of domestic violence & sexual assault, legal help, counseling & group therapy
- -Emergency Shelter

http://www.safehousecenter.org/

Staples Family Center-(Program of Salvation Army) 3660 Packard Rd., Ann Arbor (734) 761-7750 -Shelter for homeless families and single adults

#### **Shelter in Detroit**

Detroit Rescue Mission Emergency Shelter - 150 Stimson St. Detroit, MI 48201 (313) 993-4700 www.drmm.org

Coalition on Temporary Shelter - <a href="www.cotsdetroit.org">www.cotsdetroit.org</a>
Emergency & Transitional Housing- 26 Peterboro St. Detroit, MI 48201 (313) 831-3777

First Step - Western & Downriver Wayne County Project on Domestic Violence & Sexual Assault Temporary emergency shelter, children services, advocacy, & legal services 24 hour Help Line - (734) 722-6800 or (888) 453-5900

#### SERVICES IN METRO DETROIT AREA

Focus HOPE- <u>www.focushope.edu</u> - Call for Eligibility - (313) 494-4600 Four Locations -West Side Food Center -East Side Food Center

> 1300 Oakman Blvd. 9151 Chalmers Detroit, MI 48238 Detroit, MI 48213

-Southwest Center -Inkster Food Center 6353 West Vernor 759 Inkster Rd. Detroit, MI 48209 Inkster, MI 48141

## Gleaners Community Food Bank- www.gcfb.org

Taylor Distribution Center- 25670 Northline Rd. Taylor, MI 48180 2<sup>nd</sup> & 4<sup>th</sup> Saturday Hours 7am-3pm Call First- (734) 946-6374 Also locations in Warren, Pontiac, & Howell

Capuchin Soup Kitchen- www.cskdetroit.org

Two Locations: 4300 Conner St. Detroit, MI 48215 - (313) 822-8606 x 17

Mon-Sat. Breakfast- 8:30-9:30am

Lunch- 11-1pm

Dinner- 4-6pm (except Saturday)

1264 Meldrum Detroit, MI 48207 - (313) 579-2100 x 215

Breakfast and Lunch Only

# **DETROIT AREA DIAPER BANKS** - provides emergency diapers at the following locations:

#### **DETROIT**

Crossroads of Michigan (Main)-2424 West Grand Boulevard

PH (313) 831-2000 Mon., Tues., Thur., Fri. 9am-4pm Wed 1-4pm, Sat 9am-12 pm

Crossroads of Michigan (East)-14641 E. Jefferson

(313) 822-1660 Mon., Tues., Thur., Fri 9am-4pm Wed 1-4pm

#### **INKSTER**

YWCA of Western Wayne County- 26279 Michigan Ave. - (313) 561-4110

Mon.-Fri. 9am-5pm

# **MONROE**

Heartbeat of Monroe- 415 N. Monroe St. - (734) 243-6550

Mon. 12-4pm, Tues. 10:30am-noon, Tues. 7-8:30pm, Wed. 1-4:30pm, Thur. 6-8:30pm, Fri. 10am-2pm

WAYNE

St. Mary Community Outreach Center- 34646 Sims - (734) 326-2234

Mon. & Fri. 9:30am-2pm, Tue. & Thur. 9am-noon

# WESTLAND

Society of St. Vincent de Paul (in SS Simon & Jude Church) - 32500 Palmer Rd. - (734) 326-7323 Mon.-Fri. 9:30am-noon

## **TRANSPORTATION**

https://www.emich.edu/ois/transportation.html

Ann Arbor Transportation Authority (AATA) - (734) 996-0400

\$1.50 to ride, stops include downtown Ann Arbor, downtown Ypsilanti, Arborland Mall, Meijer, Depot Town, Briarwood Mall, & near campus www.theride.org

#### **HELP ON CAMPUS**

EMU Department of Public Safety – 1200 Oakwood (734) 487-1222

SEEUS- Students committed to university safety- (734) 487-3387 Will walk with you anywhere on campus

Ypsilanti Police Department - (734) 483-9510 For emergencies dial 911

Ombudsman – 248 Student Center (734) 487-0074 Helps students resolve conflicts or concerns with policies

Snow Health Center - (734) 487-1122

Sign up for health insurance, pharmacy, lab, STD Screening, Vaccines, Women's Clinic, counseling and psychiatric services
Call for information about payments

Counseling and Psychological Services (CAPS) – 313 Snow Health Center (734) 487-1118

Available to EMU students, faculty, and staff

counseling.services@emich.edu

Counseling Services – 135 Porter (734) 487-4410

Available to EMU students, faculty, and staff

The Wellness Center – 322 Snow Health Center (734) 487-2226 HIV testing & alcohol screenings

Swoop's Student Food Pantry - 376 Marshall Building (734) 487-4173
Must be an enrolled EMU student
Pantry opened Mon. Tues., & Wed. 2:30-5:30
<a href="mailto:swoopspantry@emich.edu">swoopspantry@emich.edu</a>

Office of Nutrition Services – 160 Rackham (734)487-6572

Nutrition analysis and diet support

<a href="mailto:chhs">chhs</a> nutrition@emich.edu

Student Business Services – 203 Pierce (734) 487-3335 Student billing information, payments, & eagle card services

Academic Projects Center – 116 Halle (734) 487-0020

Help with research, writing, & technology to students working on academic projects

Holman Success Center – G04 Halle Library (734) 487-2133 Individualized, private tutoring, & study skills

# Math Tutoring Lab – 411 Pray Harrold (734) 487-0983 Math tutoring & class assistance

Writing Center – 115 Halle (734) 487-0694
Help with writing, organizing, & developing content in assignments

The Disability Resource Center – 240 Student Center (734)487-2470 drc@emich.edu

Veteran Services – 401 Pierce Hall, (734) 487-3119 https://www.emich.edu/veterans/

Diversity & Community Involvement

VISION Volunteer Center – 346 Student Center, (734) 487-1313 Center for Multicultural Affairs – 358 Student Center, (734) 487-2277 Women's Resource Center – 356 Student Center, (734) 487-0364 LGBT Resource Center – 354 Student Center, (734)487-1075