

Eastern Michigan U - DivComm | Career Corner Podcast - S4 - EP02

This is Eastern Michigan University's Career Corner posted by the Career coaches of the University Advising and Career Development Center, and welcome to season 4, career FAQ.

Welcome back to the Career Corner podcast. I'm April Krukowski, a career coach here at EMU. In today's episode, we're tackling another common situation that so many students encounter changing majors, and more specifically what you should do when you think you want to make a change. Changing majors is completely normal and quite common for the majority of college students. Statistics show that well over half of all students entering college will change majors at least once and sometimes more.

There are a few important things to consider when you think you want to change your major. What's the reason for the change? Are you struggling with course material even though you've sought assistance through the professor or a tutor? Have you realized that the major content is not what you expected and you're not happy with the direction it is taking you? Or have you investigated the career options supported by the current major and realized that you no longer want to pursue that option?

All of these are great reasons to consider making a change to your major. The even better news is that career coaches in the UACBC are here to help you navigate that change. We will meet with you one on one to discuss where you were, where you are now, and where you want to go in the future. We even have some helpful assessments to inform your decisions, and we will work with you to understand those results. We will work together with you to combine that information with clarification of your goals, exploration of different pathways, accessing additional resources, and creating a plan to move you forward.

The best part is there are no additional cost to taking advantage of the assessments or the support of a career coach and you can meet with us as many times as you need to. We want each and every student to be in the program that will best match your goals while also finding the best fit for your skills, values, interest, strengths, and personality. Schedule an appointment to meet with the career coach today at image.jointhandshake.com. Stay tuned for our next episode where we address work resources for individuals with disabilities. Until then, remember we're here for you, and we support your goals.