FRIENDS OF SWOOP'S FALL NEWSLETTER

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New Graduate Assistants

My name is Roya Herrle and I'm one of Swoop's Graduate Assistants! I previously interned with Swoop's Pantry during my BSW. I'm continuing to study social work and will be graduating in April of 2024 with my MSW. Until then, I can be found either in the pantry or taking care of my cats at home.



Hi! My name is Cassidy Cartwright, she/her. I am one of the new Graduate Assistants here at Swoop's. I just started my master's in clinical counseling here at Eastern Michigan University. I am from Colorado and one of my goals is to get more acquainted with the area. I have a huge passion for advocacy. I love to cook, bake and garden.



Swoop's is Growing!

Swoop's is seeing **twice as many** shoppers this academic year, your donations are needed to keep the shelves stocked!

EMU students appreciate Swoop's because they know they can get nutritious food so they can focus on school. With the current rate of growth your help is needed more than ever!

Fall 2023 Hours: Monday 12:00-5:00pm Tuesday 12:00-5:00pm Wednesday 12:00-6:30pm Thursday 12:00-5:00pm Friday 12:00-5:00pm



- gluten free pasta
- vegetarian ramen
- tomato sauce/ paste
- reusable bags
- corn tortillas

TOP 10 NEEDED ITEMS!

- peanut butter
- white rice
- halal meat
- baby wipes
- school supplies



Giving TrueDay

Save the date! Giving Tuesday 2023 is November 28th. Swoop's goal is to raise \$15,000. Keep your eye out for more information on our website!

Fall Food Drives

Thank you to The College of Health and Human Services, The College of Education and The College of Arts and Sciences for hosting food drives at their fall opening meetings. It helped start the year with some great donations. If you would like to host a food drive please contact Swoop's Pantry via this <u>sign up form</u>!

Thanksgiving Baskets

Every year, Swoop's packs 50 Thanksgiving baskets and 50 Holiday baskets so that shoppers can celebrate the holidays with a nice meal. Please sign up to donate specific items using the following links.

THANKSGIVING BASKET SIGN UP

HOLIDAY BASKET SIGN-UP

Questions about donations?

Contact Christa Reid, Director of Development at **CReid20@emich.edu**

Donations are accepted in the John and Angie Sabo Swoop's Food Pantry Room located in 100 Pierce Hall.





Monetary and Item Donations are needed to keep the shelves stocked, please give by scanning the QR code or visiting <u>emich.edu/give</u>

